



EXTRA CURRICULAR SPORT OPPORTUNITIES WITHIN NI SCHOOLS

Presentation of draft headline findings relating to
a baseline position for Sport Matters Target PA6

Jamie Uprichard

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RATIONALE

- Sport Matters includes a target and key step associated with extra curricular sporting opportunities for children:

PA6: By 2014 to provide every child in NI over the age of 8 years with the opportunity to participate in at least two hours per week of extracurricular sport and physical recreation

In consultation with children and young people, provide the opportunity for every child to access two hours extra-curricular sport and physical recreation per week through initiatives such as Extended Schools, Active Schools and community sport programmes

BACKGROUND

- 4 Hour Offer

“An increasing number of school children will receive a minimum of 2 hrs PE during each school week. For children aged 8 and older, this will be complemented by a further 2 hrs of school-based extra-curricular sport and physical recreation for children of all sporting abilities.”



- Information gap in relation to PA6 and extra curricular sporting opportunities
- Need for a research project to determine current levels of opportunities offered in NI schools

BACKGROUND

- Overall aim of the research:
 - **To establish a baseline (time spent per week) relating to extra curricular sporting opportunities within NI schools.**
 - To provide an update position in order to assess the extent to which target PA6 is likely to be achieved by 2014.
 - To establish an indication of the proportion of schools that provide the recommended 2 hours of extra curricular sport

Sport Northern Ireland Primary School PE and Extra Curricular Sport Survey

Aim: To establish a baseline (time spent per week) relating to extra curricular sporting opportunities within the Primary School sector.

For the purposes of this survey "extra curricular sport" is defined as sport and other forms of physical activity within a school setting or organised by the school (excluding curricular PE) outside normal school hours.

Q1 Unique Reference Number

Q2 Average time of curricular PE per week (mins)
Leave blank if 'n/a'

| | | | |
|--------------------|----------------------|----------------------|----------------------|
| Year Group 1 | <input type="text"/> | <input type="text"/> | <input type="text"/> |
| Year Group 2 | <input type="text"/> | <input type="text"/> | <input type="text"/> |
| Year Group 3 | <input type="text"/> | <input type="text"/> | <input type="text"/> |
| Year Group 4 | <input type="text"/> | <input type="text"/> | <input type="text"/> |
| Year Group 5 | <input type="text"/> | <input type="text"/> | <input type="text"/> |
| Year Group 6 | <input type="text"/> | <input type="text"/> | <input type="text"/> |
| Year Group 7 | <input type="text"/> | <input type="text"/> | <input type="text"/> |

Q3 Average time of extra curriculum sport and physical recreation opportunities per week (mins) Leave blank if 'n/a'

| | | | |
|----------------------------|----------------------|----------------------|----------------------|
| Year Group 5 (Boys) | <input type="text"/> | <input type="text"/> | <input type="text"/> |
| Year Group 6 (Boys) | <input type="text"/> | <input type="text"/> | <input type="text"/> |
| Year Group 7 (Boys) | <input type="text"/> | <input type="text"/> | <input type="text"/> |
| Year Group 5 (Girls) | <input type="text"/> | <input type="text"/> | <input type="text"/> |
| Year Group 6 (Girls) | <input type="text"/> | <input type="text"/> | <input type="text"/> |
| Year Group 7 (Girls) | <input type="text"/> | <input type="text"/> | <input type="text"/> |

Q4 Are your sports facilities available for use by outside groups during the evenings, weekends or school holidays? Please tick all that apply

No Go to Q9
 Yes, Evening use Go to Q5
 Yes, Weekend use Go to Q5
 Yes, School Holiday use Go to Q5

Q5 On average, how many hours per week are your school sports facilities used by outside groups?

None 3-5 11-15
 1-2 6-10 15+

Q6 On average, how many days per week are your sport facilities used by outside groups?

None 3 6
 1 4 7
 2 5

Q7 On average, how many outside groups use your sports facilities per week?

