



sport matters



**IMPLEMENTATION GROUP
5th PROGRESS REPORT**

(Oct 2013 – Sep 2014)

DRAFT

Executive Summary

1. Introduction

- 1.1 “Sport Matters: The Strategy for Sport and Physical Recreation 2009-2019” proposes a strategy for the development of sport and physical recreation in Northern Ireland up to 2019 – a strategy which will provide a lasting and sustainable legacy for future generations. In so doing, the document identifies 26 high level targets (and related key steps) and sets the key strategic priorities for sport and physical recreation over the next ten years and will inform future investment by all stakeholders across the public, private and community/ voluntary sectors.
- 1.2 The high level targets are structured to reflect the current and anticipated needs of sport and physical recreation as expressed through consultation.
- 1.3 This is the fifth progress report and highlights the progress made by members of the Sport Matters Implementation Groups (SMIGs) against the 26 high-level targets identified in the Strategy, covering the period 01 October 2013 until 30 September 2014.

2. Review Process

- 2.1 The report presents a summarised overview of members’ progress to date against the high level targets (summarised by the three themes of Participation, Performance and Places), using the following framework:
 - Target Reference and Details;
 - Timeframe;
 - Status;
 - Baseline information and current position (where appropriate and available); and
 - Progress to date and contributing organisation.
- 2.2 The summary report has been collated by Sport Northern Ireland on the basis of information that was submitted by each member organisation represented on the SMIGs.
- 2.3 The status of progress against each target has been rated using an extended Traffic Light system. The ratings are defined as follows:
 - **BLUE** – Target achieved;
 - **GREEN** – On track for achievement;
 - **AMBER** – On track for achievement but with some delay or uncertainty; and
 - **RED** – At risk for achievement.

Figure 1 below, depicts the timeline of Sport Matters (2009-2019) and when each high level target should be achieved. Table 1 below, details the current rating of each target categorised by theme and time-frame.

Figure 1



Table 1

	PARTICIPATION			PERFORMANCE			PLACES			TOTAL
	Short	Medium	Long	Short	Medium	Long	Short	Medium	Long	
BLUE	2	1		2	1		1	1	1	9
GREEN		1	4			5		1	1	12
AMBER	1	1	1	1				1		5
RED										0

Target Number:	PA1
Target Details:	By 2009, to have agreed and commenced implementation of a revised research framework for participation rates that is cognisant of the recommendations of the Chief Medical Officers in the UK.
Target Deadline:	2009 (Short Term)
Status:	ACHIEVED
Contributing Member	Progress
Sport Northern Ireland (SNI)	<ul style="list-style-type: none"> • SNI published Northern Ireland's Sport and Physical Activity Survey 2010 – the large-scale adult participation survey which will provide baseline data for many of the targets identified within Sport Matters. The report is available online at www.sportni.net.
Irish Sports Council (ISC)	<ul style="list-style-type: none"> • During 2013-14, the ISC publicised findings of the Irish Sports Monitor 2013 which shows participation continuing to rise with individual sports dominating, the gender gap closing but the social gradient remaining resilient. • In addition, the ISC jointly commissioned a new 'sport for older people' survey (previously carried out in 2006, 2008 and 2011) with Go For Life. The survey will be undertaken in November and results will be available around February 2015.
Chief Leisure Officers Association (CLOA)	<p>Lisburn City Council</p> <ul style="list-style-type: none"> • Year 7,9 11 sports participation survey for Lisburn/Castlereagh Sports Development Strategy • Draft developed of Lisburn and Castlereagh Sport & Health Enhancing Physical Activity Strategy • Implementation of Active Communities Programme
Student Sport Ireland (SSI)	<ul style="list-style-type: none"> • This project was initiated in 2012 by Student Sport Ireland and generously supported by SSI member institutions, the ISC and SNI, aims to ascertain current levels of participation and provision in physical activity and sport across third-level institutions (total 43) in Ireland, north and south. A contract to carry out the research was awarded in January 2014 to researchers from Waterford Institute of Technology, the University of Ulster, Dublin City University and the University of Limerick. Phase 2 of the project (the main student survey targeting 11,834 students in 43 institutions) has just commenced.

Target Number:	PA2
Target Details:	By 2010 to have reviewed the economic impact of sport and physical recreation in Northern Ireland.
Target Deadline:	2010 (Short Term)
Status:	ACHIEVED
Contributing Member	Progress
Sport Northern Ireland (SNI)	<ul style="list-style-type: none"> • SNI published the Economic Importance of Sport in Northern Ireland. The report was disseminated to a wide range of stakeholders across NI and is available online at www.sportni.net. • During 2013-2014, SNI also published the Economic Impact of Outdoor Recreation report in collaboration with Outdoor Recreation NI (ORNI), NI

	Environment Agency, NI Tourist Board and DCAL Inland Waterways
Chief Leisure Officers Association (CLOA)	<p>Armagh City and District Council</p> <ul style="list-style-type: none"> At a local level, AC&DC has seen the success of large scale sporting events as a significant benefit to the local economy i.e. Tandragee 100 and Armagh international road race .this year we look forward to Giro d 'Italia as well.

Target Number:	PA3
Target Details:	By 2011, to have established a baseline for the number of children of compulsory school age participating in a minimum of two hours quality physical education per week.
Target Deadline:	2011 (Short Term)
Status:	ON TRACK FOR ACHIEVEMENT BUT WITH SOME DELAY
Baseline Information:	No baseline information exists.
Contributing Member	Progress
Sport Northern Ireland (SNI)	<ul style="list-style-type: none"> During 2013-14 SNI piloted a small grants programme – Active Schools – to support increased participation in sport among school-aged children and to develop and strengthen pathways from school sport to club sport. As a result of this intervention 9,541 individual children (149 schools) benefitted from enhanced opportunities to participate in structured sport and physical recreation opportunities. SNI's 'Activ8 Big Start 2014' provided a cornerstone engagement opportunity for school-aged children as a result of the Giro d 'Italia Grande Partenza in Belfast (May 2014). The project engaged 3,700 children (71 schools) in a variety of school-based sport & physical activity. A total of 451 schools (primary, post-primary and special schools) have now registered with SNI's Activ8 initiative. SNI's Activ8 '60x60 Challenge: Be Part of the Team' provided training opportunities for 29 post primary teachers and FE/HE tutors as part of the legacy work from Glasgow 2014 Commonwealth Games. Through SNI's Active Communities programme, approx. 84,000 children benefitted from enhanced participation opportunities in a range of sports and physical activity programmes to 31 March 2014; a further 30,000 children have benefitted in the subsequent period to 30 Sept 2014. SNI established a cross-sectoral group bringing together representatives from education and library boards, schools, district councils/health and charitable sector to consider the viability/development of an Active Schools Framework. SNI hopes to bring forward a discussion paper on this subject in early 2015. SNI's Activ8 Adventure introduced 35,000 children to adventure activities through a mobile high ropes course and a range of Olympics & Paralympic sports which they would not normally be exposed to including archery, boccia & fencing.
Chief Leisure Officers Association (CLOA)	<p>Armagh City and District Council</p> <ul style="list-style-type: none"> Through the provision of a number of dual use facilities, AC&DC has seen a marked increase in the level and amount of PE curriculum offered by schools on or adjacent to the sites. <p>Lisburn City Council</p> <ul style="list-style-type: none"> Year 7,9 and 11 survey for the Lisburn/Castlereagh strategy <p>Moyle District Council</p> <ul style="list-style-type: none"> One and a half Active Communities Coaches deliver a range of Physical Activities across thirteen (excluding Rathlin) primary schools in Moyle

	District Council.
Department of Education (DE)	<ul style="list-style-type: none"> • Legislation prevents DE from prescribing the amount of time that should be allocated to a subject within the curriculum. However, DE guidance recommends schools should provide pupils with a minimum of 2 hours PE per week. • DE continues to contribute towards participation in PE through its funding of the Curriculum Sports Programme (£1.5m in 2014/15). This programme aims to improve both the physical literacy skills of our youngest pupils (Foundation Stage and Key Stage 1) and the skills and confidence of teachers in delivering PE. During the 2013/14 school year, 61 coaches delivered the Programme in 577 schools, reaching over 39,000 pupils. • DE has progressed work to establish a baseline for the number of children of compulsory school age participating in a minimum of 2 hours quality PE per week. Stage 1 of this work, an electronic survey of schools, has been completed and a copy of the survey report is available on the DE website at http://www.deni.gov.uk/de1_12_79109__electronic_pe_survey_-_final_report_october_2012.pdf. Stages 2 and 3 involve follow-up visits to schools by the Education and Training Inspectorate (ETI) and it is planned that these should take place in the 2014-15 school year..
Irish Football Association (IFA)	<ul style="list-style-type: none"> • IFA has 30 full-time specialist coaches employed who have the main aim of using their specialist knowledge to complement existing physical education programmes in the primary sector. These roles are provided and safeguarded until March 31st 2015, courtesy of funding provided by the Department of Education for Northern Ireland. The IFA coaches' role is to help develop the Physical Literacy of Foundation and Key Stage 1 pupils in primary schools throughout NI. • Children are also engaged a range of cross-curricular activities to help support their literacy and numeracy skills both through class based sessions and home work projects. The IFA coaches also work closely with their counterparts at the GAA on a range of training and festival type events. This programme involves IFA coaches working in over 250 schools, with around 750 classes involved and approximately 18,000 children benefitting from this initiative each week.
Public Health Agency (PHA)	<ul style="list-style-type: none"> • PHA, in partnership with local obesity prevention/physical activity interagency forums and local health and social care trusts, continue to invest in a range of 'training for trainers' courses, after schools projects and pilot projects to encourage children to participate in physical activity during and after school hours. Some examples of programmes include: <ul style="list-style-type: none"> ○ The professional development of staff in nursery, primary and bespoke training for teachers in special schools (Belfast & the west). One example is in Fermanagh District Council where staff were trained to deliver the TOP Activity Programme in 6 primary schools across Fermanagh, resulting in approximately 250 children participating in physical activity. ○ MEND childhood obesity programme was delivered through 3 Sure Start programmes in Colin, Ards and Down and 27 families completed the programme. ○ Disability Physical Activity Schemes - for example the Healthy Towns funding programme in the western area provides structured programmes of physically active for people with disabilities. ○ 12 looked after teenagers in the PHA Northern area were able to participate in a summer physical activity programme. ○ Physical activity training focusing on the Chief Medical Officer's early year's guidelines has been provided to 50 staff delivering the Star Babies programme in the northern area of the PHA. All these staff received a copy of the BHF 'Life is a Playground' pack outlining ways to get pre-school children more physically active. A range of play equipment has been purchased to support with the roll out of the programme, which is targeting up to 300 first time parents during the first year of the child's development. Each family involved in the programme will receive baby play equipment and one-to-one training/advice on how to increase levels of activity with their baby. ○ UP4IT (known locally as Family Health initiative in the southern Locality and Safe, Wellbeing, Exercising and Eating Together (SWEET) in the west) is a highly enjoyable family focussed programme which is delivered to children aged under five (as an eight

	<p>week healthy behaviours programme) and children 8 – 11 years (as a 12 week weight management programme).</p> <ul style="list-style-type: none"> • The PHA has partnered with the Department of Regional Development (DRD) to develop an active travel to schools programme. Sustrans were commissioned to deliver a 3 year programme with 60 schools recruited in Year 1, and a further 65 schools to start in Sept 2014. The aim of the project is to encourage more children to walk and cycle to school and to develop a culture of active travel within schools. • Active Belfast has also been working closely with partners including DRD, Belfast City Council and Belfast Health and Social Care Trust to promote and fund a range of active travel initiatives.
Gaelic Athletic Association (Ulster Council)	<ul style="list-style-type: none"> • Implementation of KS1 Programme within 322 primary schools with a direct impact on 10,694 boys and 10,311 girls within curriculum time. • Implementation of an 8-12 week short programmes (depending on the county) specific to GAA to approximately 300 schools. • Delivery of cross community programmes through school programme to encourage participation and provide new opportunities. • Delivery of National Feilé na nÓg Competitions with over 2000 participants (male and female) taking part in this major youth event in the Province.
Irish Rugby Football Union (Ulster Branch)	<ul style="list-style-type: none"> • IRFU (Ulster Branch) has a Community Rugby Programme which is managed by its Participation Manager (a post funded by SNI). The Community Rugby Programme appointed 16 part time coaches across Northern Ireland. These community coaches work to deliver introductory rugby programmes to local schools and community groups and provide a means for participation from non-traditional rugby playing areas within NI. Through the community rugby programme the IRFU can account for over 5000 unique participants per annum. • In addition, the IRFU sourced funding to deploy six additional community coaches across NI. These coaches are working to increase the access to rugby opportunities in the most deprived across the province. It is anticipated that this work will increase the number of children involved in rugby related activity within curriculum time and to develop extracurricular clubs. • As part of this programme the IRFU employ three full-time Female Rugby Officers whose function is to support the development of female youth rugby by providing coaching opportunities to females within primary and secondary schools and by offering them suitable competition and an opportunity to progress at local clubs. • As a result of the IRFU's development work in schools it has seen an increase in the number of non-traditional rugby schools participating in various school based competitions, as a result of the increase in rugby delivery within maintained, integrated and voluntary grammar sectors. For example, in 2010-11 only 27 schools participated in the Girls Schools Cup and in 2013-14 60 schools participated in the same competition. • Over the last two years this growth has also been evidenced by the growth in primary and secondary schools who have taken part in delivery of rugby in the school setting. In March 2011, 53 secondary schools and 87 primary schools had taken part in the Community Rugby Programme. By the end of the 2013/14 School term, 146 primary schools and 130 secondary schools had received rugby delivery as a result of IRFU Ulster Branch Investment.

Target Number:	PA4
Target Details:	By 2013, to have stopped the decline in adult participation in sport and physical recreation.
Target Deadline:	2013 (Medium Term)
Status:	ACHIEVED
Baseline Information:	45% of the Northern Ireland adult population participated in sports and physical recreation once in the last 12 months (2008-09 CHS)

Current Position:	54% of the Northern Ireland adult population participated in sports and physical recreation once in the last 12 months (2013-14 CHS)
Contributing Member	Progress
Sport Northern Ireland (SNI)	<ul style="list-style-type: none"> Through SNI's National Lottery funded 'Active Communities' programme, approx. 109,000 individuals of all ages benefitted from enhanced participation opportunities in over 30 different sports; participants were involved on more than 1.03m occasions during 2013-14. SNI has recently confirmed its intention to extend the Active Communities programme in 2015-16. SNI, in partnership with Outdoor Recreation Northern Ireland (ORNI), Northern Ireland Environment Agency (NIEA) and Northern Ireland Tourist Board (NITB), launched the NI Outdoor Recreation Plan (ORAP) during Q1 2014-15. SNI hosted the 1st National Angling Conference (Everglades Hotel, Derry) during Q1 2014-15. SNI, in partnership with Strabane District Council & ORNI, completed development of a Community Path Network Toolkit. Initial pilot undertaken in Derg Valley with secondary testing underway to test validity within an urban setting (Newtownards Community Path Network) SNI's National Lottery funded 'Active Awards for Sport' small grants programme re-opened during in February 2014 with a further call in September 2014; as a result of the first call, SNI issued Letters of Offer to 118 successful applicants. Demand continues to significantly outstrip available funding. SNI has significantly enhanced its outreach and capacity building services to meet increased uptake from areas of greatest need throughout NI.
Chief Leisure Officers Association (CLOA)	<p>Antrim Borough Council</p> <p><i>Opportunities</i></p> <ul style="list-style-type: none"> Simply strolling programme recommenced in May 2014. There are 25 adults registered with approximately 8-10 attending each session. Nordic Walking programme recommenced in May 2014 (4-10 Participants each week). Continued support of local walking groups (Antrim– 80 participants) Continuation of Active Communities Programme and Associated initiatives and Classes across Antrim and Newtownabbey Boroughs. (9077 Participants). Sustainability of Fit and Active over 50s Programme to 4 Sites across the Antrim Borough (Antrim Forum, Neillsbrook Community Centre, Crumlin Community Centre, Stiles Community centre) – Approx 150 participants per week. Exercise referral scheme: total of 55 clients referred in 13/14 from 35 different surgeries (from Belfast – Draperstown to include physiotherapists, GP surgeries, practice Nurses, Cardiac rehab units and Musgrave Park Hospital (Spinal Department). Hosted Annual inclusive events for Boccia and New Age Kurling in Partnership with Disability Sport Northern Ireland (200 Participants). Hosted Local events to include: Antrim Road Race, Santa Saunter, Antrim walk. Continued development of the 'Move it' Fitness class programme at Antrim Forum to include: Spin, Aqua Zumba, Zumba Sentao. Tea dances in Community centres. Outdoor Recreation plan for the Borough completed. Antrim parkrun – operating on a weekly basis since with average of 100 runners per week. Antrim Forum Move It exercise class programme – since the inclusion of classes in the Fitness and Spa package usage has increased by approx. 23% from 16493 to 20294. <p><i>Places</i></p> <ul style="list-style-type: none"> Continuing to secure access to outdoor spaces and looking for new opportunities through the Outdoor Recreation Action Plan. Maximising the use of countryside trails and sites for physical activity events at Rea's wood (Forest Service NI) and Crumlin Glen (DCAL). Upkeep of 6 countryside recreation sites to provide safe opportunities to walk, run, jog and cycle.

	<ul style="list-style-type: none"> • Installation of 14 No. people counters at outdoor recreation sites and play areas across Antrim borough to assess the levels of use and to enable the council to establish the popularity. • Installation of Outdoor Gym at Neillsbrook Community Centre. • Installation of allotment facility at Greystone – 69 plots. • Upgrade of Peace Park (play area) circa 70k. • Installation of Outdoor gym at Neillsbrook Community Centre. <p><i>Organisations</i></p> <ol style="list-style-type: none"> a. Working closely with community based organisations to deliver focussed taster sessions through the Active Communities Programme. b. Partnership working with Northern Partnership for Physical Activity, Local Surgeries and hospitals through Health Matters Exercise referral programme. <p><i>Workforce</i></p> <ul style="list-style-type: none"> • ‘Armageddon’ Training for Antrim Forum ‘Move it’ Instructors. • Start to Play Tutor training (1). • Start to Play Leadership training (18). • Step Aerobics training (4). • Fitness Instructor (2). <p>Armagh City and District Council</p> <ul style="list-style-type: none"> • Active community programmes 50 plus schemes in association with PHA, Walking initiatives through IFH, Exercise referral programmes and concessionary pricing for leisure facilities. <p>Lisburn City Council</p> <ul style="list-style-type: none"> • The Sports Development Coach Education programme increases opportunities for participation through improved coaching and building club capacity. 253 participants on nine courses. • Physical activity classes are run on a weekly basis in all Lisburn City Council funded Activity Centres and Community Centres including; Lagan Valley LeisurePlex, Grove, Glenmore, Kilmakee and Brook Activity Centres Hillsborough, Sally Gardens, Maghaberry, Lagan View Community Centres– Total of 4078 adults participating in physical activity per week • Active Communities programme engages adults especially over 50s, women and people with disabilities. Total 1589 adult participants per year • Major participation events such as Half Marathon 10K and Fun Run (Total 6000 runners – 4500 adults) and Triathlon (200 adults) • Community programmes such as Couch to 5K and Wallace Park Run which attracts 80 – 90 people per week <p>Moyle District Council</p> <ul style="list-style-type: none"> • MDC continue to facilitate the Active Communities Programme. • PARPS are delivered at MDC, (Physical Activity Referral Programmes) GP Exercise Referral, Cancer Rehabilitation, Cardiac Rehabilitation and Pulmonary Rehabilitation. This is funded via the NPPA, Northern Partnership for Physical Activity and the Public Health Agency. • Funding for two outdoor gyms was secured through the public health agency, one in Ballycastle and one on Rathlin Island. This was accompanied by a Health Initiative on Rathlin Island involving Education and Physical Activity.
NI Environment Agency (NIEA)	<ul style="list-style-type: none"> • NIEA continues to provide public access to the countryside for outdoor physical recreation at its seven country parks, to fund the management of Colin Glen Forest Park and to facilitate walking at many of its nature reserves and some historic monuments in State Care. Country Park facilities include mown grass areas for informal games, extensive path networks, trim trails, cycle paths, bridle paths and bathing beaches. It organises events at its properties, including walks on National Trails Day, and facilitates others organising sponsored walks at its properties.

