sport matters

6th PROGRESS REPORT 01 Oct 2014 to 30 Sept 2015

> APPROVED BY THE SPORT MATTERS MONITORING GROUP 2 DECEMBER 2015

Executive Summary

1. Introduction

- 1.1 "Sport Matters: The Strategy for Sport and Physical Recreation 2009-2019" proposes a strategy for the development of sport and physical recreation in Northern Ireland up to 2019 – a strategy which will provide a lasting and sustainable legacy for future generations. In so doing, the document identifies 26 high level targets (and related key steps) and sets the key strategic priorities for sport and physical recreation over the next ten years and will inform future investment by all stakeholders across the public, private and community/ voluntary sectors.
- **1.2** The high level targets are structured to reflect the current and anticipated needs of sport and physical recreation as expressed through consultation.
- 1.3 This is the fifth progress report and highlights the progress made by members of the Sport Matters Implementation Groups (SMIGs) against the 26 high-level targets identified in the Strategy, covering the period 01 October 2013 until 30 September 2014.

2. Review Process

- 2.1 The report presents a summarised overview of members' progress to date against the high level targets (summarised by the three themes of Participation, Performance and Places), using the following framework:
 - Target Reference and Details;
 - Timeframe;
 - Status;
 - Baseline information and current position (where appropriate and available); and
 - Progress to date and contributing organisation.
- 2.2 The summary report has been collated by Sport Northern Ireland on the basis of information that was submitted by each member organisation represented on the SMIGs.
- 2.3 The status of progress against each target has been rated using an extended Traffic Light system. The ratings are defined as follows:
 - **BLUE** Target achieved;
 - **GREEN** On track for achievement;
 - AMBER On track for achievement but with some delay or uncertainty; and
 - **RED** At risk for achievement.

Figure 1 below, depicts the timeline of Sport Matters (2009-2019) and when each high level target should be achieved. Table 1 below, details the current rating of each target categorised by theme and time-frame.

Figure 1



Table 1

	PARTICIPATION			PERFORMANCE			PLACES			TOTAL
	Short	Medium	Long	Short	Medium	Long	Short	Medium	Long	
BLUE	2	1		2	1		1	1	1	9
GREEN		1	4			5		1	1	12
AMBER	1	1	1	1				1		5
RED										0

Target Number:	PA1			
Target Details:	By 2009, to have agreed and commenced implementation of a revised research framework for participation rates that is cognisant of the recommendations of the Chief Medical Officers in the UK.			
Target Deadline:	2009 (Short Term)			
Status:	ACHIEVED			
Contributing Member	Progress			
Sport Northern Ireland (SNI)	• SNI published Northern Ireland's Sport and Physical Activity Survey 2010 – the large-scale adult participation survey which will provide baseline data for many of the targets identified within Sport Matters. The report is available online at www.sportni.net .			
Student Sport Ireland (SSI)	• Member institutions completed a voluntary sports audit. Data collected will focus on university demographics, sports staff, facilities, community partnerships and participation campaigns. Collating information to be sent in a report to member institutions and key partners to help encourage sustainable participation. Information sent online to member institutions with the goal of increased awareness of third level sport and accreditation.			
Gaelic Athletic Association (GAA)	 Survey of KS1 Children to examine their continued participation rates in clubs after school. Survey to explore the links between schools and clubs. 			

Target Number:	PA2			
Target Details:	By 2010 to have reviewed the economic impact of sport and physical recreation in Northern Ireland.			
Target Deadline:	2010 (Short Term)			
Status:	ACHIEVED			
Contributing Member	Progress			
Sport Northern Ireland (SNI)	 SNI published the Economic Importance of Sport in Northern Ireland. The report was disseminated to a wide range of stakeholders across NI and is available online at www.sportni.net. During 2013-2014, SNI also published the Economic Impact of Outdoor Recreation report in collaboration with Outdoor Recreation NI (ORNI), NI Environment Agency, Tourism Northern Ireland and DCAL Inland Waterways. 			
Irish Football Association (IFA)	 Evaluation of DSD funded 'Sport in the Community' programme (final year 2014/15 – pending sign off). Evaluation of multi-sport delivery as part of the DCAL funded PETPSE programme – 'A Sporting Chance' (Deloitte, 2014). Multi-Sport Strategic Framework - 'Sport Uniting Communities' (Deloitte, 2015). 			
Gaelic Athletic Association (GAA)	 The training and development of people / both employees and volunteers as social capital is contributing to the economy. The continued recruitment and employment of over 140 people as coaches and administrators and managers is making a significant economic impact. 			

Chief Leisure Officers	Armagh City Banbridge and Craigavon Borough Council
Association	• At a local level, Local Authorities support major sporting events e.g. Giro 2014, International Road Race, T'Gee 100 etc.
(CLOA)	 New financial assistance policy put in place to support and encourage local/regional events.