None 3-5 11-15
 1-2 6-10 15+

Q8 Please indicate which of your sports facilities are used by outside groups? Please tick all that apply

Sports Hall. Synthetic Pitch Fitness Suite
 Grass Pitch Tennis Court
 Other, please specify

Q9 If you answered 'No' to Q4, what are the perceived barriers to making your sports facilities available for use by outside groups? Please tick all that apply

No Demand Security Staff Resources
 Financial Viability Insurance... Willingness
 Other, please specify

Q10 If you answered 'No' to Q4, would you consider making your sports facilities available for outside groups in the future?

Yes No

Thank you for your support

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METHODOLOGY

- All 1,111 schools in NI surveyed asking average time of extra curricular sport opportunities (mins) for each year group (split by gender).
- Definition: sport and other forms of physical activity within a school setting or organised by the school (excluding curricular PE) outside normal school hours.
- Schools emailed with a link to an online survey and also issued with a postal survey.

DRAFT HEADLINE FINDINGS

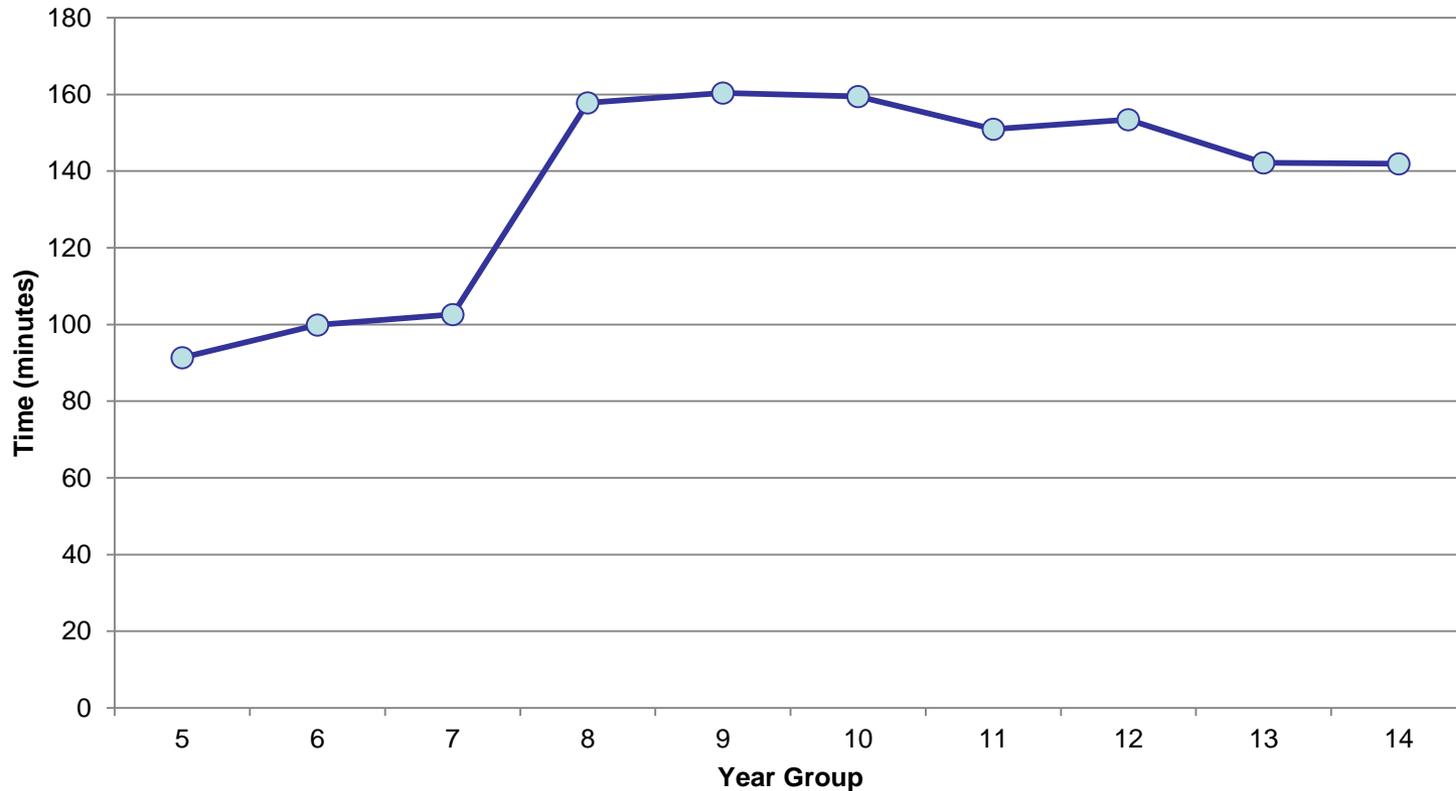
Overall Average (Mins)

