



Cycling Ireland Coaching Position

Development Coach

Job Description

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| Job Title: | Cycling Ireland Development Coach |
| Responsible to: | High Performance Director Cycling Ireland |
| Contract Duration: | Fixed term to July 2010 with potential for renewal subject to performance |
| Responsible for: | Coaching developing riders |
| Hours of work: | 39 hours per week |
| Salary: | Circa €30K dependent on experience and qualifications |

Background:

Cycling Ireland (CI) has a development coaching opportunity for a talented and ambitious cycle coach to work within its competition programmes. CI is looking to employ a Development Coach to work in cycling programmes towards London 2012. In the first instance this role is on a fixed term contract from August 2009 to July 2010. Subject to further funding the role will be reviewed and renewed on an annual basis through to the London 2012 Olympic and Paralympic Games.

Development Coach:

The development coach will work across a number of Cycling Ireland competition programmes within the High Performance Unit. It is envisaged up to 30% of the coaching time will be allocated to the Paralympic Cycling Programme and the remaining 70% within a

different Cycling Ireland cycling programme. Included in this post will be a role in Cycling Ireland's Talent Identification and Talent Transfer programmes.

Duties will include:

- Direct one to one coaching of athletes on the 2009/10 squad including:
 - Weekly training programme development and review.
 - Frequent communication with squad members to monitor implementation of weekly training plan.
 - Develop athlete's understanding of the processes that improve performance.
- Liaise weekly with the CI PD on the status of athletes and any issues regarding their performance programme.
- Plan, co-organise and attend training camps and competitions to prepare athletes for World Cup Events, World Championships and Paralympic Games (road and track).
- Assist with the implementation of the Talent Identification Process and Talent Transfer Programme.
- Develop and execute a structured coaching reporting and monitoring system to evaluate athlete progress.

(This position will require a considerable amount of weekend availability and time away at training camps and major events)

Person specification:

| | ESSENTIAL | DESIRABLE |
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| Qualification & Attainments | Hold a recognised coaching qualification in cycling. | Degree or diploma in sports science. At least one year's experience of coaching teams or squads. |
| Relevant Experience | Demonstrable experience of working for at least one year full time or part-time equivalent directly with athletes, using a multi-disciplinary approach – planning and managing their progression across a number of stages of development. | Experience within the last 5 years, of working within an environment that involves the identification and development of talented sports people. Demonstrable experience of |

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| | <p>Competence in budgeting and financial management.</p> <p>Experience of preparing athletes for major competitions.</p> <p>Proven experience of developing pathways for talented athletes.</p> <p>A knowledge and understanding of ongoing research regarding Talent ID and development in a global context.</p> <p>Experience of working with volunteers.</p> <p>An understanding of legislation relevant to sports organizations to include child protection, health and safety, data protection, equity etc.</p> | <p>applying and selling innovative and challenging ideas, ideally in relation to Talent ID and development in a work or sporting environment.</p> |
| Special Aptitudes | <p>Competent in the use of information technology.</p> <p>Excellent literary and communication skills with the ability to produce clear, concise reports.</p> <p>Full clean driving license.</p> <p>Good organisational skills.</p> <p>Experience of making presentations to a target audience.</p> | <p>Competent in use of Microsoft XP or above; and in particular Word, Excel, and Power Point, email and website.</p> <p>Experience of working under pressure and to strict deadlines.</p> <p>First Aid Certificate.</p> |
| General Aptitudes | <p>Highly proactive, with the ability to work with minimal direction.</p> | |
| Disposition | <p>Good Interpersonal skills and ability to work as part of a team.</p> <p>Ability to be self-motivated, resourceful, work on own initiative in a flexible and co-operative manner.</p> | |
| Circumstances | <p>Ability to work out of normal office hours.</p> <p>Be prepared to undertake training in any relevant job related area.</p> | |

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| | Access to a form of transport that will permit the post holder to meet the requirements of the post in full. | |
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General information:

Application closing date: Friday 26th June 2009.

The interview process will include a 10-minute presentation on “High Performance Preparation of Elite Athletes for Major Championships”.

Interview and start date: Interviews will be held in Dublin on 7th July for an early autumn appointment.

The post will operate from Cycling Ireland’s office at Kelly Roche House, Dublin 1, though flexible work locations are negotiable. The post is offered as a fixed-term contract. Salary is Circa €30K dependent on experience and qualifications. The on-going funding for this post is subject to negotiation and to confirmation of funding from Cycling Ireland’s funding partners. Short listing will apply.

Interested persons are invited to submit their CV along with a covering letter outlining why they believe they are suitable for the post to Phil Leigh, High Performance Director, Cycling Ireland at the following email address: phil@cyclingireland.ie