	<ul style="list-style-type: none"> • NIEA contributed funding towards path creation and maintenance including within the Sperrins, Ring of Gullion, Mound of Down, the Belfast Hills, Lough Bradan, Burntollet, the Mourne and a number of projects along the Causeway Coast Way. • NIEA worked with Sport NI and other partners to develop Our Great Outdoors - the Outdoor Recreation Action Plan for Northern Ireland which was published in March 2014. NIEA also worked with Sport NI and NITB to publish a study "Assessing the Economic Impact of Outdoor Recreation in Northern Ireland in March 2014. • NIEA coordinated district councils to provide a digitally accessible map of public rights of way in Northern Ireland which is available on Spatial NI. • NIEA provides strategic funding for Outdoor Recreation NI (formerly CAAN) and contributes information on NIEA properties to the Walk NI website. NIEA provided funding towards National Trails Day.
Outdoor Recreation NI (ORNI)	<ul style="list-style-type: none"> • 4th Adventureland Weekend held. Adventureland encourages local people to try new outdoor activities in their local area. 27 private Activity Providers recruited offering over 58 outdoor activity events throughout NI for £10pp or 50% off the normal retail price. 1,542 people took part in outdoor recreation activities during the weekend purchasing activities to the value of £19,103. • 2nd Get Outdoors Weekend held on 20th Sept 2014. 80 free events organised across Northern Ireland and included walking, canoeing, horse riding events. Over 8,000 took part in the day. • 4th Giant's Causeway Sportive took place on 13th September 2014. 1247 cyclists registered to take part. Giant's Causeway Coast Sportive (2013) won Cycling Ireland's Best Leisure Event as voted for by Cycling Ireland's Member Awards. • Working with the outdoor activity industry sold £38,987 of activity experience vouchers to the public. • Active marketing and promotion of over 35 outdoor recreation sports to the population through a wide range of media including websites, Facebook, twitter, PR etc. Main consumer websites (OutdoorNI.com, WalkNI.com, CycleNI.com, CanoeNI.com, BeachNI.com, MountainbikeNI.com) received 690,000 absolute unique visitors. • PR equivalent generated for the outdoor sports for the period was approx. £5.8 million (£5 million direct and £0.8 million indirect).
Public Health Agency (PHA)	<ul style="list-style-type: none"> • PHA has continued to support increased participation in physical activity through a range of investments in obesity prevention/physical activity interagency forums and other programmes. Examples include: physical activity co-ordinator posts in local Health and Social Care Trusts; provision of a range of training for trainers courses; allotment and community garden projects; physical activity referral programmes by GPs and other health professionals to local leisure facilities and healthy living centres; active travel projects; development of outdoor gyms; cycle pods in southern area, healthy towns initiatives in a number of council areas which bring together a range of programme areas at local level; work place health initiatives; and through joint working with local government e.g. Active Belfast and in the southern locality, subsidised public swim sessions during March 2014. • In January 2013 the PHA launched the 'Choose to Live Better' public information campaign on the prevention of obesity which promotes the importance of physical activity and healthier eating for adults. The campaign was re-run in May 14. The campaign is supported by a website with links to related activities and organisations. • In April 2014 the PHA insured 2,040 Walk Leaders who are leading walking for health initiatives throughout Northern Ireland. A review of the Walking for Health programme is currently underway. • PHA held a workshop in November 2013 with the overall aim of moving towards a standardised Northern Ireland Physical Activity Referral Programme (PARP). A standardised programme for physical activity referral will be finalised in 14/15. The PHA continues to support Physical Activity Referral Programmes in almost all district council areas. • PHA continues to participate in the PARC study, the research element of which will look at the effects of the built environment on the physical activity levels of people in east Belfast. • The Belfast Health Development Unit further developed Active Belfast. The Active Belfast Partnership has developed the action plan taking into

	<p>consideration different populations and focusing on five key priorities; people, places, promotion, participation and partnerships. There are a number of Active Belfast sub groups which support specific areas of the action plan, they are as follows; Active Lifestyle (PARP), Active Ageing and Active Travel.</p> <ul style="list-style-type: none"> • PHA has developed strong links with DRD through the Active Belfast Active Travel Task and Finish Group, chaired by the PHA Chief Executive, Dr Eddie Rooney under the auspices of the Belfast Strategic Partnership. This group is seeking to develop an Active Travel Action Plan for Belfast which will enable Belfast to become a vibrant city where people are healthy, fit and well-connected with one another, a city where people walk, cycle or take public transport as part of their normal, everyday lives. • In the South Eastern area, Lisburn was announced as the European City of Sport 2013. The PHA has agreed with Lisburn City Council co-funding and support in kind for the development of a 5 year strategy for Sport and Physical Activity in Lisburn and Castlereagh. One of the aims of the strategy will be to increase participation. A successful conference on sport enhancing physical activity was held in Lisburn in March 2014. • The Conservation Volunteers deliver Green Gym Projects in the west, Belfast and the south eastern areas. The Green Gym is a preventative health project supporting people to connect with their local green space to improve their health, the local community and the environment. The Green Gym model supports people who experience health inequalities in making behaviour changes to benefit their physical, emotional and social wellbeing through direct involvement in local practical conservation projects. In 2013/14 the Western Green Gym provided 296 sessions with 84% of participants increasing their physical activity levels. In the southern locality the Conservation Volunteers (TCV) was awarded funding to deliver a sustainable communities programme. In addition to the support and training provided through the programme to local residents, they also gain from participation in regular physical activity and receive information on other lifestyle issues. • During 2013/14 the PHA supported the development of a further 12 outdoor gyms as follows: northern area (7); southern area (2); and western area (3) in order to provide increased access to and uptake of physical activity opportunities for people in their own locality. • In the western area PHA worked with 5 local Councils to roll out the 'Couch Potato to Runner Bean' Initiative. Approximately 340 participants joined a 10 week physical activity programme and completed 5k or 10k walk/jog/runs at the end of the programmes. • In the south eastern area PHA ran '5couch to 5K' programmes in 13/14. In the south east area Park Runs have also either been developed or are in development with local Councils. PHA also supports the Active Communities programme in Lisburn and Downpatrick. • In the northern area PHA funded four local community networks to deliver a small grants programme across the 10 councils in the locality. 37 grants with a physical activity focus were awarded to local communities with a total investment of £26,502.
SkillsActive (SA)	<ul style="list-style-type: none"> • Throughout the year, SkillsActive continued to maintain and develop professional registers to ensure a skilled and qualified workforce that is competent to help stop the decline in adult participation in sport and physical recreation. • On-going development of the Register of Exercise Professionals (REPs) including i) 5% increase in the NI membership rate; and ii) free student membership REPs category added to Register. • Launch of the Register of Aquatic Professionals; Register of Playworkers; Register of Children's Activity Professionals; Register of Personal Development Practitioners in Sport (RPDPS).
Ulster Gaelic Athletic Association (GAA)	<ul style="list-style-type: none"> • UCGAA maintained its adult participation base through its Games Programmes in community clubs. • UCGAA also engaged with Active Communities and Games Development coaches to encourage more participation opportunities that is not formal competition.
Irish Rugby Football Union (Ulster Branch)	<ul style="list-style-type: none"> • IRFU (Ulster Branch) continues to promote adult tag rugby as a version of the game that is played in the summer months. This non-contact version of the game has proved very popular bringing both new and previous participants back into the sport. There has been a particular increase in the number of mixed teams (i.e. both male and female) now playing over the last number of years.

	<ul style="list-style-type: none"> • Adult Women's Rugby has continued to increase across the Province with the number of teams increasing from 13 in season 2011-12 to 15 Clubs in season 2012-13. These 15 clubs have been maintained going in to the 2014/15 season with two more clubs in development and Queens University having established a 2nd team. • IRFU (Ulster Branch) has developed programmes such Return to Rugby, Festive fixtures and promoted mid-week rugby as direct action to address this decline. By the end of the 2013-14 season, the IRFU has more than 6 additional adult games taking place per week than the recorded figure in 2011-12.
Disability Sports Northern Ireland (DSNI)	<ul style="list-style-type: none"> • DSNI, in partnership with district councils, Active Community Consortia and governing bodies of sport, has implemented a range of participation programmes, performance initiatives and training & education programmes which benefitted just fewer than 20,000 children and adults during the period.
Northern Ireland Sports Forum (NISF)	<ul style="list-style-type: none"> • Increased Sport Matters representation to four Board members • Fed into Mid Term review • Agreed at Board level interests in promoting greater engagement. Opened discussions with other stakeholders on methodology. • Improved membership database to better communicate and engage with members

Target Number:	PA5
Target Details:	By 2014 to have increased the number of people in Northern Ireland in membership of at least one sports club
Target Deadline:	2014 (Medium Term)
Status:	ON TRACK FOR ACHIEVEMENT
Baseline Information:	23% of the adult population are members of a club in which they can participate in sport or physical activities (2010 SAPAS) 19% of the adult population stated they were a member of at least one sports club (2008-09 CHS)
Current Position:	24% of the adult population stated they were a member of at least one sports club (2013-14 CHS)
Contributing Member	Progress
Sport Northern Ireland (SNI)	<ul style="list-style-type: none"> • During 2014 SNI launched the National Lottery funded 'Active Clubs' programme. Following a robust assessment process, SNI has issued initial Letters of Offer to nine successful applicants (from 29 received). The programme seeks to enhance access to, and increase membership of, sports clubs and volunteering/leadership capacity in areas of greatest need and among traditionally under-represented groups • SNI's National Lottery funded 'Active Awards for Sport' small grants programme re-opened during in February 2014 with a further call in September 2014; as a result of the first call, SNI issued Letters of Offer to 118 successful applicants. Demand continues to significantly outstrip available funding. SNI has significantly enhanced its outreach and capacity building services to meet increased uptake from areas of greatest need throughout NI. • SNI has continued to support enhanced access to and membership of sports clubs for people with a disability through strategic investments in Disability Sport NI & Special Olympics Ulster. • SNI has established Clubmark NI, Northern Ireland's junior club accreditation and development programme. The programme aims to develop junior clubs across Northern Ireland in the areas of management, safety, coaching and competition and will accredit those who reach defined

	<p>quality standards. There are currently 29 Clubmark NI endorsed club development and accreditation schemes established with governing bodies and regional consortia. A total of 102 clubs are currently Clubmark NI accredited with over 200 clubs working towards accreditation. Clubmark NI scheme operators are currently offering significant levels of club development support and guidance to assist clubs to progress towards the point of accreditation.</p> <ul style="list-style-type: none"> • SNI also began consulting on a new participation programme aimed at contributing to the achievement of this target. As of 30 September, SNI developed a draft Business Case and guidance materials. It is anticipated that the programme will be launched during the next progress reporting period. • SNI has continued to deliver Clubmark NI, Northern Ireland's junior club accreditation and development programme. The programme aims to develop junior clubs across Northern Ireland in the areas of management, safety, coaching and competition and will accredit those who reach defined quality standards. There are currently 45 Clubmark NI endorsed club development and accreditation schemes established with governing bodies and regional consortia. A total of 149 clubs are currently Clubmark NI accredited with over 290 clubs working towards accreditation. Clubmark NI scheme operators are currently offering significant levels of club development support and guidance to assist clubs to progress towards the point of accreditation. • In January 2014 SNI launched the Club Leaders NI programme which focuses on developing better business skills within sports clubs, their staff and volunteers to assist clubs to develop and create sustainable structures. The programme supports clubs through online learning and resources - 170 clubs, and 278 individuals have engaged with this element; workshops – 99 clubs and 214 individuals; and mentoring opportunities – 6 individual relationships. • SNI invests in 22 Officers with at least a 50% remit for Club Development, to lead the development of the club infrastructure within governing bodies of sports.
Chief Leisure Officers Association (CLOA)	<p>Antrim Borough Council</p> <p><i>Opportunities</i></p> <ul style="list-style-type: none"> • Continuation of Primary School challenge event (1100+ participants) addition triathlon event. • Developed and expanded Aspire Sport Programme (Talent ID). • Expansion of Wildcats Activ8 programme to Randalstown, Muckamore, and Crumlin. One additional class at the Antrim Forum, (100 Participants). • Antrim Borough Council Capital Grant Support Scheme opened in Sept 2013 to local sports clubs and community organisations. • Expansion of Forum Gymnastics Club to Neillsbrook Community Centre. • Delivered Level one triathlon training course at Antrim Forum in Partnership with Triathlon Ireland. • Park run event started in September 2013 encouraging both junior and senior runners to join local running club. • New forum basketball programme – two 6 week blocks completed with 20 participants. <p><i>Places</i></p> <ul style="list-style-type: none"> • Installation of 14 No. people counters at outdoor recreation sites and play areas across Antrim borough to assess the levels of use and to enable the council to establish the popularity. • Ongoing development for extension and refurbishment of Indoor and Outdoor facilities at Allen Park Golf Club and Crumlin Community Centre. • Antrim Borough Council Capital Grant Support Scheme opened in Sept 2013 to local sports clubs and community organisations. • Installation of people counters at Peace Park. • Installation of Outdoor gym at Neillsbrook Community Centre. <p><i>Organisations</i></p>

	<ul style="list-style-type: none"> • Continue to develop relationships with Governing bodies through the Active Communities Programme (Athletics NI, Ulster Rugby, Antrim GAA, Ulster Hockey, Cricket Ireland, and Netball Northern Ireland). • Expansion of the forum Gymnastics Programme to Neillsbrook Community Centre through British Gymnastics. • Continue to develop and strengthen relationships between schools and Sports Clubs through the Active Antrim Primary Schools Challenge. • Continue to supported Antrim Ladies Netball club both senior and junior section. • Support Antrim Golf Club in establishment of Junior Golf section. • Raise awareness of Sports Clubs through the Active Antrim Magazine (twice per year). • Celebrate local sporting success through the Antrim Sports advisory Association Annual Sports Awards. • Celebrate and raise the profile of clubs who have achieved and who are working towards Clubmark. • 5 sporting greats were inducted to the Gallery of Sporting legends. There are now 23 legends displayed in the Gallery. <p><i>Workforce</i></p> <ul style="list-style-type: none"> • Appointment of additional gymnastics coaches to support the expansion of the Forum Gymnastics club to Neillsbrook community centre. <p>Armagh City and District Council</p> <ul style="list-style-type: none"> • AC&DC continues to work with all the relevant agencies to assist in the development and sustainability of local clubs through grant aid, club development courses, advice and support with infrastructure and /or facilities. Also, recognition of the positive affect that good clubs have on our community through various award schemes and mayoral recognition/PR. <p>Lisburn City Council</p> <ul style="list-style-type: none"> • Set up of after schools clubs to provide initial opportunity for club membership eg Wild Cats Multi Activity Club , Moira - 42 members, Glenmore and Maghaberry Hip Hop dance clubs - 20 + 12 members • Promotion of Lisburn sports clubs through Sport Lisburn, holiday coaching schemes (eg Phoenix basketball club, Lisburn Rugby Club) and Lisburn Directory of Sport. Provide information through social media and data base. 92 clubs on Sport Lisburn data base • Sport Lisburn start up grant scheme for new clubs eg Jog Lisburn, Kingsway Netball Club • Sports Development unit and Sport Lisburn assist clubs with open days/tournaments etc to attract new members. Eg Sport Lisburn have recently funded Killultagh Pony Club, Glenavy GAA, Lisburn Athletics Club, Hillsborough Boys FC, Hazama Judo Club, Colin Gaels GAA
Irish Football Association (IFA)	<ul style="list-style-type: none"> • IFA, in cooperation with the NIBFA, work with 18,000 registered players (5 to 17 years of age) in 1,046 teams and 250 registered clubs. • The number of registered female players was 997 in 2013 and 1116 in 2014 which was an 11.9% increase. • IFA continue to work together with GAA and Ulster Rugby to develop projects related to club and volunteer development, made possible by funding secured for each governing body from the Department for Social Development (DSD). • IFA continued to deliver a club accreditation programme aimed at supporting junior age clubs to reach minimum operating standards in effective management, health and safety, and proper coaching and competition structures. Clubs involved in this programme receive the support of the IFA's grassroots officers, free equipment (balls, bibs, cones etc.) and bursaries towards coach education courses.
Irish Rugby Football Union (Ulster Branch)	<ul style="list-style-type: none"> • Through the 'Play Rugby Initiative', IRFU (Ulster Branch) has provided young people with the opportunity to have access to rugby union. • IRFU (Ulster Branch) continued to deliver its summer camp programme which caters for more than 1000 children aged between 6 and 13 years of age during the months of July and August. These camps are for males and females regardless of rugby experience and act as a taster to the game. The programme is delivered in partnership with local clubs, designed to allow each of the children the opportunity to continue playing the game beyond the camp through their local rugby club. 2013 Summer Camps were attended by over 1700 children province-wide. (representative increase of 20% on last year)

	<ul style="list-style-type: none"> In addition, the IRFU's Participation Rugby Manager is responsible for overseeing its involvement in SNI's Active Communities programme. Currently, seven consortia employ a rugby specific coach, two of which are employed directly by IRFU (Ulster Branch). This scheme is driven towards increasing participation specifically with women, older people and participants with a disability. Through these posts we deliver to 5,000+ participants per year to facilitate growth in long term participation. These structures have supported the development of three special needs clubs province-wide and five additional girls youth sections.
Northern Ireland Sports Forum (NISF)	<ul style="list-style-type: none"> Actively developed social media use to assist Governing Bodies and the clubs with an outlet to promote activities. Developed SportsWatch to provide up to date information on developments within the sport and recreation sector.

Target Number:	PA6
Target Details:	By 2014 to provide every child in Northern Ireland over the age of 8 years with the opportunity to participate in at least two hours per week of extra-curricular sport and physical recreation.
Target Deadline:	2014 (Medium Term)
Status:	ON TRACK FOR ACHIEVEMENT BUT WITH SOME UNCERTAINTY
Baseline Information:	No baseline currently exists.
Contributing Member	Progress
Sport Northern Ireland (SNI)	<ul style="list-style-type: none"> During 2013-14 SNI piloted a small grants programme – Active Schools – to support increased participation in sport among school-aged children and to develop & strengthen pathways from school sport to club sport. As a result of this intervention 9,541 individual children (149 schools) benefitted from enhanced opportunities to participate in structured sport & physical recreation opportunities. Through SNI's Active Communities programme, approx. 84,000 children benefitted from enhanced participation opportunities in a range of sports and physical activity programmes to 31 March 2014; a further 30,000 children have benefitted in the subsequent period to 30 September 2014. SNI's National Lottery funded 'Active Awards for Sport' small grants programme re-opened during in February 2014 with a further call in September 2014; as a result of the first call, SNI issued Letters of Offer to 118 successful applicants. A significant proportion of successful applicants plan to target interventions aimed at children and young people, with a particular emphasis on girls as per the programme's priorities. SNI's Activ8 Adventure introduced 35,000 children to adventure activities through a mobile high ropes course and a range of Olympics & Paralympic sports which they would not normally be exposed to including archery, boccia & fencing.
Chief Leisure Officers Association (CLOA)	<p>Antrim Borough Council <i>Opportunities</i></p> <ul style="list-style-type: none"> Easter and Summer Inferno Physical activity programme (160 Participants). Continuation of primary school challenge events (1000 + participants). Annual Santa Saunter event (100 participants). Expansion of Altitude Dance Company to 6 classes (120 Participants). Expansion of the forum Gymnastics Programme to Neillsbrook Community Centre through British Gymnastics.