- 473 responses to extra curricular sport questions. Response rate = 43%

| | Year Group | | | | | | | | | | Overall Average |
|---------------------|-------------|-----|-----|-------------|-----|-----|-------------|-----|-------------|-----|-----------------|
| | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | |
| Average Time (mins) | 92 | 100 | 103 | 161 | 163 | 162 | 153 | 156 | 145 | 144 | 121 |
| | Key Stage 2 | | | Key Stage 3 | | | Key Stage 4 | | Key Stage 5 | | |
| | 98 | | | 162 | | | 155 | | 145 | | |

Overall Average (Mins)

Average Time dedicated to Extra Curricular Sport

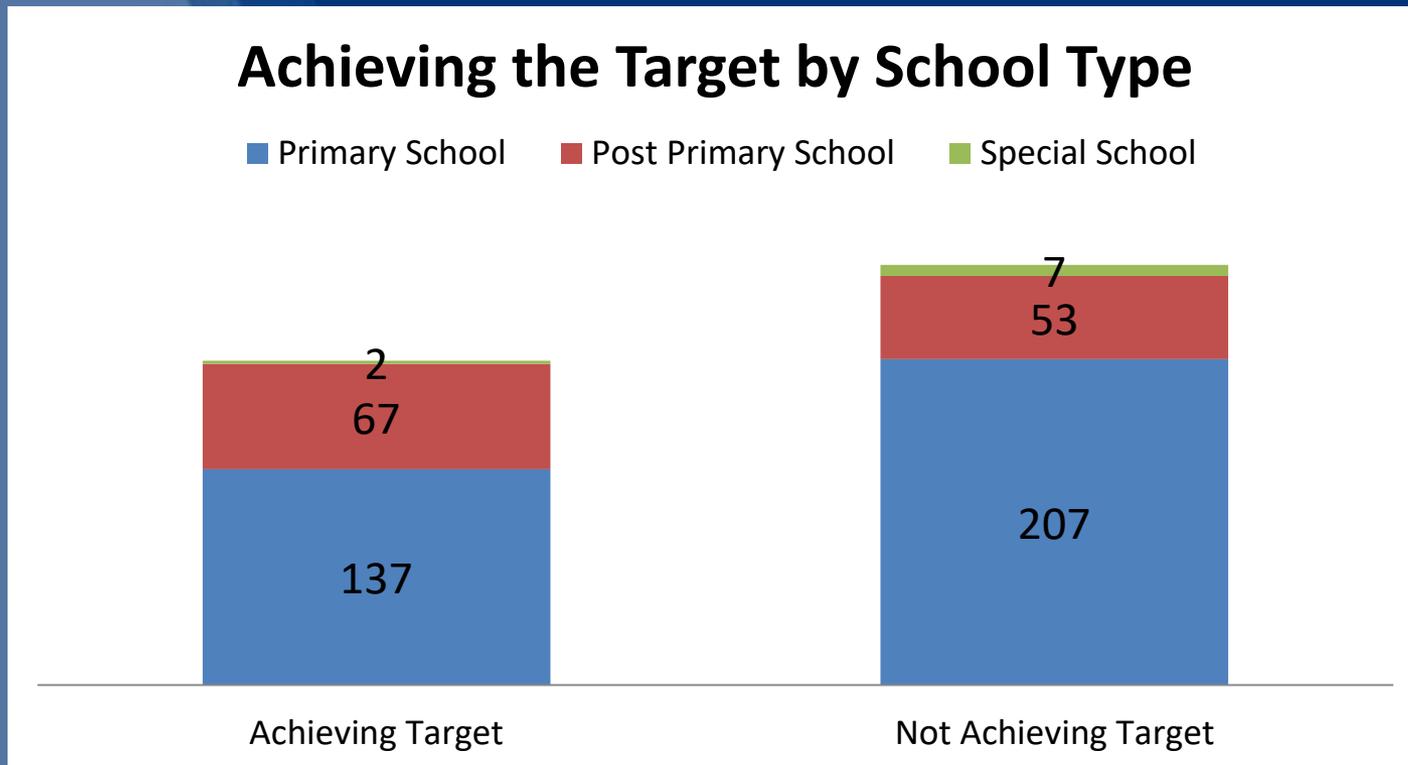


Schools Achieving Recommended 2 hrs

| Number of schools that achieved the 2 hour target | Number of schools that did not achieve the 2 hour target |
|---|--|
| 206 | 267 |
| % of schools that achieved the 2 hour target | % of schools that did not achieve the 2 hour target |
| 44% | 56% |

School Type

- Post Primary schools are most likely to offer 2 hrs of extra curricular sport (56%)



School Type

| School Type | Achieving Target | Not Achieving Target | |
|---------------------|------------------|----------------------|-----|
| Primary School | 137 | 207 | 40% |
| Post Primary School | 67 | 53 | 56% |
| Special School | 2 | 7 | 22% |
| | 206 | 267 | |

Education & Library Boards

- BELB most likely (52%) and WELB least likely (36%) to offer 2 hours ECS

| School Type | Achieving Target | Not Achieving Target | |
|---------------|------------------|----------------------|-----|
| Belfast | 29 | 27 | 52% |
| North Eastern | 44 | 65 | 40% |
| South Eastern | 47 | 49 | 49% |
| Southern | 49 | 65 | 43% |
| Western | 33 | 58 | 36% |
| Unknown | 4 | 3 | - |
| | 206 | 267 | |

School Management Type

| School Type | Achieving Target | Not Achieving Target | |
|---------------------------|------------------|----------------------|-----|