Target Number:	PA3
Target Details:	By 2011, to have established a baseline for the number of children of compulsory school age participating in a minimum of two hours quality physical education per week.
Target Deadline:	2011 (Short Term)
Status:	ON TRACK FOR ACHIEVEMENT BUT WITH SOME DELAY
Baseline Information:	No baseline information exists.
Contributing Member	Progress
Sport Northern Ireland (SNI)	 SNI continued to support the provision of school sport through the active communities programme. Approx 77% of all participants (106,813) in 2014/15 were children/young people. This provision included after-school sports activities and taster sessions to encourage children to participate in community sport opportunities. SNI continued to maintain the activ8 web-based infrastructure of resources to encourage, enable and support the delivery of cross-curricular learning through sport. this included the activ8 Eatwell resources, activ8 giro big start learning resources and activ8 young leaders. As a result of intervention, 453 schools registered with activ8, with 92 of these within areas of greatest social need (top 25% mdm); 276 participants from 5 schools completed the activ8 Eatwell '60x60' challenge; 17 teachers completed activ8 sports leaders training. Support to Disability Sports Northern Ireland to deliver '5 star challenge' in 20 primary schools and 5 post-primary schools, engaging 3,328 pupils and raising awareness of disability sport. Support to Special Olympics Ireland to deliver programmes engaging children & young people in partnership with 12 schools in 2014/15 increasing to 15 schools during 2015/16.
Department of Education (DE)	 Legislation prevents DE from prescribing the amount of time that should be allocated to a subject within the curriculum. However, DE guidance recommends schools should provide pupils with a minimum of 2 hours per week. DE continues to contribute towards participation on PE through its funding of the Curriculum Sports Programme. The programme aims to improve both the physical literacy skills of our youngest pupils (Foundation & Key Stage 1) and the skills and confidence of teachers in delivering PE. During the 2014/15 school year, 61 coaches delivered the Programme in 532 schools, reaching over 43,000 pupils. In October 2014 ETI carried out a scoping exercise on Physical exercise involving 6 primary schools (controlled, maintained & integrated) [stage2 of planned work]. They noted a clear commitment from senior leaders and governors to provide regular quality PE for all pupils. The agreed quality indicators show high expectations for the pupils and are age and stage appropriate: teachers are clear on the milestones the children should be reaching in each of the activity areas as they progress through the key stages. An evaluation of the quality of the work of adults other than teachers, i.e. coaches, is a key area for development in primary schools. The visits to post primary schools [stage 3] were not able to be carried out in the 2014/15 school year.
Irish Rugby Football Union	• The IRFU (Ulster Branch) have a Community Rugby Programme which is managed by our Participation Manager (position funded by Sport NI

Ulster Branch (IRFU – UB)	 Investment in Performance Sport programme). The Community Rugby Programme has placed 16 part time development officers in Northern Ireland. These community coaches work to deliver introductory rugby programmes to local schools and community groups and provide a means for participation from non-traditional rugby playing areas within Northern Ireland. Through our community rugby programme we can account for over 5000 unique participants per annum. In addition, we have sourced funding to deploy 6 additional Community Rugby Coaches across Northern Ireland. These coaches are working to increase the access to rugby opportunities in communities shown to be most deprived across the province. As part of their work programme we expect that this will increase the number of children involved in rugby related activity within curriculum time and to develop extracurricular clubs. Programme funding ended 31st March 2015. As part of this programme we employ a 3 full-time Female Rugby Officers whose function is to support the development of female youth rugby
	by providing rugby coaching to females within primary and secondary schools and to offer them suitable competition and an opportunity to progress at local Clubs. As a result of Programme funding ending 31st March 2015 the number of full time Female Rugby Officers was reduced from 3 to 1.
	 As a result of our development work in schools we have seen an increase in the number of non-traditional rugby schools participating in various school based competitions, as a result of the increase in rugby delivery within maintained, integrated and Voluntary Grammar sectors. In season 2010/11, 27 schools participated in the Girls Schools Cup. 2014/15 saw 62 schools participate in the same competition. Over the last 2 years this growth has also been evidenced by the growth in Primary and secondary schools who have taken part in delivery of rugby in the school setting. In March 2011, 53 Secondary Schools and 87 Primary Schools had taken part in the Community Rugby Programme. By the end of the 2014/15 School term, 152 primary schools and 126 secondary schools had received rugby delivery as a result of IRFU Ulster Branch Investment.
Irish Football Association (IFA)	 Delivery of Curriculum Sports Programme at Foundation and Key Stage 1 through DENI funding (21,500 children across 218 Primary Schools on a weekly basis). 32 Special Schools receiving 6 x 1 hour curriculum coaching sessions delivered by Irish FA staff.
Playboard	 PlayBoard's Positive PlayGrounds programme, which supports the development of an active play ethos and introduces new active play opportunities within Primary Schools and school grounds, was delivered within 21 primary schools, enhancing pupil opportunities to engage in active play at break times and as part of the wider educational curriculum. Delivery of 'CAN Play' playwork training programme to 14 volunteers within legacy Carrickfergus, Antrim and Newtownabbey council areas enhancing their ability to plan and deliver active play sessions within child and youth settings. As part of the project 7 active play sessions were delivered enabling 140 children of compulsory school age to engage in active play sessions within their own community; Through the primary schools based 'Spaces to Be' project, PlayBoard delivered play sessions within 4 primary schools, enabling 380 pupils from the P5, P6 and P7 year groups to take part in a range of active, cross-community play activities within the school grounds over a period of months from October 2014 to March 2015. 342 children of compulsory school age participated in outdoor, active play at PlayBoard's main Playday 2015 event in Alexandra Park, Belfast.
Gaelic Athletic Association (GAA)	 Implementation of primary schools coaching fundamentals and GAA Coaching programme at KS1 and KS2. Implementation of KS3 coaching programme in second level schools. Delivery of taster sessions through the Active Club Programme to engage new people and link them to clubs. Implementation of one wall handball events in second level schools to encourage young people to join clubs. Implementation of wheel chair hurling in the schools to engage able bodied with disabled pupils in their class.