	<ul style="list-style-type: none"> • Expansion of BEAT programme through Community Safety Team (be educated, be active, be together). • Developed and expanded Aspire Sport Programme (Talent ID). • Expansion of Wildcats Activ8 programme to Randalstown, Muckamore, Crumlin and one additional class at the Antrim Forum (100 Participants). • Support local sports clubs through the provision of Grant Aid (Antrim Sports Advisory Association). • Expansion of Forum Strikers Programme (40 Participants). <p><i>Places</i></p> <ul style="list-style-type: none"> • Refurbishment of Wallace Park, Templepatrick. • Ongoing development for extension and refurbishment of Indoor and Outdoor facilities at Allen Park Golf Club and Crumlin Community Centre. • Installation of Outdoor gym at Neillsbrook Community Centre. <p><i>Organisations</i></p> <ul style="list-style-type: none"> • Continue to develop relationships with Governing bodies through the Active Communities Programme (Athletics NI, IRFU (Ulster Branch), Antrim GAA, Ulster Hockey, Cricket Ireland, Netball Northern Ireland). • Continue to work with Sport and Community Based organisations to promote club programmes and initiatives. <p><i>Workforce</i></p> <ul style="list-style-type: none"> • ‘Armageddon’ Training for Antrim Forum ‘Move it’ Instructors. • Start to Play Leadership training (18). • Wildcats Activ8 volunteers training. • Step Aerobics (4). <p>Armagh City and District Council</p> <ul style="list-style-type: none"> • AC&DC continued to deliver after school programmes in all local facilities at a low cost and worked with a number of school teachers and staff to assist them in identifying local opportunities for quality coaching and by providing training for school staff through the Southern Sport Partnership coach education programme. <p>Moyle District Council</p> <ul style="list-style-type: none"> • One and a half Active Communities Coaches deliver a range of Physical Activities across thirteen (excluding Rathlin) primary schools in Moyle District Council. This includes after schools (extra-curricular) activity. <p>Lisburn City Council</p> <ul style="list-style-type: none"> • Lisburn City Council Sports Centres and Community Centres, coaching courses, after school clubs etc total – 3709 young People per week • Active Communities programme - after school clubs, holiday coaching programmes, school holiday programmes - total 6339 participants per year • Coach and club training programme provides opportunities for coach and club development, in turn, provide coaching opportunities for young people. eg 56 coaches passed grassroots and level 1 football coaching (2013 – 2014) • Special events – eg Fun Run (aprox 1500 children), Aquathon (35 participants), cross country (136 participants) , Conquer the Castle (75 participants) Holiday coaching schemes, including IFA soccer – 450 participants, Teenage Kicks health fair – 200 school children • Weekly young people’s coaching and participation events eg small sided soccer at LVLP football factory – 120 participants, • Friday evening football at LVLP and Brook – total 160 young people per week
<p>Department of Education (DE)</p>	<ul style="list-style-type: none"> • The Extended Schools programme, currently operating across 489 schools serving pupils from disadvantaged communities, offer various programmes and activities related to sports, physical recreation and the promotion of healthy lifestyles. Over 4,000 programmes were in place across all eligible Extended School in 2013-14. Approximately 16% of these focused on health, sport or fitness with an estimate of 40,000

	<p>participants availing of the range of activities on offer.</p> <ul style="list-style-type: none"> • A variety of sporting programmes are offered in the youth service as part of an overall non-formal education programme aimed at improving educational outcomes, including the personal and social development of young people. Participation in the youth service is voluntary, with one third of young people aged 4-25 taking part in registered youth work annually (using 2012 data).
Irish Football Association (IFA)	<ul style="list-style-type: none"> • The IFA currently has many school coaching programmes, Easter, Summer and Halloween programmes. Since October 2013 programmes have been delivered to 4,971 children across Northern Ireland with plans to build this number going forward. • The regional small sided games development centres involved over 8000 children from U7 to U12 age categories. This participant figure has steadily increased each year for the last three years.
NI Environment Agency (NIEA)	<ul style="list-style-type: none"> • NIEA continues to provide public access to the countryside for outdoor physical recreation at its seven country parks, to fund the management of Colin Glen Forest Park and to facilitate walking at many of its nature reserves and some historic monuments in State Care. Country Park facilities include mown grass areas for informal games, extensive path networks, trim trails, cycle paths, bridle paths and bathing beaches. It organises events at its properties, including walks on National Trails Day, and facilitates others organising sponsored walks at its properties. Many children make use of these assets both as families and in organised groups.
Public Health Agency (PHA)	<p><i>Note. See PHA's progress update against target PA3 particularly re small grants and active travel as this is also applicable to target PA6.</i></p> <ul style="list-style-type: none"> • The physical activity action plan funded by the PHA and delivered by the Southern Health and Social Services Trust includes the delivery of a range of physical activity opportunities for children and young people, including a project targeting inactive LAC young people (Looked After Children) aged 14-17 years. • Active Belfast Grant Programme: To get more people, more communities, more active, more often to improve health and wellbeing and reduce life inequalities. Active Belfast priority areas for grant funding include active travel both cycling and walking programmes, access to places and building capacity. • The Up4It Programme (also known in the southern area as the Family Health initiative and in the west as SWEET) is a highly enjoyable family-focussed 12 week weight management programme, which is delivered to children aged 8-11years and their parents/siblings. The programme is funded by the PHA offices in the south and west and delivered across the SHSCT and the WHSCT areas. The programme provides information and advice on healthier eating along with a range of physical activities aimed at increasing families' participation in activity. • To raise awareness of positive mental health and emotional wellbeing among in sports clubs in NI during 2013-14 PHA commissioned SNI to deliver 25 training and awareness raising programmes for sports clubs throughout NI. Clubs who engaged with the programme received mental health sports toolkit bags. These bags contained information on local mental health support services, bibs, cones, flags, etc. that promoted www.mindingyourhead.com.
Playboard	<ul style="list-style-type: none"> • Continued to work ABC area with a view to establishing an agreed play policy for the new Council structure for 2015 and beyond. It is anticipated that the learning from the work will be used to inform • Completed play reviews for [North Down BC and Ards BC] which produced recommendations for addressing play deficiencies in the identified areas • Continued to delivery community based programmes aimed at providing opportunities for children (aged 5-12 years): • Derry Positive Play – 136 children and 11 teachers involved; • Contested Spaces -277 children and 159 adults involved in school based sessions; • Play Days -290 children involved across NI; • Can Play – 350 children and 96 adults involved in supported play sessions. 14 local people trained to deliver supported play sessions; and

	<ul style="list-style-type: none"> • Young Researchers Group – 111 children surveyed by 10 young researchers in order to understand the needs of children in relation to play. • Based on the work of the Young Researchers Project, Playboard launched a ‘Let’s Play’ Campaign in order promote awareness of play for the development of individuals, families and communities.
SkillsActive (SA)	<ul style="list-style-type: none"> • SkillsActive is a joint facilitator of the Playwork Education and Training Council which aims to ensure a skilled, qualified and developing play workforce who provides high quality, accessible play opportunities for children and young people • Influencing DHSSPS policy to ensure Playworkers and Playwork qualifications at same level as Early Years professionals and childcare qualifications in the new Childcare Minimum Standards Guidelines. • Negotiated subsidised funding from DEL to support delivery of Level 2,3, and 5 Playwork qualifications • Introduced the Register of Playworkers and the Register of Children’s Activity Professionals to stakeholders, employers and practitioners
Ulster Gaelic Athletic Association (GAA)	<ul style="list-style-type: none"> • Through the KS1 Curriculum Sports Programme we have provided opportunities with the schools engaged to take extracurricular classes after schools. • Support the Active Communities GAA Coaches and encourage them to make provision for extracurricular sport within their designated schools. • Through the KS 2 Programme County GAA Specific coaches are tasked with providing extracurricular opportunities. • Through the Regional Hurling Development Officer Programme, the staff are tasked with engaging and providing extracurricular opportunities.
Ulster Rugby	<ul style="list-style-type: none"> • IRFU (Ulster Branch) has a Community Rugby Programme which is managed by its Participation Manager (a post funded by SNI). The Community Rugby Programme appointed 16 part time coaches across NI. These community coaches work to deliver introductory rugby programmes to local schools and community groups and provide a means for participation from non-traditional rugby playing areas within NI. Through the community rugby programme the IRFU can account for over 5000 unique participants per annum. • In addition, the IRFU sourced funding to deploy six additional community coaches across NI. These coaches are working to increase the access to rugby opportunities in the most deprived across the province. It is anticipated that this work will increase the number of children involved in rugby related activity within curriculum time and to develop extracurricular clubs. • As part of this programme the IRFU employ three full-time Female Rugby Officers whose function is to support the development of female youth rugby by providing coaching opportunities to females within primary and secondary schools and by offering them suitable competition and an opportunity to progress at local clubs. • As a result of the IRFU’s development work in schools it has seen an increase in the number of non-traditional rugby schools participating in various school based competitions, as a result of the increase in rugby delivery within maintained, integrated and voluntary grammar sectors. For example, in 2010-11 only 27 schools participated in the Girls Schools Cup and in 2013-14 60 schools participated in the same competition. • Over the last two years this growth has also been evidenced by the growth in primary and secondary schools who have taken part in delivery of rugby in the school setting. In March 2011, 53 secondary schools and 87 primary schools had taken part in the Community Rugby Programme. By the end of the 2013/14 School term, 146 primary schools and 130 secondary schools had received rugby delivery as a result of IRFU Ulster Branch Investment. • As a result of funding, the IRFU (Ulster Branch) employ four Fitness Development Coaches working across 4 regions - Over the course of the year these staff have delivered 1097 sessions across: <ul style="list-style-type: none"> ○ 42 Clubs ○ 41 Schools ○ 41 Community Groups

Target Number:	PA7
Target Details:	By 2019 to deliver at least a 3 percentage point increase in adult participation rates in sport and physical recreation (from the 2011 baseline).
Target Deadline:	2019 (Long Term)
Status:	ON TRACK FOR ACHIEVEMENT
Baseline Information:	37% of the adult population participated in sport and physical recreation in the last week (2010 SAPAS) 31% of the adult population stated they normally participate in sport and physical recreation on at least 1 day a week (2008-09 CHS)
Current Position:	48% of the adult population stated they normally participate in sport and physical recreation on at least 1 day a week (2013-14 CHS)
Contributing Member	Progress
Sport Northern Ireland	<ul style="list-style-type: none"> SNI continues to support and invest heavily in its Active Communities programme. Approximately 109,000 individuals participated in Active Communities during 2013-14 and the programme is on track to deliver similar outputs in 2014-15. SNI has recently confirmed its intention to sustain the programme during 2015-16 and develop proposals for post April 2016 that will continue to provide sustainable positive sports participation outcomes. SNI's Active Awards for Sport programme aims to increase participation in sport and physical recreation, especially among under-represented groups such as women/girls and people with a disability. During 2014 SNI expects to support more than 200 grassroots sports projects, benefitting approximately 20,000 individuals throughout NI.
Chief Leisure Officers Association (CLOA)	<p>Antrim Borough Council</p> <p><i>Opportunities</i></p> <ul style="list-style-type: none"> Annual simply strolling programme recommenced since May 2014. There are 25 adults registered with approximately 8-10 attending each session. Nordic Walking programme recommenced in May 2014 (4-10 Participants each week). Continued support of local walking groups (Antrim– 80 participants). Continuation of Active Communities Programme and Associated initiatives and Classes across Antrim and Newtownabbey Boroughs. (9077 Participants). Exercise referral scheme: total of 55 clients referred in 13/14 from 35 different surgeries (from Belfast – Draperstown to include physiotherapists, GP surgeries, practice Nurses, Cardiac rehab units and Musgrave Park Hospital (Spinal Department). Hosted Annual inclusive events for Boccia and New Age Kurling in Partnership with Disability Sport Northern Ireland (200 Participants). Hosted Local events to include: Antrim Road Race, Santa Saunter, Antrim walk. Continued development of the 'Move it' Fitness class programme at Antrim Forum to include: Spin, Aqua Zumba, Zumba Sentao Annual Tea dances in Community centres. Outdoor Recreation plan for the Borough. Funding available through the Antrim Sports Advisory Association for coach education to assist with the sustainability of Sports clubs. Antrim Forum Move It exercise class programme – since the inclusion of classes in the Fitness and Spa package usage has increased by approx. 23% from 16493 to 20294. <p><i>Places</i></p> <ul style="list-style-type: none"> Continuing to secure access to outdoor spaces and looking for new opportunities through the Outdoor Recreation Action Plan.

	<ul style="list-style-type: none"> • Maximising the use of countryside trails and sites for physical activity events at Rea’s wood (Forest Service NI) and Crumlin Glen (DCAL). • Upkeep of 6 countryside recreation sites to provide safe opportunities to walk, run, jog and cycle. • Installation of allotment facility at Greystone – 69 plots. • Installation of Outdoor gym at Neillsbrook Community Centre. <p><i>Organisations</i></p> <ul style="list-style-type: none"> • Working closely with community based organisations to deliver focussed taster sessions through the Active Communities Programme. • Partnership working with Northern Partnership for Physical Activity, Local Surgeries and hospitals through Health Matters Exercise referral programme. <p><i>Workforce</i></p> <ul style="list-style-type: none"> • ‘Armageddon’ Training for Antrim Forum ‘ Move it’ Instructors. • Step Aerobics (4). <p>Armagh City and District Council</p> <ul style="list-style-type: none"> • As per PA 4 • AC&DC continued to invest in infrastructure will allow for greater opportunities for both adult and young populations so the development of 4G facilities at key sites such as Armagh City FC and Tandragee Recreation Centre will significantly add to the district offering. • A further 2 year extension of a partnership with Markethill High School, on a community use basis, will also drive participation rates in an area where access to indoor leisure was previously poor. <p>Lisburn City Council</p> <ul style="list-style-type: none"> • Active Community sessions for adults, over 50’s, women and people with disabilities- total 1589 adult participants • Sports Development + Lisburn sports facilities (inc Lagan Valley LeisurePlex, Grove, Glenmore, Brook and Kilmakee Activity Centres, Hillsborough Village Centre, Maghaberry, Sally Gardens and Lagan View community centres) – Circuit training, Keep fit, spinning , yoga, Park run etc. Total of 4078 adults participate weekly • Sports Development Club/Coach training programmes that increase capacity and opportunities for adult participation. • Special Events – Half Marathon (4,500 adults) and Triathlon (200 participants)etc • Sport Lisburn funding and promotion of Sports Clubs. 92 sports clubs on Sport Lisburn data base <p>Moyle District Council</p> <ul style="list-style-type: none"> • To create opportunities for physical activities at suitable levels for the adult population. Low to moderate level intensity delivered at appropriate times to stimulate low level activity that may eventually become longer term adherence to physical activities. These activities involve an element of nutrition education. Young at Heart Activities, mostly attended by Ladies over the age of 55. • Establishing the 5 times a week club. Opportunities provided for adults to attend low to moderate level activities in line with guidelines for 30mins activity five times a week. Minimum. (This is in planning phase)
Irish Football Association (IFA)	<ul style="list-style-type: none"> • IFA continues to support groups at grassroots level who use the sport of football as a tool to promote Community Relations in a sustainable and creative way which makes a meaningful difference in the community. Some key projects the IFA Community Relations Departments have delivered include the Belfast Street League (where 60 adult males participated on a weekly basis), Women’s World United and Limestone United. • IFA delivers a veteran football programme to males and females aged 35+, 45+ and 55+. Currently there are 70 participants involved in activities across NI.
NI Environment Agency (NIEA)	<ul style="list-style-type: none"> • NIEA continues to provide public access to the countryside for outdoor physical recreation at its seven country parks, to fund the management of Colin Glen Forest Park and to facilitate walking at many of its nature reserves and some historic monuments in State Care. Country Park facilities

	<p>include mown grass areas for informal games, extensive path networks, trim trails, cycle paths, bridle paths and bathing beaches. It organises events at its properties, including walks on National Trails Day, and facilitates others organising sponsored walks at its properties.</p> <ul style="list-style-type: none"> • Activities facilitated include: walking, jogging, horse-riding, cycling, swimming, abseiling, canoeing (white water and lake), sea kayaking, angling and orienteering. • Other actions described at PA4 on public access to the wider countryside also apply.
Public Health Agency (PHA)	<ul style="list-style-type: none"> • As per PA4.
Ulster Gaelic Athletic Association (GAA)	<ul style="list-style-type: none"> • UCGAA continued to maintain its adult participation base through its Games Programmes in community clubs for hurling, football, ladies football and handball. • UCGAA continued to engage with Active Communities and Games Development coaches to encourage more non formal participation opportunities. • UCGAA also delivered training and playing opportunities for people with physical and learning disabilities by working closely with Disability Sport NI.
Irish Rugby Football Union (Ulster Branch)	<ul style="list-style-type: none"> • IRFU (Ulster Branch) continues to promote adult tag rugby as a version of the game that is played in the summer months. This non-contact version of the game has proved very popular in bringing both new and previous participants back into the sport. There has been a particular increase in the number of mixed teams (i.e. both male and female) now playing over the last number of years. • Adult Women's Rugby has continued to increase across the Province with the number of clubs increasing from 13 in season 2011-12 to 15 Clubs in season 2012-13. These 15 clubs have been maintained going in to the 2014-15 season with two more clubs in development and Queens University having established a 2nd team. • IRFU (Ulster Branch) has developed programmes such Return to Rugby, Festive fixtures and promoted mid-week rugby as direct action to address this decline. By the end of the 2013-14 season the IRFU has more than six additional adult games taking place per week than the recorded figure in 2011-12.
Disability Sports NI	<ul style="list-style-type: none"> • DSNI, in partnership with Active Community Consortia and governing bodies of sport, implemented a range of participation programmes, performance initiatives and training and education programmes which benefitted just fewer than 20,000 people. 39% were adults.

Target Number:	PA8
Target Details:	By 2019 to deliver at least a 6 percentage point increase in women's participation rates in sport and physical recreation (from the 2011 baseline).
Target Deadline:	2019 (Long Term)
Status:	ON TRACK FOR ACHIEVEMENT
Baseline Information:	30% of the female adult population participated in sport and physical recreation in the last week (2010 SAPAS) 24% of the female adult population stated they normally participate in sport and physical recreation on at least 1 day a week (2008-09 CHS)
Current Position:	40% of the female adult population stated they normally participate in sport and physical recreation on at least 1 day a week (2013-14 CHS)
Contributing Member	Progress

Sport Northern Ireland	<ul style="list-style-type: none"> • SNI has continued to engage with and support the NI Female Sports Forum; this work has included facilitation of a strategy planning exercise to inform the Forum's future priorities. Forum membership includes SNI, Active Belfast and a number of sports – gaelic football, rugby, camogie, soccer, and hockey. SNI has recently highlighted the issue of women/girls' participation in sport to the NI Assembly's CAL Committee. • SNI's Active Awards for Sport (AA4S) has identified women/girls as a priority target group. SNI anticipates total investment of approx. £1m in 2013 & 2014 AA4S • A total of 60,884 women/girls participated in SNI's Active Communities programme during 2013-14; this represents approx. 57% of total – well above the NI average for women of 41% (SAPAS, 2010).
Chief Leisure Officers Association (CLOA)	<p>Antrim Borough Council</p> <p><i>Opportunities</i></p> <ul style="list-style-type: none"> • Simply strolling programme recommenced in May 2014. There are 25 adults registered with approximately 8-10 attending each session. • Nordic Walking programme recommenced in May 2014 (4-10 Participants each week). • Continued support of local walking groups (Antrim– 30 participants). • Continuation of Active Communities Programme and Associated initiatives and Classes across Antrim and Newtownabbey Boroughs. (5339 female Participants). • Expansion of Altitude and Arches Dance Companies to Community centres (80 Participants). • Sustainability of Fit and Active over 50s Programme to 4 Sites across the Antrim Borough (Antrim Forum, Neillsbrook Community Centre, Crumlin Community Centre, Stiles Community centre) – Approx. 150 participants per week. • Exercise referral scheme: total of 55 clients referred in 12/13 from 35 different surgeries (from Belfast – Draperstown to include physiotherapists, GP surgeries, practice Nurses, Cardiac rehab units and Musgrave Park Hospital (Spinal Department)). • Hosted Annual inclusive events for Boccia and New Age Kurling in Partnership with Disability Sport Northern Ireland (200 Participants). • Hosted Local events to include: Antrim Road Race, Santa Saunter, Antrim walk. • Continued development of the 'Move it' Fitness class programme at Antrim Forum to include: Spin, Aqua Zumba, Zumba Sentao. • Annual Tea dances in Community centres. • Outdoor Recreation plan for the Borough completed. • Wibble Wobble Parent and Toddler Dance Class (30 Participants). • Expansion of Move it fitness programme in Antrim Forum (classes before work). • Antrim Forum Move It exercise class programme – since the inclusion of classes in the Fitness and Spa package usage has increased by approx. 23% from 16493 to 20294. • Continuation of Tannaghmore Zumba Programme (10 participants). <p><i>Places</i></p> <ul style="list-style-type: none"> • Plans for the refurbishment of Wallace park in Templepatrick. • Capital development of facilities at Crumlin Community Centre and Allen Park Golf Centre. • Installation of allotment facility at Greystone – 69 plots. • Installation of Outdoor gym at Neillsbrook Community Centre. <p><i>Organisations</i></p> <ul style="list-style-type: none"> • Working closely with community based organisations to deliver focussed taster sessions (for female target groups) through the Active Communities Programme. • Partnership working with Northern Partnership for Physical Activity, Local Surgeries and hospitals through Health Matters Exercise referral

	<p>programme.</p> <ul style="list-style-type: none"> • Continue to support Antrim Ladies netball club expansion of junior section. <p><i>Workforce</i></p> <ul style="list-style-type: none"> • Additional Gymnastics coaches recruited. <p>Armagh City and District Council</p> <ul style="list-style-type: none"> • AC&DC continued to adopt a proactive approach to increasing women/girls' participation in sport and physical activity through (1) ongoing consultation with local female sports clubs/groups;(2) small grant funding to develop and deliver opportunities and specialised training for women and girls; and (3) identifying and recognising female role models at local awards and deploying them at all obvious opportunities. <p>Lisburn City Council</p> <ul style="list-style-type: none"> • Active Communities programme specifically for women and girls – Total of 4024 (2013 – 2014). Activities include Keep fit , walking, couch 2 5K, rugby, netball etc • Lisburn Sports Development and Sport and Community facilities (see list of facilities above) classes - Total of 1912 women participating per week • Special Events – Half marathon,10K & Fun Run, Park run (1300 female), (Triathlon 56 female), schools cross country • Partnerships and programmes developed with community groups, PHA, Atlas Women's Centre etc. <p>Moyle District Council</p> <ul style="list-style-type: none"> • The Active Communities program facilitates this within the KPI's. • MDC's Sports Development/Health & Wellbeing Department endeavour to create sustainable opportunities beyond pilot programs/six week blocks of physical activity. Young at Heart Class's, Pilates Classes, Yoga Classes, Walking Groups, Gym programmes. • Health Assessment processes and on-going monitoring.
Irish Football Association (IFA)	<ul style="list-style-type: none"> • 64 teams and approximately 510 players participated in the Irish FA Indoor Cup during November and December 2013. • During December 2013 – January 2014 the Irish FA, in collaboration with Belfast City Council, hosted their annual tournament at the Shankill Leisure Centre with 37 teams participating at youth and senior level. • The number of registered female players was 997 in 2013 and 1116 in 2014 which was an 11.9% increase. • FIFA 'Live Your Goals' roadshows were delivered in 9 venues to 1,024 girls and 1,020 girls attend the FIFA 'Live Your Goals' Super Festival Day
NI Environment Agency (NIEA)	<ul style="list-style-type: none"> • NIEA continues to provide public access to the countryside for outdoor physical recreation at its seven country parks, to fund the management of Colin Glen Forest Park and to facilitate walking at many of its nature reserves and some historic monuments in State Care. Country Park facilities include mown grass areas for informal games, extensive path networks, trim trails, cycle paths, bridle paths and bathing beaches. It organises events at its properties, including walks on National Trails Day, and facilitates others organising sponsored walks at its properties. • Other actions described at PA4 on public access to the wider countryside also apply.
Public Health Agency (PHA)	<p><i>Note – As per PA4 – all programmes in the PHA are open to both genders.</i></p> <ul style="list-style-type: none"> • Some examples of programmes and physical activity opportunities specifically relating to women include: • Active Belfast • JogBelfast – the JogBelfast initiative is based on a 'Couch to 5k concept'. It supports inactive individuals to walk/jog/run and progress over a 10 week programme to complete a 5k jog/run. The programme currently has over 800 participants taking part each cycle with 90 per cent female participation. Programmes are available across Belfast at Woodvale, Waterworks, Ormeau, Andersonstown and Victoria. Participants also have the opportunity to progress to local Park Run events and recreational sections of local running clubs.