| Controlled | 104 | 112 | 48% |
| Controlled Integrated | 5 | 9 | 36% |
| GMI | 5 | 12 | 29% |
| Other Maintained | 5 | 2 | 71% |
| RC Maintained | 60 | 116 | 34% |
| Voluntary | 3 | 2 | 60% |
| Voluntary - Other managed | 10 | 3 | 77% |
| Voluntary - RC managed | 10 | 8 | 56% |
| Unknown | 4 | 3 | 57% |
| | 206 | 267 | |

Location

- Urban schools (50%) are more likely than Rural schools (34%) to offer 2 hrs ECS

| School Type | Achieving Target | Not Achieving Target | |
|-------------|------------------|----------------------|-----|
| Urban | 134 | 133 | 50% |
| Rural | 68 | 131 | 34% |
| Unknown | 4 | 3 | - |
| | 206 | 267 | |

Gender Difference

- More opportunities for extra curricular sport for Girls

| | Year Group | | | | | | | | | | Overall Average |
|--------------------------|-------------|-----|-----|-------------|-----|-----|-------------|-----|-------------|-----|-----------------|
| | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | |
| Average Time Boys (mins) | 92 | 101 | 104 | 153 | 156 | 155 | 149 | 151 | 145 | 144 | 120 |
| | Key Stage 2 | | | Key Stage 3 | | | Key Stage 4 | | Key Stage 5 | | |
| | 99 | | | 155 | | | 150 | | 144 | | |

| | Year Group | | | | | | | | | | Overall Average |
|---------------------------|-------------|-----|-----|-------------|-----|-----|-------------|-----|-------------|-----|-----------------|
| | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | |
| Average Time Girls (mins) | 92 | 100 | 102 | 166 | 168 | 167 | 157 | 159 | 145 | 145 | 123 |
| | Key Stage 2 | | | Key Stage 3 | | | Key Stage 4 | | Key Stage 5 | | |
| | 98 | | | 169 | | | 159 | | 145 | | |

NEXT STEPS

- Validation of the data by NISRA statisticians
- Further analysis of the dataset
- Presentation of headline findings to the SMMG
- Production of a full report
- Update the Targets Review Paper to assign an appropriate rating for the status of PA6.