



HEAD STRENGTH & CONDITIONING COACH

£29,003 - £40,530 per annum (plus final salary pension)

An outstanding opportunity exists to lead the development of strength and conditioning services within a Home Country Sports Institute (SINI) and across its associated network of Performer Development Centres.

Essential criteria will include:

- Educated to degree level or equivalent in a sports related subject.
- Accredited member of the UKSCA or equivalent (e.g. NSCA, ASCA).
- Extensive experience and a proven track record in the physical preparation of athletes for international competition. This experience should include a range of sports, senior and junior athletes, able-bodied or those with a disability and athletes from both team and individual sports.

The closing date for receipt of completed application forms is **4pm on Friday 3rd July 2009**.

For further information on the above vacancy or to download an application pack, visit www.sportni.net

Alternatively, application packs may be obtained by contacting Paula Beetson on 028 90687665 or by email: hr@sportni.net

Sports Institute Northern Ireland is Committed to Equality in the Workplace.



Recently the Sports Institute Northern Ireland (SINI) has developed a new model for service delivery over the period **2009 – 2014**.

The model sees SINI provide services across **three programmes**.

The first of these programmes focuses on service delivery to athletes from sports that compete in **Olympic / Paralympic and Commonwealth Games**. Typically these sports have not developed sufficiently within Northern Ireland to employ their own service providers and so rely on the Institute environment to provide all services to their athletes. This programme caters for about **45 athletes from up to 17 sports**

The second of these programmes focuses on culturally significant team and individual sports (e.g. **Cricket, GAA, Golf, Soccer, and Rugby**). These currently deliver some services directly to their best athletes. The needs of these sports are different and so SINI delivers intense service projects that target gaps in the existing service provision or that add value by addressing specific performance needs identified by the athletes and coaches.

Finally through a third programme SINI influences service delivery at the three emerging **Performer Development Centres** (PDCs). Athletes engaged in PDCs are part of Sport Northern Ireland's talent confirmation initiative. These young athletes are mainly from Olympic and Commonwealth sports and would be recognised as potential future SINI athletes. By employing the staff delivering at PDC's and influencing the programme delivered, SINI is trying to ensure that future Institute athletes have enhanced capacity for high performance sport.

Key performance indicators for SINI going forward include increasing representation of NI athletes on World Class performance pathways and competitive success by athletes as measured by medals and rankings.