	<ul style="list-style-type: none"> • Western Area Healthy Towns and Health Promoting Homes Programmes • Strabane Mums activity programme delivered across three rural areas, this project engaged 30 women on a health and wellbeing programme. • A number of physical activity and nutritional programmes were funded for young mothers and their children including health promoting homes. • Southern Area • In the southern locality, PHA provided funding for the delivery of a 10 week community health programme in Keady to engage women in a range of physical activity opportunities.
Ulster Gaelic Athletic Association (GAA)	<ul style="list-style-type: none"> • UCGAA continued to actively engage and support Ladies GAA and Camogie in the delivery of their games and coaching programmes (e.g. schools blitz programmes, club activity and academy and county squad development). • UCGAA continued to (1) deliver the GAA 'Gaelic for Mothers' programme within community groups and club to encourage participation; (2) engage with Active Communities coaches to encourage delivery of Gaelic Games opportunities; (3) engage with Handball and delivery of programmes within schools to target female participation.
Irish Rugby Football Union (Ulster Branch)	<ul style="list-style-type: none"> • IRFU (Ulster Branch) has run a number of initiatives to increase participation in the female game. These include: <ul style="list-style-type: none"> ○ Girls' Schools Cup – Entry into this competition has been grown with 60 schools taking part. Girls participating in this scheme are provided with a link to their local Club. ○ Play Rugby Girls – This is an IRFU initiative that aims to provide girls with the opportunity to participate in rugby sessions at their schools. Schools involved are then invited to an 'Open Day' at their local Club which is hosted by Development officers and Club coaches with the aim of getting girls to continue this activity in a club environment. ○ Girls only Summer Camps - Camps for females aged between 12-17 years were held in both the East and West of the Province. ○ U18 Girls Regional Development Squads – Due to the increase in the number of girls playing the game at youth level development sessions were organised in the East and West of the Province aimed at those players who showed potential at Club Level. • As a result of this increasing participation in schools the number of girls participating in Clubs youth sections has increased from 6 at the beginning of the programme, to 14 in the 2014 season • Adult Women's Rugby has continued to increase across the Province with the number of clubs increasing from 13 to 15. These clubs compete in regular and structured competition throughout the season. • Get Fit with Ulster Rugby Initiative – Engaged more than 100+ female in a 4 week programme. 4 venues were used to host the programme during September 2014 • Through the Female Leadership Programme – IRFU (Ulster Branch) has registered four female candidates on a Level 2 Fitness Instructors Course. The aim is to further 'up skill' the candidates in the area of Strength and Conditioning and for each of them to act as positive role model for aspiring females interested in personal and group fitness.
Disability Sports NI	<ul style="list-style-type: none"> • In partnership with District Councils, Active Community Consortia and Governing Bodies of sport, Disability Sport NI implemented a range of participation programmes, performance initiatives and training & education programmes which benefitted just under 20,000 children and adults during the period. 43% of participants were women.

Target Number:	PA9
Target Details:	By 2019 to deliver at least a 6 percentage point increase in participation rates in sport and physical recreation among socio-economically disadvantaged groups (from the 2011 baseline).

Target Deadline:	2019 (Long Term)
Status:	ON TRACK FOR ACHIEVEMENT
Baseline Information:	30% of the adult population in social groups C2DE participated in sport and physical recreation in the last week (2010 SAPAS)
Current Position:	41% of the adult population living in the most deprived areas of NI stated they normally participate at least 1 day a week (2012-13 CHS)
Contributing Member	Progress
Sport Northern Ireland	<ul style="list-style-type: none"> • SNI has established a series of targets to increase uptake/participation in sport among socio-economically disadvantaged groups. These measures have included 84/451 (19%) Activ8 schools in or serving areas of greatest need; 44/148 Active Schools beneficiaries in top 22% most disadvantaged areas (increases to 96/148 when top 50% considered); 22% of all Active Communities participants came from the 20% most disadvantaged areas (cf. 18% of NI population). SNI has also targeted its outreach and capacity building workshops, through Active Awards for Sport, to ensure greater access within areas of high social need (urban & rural) and also to ensure that the service is available at a time that is suitable to prospective applicants. • SNI continues to work closely with DCAL to develop a pilot sports project under the theme of 'Together: Building a United Community'; the pilot project is jointly based in the Lower Falls and Greater Village areas of Belfast. It is anticipated that the pilot project will conclude late 2015.
Chief Leisure Officers Association (CLOA)	<p>Antrim Borough Council</p> <p><i>Opportunities</i></p> <ul style="list-style-type: none"> • Simply strolling programme recommenced in May 2014. There are 25 adults registered with approximately 8-12 attending each session. • Nordic Walking programme recommenced in May 2014 (4-10 Participants each week). • Continued support of local walking groups (Antrim– 80 participants). • Continuation of Active Communities Programme and Associated initiatives and Classes across Antrim and Newtownabbey Boroughs. (9077 Participants). • Sustainability of Fit and Active over 50s Programme to 4 Sites across the Antrim Borough (Antrim Forum, Neillsbrook Community Centre, Crumlin. Community Centre, Stiles Community centre) – Approx. 150 participants per week. • Expansion of Altitude and Arches Dance Companies to Community Centre locations (80 Participants). • Exercise referral scheme: total of 55 clients referred in 13/14 from 35 different surgeries (from Belfast – Draperstown to include physiotherapists, GP surgeries, practice Nurses, Cardiac rehab units and Musgrave Park Hospital (Spinal Department). • Hosted Local events to include: Antrim Road Race, Santa Saunter, Antrim walk. • Continued development of the 'Move it' Fitness class programme at Antrim Forum to include: Spin, Aqua Zumba, Zumba Sentao. • Annual Tea dances in Community centres. • Outdoor Recreation plan for the Borough completed. • Badminton club established at Muckamore Community Centre (8 Participants). • Wibble Wobble Parent and Toddler Dance Class (30 Participants). • Annual delivery of the BEAT (Be educated, Be active, Be together) programme in areas of High Social need. • Continuation of Tannaghmore Zumba Programme (10 participants). • Elite Athlete Support scheme to assist talented athletes with Gym membership or funding assistance. <p><i>Places</i></p> <ul style="list-style-type: none"> • Plans and funding secured for refurbishment of Wallace Park, Templepatrick .

	<ul style="list-style-type: none"> • Refurbishment of community centres complete (excluding Crumlin Community Centre Capital project). • Installation of allotment facility at Greystone – 69 plots. • Installation of Outdoor gym at Neillsbrook Community Centre. <p><i>Organisations</i></p> <ul style="list-style-type: none"> • Partnership with Antrim Borough Community safety and District Policing partnership, and local community groups to deliver BEAT Programme. <p><i>Workforce</i></p> <ul style="list-style-type: none"> • Additional Gymnastics instructor recruited to facilitate expansion of Forum gymnastics to Neillsbrook community centre (2). <p>Armagh City and District Council</p> <ul style="list-style-type: none"> • AC&DC supported the development of Neighbourhood Renewal Hubs to allow for a proactive approach to increasing the number of capital investments in MUGAs and 3G facilities in areas of greatest need. This has led to greater collaboration within communities to deliver and deliver localised programmes aimed at improving the health and wellbeing of individuals. <p>Lisburn City Council</p> <ul style="list-style-type: none"> • Midnight soccer programmes in Twinbrook and Lisburn – 160 participants per week • Subsidised Sports Development courses, after school clubs and activity classes – Glenmore , Grove, Kilmakee and Brook Activity Centres, plus Community Centres – Sally Gardens, Maghaberry, Lagan View and Hillsborough Total – 3256 participants per week • Active Community coaches working in socio-economically disadvantaged areas , providing coaching free of Charge. Aprox 30% coaching time in socio deprived areas. • Sport Lisburn grants to clubs and individuals – matrix for award includes socio economic deprived areas
Department of Education (DE)	<ul style="list-style-type: none"> • DE guidance recommends that schools should provide pupils with a minimum of 2 hours PE per week and that includes pupils from socio-economically disadvantaged backgrounds. • Through the Curriculum Sports Programme, DE continues to contribute to participation rates. This Programme, aimed at pupils in Foundation Stage and Key Stage 1 focuses on schools serving areas of disadvantage, aims to build pupils’ physical literacy skills, raise confidence, self-esteem and motivation to learn and support a healthy lifestyle by encouraging ongoing participation in physical activity. • The Extended Schools programme is specifically targeted at helping to reduce differentials and improve the quality of life for children from disadvantaged areas. Extended Schools can provide a range of opportunities for after school sport and leisure activities where this has been identified by the school Principal as needed in helping disadvantaged children and young people to overcome barriers to learning. • A variety of sporting programmes are offered in the youth service as part of an overall non-formal education programme aimed at improving educational outcomes, including the personal and social development of young people. Participation in the youth service is voluntary, with one third of young people aged 4-25 taking part in registered youth work annually (using 2012 data).
Irish Football Association (IFA)	<ul style="list-style-type: none"> • IFA are continuing to support and develop Women’s World United and the Street League project which focuses on bringing homeless people back into society. This work is provided by support funding from Comic Relief • IFA Community Relations Department, in conjunction with the PSNI, used football as a tool to engage young males who have been in trouble with the Police in a positive and healthy manner which creates a shared sense of identity and reduces crime on the Limestone Road area (an interface area in North Belfast which is one of the worst affected areas with regards to sectarianism in Northern Ireland). • This year the IFA have received funding from the Department of Culture Arts and Leisure (DCAL) for a range of activities specifically focusing on ‘Promoting Equality, Tackling Poverty and Social Exclusion through Sport’ across Northern Ireland, with a variety of projects being delivered by various departments within the IFA with projects focusing on a range of issues from Physical and Mental Health to anti-social behaviour and interventions.

NI Environment Agency (NIEA)	<ul style="list-style-type: none"> • NIEA continues to provide public access to the countryside for outdoor physical recreation at its seven country parks, to fund the management of Colin Glen Forest Park and to facilitate walking at many of its nature reserves and some historic monuments in State Care. Country Park facilities include mown grass areas for informal games, extensive path networks, trim trails, cycle paths, bridle paths and bathing beaches. It organises events at its properties, including walks on National Trails Day, and facilitates others organising sponsored walks at its properties. • NIEA is exploring opportunities for arranging transport to its country parks for socio-economically disadvantaged groups in partnership with other bodies.
Public Health Agency (PHA)	<ul style="list-style-type: none"> • PHA continues to focus efforts on socio-economically disadvantaged groups to help reduce health inequalities. Neighbourhood Renewal areas are proactively targeted in the distribution of PHA resources and programmes. • PHA has supported increased participation in physical activity through a range of investments in obesity prevention/physical activity interagency forums and other programmes. Examples include: physical activity co-ordinator posts in local Health and Social Care Trusts; provision of a range of training for trainers allotment and community garden projects, physical activity referral programmes by GPs and a range of other health professionals to local leisure facilities; active travel projects; development of outdoor gyms; healthy towns initiatives in a number of council areas which bring together a range of programme areas at a local level; work place health initiatives; through joint working with local government e.g. Active Belfast. • Active Belfast has a key role in facilitating and driving collaborative effort to tackle health inequalities in areas and groups that are socio economically disadvantaged. Active Belfast has identified local health and social needs and priorities. They have ensured action has been highlighted within the Active Belfast action plan in local communities in or with priority groups and will engage communities in designing and implementing the action. Three examples of these projects. • Gray's Court Supported Living "Allotment". This programme utilises the outdoor space within Gray's Court to provide opportunities for service users to incorporate activity into their weekly routine and to encourage the responsibility in caring for plants. • East Belfast Sure Start "SHINE". This project works with families to promote physical activity and understand obesity issues as an early intervention during pre and postnatal stages and provides opportunities to participate in activity. • Belfast Boys Model School "Outdoor Playground Gym". This programme installed outdoor gym facilities within the school playgrounds; this will provide a secure and safe place for pupils and member so the local community to engage in physical activity in the area. A senior pupil mentoring initiative will also be used to encourage younger pupils' involvement. • In the south eastern area, Lisburn has been announced as the European City of Sport 2013. The PHA has agreed with Lisburn City Council co-funding and support in kind for the development of a 5 year strategy for Sport and Physical Activity in Lisburn and Castlereagh. One of the aims of the strategy will be to increase participation. • Mid Ulster Councils, the Public Health Agency (PHA) and two health and social care trusts have joined forces to implement the 'Make a Change' project, working with local unemployed people to help improve their physical activity, nutrition, mental health and wellbeing. Dungannon & South Tyrone, Cookstown and Magherafelt councils, along with the Northern and Southern Health and Social Care Trusts and the PHA, are implementing 'Make a Change' as part of the Mid Ulster Cluster Joint Working Arrangements Plan, which aims to improve the health and wellbeing of the people in the mid-Ulster area by tackling health inequalities. The 'Make a Change' initiative involves Health Support Officers providing one-to-one support to people from the target group to help them make a change for the benefit of their health. The themes identified for the year (2013/14) are physical activity and healthier eating, with an emphasis on how these can contribute to mental health and wellbeing. • The heavily subsidised nature of activity developed through the southern cluster between PHA, Armagh City and District Council, Banbridge District Council, Craigavon Borough Council, Newry and Mourne District Council and SHSCT (refer to PA 4) was designed to ensure accessibility by those on low income.

	<ul style="list-style-type: none"> • PHA in the southern area invited applications for small grants, handled through CLEAR, some of which focussed on increasing physical activity in disadvantaged communities. • PHA in the southern area funds three Health Improvement Workers (HIWs) based in local councils across the southern locality, with the aim of improving health and reducing inequalities across the locality. As part of this work HWIs build capacity within communities by providing training on, and/or delivering a range of health related programmes including Walk Leader Training and Cycle Leader Training. • In the western area the Healthy Towns funded programmes created opportunities for increasing physical activity in particular in areas of high deprivation with a focus of programme delivery within neighbourhood renewal areas. • During 13/14 the PHA supported the Neighbourhood Health Improvement Programme (NHIP) in 6 neighbourhood renewal areas in the North West, a focus of this programme was to improve men’s health and increasing physical activity levels was a key priority. • The health promoting homes programme in the west area, of which the promotion of physical activity is a key element, is delivered through Sure Start and targeted in areas of deprivation.
Ulster Gaelic Athletic Association (GAA)	<ul style="list-style-type: none"> • UCGAA initiated a Youth Employment Programme, in association with the local jobs and benefits offices, to establish opportunities for young people to develop their coaching qualification and participate in the delivery of coaching and games programmes within schools and clubs. • UCGAA also delivered the following activities in socially and economically disadvantaged areas: (1) completed one day football blitzes for 40 clubs and 600 children (boys and girls under 12); (2) completed indoor and outdoor hurling blitzes (8 events); (3) completed handball competitions.
Irish Rugby Football Union (Ulster Branch)	<ul style="list-style-type: none"> • Through the Community Rugby Programme and its involvement with Active Communities, the IRFU (Ulster Branch) has worked to increase the number of ‘new’ participants to the game. Each coach employed under these schemes seeks to engage with schools and groups who have never experienced rugby before and encourage participation across all sections of the community. • In addition, the IRFU (Ulster Branch) have been involved with the development of the Game of 3 Halves (GO3H) and Sport 4 Change initiatives in partnership with the GAA and IFA. These projects are based on providing young people from all sides of the community with the opportunity to participate in sporting activity in key interface areas in Northern Ireland. Through partnership with YENI and Peace III, GO3H delivered to approx. 1000 school age children in 2012-13. • In addition, the IRFU have sourced funding through the DCAL ‘Promoting Equality, Tackling Poverty and Social Exclusion through Sport Programme’, to deploy 7 additional Community Rugby Coaches across Northern Ireland. These coaches are working to increase the access to rugby opportunities in communities shown to be in the most deprived areas across the province. As part of their work programme we expect that this will increase the number of children involved in rugby related activity within curriculum time and to develop extracurricular clubs. As a result of this programme 12 primary schools, from the top 30% MDMI rating participated in inter-school Mini Rugby for the first time this year. • Through the DCAL Programme the fitness steam established 15+ province wide Community Gyms. These facilities offer people of all abilities the option to access quality fitness facilities within their area. Ulster Rugby is in the process of Developing 10+ Mobile fitness packs to compliment the Community Gym Initiative that can be utilised on a rotational basis.
Department for Social Development (DSD)	<ul style="list-style-type: none"> • In the period 2013-2015 RDO West has provided approx. £605,464.81 to help increase participation rates in sport and physical recreation among socio-economically disadvantaged groups through the following projects: <ul style="list-style-type: none"> • Omagh Omagh NRA Health Project • Enniskillen Enniskillen Health Project • Enniskillen Enniskillen NRA Youth Work Project • Enniskillen Enniskillen Early Days Project.

