

Sported - Engage Her 2018 Project

Engage Her 2018 Volunteer

(Voluntary Role)

Who is Sported?

Sported is a leading Sport for Development charity, helping to transform the lives of disadvantaged young people across the UK. We're a membership organisation, working with 3000 amazing community groups and organisations that are using the power of sport to tackle the root causes of some of society's biggest problems, and giving disadvantaged young people the opportunities to succeed in life. Most of our members are, themselves, led by volunteers. While they're knowledgeable and passionate about their sport, and know how to work effectively with young people, they often lack the skills, the time and the networks they need to make their clubs sustainable and effective. That's where Sported comes in!

Why become an Engage Her Volunteer?

- Have a lasting impact on communities
- Opportunities to share professional skills and expertise
- Varied and flexible opportunities
- Full induction, plus training and personal development opportunities
- Support from the Sported Northern Ireland and Volunteer Services teams
- Opportunities to support a range of different types of organisations in communities across Northern Ireland
- Expenses covered



"The best reward for me is hearing the enthusiasm in their voices when they tell me how things are going."

Rachel, Sported volunteer

www.sported.org.uk/become-a-volunteer

@sported_vols #becauseportworks

What is the Engage Her Project?

The Engage Her 2018 Project is designed to strengthen Sported members' understanding and skills around engaging more women & girls in their group. This is achieved through sharing insight and best practice from research across the UK, alongside practical reviews and considerations of the NI local context.

By the end of the Project, the Sported member group will have increased knowledge and understanding around sustaining and growing women & girls' involvement in their group, and have developed an Action Plan to implement this learning over the next 12 months.

Engage Her 2018 is funded by the Department of Communities, through Sport NI. It is based on a pilot programme, developed with Women in Sport and delivered to member groups across Northern Ireland in 2016. The content and resources are based on existing research from across the UK, and adapted based on learning from the Engage Her pilot & Engage Her 2017 programmes. You can find additional information and case studies [here](#).

There is a full resource pack available for Volunteers, and training will be delivered at the end of August 2018. Delivery to the Sported member groups will be between September 2018 and February 2019.

What's involved in Project Delivery?

The Project delivery consists of **four** facilitated sessions with the Sported member group. Each session lasts **two hours** and would be delivered **face-to-face**. These sessions would be delivered between **September 2018 and February 2019**.

The content of each session is outlined in the Engage Her Volunteer Handbook, and full resources are provided (including template powerpoint slides, participant handouts and examples of delivery). The sessions cover topics including:

- Insight around understanding women & girls' value bases
- Consultation with women & girls in their local area
- Programming – good practice for engaging women & girls
- Marketing & communications – good practice for engaging women & girls

These facilitated sessions will support the Sported member group to improve their work in engaging women and girls, by developing an Engagement Action Plan. Following the four sessions, you will review this plan (remotely) and provide final feedback.

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Person Specification:

<p>Skills in all of the following areas:</p>	<ul style="list-style-type: none"> • Facilitation, training or mentoring • Communication skills; oral and written • Problem solving • Creative thinking • Listening • Using and interpreting information • Building rapport
<p>Personal Qualities including all of:</p>	<ul style="list-style-type: none"> • Interest in transferring knowledge and skills to others • Personable • Patient • Dedicated • High level of personal integrity • Open minded • Committed to Sported's aims and success • Committed to working on a Sported project for its agreed duration
<p>A minimum of 5 years of experience in at least 1 more of the following:</p>	<ul style="list-style-type: none"> • Working with a range of people • Working with third sector organisations • Working with volunteers or voluntary management committees • Training or mentoring • Business experience • Organisational development • Change management • Working collaboratively with people to find solutions
<p>Sported Engage Her 2018 Specific Knowledge/Experience</p>	<ul style="list-style-type: none"> • Undertaken the Women and Girls Insight Training with Sported (available August 2018) • Interest in supporting the development of opportunities for women & girls in sport



Frequently Asked Questions

1) What training & support will be offered?

Before you start volunteering with us we ask you to complete our induction process so that we can introduce you to key personnel, equip you with the specific knowledge and skills to fulfil your role, and prepare you for your volunteering. We run induction sessions, backed up by further reading and peer support as appropriate. Specific training will be offered for this Engage Her role to ensure understanding of the issues around engaging Women & Girls in Sport.

2) What is the time commitment

We ask our volunteers to commit to the duration of the project which is approximately six months of volunteering with us. It is important that you complete any volunteering that you have agreed to and return paperwork which is requested.

I'm interested what's next?

- 1) **Application form** - If you meet all aspects of the person specification please complete the online application form www.sported.org.uk/become-a-volunteer/apply-here



- 2) **Review** - After reviewing your application we will either contact you to arrange an initial interview or let you know if your application doesn't appear to fully meet the person specification.



- 3) **Interview** – Your initial interview could take place over the phone and/or in person depending on your location.



- 4) **References and induction session** - Following the interview, if both parties are happy to proceed, we will take the details of two referees and keep you informed of the date of the next induction session to attend (session may be delivered online)



- 5) **Acceptance** - Upon completion of your induction session and receipt of your references we will confirm whether or not you have been accepted onto the Sported team.



- 6) **Volunteering** - Once trained, we will keep you informed about light touch support projects that seem to suit your knowledge, skills, interests, location and availability.

Please note this is a voluntary role. For more information about this role please contact the Sported office on 020 7389 1921 or email Judith Rankin (Development & Delivery Manager – NI) on j.rankin@sported.org.uk

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