# **Sport NI Participation Committee**





## The Need

- 20% or 1 in 5 of the population have some form of disability
- Only 10% participate in sport regularly
- 85% never participate in sport
- Only 12% of young people with disabilities are members of sports club
- A range of physical , attitudinal, economic and structural barriers
- People with disabilities have the right to participate



## About Disability Sports NI

- Set up in 1998 by 4 disability governing bodies of sport
- Membership increased from14 to 102 groups
- Staff increased from 1 to 10
- Gradual increase in programmes and services
- Particularly over the last 5 years (Sport NI mainstreaming Policy)





## Approach

- Equality of Opportunity
  - Opportunity to participate at a level of choice in your local area
- Inclusion
  - Mainstreaming of sports programmes
  - Parallel provision where required
- Sport NI Mainstreaming Policy
  - Mainstreaming responsibility of mainstream organisations
  - 10 focus sports
  - Recognises need for 'Twin Track' approach
- o LTAD
- Incremental and focused approach to development



## Participation/Performance

- To give people with disabilities the opportunity to live a full and active life through sport and physical recreation.
- To give more talented disabled people the opportunity to compete and excel in competitive sport







## Participation

Broad approach to creating a community where people with disabilities can lead a full and active lifestyle through sport & physical recreation

- Marketing, Information & Advice *Informing People*
- Training & Coach Education *Skilling People*
- Sports Facility Access *Inclusive Facilities*
- Education Programmes *Changing Attitudes*
- Participation Initiatives & Events Enabling Active Lifestyles



### Marketing, Information & Advice - Informing People

- Active Magazine
  - 4 Editions 7,500 copies
- o Website
  - 38,233 'visits'/ 480,315 'hits'
- o PR
  - Good level of media coverage
- o Advice
  - 2,000 enquiries per annum

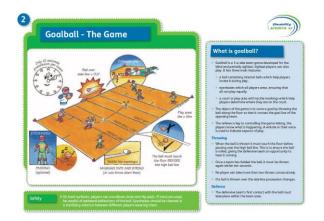


Active Magazine is available in alternative formats on request



#### Training & Coach Education – Skilling people

- Common UK 'DIT' Course
- `Inclusive Games' course & resource pack updated and funded by Sport NI
- `Games for All' course & resource pack updated and funded by Sport NI
- 700 coaches, teachers and sports leaders trained
- Liason with UK/Irish Coaching Bodies





Inclusive Skills



#### Sports Facility Access – Inclusive Facilities

- Technical Advice & Training
- Design Guidance Documents
  - New DSNI/SNI Design & Management Guidelines document to be launched at end of January
- Inclusive Fitness initiative (IFI)
- New DSNI/Sport NI 'Inclusive Sports Facility Accreditation Scheme' (ISF)
  - To be launched early March





#### Education Programmes – Changing Attitudes

- London 2012 'Inspire' Education Project'
- Focus on positively challenging negative attitudes
- Targeted at primary schools throughout NI
- Completed by over 13,500 children in 95 schools to date
- Project will reach over 25,000 children by 2012









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#### Participation Initiatives & Events – Enabling Active Lifestyles

- Sports Development Initiatives
  - Support of 10 'focus' sports
  - Ulster Deaf Sports Council Working Group
  - Ulster Blind Sports Network
  - CAAN/Venture Outdoors
  - Clubmark
  - Volunteer Initiative
- Local Participation Projects
  - Fermanagh Inclusive Leisure project 1200 participants pa
  - Craigavon inclusive Leisure project (Pending)
  - Active Community programme 5 coaches appointed
  - Hopeful of securing 2 additional coaches in Fermanagh/Omagh
  - Large increase in provision by DSNI
- Events Programme 1,000 participants per annum



### Summary

In 2010/2011 DSNI will:

- Train 700+ coaches, teachers and sports leaders
- Deal with **2000 information enquiries**
- Deliver the `5 Star Challenge Education Project' to **7,500 children**
- Continue the development of performance pathways which benefit
  250 talented disabled sports people
- Indirectly support a range of participation initiatives organised by 10 governing bodies and other sports organisations
- Run participation initiatives and events involving over 6,000 children and adults with disabilities
- Participation Programmes on target to increase greatly next year



### **Plans for the Future & Challenges**

#### Plans to increase levels of participation by:

- Continued growth of DSNI programmes into all areas of NI
- Extending number of 'focus sports'
- Extending services & programmes to Education & Youth Sector
- More coordinated UK wide approach to development

#### Challenges

- Pan Disability approach best use of limited resources
  - But growing need for 'impairment specific' programmes
- Sport Matters 6% increase in participation target very ambitious
- Managing Expectations and demand for DSNI's services/input
- Difficulty in funding continued growth of organisation in current economic climate



## Questions?