	<ul style="list-style-type: none"> • Dungannon Milltown Superadults Programme of Activities • Coalisland Disengaged Youth Programme in Coalisland • Coalisland/Dungannon Coalisland/ Dungannon Health Project • DSD has been funding an extensive sports programme in the 3 Neighbourhood Renewal Areas in Craigavon (North West Portadown, Brownlow and Lurgan) – managed and delivered by Craigavon Borough Council, involving partnership working with the local communities and sports organisations in the 3 areas. Project running from 25/7/11 – 31/3/15. This project included programmes delivered on the Multi-Use Games areas provided with NR funding in 2009/10; Midnight soccer and Junior Street Soccer tournaments; IFA Coaching awards; DV8 Youth Sports project; Get Active Disability events; Senior Sportsfests and Young Men’s group. The financial contribution is additional to last year’s response. £102,284.42 • The DSD Craigavon Bushcrafting Project Bushcraft allows local residents to take part in a sport and leisure activity which provides participants with the skills and knowledge that will allow them to thrive in the natural environment using simple yet robust tools that will help them towards self-sufficiency. The project also provides for the training of 8 Marine Rangers who will receive work placements within Craigavon Borough Council. The financial contribution is additional to last year’s response. £139,751.01 • Award of capital funding for the refurbishment of Lenadoon Sports Pavilion (a contribution to the project with £382k coming from Sport NI). Completed. <ul style="list-style-type: none"> - Regeneration of Dunville Park, including sports pitch, a children's play area and an events area. – Completed. - Award of capital funding to St Pauls GAC for refurbishment of changing facility and pitch upgrade. - Award of capital funding with Lisburn Borough Council to provide a changing facility at Sally Gardens Community Centre. - Award of capital funding to Patrick Sarsfield for Patrick Sarsfield GAC for pitch upgrade. - Public realm scheme, the project at Cliftonville Community Centre provided an artificial playing surface for sports' such as football etc. <p>Project co-ordinator for a "Better Ballycolman" funding provided to Strabane Sigerson's GAC.</p> <ul style="list-style-type: none"> - NWDO funds Derry City Council to deliver the Active Citizenship Through Sport Programme. - Foyle Cup Soccer Tournament, funded annually to provide community participation in sport. <p>Maiden City Motor Club assisted to deliver the Lark in the Park MotorSport Rally, encouraging residents from NRA to attend the outdoor event</p> <ul style="list-style-type: none"> • In the period October 12- September 13 RDO Northern Division funded the following projects to help increase participation rates in sport and physical recreation among socio-economically disadvantaged groups. <ul style="list-style-type: none"> o New MUGA at Millburn Community Centre in the Coleraine East NRA. o Funding for basketball twinning programme in partnership with Ballymena Borough Council and PCSP. o In the period 2013-2015 RDO West has provided approx. £720, 000.00 to help increase participation rates in sport and physical recreation among socio-economically disadvantaged groups. o Enniskillen- Youth Work Proposal.
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	<ul style="list-style-type: none"> ○ Enniskillen- Enniskillen Early Days Project. ○ Dungannon- Dungannon St Patricks Family Learning Centre. ○ Coalisland- Disengaged Youth Programme in Coalisland.
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Target Number:	PA10
Target Details:	By 2019 to deliver at least a 6 percentage point increase in participation rates in sport and physical recreation among people with a disability (from the 2011 baseline).
Target Deadline:	2019 (Long Term)
Status:	ON TRACK FOR ACHIEVEMENT BUT WITH SOME DELAY
Baseline Information:	19% of the people with a disability (NI adult population) participated in sport and physical recreation in the last week (2010 SAPAS) 11% of the adult population with a lifelong limiting illness stated they normally participate in sport and physical recreation on at least 1 day a week (2008-09 CHS)
Current Position:	24% of the adult population with a lifelong limiting illness stated they normally participate in sport and physical recreation on at least 1 day a week (2013-14 CHS)
Contributing Member	Progress
Sport Northern Ireland	<ul style="list-style-type: none"> • Under the theme of its Disability Mainstreaming Policy, SNI has continued to support and invest in enhanced service provision through strategic partnerships with Disability Sport NI and Special Olympics Ireland. This work enables improved access to sports participation opportunities (Inc. goods, services and facilities) and enhanced pathways & support structures for high performing para-athletes. These strategic investments have been complemented by engagement with the NI Blindsports Network and the Ulster Deaf Sports Council. • SNI has recently secured additional funding to enhance access to ten sports facilities across NI and bring them up to Inclusive Sports Facility (ISF) standards. ISF is a quality accreditation standard developed jointly by DSNI & SNI, focussing not just on the physical environment of the sports facility but also the provision of an inclusive service/management/programming culture. • During 2014, SNI launched the National Lottery funded 'Active Clubs' programme. Following a robust assessment process, SNI has issued initial Letters of Offer to nine successful applicants (from 29 received). The programme seeks to enhance access to, and increase membership of, sports clubs and volunteering/leadership capacity in areas of greatest need and among traditionally under-represented groups. One of these awards has gone to DSNI to grow sports club membership among people with a disability. • SNI's National Lottery funded 'Active Awards for Sport' small grants programme re-opened during in February 2014 with a further call in September 2014; as a result of the first call, SNI issued Letters of Offer to 118 successful applicants. A strategic priority of the AA4S programme is increased sports participation among, and inclusive provision for, people with a disability. • SNI has supported enhanced provision for people with a disability through strategic investment in Outdoor Recreation NI; this investment delivered inclusive paddlesport and climbing tutor and leader training to 90 individuals in 2013/14.
Chief Leisure Officers Association (CLOA)	Antrim Borough Council <i>Opportunities</i> <ul style="list-style-type: none"> • Simply strolling programme recommenced in May 2014. There are 25 adults registered with approximately 8-12 attending each session (gentle

- walking programme ideal for those returning to exercise after injury or heart attack).
- Nordic Walking programme recommenced in May 2014 (4-10 Participants each week).
 - Continuation of Active Communities Programme and Associated initiatives and Classes across Antrim and Newtownabbey Boroughs. (969 Participants with a disability).
 - Exercise referral scheme: total of 55 clients referred in 13/14 from 35 different surgeries (from Belfast – Draperstown to include physiotherapists, GP surgeries, practice Nurses, Cardiac rehab units and Musgrave Park Hospital (Spinal Department)).
 - Hosted Annual inclusive events for Boccia and New Age Kurling in Partnership with Disability Sport Northern Ireland (200 Participants)
 - Hosted Local inclusive events to include: Antrim Road Race, Santa Saunter, Antrim walk.
 - Continued development of the ‘Move it’ Fitness class programme at Antrim Forum to include: Spin, Aqua Zumba, Zumba Sentao.
 - Completion of Outdoor Recreation plan for the Borough of Antrim.
 - Continuation of Tannaghmore Zumba Programme (10 participants).
 - Special Olympics Basketball Club at Stiles Community Centre.
 - Special Olympics Multiskills club at Antrim Forum.
- Places*
- Improvement of access to disability fishing pier has been signposted through the Outdoor Recreation Action Plan and work should commence in the next calendar year.
 - Installation of Outdoor gym at Neillsbrook Community Centre.
 - Installation of allotment facility at Greystone – 69 plots.
- Organisations*
- Partnership with DSNI to host NI Boccia and New Age Kurling Championships.
 - Partnership working with Special Olympics with Basketball club in Stiles Community Centre and Multiactivity club at the Antrim Forum.
- Armagh City and District Council**
- AC&DC continued to deliver the FIT4U project which was initiated in the Armagh /Dungannon area a number of years ago and all areas with the Trust have now established specific clubs with a growing membership base.
 - Armagh Sports Forum also provides funding for new clubs and also support for programmes and elite performance so enhancing the role model status.
- Lisburn City Council**
- Active Communities Disability Coach targets disability groups and individuals – programme includes summer schemes, walking groups, Disability Sport initiatives, and multi skill clubs at Special schools. – total of **1096** participants
 - Sports Development programme and Sport Lisburn working with Disability clubs such as Lisburn 2Gether Special Olympics club, and Pan Disability Badminton Club – also recognition through annual sports awards
 - Partnership working with SE Trust, Disability Sport, Autism NI, RNIB, Chest Heart and Stroke, Positive Futures, MS Society etc
 - Special events such as Special Schools Sportshall Athletics competition – 22 schools, 200 participants
 - Disability Clubs/Groups using LCC sports facilities and community centres – Total **145** participants per week
- Moyle District Council**
- Sports Development and Active Communities Coaches collectively deliver physical activities to all the Disability Groups based in MDC on a weekly basis.
 - Boccia “get togethers” are organised between over 55’s groups in the Moyle District Council area.

	<ul style="list-style-type: none"> • Disability Groups within Moyle regularly take part in friendly Boccia Competitions. • This has just started to take place across the Cluster Council friendly competitions between Disability Groups from Moyle and groups from other District Council areas, mainly the Limavady Area.
Disability Sports NI	<ul style="list-style-type: none"> • DSNI, in partnership with district councils, Active Community Consortia and governing bodies of sport, implemented a range of participation programmes, performance initiatives and training & education programmes which benefitted almost 20,000 children and adults during the period. 74% were people with disabilities.
Irish Football Association (IFA)	<ul style="list-style-type: none"> • IFA's Disability Football team continued to increase the number of structured opportunities for those with a disability to get involved in football programmes from participation opportunities through to representative honours. The programme was able to deliver 6 x 1 hour coaching blocks to over 40 groups within Special Education involving over 600 pupils with a disability. • IFA continues to increase its competitive opportunities in the area of disability football. In this period 17 cup competitions were held within Special Education and Disability Clubs/Organisations. Over 1000 people with disabilities, both male and female • IFA worked with 'Action on hearing loss' to create sporting opportunities for the deaf community across NI. Projects included elite youth and senior male programmes, introductory sessions within special education and beginner's participation programme. • IFA Disability Football Department organised and delivered 3 Regional Disability Football Leagues throughout this period. Over 30 teams competed involving over 250 people with disabilities.
NI Environment Agency (NIEA)	<ul style="list-style-type: none"> • NIEA continues to provide public access to the countryside for outdoor physical recreation at its seven country parks, to fund the management of Colin Glen Forest Park and to facilitate walking at many of its nature reserves and some historic monuments in State Care. Country Park facilities include mown grass areas for informal games, extensive path networks, trim trails, cycle paths, bridle paths and bathing beaches. It organises events at its properties, including walks on National Trails Day, and facilitates others organising sponsored walks at its properties. • The NIEA is also exploring opportunities for arranging transport to its country parks for physically disadvantaged groups in partnership with other bodies. • The NIEA website (www.doeni.gov.uk/niea/) now identifies paths at its properties suitable for those with mobility problems.
Public Health Agency (PHA)	<ul style="list-style-type: none"> • PHA support increased participation in physical activity among people with a disability through a range of investments at obesity prevention/physical activity interagency forums level including training for trainer courses to promote and deliver: (1) Inclusive Games and Skills; (2) Boccia; (3) Chair based activities; (3) New Age Curling; (4) Cardio Rehab IV programmes; and (5) a range of other relevant programmes • Physical Activity Referral Schemes continue to be supported in a number of local council areas. • In the southern area PHA provides funding for the Fit 4 U initiative (fund WTE Coordinator), which provides structured programmes of safe, accessible physical activity and leisure opportunities for people with physical disabilities and sensory impairments across the Southern HSC Trust area. • In the south eastern area, Lisburn has been announced as the European City of Sport 2013. The PHA has agreed with Lisburn City Council co-funding and supports 'in kind' for the development of a 5 year strategy for Sport and Physical Activity in Lisburn and Castlereagh. One of the aims of the strategy will be to increase participation. • PHA in the western area commissioned Derry City Council to purchase two VeloBikes in 12/13 and these Velobikes are now being extensively used in the Derry City area by those families who have a disabled member. • The Healthy Towns funding programme in the western area provides opportunities to be physically active for people with disabilities. Programmes funded include structured physical activity programmes for children and adults with disabilities. • Active Belfast supported an Autism Initiative "Learn to Cycle programme", The Cedar Foundation "On Yer Bike" programme, Brain Injury Matters

	<p>“Movement for all” programme and Solas “Co-ordination and balance skills to enhance confidence”.</p> <ul style="list-style-type: none"> • In the southern locality, the Physical Activity Co-ordinator, funded by PHA, provided a range of activities/events targeting children, young people and families with disabilities, including boccia tournament, walk, cycle, dance and strength and balance training for Active Communities coaches working with disabled people.
SkillsActive (SA)	<ul style="list-style-type: none"> • Through the Register of Exercise Professionals, SkillsActive has introduced an additional ‘Disability’ category and endorsed a linked continued professional development qualification
Ulster Gaelic Athletic Association (GAA)	<ul style="list-style-type: none"> • UCGAA initiated three training hubs across the Province for wheelchair hurling and started the Ulster Wheelchair hurling team that has competed in three Inter Provincial Blitzes during the period across Ireland (Limerick, Athlone, and Belfast). • UCGAA provided participation opportunities for people with disabilities within Counties and Senior Club Championship games and within the Ulster Championship at Senior Inter County Games. • UCGAA also worked with and supported community groups and schools who make provision for young people with physical and learning disabilities to provide opportunities to play games.
Irish Rugby Football Union (Ulster Branch)	<ul style="list-style-type: none"> • IRFU (Ulster Branch) established the STAG rugby committee – Special Needs Tag Rugby Advisory Group. This is a group made up of representatives of the rugby clubs who have established sections for children and young adults with a Learning Disability. Their role is to co-ordinate activity amongst the clubs and to provide support and guidance to groups who are looking to establish similar sections within their own clubs. • IRFU (Ulster Branch) appointed a Disability and Inclusion Officer in September 2013 to grow the opportunities for people with a disability to participate in rugby union. • The number of Clubs involved in Special needs rugby has now grown to 8 Clubs from a baseline of 3 in the 2011-12 season. • Fitness Development Coaches have been actively engaged with the Disability Inclusion Officer in developing appropriate fitness programmes to be included in Disability Summer Camps. • IRFU (Ulster Branch) established the STAG rugby committee – Special Needs Tag Rugby Advisory Group. This is a group made up of representatives of the 8 rugby clubs who have established sections for children and young adults with a Learning Disability. Their role is to co-ordinate activity amongst the 8 clubs and to provide support and guidance to groups who are looking to establish similar sections within their own clubs. • IRFU (Ulster Branch) appointed a Disability and Inclusion Officer in September 2013 to grow the opportunities for people with a disability to participate in rugby union. He has established 3 additional Tag Rugby Clubs and is in the process of assisting the establishment of 2 more in Enniskillen and City of Derry and initial discussions with Ballynahinch and Rainey Old Boys. • Two Disability Tag Rugby Summer Camps organised in 2014 with 39 participants. These were held at local rugby clubs and participants were signposted to opportunities to continue their involvement in rugby. • Disability and Inclusion Officer organised International Tag Rugby Festival for those with learning disabilities in June 2014 with 437 Participants from the entire home Unions. Largest in the 8 years of the Festival. • IRFU also supported Ulster Barbarians to access funding to purchase 4 Wheelchair Rugby chairs and awaiting outcome of a further application for 5th chair. • Taster sessions provided to National Deaf Children’s Society and planning is underway for taster sessions to be delivered for Autism NI and RNIB
Northern Ireland Sports Forum (NISF)	<ul style="list-style-type: none"> • Met with MLA to receive update regarding current level of accredited facilities for disability sector. • Met with DSNI to work with other stakeholders and increase support for facilities provision and accreditation.

Department for Social Development (DSD)	<ul style="list-style-type: none"> In 2012/2013 funding provided to the Southern Education and Library Board for installation of small play area for young children including those with special needs in St Colman's Abbey Primary school in Newry.
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Target Number:	PA11
Target Details:	By 2019 to deliver at least a 6 percentage points increase in participation in sport and physical recreation among older people (from the 2011 baseline).
Target Deadline:	2019 (Long Term)
Status:	ON TRACK FOR ACHIEVEMENT
Baseline Information:	21% of older people (aged 50 and over) participated in sport and physical recreation in the last week (2010 SAPAS)
Current Position:	28% of older people stated they normally participate in sport and physical recreation on at least 1 day a week (2013-14 CHS)
Contributing Member	Progress
Sport Northern Ireland	<ul style="list-style-type: none"> SNI has supported increased participation among older people through its Active Communities programme. In 2013-14, 13,368 older people engaged on a regular basis through Active Communities, representing approx. 12% of total programme participants (and 118% of the original programme target). A further 7,000 older people have participated in Active Communities to 30 Sept 2014. Ten of the 11 Active Communities consortia met or exceeded their annual targets for older people's participation, most notably Ballymena/Larne/Carrickfergus and Down/Newry & Mourne. Given the increased prevalence of disability among older people, SNI has also supported the delivery of this target through its investment in DSNI and Special Olympics Ireland.
Chief Leisure Officers Association (CLOA)	<p>Antrim Borough Council</p> <p><i>Opportunities</i></p> <ul style="list-style-type: none"> Simply strolling programme recommenced in May 2014. There are 25 adults registered with approximately 8-12 attending each session. Nordic Walking programme recommenced in May 2014 (4-10 Participants each week). Antrim's Outdoor Recreation Action Plan gave the opportunity for older people to highlight how they would like to see outdoor recreation improved. More quality (medium length) walks were suggested, fishing access. Expansion of Fit and Active over 50s Programme to 4 Sites across the Antrim Borough (Antrim Forum, Neillsbrook Community Centre, Crumlin Community Centre, Stiles Community centre) – Approx. 150 participants per week. Continuation of Active Communities Programme and Associated initiatives and Classes across Antrim and Newtownabbey Boroughs. (1029 Participants over 50 years of age). Annual Tea dances in Community centres. Continuation of Tannaghmore Zumba Programme (10 participants). Installation of Outdoor gym at Neillsbrook Community Centre. Antrim Forum Move It exercise class programme – since the inclusion of classes in the Fitness and Spa package usage has increased by approx. 23% from 16493 to 20294. <p><i>Places</i></p>

	<ul style="list-style-type: none"> • Partnership working with local care homes and community / voluntary groups to deliver taster sessions with people over 50 years of age. • Installation of allotment facility at Greystone – 69 plots • Organisations • Partnership working with local care homes and community / voluntary groups to deliver taster sessions with people over 50 years of age. <p><i>Workforce</i></p> <ul style="list-style-type: none"> • Inclusive games training (12 participants). • Zumba Gold Tutor Course (2 participants). <p>Armagh City and District Council</p> <ul style="list-style-type: none"> • As per PA4 • AC&DC has developed two outdoor gyms during 2013/14 <p>Lisburn City Council</p> <ul style="list-style-type: none"> • Active Communities coach specifically targeting older people such as walking groups circuit training, armchair aerobics. Total of 859 participants (2013 – 2014) • Sports Development Lisburn Sports Facilities and Community Centre programmes , including bowls, circuit training Tae Chi, yoga, Active Life Club – Total of 329 participants per week • Events such as Half Marathon attract many Over 50's participants. Half Marathon 10K and Fun Run 230 participants 50+ • Sport Lisburn grants to clubs to increase capacity, and to 50+ individuals for participation and coaches courses <p>Moyle District Council</p> <ul style="list-style-type: none"> • Active Communities coaches undertake Boccia and New Age Kurling training in all over 55's clubs in the Moyle District Council area. • Active Communities coaches undertake other physical activities such as dance, chair based aerobics, movement, yoga and circuits with all over 55's clubs in the Moyle District Council area. • Friendly Boccia “get togethers” are undertaken monthly between over 55 Clubs and Disability Clubs.
Irish Football Association (IFA)	<ul style="list-style-type: none"> • IFA delivers a veteran football programme to males and females aged 35+, 45+ and 55+. Currently there are 70 participants involved in activities across NI
NI Environment Agency (NIEA)	<ul style="list-style-type: none"> • NIEA continues to provide public access to the countryside for outdoor physical recreation at its seven country parks, to fund the management of Colin Glen Forest Park and to facilitate walking at many of its nature reserves and some historic monuments in State Care. Country Park facilities include mown grass areas for informal games, extensive path networks, trim trails, cycle paths, bridle paths and bathing beaches. It organises events at its properties, including walks on National Trails Day, and facilitates others organising sponsored walks at its properties. • The NIEA website (www.doeni.gov.uk/niea/) now identifies paths suitable for those with mobility problems. • Other actions described at PA4 on public access to the wider countryside also apply.
Public Health Agency (PHA)	<ul style="list-style-type: none"> • PHA supported increased participation in physical activity among older people through a range of investments at obesity prevention/physical activity interagency forum level including training for trainer courses to promote and deliver: (1) Movement to Music; (2) Tai Chi; (3) Boccia; (4) Inclusive Skills; (5) Walk Leader training (Walking for health programme); (6) Danderball/Walking Football and (7) Other relevant programmes. • Physical Activity Referral Schemes continue to be supported in a number of local council areas. • Active Belfast developed an Active Ageing Action Plan in line with the Active Belfast Plan. • PHA funded regional Functional Fitness MOT training by the British Heart Foundation National Centre (BHFNC) in March 14. • The ‘Moving More Often’ Programme was further developed in 13/14 and will be rolled out in 2014-15 across Northern Ireland.

	<ul style="list-style-type: none"> • In the south eastern area, Lisburn has been announced as the European City of Sport 2013. The PHA has agreed with Lisburn City Council co-funding and support in kind for the development of a 5 year strategy for Sport and Physical Activity in Lisburn and Castlereagh. One of the aims of the strategy will be to increase participation. • In 2014-14, the PHA continues to fund ArtsCare to run the 'Here and Now' older people's arts festival across Northern Ireland. The aim was to enhance the well-being and quality of life of Older People through access to participation in high quality arts activities across a variety of art forms including dance. • The Healthy Towns funding programme in the western area provides opportunities to be physically active for older people. Programmes funded include physical activity programmes for both men and women. • A successful Older People's Physical Activity Workshop was held in December 2013 in the west, led by the WHSCT and supported by PHA in the western area. The aim of the workshop was to promote physical activity among older people. • The Physical Activity Co-ordinator in the Northern Trust area provided training as part of the "Age, Health and Happiness" programme. This training focused on the CMO guidelines for older people and was targeted at staff working directly with older people and in a position to cascade the key physical activity messages. • The Southern Strategic Health Improvement Partnership (comprising PHA, SHSCT, Armagh, Banbridge, Craigavon, Dungannon and Newry and Mourne Councils and NI Housing Executive) has identified older people as a priority population group for the next three years. Work is underway to develop "Good neighbourhoods for Ageing Well" in five pilot sites across the locality, which will include opportunities for older people to be physically active.
SkillsActive (SA)	<ul style="list-style-type: none"> • Through the Register of Exercise Professionals, SkillsActive has introduced an additional 'Older adults' category and endorsed a linked continued professional development qualification
Ulster Gaelic Athletic Association (GAA)	<ul style="list-style-type: none"> • UCGAA continues to encourage with Active Communities Coaches to support designated clubs that work with older people to provide walking and exercise opportunities.
Disability Sports NI	<ul style="list-style-type: none"> • DSNI, in partnership with district councils, Active Community Consortia and governing bodies of sport, implemented a range of participation programmes, performance initiatives and training and education programmes which benefitted just less than 20,000 children and adults during the period. Overall 17% of those benefiting were older people (over 50), although this percentage rose to 27% for participation initiatives.

Target Number:	PE12
Target Details:	By 2010 to have a fully operational Sports Institute that supports 100 athletes per annum to achieve 70% of their agreed annual performance targets.
Target Deadline:	2010 (Short Term)
Status:	ACHIEVED
Contributing Member	Progress
Sport Northern Ireland (SNI)	<ul style="list-style-type: none"> • Five service areas including Sports Medicine; Sports Science; Strength and Conditioning; Performance Planning and Performance Skills are currently operational at the Sports Institute Northern Ireland (SINI). In 2010-11, 16 Olympic/ Paralympic and Commonwealth sports were serviced through the Major Games Programme – this represented a total of 54 athletes. Service level agreements in place with the Irish FA and

	Ulster Rugby to deliver services to their respective squads through the Support Programme. When the Foundation Programme is included, SINI is currently delivering services to 197 athletes.
Chief Leisure Officers Association (CLOA)	Armagh City and District Council <ul style="list-style-type: none"> • Armagh Sports Forum offers a bursary scheme/silver card for all talented/elite performers from the council areas.
Olympic Council of Ireland (OCI)	<ul style="list-style-type: none"> • OCI managed teams at the winter and summer European youth Olympics 2013, the 2014 winter games in Sochi, and the 2014 world youth Olympic Games in Nanjing.
Ulster Gaelic Athletic Association (GAA)	<ul style="list-style-type: none"> • UCGAA worked with and supported the two High Performance Handball athletes currently in the Sports Institute. • UCGAA worked closely with the Sports Institute to establish a Player Welfare Programme and Performance Analysis Programme that will support Academy and Elite athletes. • UCGAA also implemented a special programme with the Sports Institute that supports the prevention of injuries to all athletes. The Activate GAA Warm-up was delivered at the Annual Coaching Conference in January 2014 and through a series of 10 local workshops to embed the programme.

Target Number:	PE13
Target Details:	By 2010 to win at least five medals at the Delhi Commonwealth Games.
Target Deadline:	2010 (Short Term)
Status:	ACHIEVED
Contributing Member	Progress
Sport Northern Ireland, NI Commonwealth Games Council, Governing bodies of Commonwealth Games sports.	<ul style="list-style-type: none"> • The Delhi 2010 Commonwealth Games took place from 3rd - 17th October 2010. SNI chaired and facilitated the Delhi 2010 Preparation Committee which met 18 times between July 2007 and September 2011. The Committee comprised representatives from the NICGC, governing bodies, SNI and SINI and in its advisory role, the Committee aimed to contribute to the objective of improving the athletic performance and competitive potential of athletes at the Games. The Committee is currently producing a report on the preparations and performance of the NI Team in Delhi, with a view to putting forward recommendations which can inform the planning for Glasgow 2014. • In 2010, SNI invested £40,000 in the NICGC to offset some of the costs of presenting the NI Team in Delhi. In addition, SNI, through the ASP invested £304,273 in 15 governing bodies in respect of 48 athletes who were members of the Northern Ireland Delhi Team. This investment was for the training, coaching and competition programmes (excluding attendance at the Games) for the athlete during 2010 (in most cases January to December 2010). Within the 48 athletes, 12 also benefited from living costs awards (included in the above figure), which assisted the athlete to train on a full-time or part-time basis. • SINI provided sports science and medical services to 25 athletes in the year prior to the Games and in the final three months of preparation offered services to include the wider team membership of 81. Through the Performer Development Centres (PDC), services such as strength and conditioning, physiotherapy and performance lifestyle were provided to 18 members of the Northern Ireland team. • Ten medals (including 3 gold, 3 silver and 4 bronze medals) were won in Delhi 2010 in boxing (5), cycling (2), shooting (2) and bowls (1).
Ulster Gaelic Athletic Association (GAA)	<ul style="list-style-type: none"> • UCGAA maintained a strong presence in the All Ireland Football Championship with three Ulster teams in the last eight.

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Target Number:	PE14
Target Details:	By 2011 to ensure that all Sport Northern Ireland funded governing bodies are 'fit for purpose' organisations.
Target Deadline:	2011 (Short Term) – Timeline for the achievement of PE14 has been changed to 'By 2015' (Approved by SMMG June 2013).
Status:	ON TRACK FOR ACHIEVEMENT BUT WITH SOME DELAY
Baseline Information:	24% of Sport Northern Ireland funded governing bodies are fit for purpose (2007-08 Audits)
Current Position:	88% of Sport Northern Ireland funded governing bodies are fit for purpose (2012-13 Audits)
Contributing Member	Progress
Sport Northern Ireland (SNI)	<ul style="list-style-type: none"> At 30th September 2014, 30 out of 33 Sport NI funded governing bodies have attained at least a satisfactory level of assurance following a SNI governance and management audit with 11 of the 33 governing bodies achieving a substantial rating. The UK Equality Standard was launched in March 2012. At 30th September 2014, 12 sporting organisations have achieved foundation level and 2 achieved preliminary level. SNI is working with 10 governing bodies to support them achieving the standard during 2014-15. At 30th September 2014, a total of 27 governing bodies funded by SNI have attained a 'satisfactory' level of assurance following an NSPCC Safeguarding in Sport assessment. Individual sports organisation's ratings may fluctuate up or down due to the dynamic nature of the assessment to ensure sports remain compliant and up to date with requirements. A total of 35 governing bodies continue to be World Anti-doping Code Compliant.
UK Sport	<ul style="list-style-type: none"> Two NI sport leaders are currently being supported through the UK Sport-managed Executive Coaching programme. It is hoped that more coaches and mentors from NI can be added to the supplier framework to make it easier logistically and financially for NI executives to participate in the programme. In addition, two NI Chief Executive have been identified for possible inclusion in the next cohort of UK Sport's Leading Edge programme. All candidates will be going through the standard assessment process in the next couple of months.
Ulster Gaelic Athletic Association (GAA)	<ul style="list-style-type: none"> UCGAA continues to refine its operations, monitoring and reporting and committee structures to ensure that it is fit for purpose. <ul style="list-style-type: none"> Monthly meetings take place of the Provincial Coaching and Games Development Committee that feeds into the key management committee. Monthly full-time staff meetings take place to monitor programme and develop new ideas. Monthly meetings take place with National GAA to report on National Initiatives and develop policy and best practice.
Irish Rugby Football Union (Ulster Branch)	<ul style="list-style-type: none"> IRFU (Ulster Branch) has been awarded Foundation Level for the Equality Standard for Sport in February 2013. Currently rated as Satisfactory in relation to the Framework for Safeguarding Standards in Sport. IRFU (Ulster Branch) is now working towards achieving Preliminary Level and Substantial Level respectively for 2015.
Northern Ireland Sports Forum (NISF)	<ul style="list-style-type: none"> Hosted Chairs Forum, a Charities Registration information session and Selection Appeals and Processes workshop. Co-hosted a governing bodies recognition information session and offered follow on support for member organisations. Provided Access NI vetting services as an umbrella body to twelve member organisations.

	<ul style="list-style-type: none"> • Met MLA's to progress establishment of APG for Sport, Rates Relief for sports clubs. • Improved membership database to better communicate and engage with members.
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Target Number:	PE15
Target Details:	By 2014 to win at least five medals at the Glasgow Commonwealth Games
Target Deadline:	2014 (Medium Term)
Status:	ACHIEVED
Contributing Member	Progress
Sport Northern Ireland (SNI)	<ul style="list-style-type: none"> • In the period April 2013-March 2014, SNI invested £409,545 in sports costs and £98,584 in living costs in support of 48 athletes and 4 squads in 12¹ of the 17 sports included in the Glasgow 2014 Commonwealth Games. In addition, in 2013-14, SNI invested £1,216,946 in 15² Commonwealth Games sports (including the NI Commonwealth Games Council), to support the employment of staff as well as resources for programmes (although not all investment is focused on the high performance element of the sport). • In the period April 2014- March 2015, SNI is investing £476,000 in sports costs and £76,330 in living costs in support of 99 athletes and 5 squads in 12 of the 17 sports included in the Glasgow 2014 Commonwealth Games. In addition, in 2014/2015, SNI is investing £1,234,546 in 15 Commonwealth Games sports (including the NI Commonwealth Games Council), to support the employment of staff as well as resources for programmes (although not all investment is focused on the high performance element of the sport).
Chief Leisure Officers Association (CLOA)	<p>Antrim Borough Council</p> <p><i>Opportunities</i></p> <ul style="list-style-type: none"> • Elite Athlete support Scheme. • Antrim Sports Advisory Association / Enkalon Youth Sport Bursary Scheme. • Antrim Sports Advisory Association performance Grants and Coach Education grants. • Progression of Primary Schools Challenge to strengthen links between Schools and Sports clubs. • Expansion of Aspire Sport programme to strengthen links between talent programmes and governing bodies. • Continuation of Active Communities Programme (sport Specific posts) to provide links to performance Sport <p><i>Places</i></p> <ul style="list-style-type: none"> • Capital development of facilities at Crumlin Community Centre and Allen Park Golf Centre. <p><i>Organisations</i></p> <ul style="list-style-type: none"> • Partnership working with Governing bodies through Aspire Sport Programme and Sport Northern Ireland Active Communities Programme. • Partnership working with Governing bodies to host national and international events (Netball Northern Ireland 4 nations, IAAF international Cross Country event). <p>Lisburn City Council</p> <ul style="list-style-type: none"> • International Sport Star Award – Sport Lisburn funds young Lisburn athletes in Ulster, NI or Ireland squads to get free use of Lisburn Gyms

¹ Athletics, Badminton, Bowls, Boxing, Cycling, Judo, Netball, Shooting, Squash, Swimming (Inc. Paralympic Swimming), Table Tennis, Triathlon

² Athletics, Badminton, Bowls, Boxing, Cycling, Gymnastics, Judo, Netball, Shooting, Squash, Swimming, Table Tennis, Triathlon, Wrestling, NICGC

Target Number:	PE16
Target Details:	By 2019 to have implemented nationally recognised coach accreditation systems in all Sport Northern Ireland funded governing bodies.
Target Deadline:	2019 (Long Term)
Status:	ON TRACK FOR ACHIEVEMENT
Baseline Information:	55% of Sport Northern Ireland funded governing bodies of sport in Northern Ireland are currently implementing nationally recognised coach accreditation systems (2008-09)
Current Position:	91% of Sport Northern Ireland funded governing bodies of sport in Northern Ireland are currently implementing nationally recognised coach accreditation systems (2013-14)
Contributing Member	Progress
Sport Northern Ireland (SNI)	<ul style="list-style-type: none"> SNI is working with 27 governing bodies, the Southern Sports Partnership and the North West Coaching Network to implement effective systems for the development of coaching, aligned to either UK or All Ireland structures. Additionally, SNI in partnership with both Coaching Ireland and sports coach UK continue to work closely with all funded governing bodies to identify key areas for development associated with developing and implementing the UK Coaching Certificate and the Coaching Development Plan for Ireland.
SkillsActive (SA)	<ul style="list-style-type: none"> Recently, presented SNI CEO with a Workforce Development skills solutions paper which included information on the full suite of workforce development solutions such as 'Governance – ensuring fit for purpose, skill-based Boards' model of good practice.
UK Sport	<p><i>Project Connect</i></p> <ul style="list-style-type: none"> In Spring 2014, SNI appointed a Lead Officer for High Performance and Talent Coaching Development. <p><i>Aspire Programme</i></p> <ul style="list-style-type: none"> NI was only able to fill two places for the second cohort of this programme, one from Swimming and one from Athletics. The focus of the cohort is coaches working with athletes on Home Country Talent Pathways Some mentor development work has also taken place during this period with UK Sport support.
Ulster Gaelic Athletic Association (GAA)	<ul style="list-style-type: none"> UCGAA gained coaching accreditation for GAA Awards. This is achieved through Coaching Ireland and the national governing body. Coaching accreditation also took place through Open College Network. These are independent programmes offered by UCGAA and are externally accredited, monitored and approved.
Irish Rugby Football Union (Ulster Branch)	<ul style="list-style-type: none"> First two coach education courses on IRFU Coach Education Pathway have been verified by Quality & Qualifications Ireland (QQI) and have been placed on the National Framework for Qualifications (Ireland). Now aiming for verification of these courses by OFQUAL in NI. Currently consulting with NOCN to validate the awards and place them on the NQF (National Qualifications Framework) available for UK students.
SportscoachUK	<ul style="list-style-type: none"> Alignment of the SNI coaching system and associated strategies to the UK, specifically the UK Coaching Framework. Provision of quality services to SNI to support the delivery of their coaching strategies and support the delivery of the Sports Matters.

	<p>Participation and Performance targets. Services delivered in this period include technical lead officer presentations and support on Registration and Licensing, Membership, Data Managements and Mentoring.</p> <ul style="list-style-type: none"> • Provision of opportunities for SNI to attend quarterly Home Country Operation Group meetings and six monthly UK Coaching Forums. • Assessed potential data management solutions including development of Coach Web (Q3/4 2013/14) and the opportunity to meet with Active Network.
Northern Ireland Sports Forum (NISF)	<ul style="list-style-type: none"> • Use our social media platforms to communicate NISF programmes to an increasing audience. • Redevelopment of communication platforms to provide more affective and visible information

Target Number:	PE17								
Target Details:	By 2019 at least 100 Northern Ireland athletes to have attained medal success at the highest level in their sport including European, World and Olympic/Paralympic level.								
Target Deadline:	2019 (Long Term)								
Status:	ON TRACK FOR ACHIEVEMENT								
Baseline Information:	22 Northern Ireland athletes attained medal success at European, World and Olympic/Paralympic competitions (2006-07).								
Contributing Member	Progress								
Sport Northern Ireland	<ul style="list-style-type: none"> • As of 30 September 2014 a total of 93 Northern Ireland athletes and teams attained a total of 238 medal successes at European, World, Commonwealth and Olympic or Paralympic competition since 01 April 2009 in a total of 29 sports. Of the total 93 Northern Ireland athletes and teams, 63 (68%) were male and 30 (32%) were female. A total of 85% of all 238 medals were won by individuals, whereas 15% were won as part of a team. Furthermore, 44% of all medals were won by athletes representing Ireland, followed by Great Britain & Northern Ireland (29%) and 27% while representing Northern Ireland (see pie chart below). The chart below details the sports that each of the medal winning athletes represents. <div style="text-align: center;"> <p>Total Medals Won by GB & NI and Ireland Athletes</p> <table border="1"> <thead> <tr> <th>Region</th> <th>Percentage</th> </tr> </thead> <tbody> <tr> <td>Ireland</td> <td>44%</td> </tr> <tr> <td>GB & NI</td> <td>29%</td> </tr> <tr> <td>Northern Ireland</td> <td>27%</td> </tr> </tbody> </table> </div>	Region	Percentage	Ireland	44%	GB & NI	29%	Northern Ireland	27%
Region	Percentage								
Ireland	44%								
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Chief Leisure Officers Association (CLOA)	Antrim Borough Council <i>Opportunities</i>								

	<ul style="list-style-type: none"> • Elite Athlete support Scheme. • Antrim Sports Advisory Association / Enkalon Youth Sport Bursary Scheme. • Antrim Sports Advisory Association performance Grants and Coach Education grants. • Progression of Primary Schools Challenge to strengthen links between Schools and Sports clubs. • Expansion of Aspire Sport programme to strengthen links between talent programmes and governing bodies. • Continuation of Active Communities Programme (sport Specific posts) to provide links to performance sport. <p><i>Places</i></p> <ul style="list-style-type: none"> • Capital development of facilities at Crumlin Community Centre and Allen Park Golf Centre <p><i>Organisations</i></p> <ul style="list-style-type: none"> • Partnership working with governing bodies through Aspire Sport Programme and SNI Active Communities Programme <p>Lisburn City Council</p> <ul style="list-style-type: none"> • Sport Lisburn grants. International Sportstar Club entitles eligible participants free use of Council gyms • Hosting of National events – LVLP (Irish swimming championships), Northern European Gymnastics Championships Irish Open Badminton Championships • Club capacity development programmes. Training programme for elite coaches. • Lisburn Sports Awards - acknowledging success of Lisburn athletes, clubs and coaches • Lagan Valley LeisurePlex hosts a SINI accredited Performance Development Centre
NI Commonwealth Games Council (NICGC)	<ul style="list-style-type: none"> • Implementation remains the same for PE17.
UK Sport	<ul style="list-style-type: none"> • Following UK Sport’s 2013 Annual Investment Review process and in line with its ‘No Compromise’ approach, UK Sport decided to withdraw funding from six sports (Basketball, Goalball, Synchronised Swimming, Visually-Impaired Football, Water-Polo (Women) and Wheelchair Fencing). This means there are now 20 Olympic and 17 Paralympic Summer sports receiving investment for the Rio cycle with the primary goal of winning more Olympic and Paralympic medals in Rio than in London. All athletes who are able to attain World Class Programme status within this band of sports can therefore expect to receive the optimal level of support required to reach the Olympic or Paralympic podium within eight years. • Since those decisions were taken, there has been pressure growing on UK Sport to consider the possibility of widening its net – whether in terms of the <u>level</u> at which it supports sports; whether in terms of the <u>type</u> of sports it supports (i.e. targeted Olympic & Paralympic sports only); or whether in terms of the geographic provenance of sports. An underlying theme in these deliberations is the need to consider the relative impact that medal success in different sports can have – whether in terms of reach or the ability to engage with sizeable parts of the population. As at 30 Sep 2014, those discussions remain in progress.
Ulster Gaelic Athletic Association (GAA)	<ul style="list-style-type: none"> • Aishling O’Reilly achieved senior gold medal success in the World Championship during this period. • Junior handball players took part in the World Championships with success in all age groups.
Irish Rugby Football Union (Ulster Branch)	<p><i>Talent System Development</i></p> <ul style="list-style-type: none"> • A formal player development pathway has continued to develop throughout 13-14. The summer pre-season phase involves U20, U19, U18, U17 club and school players in a structured elite program 3 or 4 days a week. The U16 club and school parallel player program is delivered 1 day a week during pre-season. Individual player progression is achieved through positional and core skill development as well as game understanding. Further to this the young athletes are educated and developed through the following:

	<ul style="list-style-type: none"> ○ Strength and Conditioning. ○ Nutritional advice. ○ Mental Skills ○ Performance Lifestyle. <ul style="list-style-type: none"> ● Following the pre-season phase, player selection takes place for the in season programme. Output is measured via individual and team performance, which is linked to the provincial and international representative age grade squads feeding into the academy and professional game. <p><i>Talent Spotters Initiative</i></p> <ul style="list-style-type: none"> ● This programme has continued to create a system to help identify young players of outstanding potential and to involve them in a personally tailored programme designed to foster, nurture and assist them attain excellence and to ensure the continuous flow of quality indigenous rugby players to Provincial, European and International standards. The programme has been developed and modified throughout the year to enhance the identification of Ulster and Irelands next generation of high performance players/athletes. A major development going forward is a focus on observing 2nd XV and U15 matches, therefore those players outside of the age grade top tier <p><i>The North West Talent Project.</i></p> <ul style="list-style-type: none"> ● This initiative has continued in partnership with National Governing Bodies, Derry City Council and SNI. The aim is to implement bespoke GB programmes that will maximize the potential for Talent Development within the North West area in the sports of Wrestling, Mountaineering, Hockey and Rugby. The initiative is currently in place and on-going. The objectives of the programme are as follows: <ul style="list-style-type: none"> ○ To develop a pool of coaches who can effectively deliver on future talent development programmes to help young performers to reach their potential. ○ To identify new and develop existing talent and integrate with the governing body performer pathway. ○ To share best working practice as coaches, reflect upon their coaching experience and address their future development needs. ● As a result of the success of this programme, a further two partnerships have been set up with Belfast City Council and the South East Sports Partnership. The main objective of both these partnerships is to identify and develop existing talent in both these new regions and integrate them into the current Ulster Rugby player development pathway.
Disability Sports NI	<p><i>Performance Pathways</i></p> <ul style="list-style-type: none"> ● In order to enable talented athletes with disabilities to compete and excel in their chosen sport, Disability Sport NI, in partnership with governing bodies of sport, continued to develop Disability 'Performance Pathways' in a number of sports during the period. However due to a reduction in funding the number of mainstream sports DSNI works with was reduced from 10 to 8. Performance Pathways for people with disabilities in place or being developed in 8 mainstream sports of Athletics, Badminton, Football, Gaelic Games, Rugby, Table Tennis, Swimming and Sailing (Archery, and Cycling no longer included). Performance Pathways also continue to be developed in the disability sports of Wheelchair Basketball and Boccia. <p><i>Athlete Support</i></p> <ul style="list-style-type: none"> ● 8 athletes with disabilities successfully secured 'Athlete Support Programme' funding during the period, with the majority of athletes now being managed and supported by their relevant mainstream Governing Body of Sport, in line with Sport NI's 'Disability Mainstreaming Policy'. DSNI continued to manage and support 3 athletes during the period. <p><i>Classification Service</i></p> <ul style="list-style-type: none"> ● DSNI continued to provide a classification service to local athletes during the period, which is essential to their participation in competitive/elite sport. This involved providing information and advice on classification to individual athletes, parents and sports organisations as well as organising and managing the UK and International INAS-FID Classification System for athletes with learning disabilities in Northern Ireland.

	<p><i>Medal Success</i></p> <ul style="list-style-type: none"> • Athletes with disabilities from Northern Ireland secured 24 medals at European or World level competitions during the period, including the UK's first ever Winter Paralympic Gold Medal secured by Bangor athlete Kelly Gallagher.
SportscoachUK	<ul style="list-style-type: none"> • Continued to develop Tutors to deliver the sports coach UK Talent Foundation Series. • Provision of direct support from the sports coach UK Talent team to support activity at three identified Talent Hub sites and contribute to the Talent Development Week

Target Number:	PE18
Target Details:	By 2019 to have accredited at least 700 appropriately qualified, full-time coaches available to meet demand across all aspects of sport and physical recreation.
Target Deadline:	2019 (Long Term)
Status:	ON TRACK FOR ACHIEVEMENT
Contributing Member	Progress
Sport Northern Ireland	<ul style="list-style-type: none"> • SNI has directly supported the deployment of 114 (87 full time, 27 part time) coaches through its Active Communities programme. • 1610 coaches attended Sport Northern Ireland continuous professional development workshops. • The Coaching Legacy Programme is supporting a minimum of 200 talent development and performance coaches, across 20 governing bodies, enabling their education and development needs to be identified, managed, supported and targeted more effectively. • SNI is working with 27 governing bodies, the Southern Sports Partnership and the North West Coaching Network to implement effective systems for the development of coaching, aligned to either UK or All Ireland structures. SNI, in partnership with both Coaching Ireland and sports coach UK; continue to work closely with all funded governing bodies to identify key areas for development associated with the effective recruitment, education and retention of coaches. • 19 full time equivalent coaches and 19 coach developers are employed in Northern Ireland through PerformanceFocus 2013-17.
Chief Leisure Officers Association (CLOA)	<p>Antrim Borough Council</p> <p><i>Places</i></p> <ul style="list-style-type: none"> • Facilities at the Antrim Forum: Netball, Football, Gymnastics, Athletics etc. <p><i>Organisations</i></p> <ul style="list-style-type: none"> • Partnership working with Governing Bodies through the active Communities Programme to 'Mentor' local coaches and signpost them <p><i>Workforce</i></p> <ul style="list-style-type: none"> • Appointment of additional gymnastics coach to support the expansion of Forum Gymnastics to Neillsbrook Community Centre term sickness • Ongoing training and annual CPD for active Communities Coaches and Antrim Borough Council employed coaches and activity leaders <p>Armagh City and District Council</p> <ul style="list-style-type: none"> • ACDC ,through the Southern Sports Partnership, has provided an extensive coach education programme to support the development of coaches at a range of levels.in addition, the Armagh Sports Forum has offered support to those coaches at elite level i.e. Ulster and above. <p>Lisburn City Council</p>

	<ul style="list-style-type: none"> • Sport Lisburn funding for coaches to attend courses at all levels in a variety of Sports • Coach education and training programme aimed at Local and Regional Coaches • Employment of coaches to deliver sports development programmes with C.P.D. integral to development • Employment of Seven Active Community coaches
Department of Education (DE)	<ul style="list-style-type: none"> • During the 2013-14 school year, the Curriculum Sports Programme, which is delivered by the IFA and GAA on behalf of DE, provided 61 qualified coaches from these organisations to deliver the Programme in Foundation and Key Stage 1 classes in 577 schools, reaching over 39,000 pupils.
Irish Football Association (IFA)	<ul style="list-style-type: none"> • IFA has 30 full-time specialist coaches employed who have the main aim of using their specialist knowledge to complement existing physical education programmes in the primary sector. These roles are provided and safeguarded until March 31st 2015, courtesy of funding provided by the Department of Education for Northern Ireland (DENI). The IFA coaches' role is to help develop the Physical Literacy of Foundation and Key Stage 1 pupils in Primary Schools throughout NI. • IFA's Football Development Department employs a number of full-time coaches with coaching roles including grassroots, elite and international football. These coaches provide coaching and deliver participation opportunities through the County Excellence, Club NI and Curriculum Sport Programmes. • IFA's Elite Performance team employ over 20 external coaches and supporting staff (physio, strength and conditioning etc.) to work on the national Club NI programme.
Ulster Gaelic Athletic Association (GAA)	<ul style="list-style-type: none"> • Foundation (GAA) Courses completed during this period. • Level 1 (GAA) courses completed during this period. • Level 2 (GAA) courses completed during this period. • Level 3 (OCN Accredited) course completed during this period and externally verified.
Irish Rugby Football Union (Ulster Branch)	<ul style="list-style-type: none"> • One Ulster Coach recently attained the IRFU Stage 5 Award. This now brings to five (out of 12 attendees) the number of coaches who have completed and been accredited at this Award which is the highest available from IRFU and is only open to coaches operating full-time in a professional environment. <ul style="list-style-type: none"> ○ 50 coaches hold the Stage 4 head Coaches award, the next highest level and from which Stage 5 candidates are selected. ○ IRFU are currently revising both Stage 3 and 4 coaching awards to bring their content more in line with current sport requirements. • Opportunities to operate as a full-time coach are mainly limited to employees of IRFU, its four branches and Irish Exiles. Neal Doak, Ulster Assistant coach is currently engaged with SINI via the 'Practitioners' programme which helps develop coaches working in a high Performance environment. • A 'Talent Coaches' programme commenced during the period to identify, train and support quality coaches for the Age Grade Player Development programmes running across the province. This programme aims to identify, develop, promote and deploy some of these coaches with teams and players at higher standards of performance in the hope of developing Head Coaches capable of progressing to top Provincial and National teams.
Disability Sports NI	<ul style="list-style-type: none"> • 19 Level 1 and 9 Level 2 British Wheelchair Basketball qualified coaches trained and in place.
Sportscoach UK	<ul style="list-style-type: none"> • Utilised Sportscoach UK funding to support a coach recognition scheme. Specifically a £200 coaching voucher to be awarded to SNI Coach Award winners and aligned to Coachwise resources and products • During 2013-14, SNI asked Sportscoach UK to write a learning programme for the Level 2 Principles of Coaching. Having completed this work

	<p>they asked us to deliver the programme to tutors from Taekwondo, so that they can become a licensed partner to offer the learning and the associated qualification.</p> <ul style="list-style-type: none"> • Lead Tutor training completed for five identified tutors. • UKCC Lead Officer Training to support the development of the wider coaching workforce and put systems in place to offer more coach education opportunities and thus create an appropriately qualified workforce.
Northern Ireland Sports Forum (NISF)	<ul style="list-style-type: none"> • Provided training opportunities for governing body chairs as part of Chairs Forum. Brought in external consultant to provide chairs with a seminar on how to get the most from their boards. • Continued partnership delivery for reward and recognition of volunteers through Belfast Telegraph Sports Awards • Provided seminar for members on selection processes and offered follow on support to members.

Target Number:	PE19
Target Details:	By 2019 to have 45,000 appropriately qualified, part time and volunteer coaches available to meet demand across all aspects of sport and physical recreation.
Target Deadline:	2019 (Long Term)
Status:	ON TRACK FOR ACHIEVEMENT
Contributing Member	Progress
Sport Northern Ireland (SNI)	<ul style="list-style-type: none"> • SNI's Active Awards for Sport provides support and investment for sports clubs (and others) to provide training and continuing professional development for part time and volunteer coaches. • SNI's various Activ8 initiatives (Inc. Giro Big Start 2014) have supported the recruitment, training and deployment of volunteer coaches. • SNI has continued to support the recruitment, training and deployment of leaders and volunteers engaged in outdoor adventure activities through investment in Outdoor Recreation NI, Adventuremark and support for the network of Outdoor Recreation Forums. This has included provision of various training interventions including Community Walk Leaders, Public Rights of Way, Leave No Trace, First Aid, Paddle-ability and Climbing for All. • 1610 coaches attended SNI's continuous professional development workshops. • The Coaching Legacy Programme is supporting a minimum of 200 talent development and performance coaches, across 20 governing bodies, enabling their education and development needs to be identified, managed, supported and targeted more effectively. • SNI is working with 27 governing bodies, the Southern Sports Partnership and the North West Coaching Network to implement effective systems for the development of coaching, aligned to either UK or All Ireland structures. SNI, in partnership with both Coaching Ireland and sports coach UK; continue to work closely with all funded governing bodies to identify key areas for development associated with the effective recruitment, education and retention of coaches.
Chief Leisure Officers Association (CLOA)	<p>Antrim Borough Council</p> <p><i>Opportunities</i></p> <ul style="list-style-type: none"> • Partnership working with Job skills A4E back to work scheme to train and deploy individuals hoping to return to work after long term sickness. <p>Places</p>

	<ul style="list-style-type: none"> • Showcasing Antrim Borough Council facilities to governing bodies to host training courses. <p><i>Organisations</i></p> <ul style="list-style-type: none"> • Partnership working with Job skills A4E back to work scheme to train and deploy individuals hoping to return to work after long term sickness. • Partnership working with Governing Bodies through the active Communities Programme to 'Mentor' local coaches and signpost them. <p><i>Workforce</i></p> <ul style="list-style-type: none"> • Partnership working with Job skills A4E back to work scheme to train and deploy individuals hoping to return to work after long. • Appointment of additional gymnastics coach to support the expansion of Forum Gymnastics to Neillsbrook Community Centre. • Ongoing training and annual CPD for active Communities Coaches and Antrim Borough Council employed coaches and activity leaders. • Partnership with Northern Regional College students at primary school events. <p>Lisburn City Council</p> <ul style="list-style-type: none"> • See PE18
Irish Football Association (IFA)	<ul style="list-style-type: none"> • IFA delivered it's National Coaching Courses at Stranmillis College and Queens University Belfast in June 2014, which offered the UEFA Pro Licence, UEFA A Licence, UEFA B Licence as the main core courses aimed at coaches working at competitive levels in Northern Ireland and elsewhere in the UK and further afield. The Irish FA also delivered 5 regional Irish FA C Certificate courses and over 25 regional Level 1 courses throughout the course of the year. • Coaches were also qualified in the Grassroots Introductory Award, the IFA Level 1 Award and the IFA Youth Certificate. Specialist courses were also available such as the IFA Goalkeeping Certificate, the IFA Advanced Goalkeeping Diploma, the IFA Level 1 and Level 2 Coaching Disabled Footballers Awards. In 2014 the Irish FA delivered coach education courses to over 1,000 participants. Level 1 (570), Irish FA C Certificate (150), UEFA B Licence (55), UEFA A Licence (56), UEFA Pro Licence (15), Irish FA Goalkeeping Diploma (17), Irish FA Youth Certificate (11), CDFA Level 1 (123) and CDFA Level 2 (16). • Through the SCORE 2 Project, funded by UEFA HatTrick Programme, 22 male and female coaches were trained up in IFA Level 1 and Level 2 courses. The association is currently organising a female only UEFA B Licence Part 1 for 16 participants in October 2015. • IFA delivered CPD courses to UEFA Pro, UEFA A and UEFA B Licence coaches in order to revalidate their coaching qualifications in line with UEFA guidelines. • Clubs involved in the IFA's Club Accreditation component also avail of the services of a Grassroots Officer to provide coach mentoring to two of their coaches. Grassroots Officers spend 6 x 1 ½ hour sessions with the coaches and their players and leave a series of resource materials to help develop the coaches.
Outdoor Recreation NI (ORNI)	<ul style="list-style-type: none"> • Walking in Your Community Scheme on-going. 61 Community Walk Leaders trained this period. All Community Walk Leaders are volunteers. • Delivered training to 52 people at Leadership level: <ul style="list-style-type: none"> ○ Canoeing - 2 Paddle-Ability tutors, 18 trained in Paddle-Ability (working with disabled canoeists). ○ 4 Climbing for All tutors, 16 trained in Climbing for All (working with disabled climbers). ○ 12 Archery Leaders.
SkillsActive (SA)	<ul style="list-style-type: none"> • Presented SNI CEO with a Workforce Development skills solutions paper which included information on models of good practice to ensure that there are appropriately qualified coaches. • SkillsActive continued to work with Department for Employment & Learning (DEL) to ensure appropriately funded training provision for coaches. Supported linked work with FE sector sports academies. • SkillsActive worked with sporting organisations to encourage support for the Active Ambition project which aims to support a UK-wide Active

	Leisure, Learning & wellbeing skills protocol.
Ulster Gaelic Athletic Association (GAA)	<ul style="list-style-type: none"> • Foundation (GAA) Courses completed during this period. • Level 1 (GAA) courses completed during this period. • Level 2 (GAA) courses completed during this period. • Level 3 (OCN Accredited) course completed during this period and externally verified.
Irish Rugby Football Union (Ulster Branch)	<ul style="list-style-type: none"> • DCAL programme and Community Gym Initiative - IRFU (Ulster Branch) registered 16 candidates on a Level 2 Fitness Instructors Course. • Volunteer Fitness Development Coach programme - 40+ fitness coaches have undertaken a host of workshops / Continual Professional Development units, raising the level of supervision within our club and school sections. • Female Leadership Programme – 4 female candidates on a Level 2 Fitness Instructors Course. • IRFU (Ulster Branch) continued to meet the demands of clubs and schools for appropriately qualified coaches ready for deployment through delivery of courses at Stages 1 – 3 in Ulster and places on stages 4 & 5 courses which are run nationally. • Introductions to Rugby – 205 attendees at 16 short coach education courses <ul style="list-style-type: none"> ○ LTPD Stage 1 Rugby - 206 accredited coaches attended 7 courses ○ LTPD Stage 2 Rugby - 83 accredited coaches attended 3 courses ○ LTPD Stage 3 Rugby - 52 coaches attended 2 courses – 22 coaches accredited to date ○ LTPD Stage 4 Rugby - 4 coaches attended 1 national course – 9 coaches accredited from previous years • Trained and accredited 5 additional tutors (male & female) to support delivery of coach education courses around the province. • Trained and in course of deploying 8 additional coach assessors (male & female) to support accreditation requirements for coaches. • Arranged further training for 14 coach mentors to support coach development in clubs and schools hopefully reducing coach turnover. • Presently conducting an audit of coaching positions within clubs and schools with an aim to identifying positions where there are insufficient coaches, inappropriately qualified or coaches who have not reached the minimum standards for deployment.
Disability Sports NI	<ul style="list-style-type: none"> • Training, sports leadership and coach education courses involving 893 leisure services staff, coaches, teachers and sports leaders organised during the period.

Target Number:	PE20
Target Details:	By 2019 to have secured a world class system for athlete development consisting of services, facilities and competition following the hosting of the Olympic and Paralympic Games in London 2012.
Target Deadline:	2019 (Long Term)
Status:	ON TRACK FOR ACHIEVEMENT
Contributing Member	Progress
Sport Northern Ireland (SNI)	<ul style="list-style-type: none"> • In 2013-14 Sport NI invested £3.2 and in 2014/2015 Sport NI is investing £3.2m in 34 Governing Bodies of sport through Performance Focus, which essentially is investment in five of the nine pillars - Governance, Club Development, Coaching, Talent identification and Development, High Performance Operations, (the remaining pillars are being picked up by other programmes in SNI for example under Foundation Sport NI operates Active Communities).

	<ul style="list-style-type: none"> • In 2013-14 and 2014-15 Sport NI has been working with other organisations to develop leadership skills within sport. 24 individuals have been supported to undertake leadership development opportunities provided by Sport NI, and Sport NI has also worked with the sports Councils in England, Scotland, Wales and UK Sport to develop Leading Edge, a leadership development opportunity for Chief Executive Officers or governing bodies. • During this reporting period SNI through its PerformanceFocus programme has continued to invest in 34 Governing Bodies through five of the nine pillars identified in the SPLISS Research (2012) namely Club Development, Coaching, Governance, High Performance and Talent Systems (the remaining pillars are being picked up by other programmes in SNI for example under Foundation SNI operates Active Communities). The PerformanceFocus programme sees investment of £3.2m per year. • SNI worked with 28 Governing Bodies, the Southern Sports partnership and the North West Coaching Network to build effective Talent systems for the identification, confirmation and development of athletes. This includes investment into the provision of staff to 22 sports (e.g. Talent officers and coaches) and programme support. • SNI is working with 27 governing bodies, the Southern Sports Partnership and the North West Coaching Network to implement effective systems for the development of coaching, aligned to either UK or All Ireland structures. SNI, in partnership with both Coaching Ireland and sports coach UK; continue to work closely with all funded governing bodies to identify key areas for development associated with the effective recruitment, education and retention of coaches. • The 2013-14 Practitioner Development Programme supported ten high performance coaches to further develop their knowledge and skill in the high performance environment. Five of the practitioners worked with athletes who competed at the 2014 Commonwealth Games. 2 of the practitioners work with athletes who compete on Golf's European Tour and one practitioner has recently been appointed Head Coach of Ulster Rugby.
Chief Leisure Officers Association (CLOA)	<p>Antrim Borough Council</p> <p><i>Opportunities</i></p> <ul style="list-style-type: none"> • Elite Athlete Support Scheme, • Antrim Sports Advisory Association Grants Scheme. • Antrim Borough Council / Enkalon Foundation youth Sport Bursary Scheme. • Corporate financial assistance (international cross country at Green mount). <p><i>Places</i></p> <ul style="list-style-type: none"> • Capital grants Programme. • Armageddon Fitness, International Netball Festival, Irish Football Association (IFA) Camps. • Celebration of Sport event held at Antrim Forum. • Commonwealth Games baton received at Antrim Forum. • Ulster schools athletics championships 2. <p><i>Organisations</i></p> <ul style="list-style-type: none"> • Ongoing partnerships with governing bodies to host national and international competition (e.g. Netball NI 4 nations and IAAF international Cross Country).
Irish Football Association (IFA)	<ul style="list-style-type: none"> • In July 2013 the IFA appointed Jim Mailto in the role of Elite performance Director to progress and develop Elite Performance and development systems within Northern Irish Football. This role is currently contracted for 4 years.

Olympic Council of Ireland (OCI)	<ul style="list-style-type: none"> • The OCI provided bursaries to 7 sports for a coach ‘performance impact programme’ whereby international expertise was sought to engage with performance directors, coaches and athletes to review their high performance systems. • The Olympic Council organise an annual science and medical conference for 65 service providers working in Olympic sport high performance programmes. (Note. 12 Service providers from SINI attended the 2013 conference which discussed case studies in ‘over training’ in an interdisciplinary manner). • OCI also presented its medical strategy and implementation programme for the 2013-16 period. The OCI (password protected access for a discrete use) app is becoming a useful communication tool. • OCI provide 2013-16 resource to Irish Women’s Rugby 7’s programme to assist talent id / and qualification for Rio 2016. • OCI provide 7 sports with 8 Rio 2016 athlete scholarships to assist qualification and performance in Rio 2016. • OCI provide Team leader and performance management training for 16 Olympic Sport Performance Directors.
UK Sport	<ul style="list-style-type: none"> • UK Sport is developing its relationship with Tourism NI, the now-confirmed lead agency for events in NI. UK Sport is now part of a Home Country Event Agency Co-ordination group which meets quarterly with DCMS to review the major sporting event hosting targets across the UK. The aim is for improved co-ordination to understand well in advance if conflicting home country bids are likely for any particular event. The meeting also has a number of focus items on the agenda where working together might benefit the deliver. • UK Sport has recently extended its major events strategy to 2023 and, as a follow-up; Simon Morton and Esther Nicholls completed a set of roadshows across all the Major Event Hosting Partners of the UK between May and September 2014. This included a meeting with Sport NI and Tourism NI to update on the strategy and UK Sport’s objectives. The two organisations confirmed they are looking to work more closely together in the future with Sport NI responsible for major events when hosted for sporting reasons. • Through the High Performance Strategic Advisory Group, UK Sport has been developing a series of ‘VMOST’ frameworks to frame the connected Vision, Mission, Objectives, Strategies and Tactics of high performance sport in the home nations. • Between January - August 2014, HPSAG members attended a series of roadshows around the UK to identify the ‘enabling action plans’ needed to operationalize the frameworks. The next step is to secure endorsement and resources for the strategy, in which respect the UK Sport Board in September 2014 authorised officers to explore the possibility of developing a common investment policy for common interest sports and a common strategy for the delivery of services through the National Sports Institutes.
Ulster Gaelic Athletic Association (GAA)	<ul style="list-style-type: none"> • Established centres of excellence now in Tyrone (Garvaghy), Derry (Owenbeg), Antrim (Dunsilly), Monaghan (Cloughan), Cavan (Breffini), Fermanagh (Lissan), Down (Downpatrick and Newry), Donegal (Ballybofey) with good to very good facilities. • Minor and Senior county hurling and football teams have all established a range of services to support player and team performance. Some teams are more comprehensive services than others but all are striving to be the best. • Competitions at the elite level are first class. We continue to struggle with the pressures on the elite player with the club and county commitments but we have been putting a player support system in place as part of the services to teams.
Disability Sports NI	<p><i>Performance Pathways</i></p> <ul style="list-style-type: none"> • In order to enable talented athletes with disabilities to compete and excel in their chosen sport, DSNI, in partnership with governing bodies of sport, continued to develop Disability ‘Performance Pathways’ in a number of sports during the period. However due to a reduction in funding the number of mainstream sports DSNI works with was reduced from 10 to 8 <ul style="list-style-type: none"> ▪ ‘Performance Pathways’ for people with disabilities in place or being developed in 8 mainstream sports of Athletics, Badminton, Football, Gaelic Games, Rugby, Table Tennis, Swimming and Sailing (Archery, and Cycling no longer included). ▪ Performance Pathways also continue to be developed in the disability sports of Wheelchair Basketball and Boccia.

	<p><i>Classification Service</i></p> <ul style="list-style-type: none"> DSNI has developed a classification service for talented disabled sportspeople from Northern Ireland, which is essential to their participation in competitive/elite sport. This involves providing information and advice on classification to individual athletes, parents and sports organisations as well as organising and managing the UK and International INAS-FID Classification System for athletes with learning disabilities in NI.
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Target Number:	PL21
Target Details:	By 2010 to initiate a Northern Ireland certification process that will improve safety management and the fabric of the major stadiums in Northern Ireland, to comply with the Safety of Sports Grounds (Northern Ireland) Order (2006) and associated technical guidance.
Target Deadline:	2010 (Short Term)
Status:	ACHIEVED
Contributing Member	Progress
Sport Northern Ireland	<ul style="list-style-type: none"> The Safety of Sports Grounds (NI) Order was introduced in February 2006. Thirty sports grounds were designated in December 2009. Thirty safety certificates have been issued to date by district councils. These certificates are reviewed and amended periodically. SNI is overseeing the implementation of the legislation and reporting to DCAL. In addition, SNI has prepared and issued guidance to the district councils (and others) relating to procedural matters and interpretations of the legislation. In November 2013, Sport NI commenced a framework for the implementation of part of the Safety of Sports Grounds Order [in relation to regulated stands]. Sport NI has been working closely with DCAL and it is anticipated that the regulation processes will commence in Spring 2015.
SkillsActive (SA)	<ul style="list-style-type: none"> Facilitated a review of the National Occupational Standards for Spectator Safety focus group 24 September 2014
Ulster Gaelic Athletic Association (GAA)	<ul style="list-style-type: none"> UCGAA continues to follow the recommended guidelines for safety management and implement training and development for associated staff.

Target Number:	PL22
Target Details:	By 2014, and subject to Executive approval, to have developed major sports stadiums to meet the strategic needs of Football, GAA and Rugby on an operationally viable and commercially sustainable basis in Northern Ireland.
Target Deadline:	2014 (Medium Term)
Status:	ON TRACK FOR ACHIEVEMENT BUT WITH SOME DELAY
Contributing Member	Progress
Sport Northern Ireland	<ul style="list-style-type: none"> Sport NI received proposals [and amended proposals] regarding the design and operational plans for the three stadia. Sport NI convened meetings of the Safety Technical Group for each of the respective stadia. The proposals are referenced against recognised best practice and comment/reports were provided to DCAL accordingly. Sport NI also carried out inspection visits to Ravenhill [redeveloped Kingspan Stadium]

	during both the construction and operational phases of the project and provided comment to DCAL.
Department of Culture, Arts & Leisure	<ul style="list-style-type: none"> Progress update to be provided following the presentation to the Places SMIG on 5 November 2014.
Ulster Gaelic Athletic Association (GAA)	<ul style="list-style-type: none"> Ongoing programme / process to establish the Casement Park Stadium.
Irish Rugby Football Union (Ulster Branch)	<ul style="list-style-type: none"> Redeveloped Kingspan Stadium (Ravenhill Rugby Grounds) officially opened in May 2014
Disability Sports NI	<ul style="list-style-type: none"> Inclusive Stadia Advisory Group (ISAG) established and inclusive stadia design and management guidelines developed to ensure the three stadia meet optimum levels of good practice in terms of inclusive use by people with disabilities.

Target Number:	PL23
Target Details:	By 2014 to have a minimum of 10 new or upgraded facilities that will support Northern Ireland player/athlete development in Olympic and Paralympic sports.
Target Deadline:	2014 (Medium Term)
Status:	ACHIEVED
Current Position:	Since 2009, Sport Northern Ireland and district councils have made over 20 capital investments which may be deemed as making a contribution towards this target in that they support NI athlete development in Olympic and Paralympic sports.
Contributing Member	Progress
Sport Northern Ireland	<ul style="list-style-type: none"> SNI's forthcoming capital investment opportunity aims to invest £17.5m of Lottery funding over a five year period. The investment opportunity will integrate the facility needs of community participants and performance athletes (where practicable) within a small number of large scale multi-sport facilities. This investment opportunity will take a strategic approach to identifying key sports and partners that have the potential to realise community benefits, produce high performance results and own/operate large scale sustainable facilities. SNI has invested in the following 14 funded projects during this reporting period, which may be deemed as making a contribution towards this target in that they support NI athlete development in Olympic and Paralympic sports: Bann Rowing Club, Portora Royal Grammar School, Hollywood Yacht Club, Castlewellan FC, Outdoor Recreation NI, Abbey Villa FC, Annagh United FC, Armagh City FC, Bangor FC, Dungannon United Youth FC, Regent House School, Shankill United FC, The Boys Brigade (Belfast Battalion) and Wallace High School.
College of Agriculture, Food and Rural Enterprise	<ul style="list-style-type: none"> Achieved 16 newly qualified sports turf maintenance and management professionals for the golf industry across NI. Enrolled 35 new entrants to sports turf care training programmes at levels 2 and 3, including 3 green keeping cadets, funded through Golf Union of Ireland bursaries. Only 4 of these 35 are groundsmen; the remainder are all from the golf green keeping industry.

Ulster Gaelic Athletic Association (GAA)	<ul style="list-style-type: none"> Established centres of excellence now in Tyrone (Garvaghy), Derry (Owenbeg), Antrim (Dunsilly), Monaghan (Cloughan), Cavan (Breffini), Fermanagh (Lissan), Down (Downpatrick and Newry), Donegal (Ballybofey) with good to very good facilities. Some have completed their facility (Tyrone and Derry) and have established both outdoor floodlit facilities and indoor conditioning and weight training facilities. Others (Down) are in partnerships with local colleges using against state of the art facilities. Other counties are still in a process of developing the full range of facilities.
Department for Social Development (DSD)	<ul style="list-style-type: none"> Following an analysis of progress against PL23, which was presented to the SMMG, it was determined that while the target had been achieved, there was evidence of significant additional need and demand for performance facilities to support the governing bodies of sports' performance systems. An estimated £17.5 lottery income for 2013/14,2014/15,2015/16 and 2016/17 has been identified by Sport NI for community and performance capital programmes. Sport NI is therefore developing a performance capital programme, in consultation with governing bodies of sport and key partners to be launched in early 2014. SNI has invested in the following 21funded projects during this reporting period, which may be deemed as making a contribution towards this target in that they support NI athlete development in Olympic and Paralympic sports: North Down Cricket Club, Bann Rowing Club, Portora Royal Grammar School, Holywood Yacht Club, Belfast Indoor Bowling Club, Castlewellan FC, Coalisland Fianna GFC, Outdoor Recreation NI, Crossmaglen Rangers GFC, Abbey Villa FC, Annagh United FC, Armagh City FC, Bangor FC, Derrynoose GAC, Dungannon United Youth FC, Regent House School, Shankill United FC, St Malachy's GAC (Moortown),St Patrick's GAC (Loup), The Boys Brigade (Belfast Battalion) and Wallace High School. Award of Capital Funding under the Neighbourhood Renewal Investment fund to the Gleann Amateur Boxing Club (West Belfast) in September 2011to enhance club facilities. Completed. <ul style="list-style-type: none"> Award of funding to St Colman's sport facility,Newry (athletics). Award of funding for refurbishment of Dungannon Youth Resource Centre (includes Olympic standard basketball court). Award of funding for extension of Ballymote Sports Centre (includes Olympic standard basketball court and purpose built facility for amateur boxing club). Award of funding for new Coleraine West Community Centre (includes Olympic standard basketball court and purpose built facility for amateur boxing club). Refurbishment of StMary's Youth Centre,Portadown- project funded jointly by DSD & DE,completing end of September 2013 which includes the refurbishment of the sports hall used for basketball,football and their amateur boxing club. (the boxing club was established in 2010/11 funded also by Neighbourhood Renewal Investment Fund). DSD has provided funding for the construction of new full size 3G pitch for Craigavon City FC which will promote football in the central Craigavon area. AFC Craigavon received funding from DSD for new changing rooms on a facility leased from Craigavon Borough Council. The changing rooms will also be used by children being developed through the IFA Coaching scheme.

Target Number:	PL24
Target Details:	By 2015 to have amended public policy frameworks to protect and promote access to and sustainable use of publicly-owned land in Northern Ireland for sport and physical recreation.
Target Deadline:	2015 (Medium Term)

Status:	ON TRACK FOR ACHIEVEMENT
Contributing Member	Progress
Sport Northern Ireland (SNI)	<ul style="list-style-type: none"> SNI, in partnership with ORNI, NIEA & NITB, has supported the development and subsequent launch of the NI Outdoor Recreation Action Plan. SNI is committed to supporting the delivery of actions identified within the ORAP, including those relating to access, AONBs, outdoor recreation hubs and legislation.
Chief Leisure Officers Association (CLOA)	<p>Antrim Borough Council <i>Opportunities</i></p> <ul style="list-style-type: none"> Completion of Outdoor Recreation Action plan. <p>Armagh City and District Council</p> <ul style="list-style-type: none"> AC&DC is embarking on a master plan for Loughgall Country Park which will hopefully see the development of improved walks/signage and the development of infrastructure to support open water swimming, triathlon, cycling etc. Newry /Portadown canal continues to be mega successful and the council are in the process of developing a further canoe trail at Clare Glen.
Department of Education (DE)	<ul style="list-style-type: none"> DE by means of existing legislative and policy frameworks and guidance for Boards of Governors already enables and encourages schools to make their premises available for community use outside of normal school hours. In seeking to maximise use of the schools estate, a joint ELB/CCMS working group was established to produce practical guidance aimed at encouraging and assisting schools to open their doors to the wider community. The guidance document entitled Community Use of School Premises: A Guidance Toolkit for Schools was launched in January 2014 alongside further guidance developed by Sport NI which highlights the benefits of the community use of school sports facilities.
NI Environment Agency (NIEA)	<ul style="list-style-type: none"> NIEA continues to provide public access to the countryside for outdoor physical recreation at its seven country parks, to fund the management of Colin Glen Forest Park and to facilitate walking at many of its nature reserves and some historic monuments in State Care. Country Park facilities include mown grass areas for informal games, extensive path networks, trim trails, cycle paths, bridle paths and bathing beaches. It organises events at its properties, including walks on National Trails Day, and facilitates others organising sponsored walks at its properties. NIEA commitment to providing public access to suitable sites is set out in its Policy Position Statements. NIEA worked with Sport NI and other partners to develop Our Great Outdoors - the Outdoor Recreation Action Plan for Northern Ireland which was published in March 2014. NIEA also worked with Sport NI and NITB to publish a study 'Assessing the Economic Impact of Outdoor Recreation in Northern Ireland in March 2014'.
Ulster Gaelic Athletic Association (GAA)	<ul style="list-style-type: none"> UCGAA continues to work with local authorities and lobby for better facilities or an increase in available facilities. Projects have been ongoing to develop more spaces for Gaelic Games to cope with the growth in demand from ladies football. UCGAA has also worked with local authorities to utilise their indoor facilities for wheelchair hurling activity. Without their support the programme would struggle.
Northern Ireland Sports Forum (NISF)	<ul style="list-style-type: none"> NI Sports Forum provides facility on website and social media for members to respond to appropriate consultations.
Target Number:	PL25
Target Details:	By 2019 to ensure that 90% of the population have quality accredited, multi sports facilities that have the capacity to meet demand, within 20 minutes travel time.

Target Deadline:	2019 (Long Term)
Status:	ON TRACK FOR ACHIEVEMENT
Contributing Member	Progress
Sport Northern Ireland (SNI)	<ul style="list-style-type: none"> • SNI's forthcoming capital investment opportunity aims to invest £17.5m of Lottery funding over a five year period. The investment opportunity will integrate the facility needs of community participants and performance athletes (where practicable) within a small number of large scale multi-sport facilities. This investment opportunity will take a strategic approach to identifying key sports and partners that have the potential to realise community benefits, produce high performance results and own/operate large scale sustainable facilities. • Facilities Strategy: The Sports Facilities Strategy project is being funded 50% by District Councils in this current financial year (2014-15) and 50% by Sport NI in the next (2015-16). The procurement process for the Strategy project has now concluded. With support from the Central Procurement Directorate (CPD), Sport NI has awarded the tender opportunity to a consortium led by Strategic Leisure Ltd and including V4 Services Ltd and 4 Global. Sport NI has now entered into a legally binding contract with the consortium and will seek to hold a project initiation meeting within the coming days. It is anticipated that the project will be delivered by mid-year 2015.
Chief Leisure Officers Association (CLOA)	<p>Antrim Borough Council Places</p> <ul style="list-style-type: none"> • Capital development of facilities at Crumlin Community Centre and Allen Park Golf Centre <p>Armagh City and District Council</p> <ul style="list-style-type: none"> • ACDC will be considering their approach to accreditation based on RPA discussions • New 4G Astroturf Pitch installed at Tandragee Recreation Centre <p>Moyle District Council</p> <ul style="list-style-type: none"> • Causeway Coast and Glens District Council are carrying out a review to identify opportunities within Leisure, Well Being and Outdoor Recreation services in order to make best use of current provision, matches market demand and creates sustainable services fit for the future.
NI Environment Agency (NIEA)	<ul style="list-style-type: none"> • The NIEA continues to provide public access to the countryside for outdoor physical recreation at its seven country parks, to fund the management of Colin Glen Forest Park and to facilitate walking at many of its nature reserves and some historic monuments in State Care. Country Park facilities include mown grass areas for informal games, extensive path networks, trim trails, cycle paths, bridle paths and bathing beaches. It organises events at its properties, including walks on National Trails Day, and facilitates others organising sponsored walks at its properties. • NIEA contributed funding towards path creation and maintenance including within the Sperrins, Ring of Gullion, Mound of Down, the Belfast Hills, Lough Bradan, Burntollet, the Mourne and a number of projects along the Causeway Coast Way. • NIEA coordinated district councils to provide a digitally accessible map of public rights of way in Northern Ireland which is available on Spatial NI. • NIEA provides strategic funding for Outdoor Recreation NI (formerly CAAN) and contributes information on NIEA properties to the Walk NI website. NIEA provided funding towards National Trails Day.
Outdoor Recreation NI (ORNI)	<ul style="list-style-type: none"> • Published the new Mountain Bike Strategy for Northern Ireland (2014 – 2024). • Launched 6km of walking and cycling trail on Divis Mountain (the Ridge Trail) in partnership with the National Trust <ul style="list-style-type: none"> ▪ User numbers approx. 4,500 per month. • Launched 3km multi use trail network (walking and family cycling) at Tobar Mhuire, Crossgar.

	<ul style="list-style-type: none"> ▪ User numbers approx. 2,250 per month. • Completed 2km multi use trail network (walking and family cycling) at Bunker's Hill, Castlewellan. • Completed an outdoor play trail at Bunker's Hill, Castlewellan. • Completed 12 kms of walking trails in Castlewellan Forest Park. • Design completed for: <ul style="list-style-type: none"> ○ Castlewellan phase 2 mountain bike trails (national trail centre). ○ Garvagh mountain bike trails (regional trail centre). ○ Tipperary Wood jump park (local facility). • Undertaken the following studies all of which include recommendations for future development of outdoor recreation: <ul style="list-style-type: none"> ○ Scoping study of Donard Forest - complete (for Down District Council). ○ Scoping study of Clogher Valley Forests – complete (for Dungannon and South Tyrone Council). ○ Scoping Study of Gortin Forest – complete (for Omagh District Council). ○ Scoping Study of Darkley Forest – on-going (for Armagh City Council). ○ Mourne Outdoor Recreation Action Plan - complete (on behalf of SNI and Mourne Outdoor Recreation Forum). ○ Causeway Coast Outdoor Recreation Action Plan - on-going (on behalf of SNI and Causeway Coast Outdoor Recreation Forum). ○ Recreational Audit of Lough Neagh – complete (on behalf of DCAL Inland Waterways).
Ulster Gaelic Athletic Association (GAA)	<ul style="list-style-type: none"> • Established centres of excellence now in Tyrone (Garvaghy), Derry (Owenbeg), Antrim (Dunsilly), Monaghan (Cloughan), Cavan (Breffini), Fermanagh (Lissan), Down (Downpatrick and Newry), Donegal (Ballybofey) with good to very good facilities. Some have completed their facility (Tyrone and Derry) and have established both outdoor floodlit facilities and indoor conditioning and weight training facilities. Others (Down) are in partnerships with local colleges using against state of the art facilities. Other counties are still in a process of developing the full range of facilities.
Irish Rugby Football Union (Ulster Branch)	<ul style="list-style-type: none"> • Through the DCAL Programme, the Fitness Stream within IRFU (Ulster Branch) has established 15+ province wide Community Gyms. These facilities offer people of all abilities the option to access quality fitness facilities within their area. Ulster Rugby is in the process of Developing 10+ Mobile fitness packs to compliment the Community Gym Initiative that can be utilised on a rotational basis.
Disability Sports NI	<ul style="list-style-type: none"> • 19 sports facilities working towards the 'Inclusive Sports Facility' (ISF) Accreditation scheme. The scheme is designed to ensure that sports facilities meet optimum levels of good practice in terms of inclusive use by people with disabilities.
Northern Ireland Sports Forum (NISF)	<ul style="list-style-type: none"> • Capital Funding programmes highlighted via SportsWatch for our members to be aware of.
Department for Social Development (DSD)	<ul style="list-style-type: none"> • Under the Neighbourhood Renewal Programme DSD previously awarded capital funds to develop/improve community recreation and leisure facilities (e.g. MUGAs, football pitches, indoor facilities and equipment.) DSD also provided revenue funding for the running costs associated with sporting activities. • Under NR DSD provided Derry City Council with funding of £186,808.94 towards the Fountain MUGA in 2011/12. • Public realm scheme, the project at Cliftonville Community Centre provided an artificial playing surface for sports such as football etc. • DSD inherited a sports complex when trying to facilitate the assembly of lands for the University of Ulster at the Springfield Road, Belfast. The complex is used by 3 sports groups and DSD is in the process of transferring the land by way of a long-term lease under a Development Trust

	<p>model. Under the terms of the transfer, the Trust will have to demonstrate that they can develop a programme of community engagement to encourage members of the local community to participate in sport.</p> <ul style="list-style-type: none"> • Between 2009 and 2012, DSD has provided £2,532,898 to projects to develop sports facilities in disadvantaged communities in regional towns <ol style="list-style-type: none"> 1. Lurgan Clan na Gael- MUGA & pitch refurbishment 2. Craigavon Multi-Sports Games Areas across Craigavon NRAs 3. Newry Thomas Davis GFC Community Sports Facility 4. Newry Carnagat Kickabout & Recreational Project 5. Newry St Joseph's Boys High School- Refurbishment of Community Pitch 6. Newry Violet Hill Community Sport Project 7. Newry St John Bosco GAC- Club Enhancement Project 8. Lurgan Taghnevan Sports Limited 9. Newry Three Ways Synthetic Pitch Development • In the period 2011-2014 RDO Northern has provided approximately £115,000 to projects to develop sports facilities in disadvantaged communities in the North. <ol style="list-style-type: none"> 1. Coleraine – Millburn MUGA • In the period 2011-2015 ROO West has provided approximately £1,301,116 to projects to develop sports facilities in disadvantaged communities in the West. <ol style="list-style-type: none"> 1. Omagh O'Kane Park- Upgrade to Multi-Sports 2. Omagh Community Development for Gallows Hill 3. Omagh Riverside Walk and Cycle Path 4. Omagh O'Kane Park Sports Improvement Project 5. Omagh Strathroy Sports Improvement Project 6. Enniskillen NRA Playparks 7. Enniskillen Donnelly's Field
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Target Number:	PL26
Target Details:	By 2019 to ensure that all planning decisions follow Planning Policy Statement 8: Open Space, Sport and Outdoor Recreation in relation to the provision of spaces for sport and physical recreation.
Target Deadline:	2019 (Long Term)
Status:	ON TRACK FOR ACHIEVEMENT
Contributing Member	Progress
Sport Northern Ireland (SNI)	<ul style="list-style-type: none"> • SNI is a statutory consultee of the Planning Service. Planning Service request Sport NI to comment on the suitability of related planning applications. SNI has had ongoing correspondence with the Planning Policy Division regarding the preparation of guidance and best practice for sport and play facilities. It was proposed that the best approach would be to develop non statutory guidance/best practice to be used by planners and developers alike to inform their work. SNI will continue to engage with the Planning Policy Division to encourage progress towards this target.

Playboard	<ul style="list-style-type: none">• No further work has been undertaken; however given the changes that will take place a result of RPA [i.e. transfer of powers – wellbeing and community planning] it is anticipated that future work is required in relation to the promoting the application of PPS8 [i.e. supplementary guidance].
Ulster Gaelic Athletic Association (GAA)	<ul style="list-style-type: none">• UCGAA and County Boards continue to lobby and engage with local authorities and vice versa in the planning and development of new 4G pitches to ensure that they meet the minimum requirements for Gaelic Games.