	 Implementation of integrated schools GAA programme at 12, 14 and 16 through a blitz programme. Implementation of a new joint bidy between vocational schools and Ulster Colleges to allow a more joined up approach between the bodies Implementation of the GO Games programme within the primary schools through Cummann na mBunscol. Implementation of half-time games events at championship linking with schools and using the young pupils to play games at the championship
Public Health Agency	 PHA, in partnership with local obesity prevention/physical activity interagency forums and local health and social care trusts (HSCTs), continue to invest in a range of 'training for trainers' courses and projects to encourage children to participate in physical activity during and after school hours. Early Movers training (a British Health Foundation National Centre training programme) was commissioned by PHA from the five HSCTs. This training which targets healthcare professionals, childcare workers and those working in Early Years settings provides information and training on physical activity and the CMO guidelines for physical activity. As a follow on for those who have attended Early Movers, 'Start to Play' training which is based on training and resources developed by Youth Sport Trust is also commissioned by PHA and offered by the five health and social care trusts. The training recaps on the key messages from Early Movers and focuses on practical activities to promote physically active play. Physical activity training focusing on the Chief Medical Officer's early year's guidelines has been provided to 50 staff delivering the Star Babies programme in the northern area of the PHA. All these staff received a copy of the BHF 'Life is a Playground' pack outlining ways to get preschool children more physically active. A range of play equipment has been purchased to support with the roll out of the programme. 136 first to parents participating in the Star Babies Programme to encourage them to use local leisure facilities and introduce their babies to water activity. Fermanagh District Council has delivered a Physical Activity Nursery Programme (under 5s), the programme promoted fundamental skills to improve levels of physical activity. 10x12 week programmes were delivered in nurseries across Fermanagh which focused on the delivery of hockey, rugby and foctball. Links have been developed in the PHA northern area with Active Communiti
Chief Leisure Officers Association	 Armagh City Banbridge and Craigavon Borough Council Local authorities are engaged in curricular based activities and after school programmes through Active Communities. These complement the

(CLOA)	delivery of the PE curriculum and offer valued opportunities to put the learning acquired into place through the organisation of appropriate
	competitive opportunities.
	• The development of dual use facilities continues to enhance the quality and availability of activity/programmes in school settings.

Target Number:	PA4				
Target Details:	By 2013, to have stopped the decline in adult participation in sport and physical recreation.				
Target Deadline:	2013 (Medium Term)				
Status:	ACHIEVED				
Baseline Information:	45% of the Northern Ireland adult population participated in sports and physical recreation once in the last 12 months (2008-09 CHS)				
Current Position:	54% of the Northern Ireland adult population participated in sports and physical recreation once in the last 12 months (2013-14 CHS)				
Contributing Member	Progress				
Sport Northern Ireland (SNI)	 Key SNI interventions in this regard included Active Communities (approx. 107,000 unique participants during 2014/15 and >1 million participation opportunities realised. SNI developed and consulted on a new participation policy – Every Body Active 2020. Policy approved April 2015 with accompanying business case (£6.2m grant aid from national lottery funding 2016-20). Policy aim is to target interventions at key life course stages for women/girls aged 14-25, people with a disability & people living in areas of greatest social need (top 25% mdm). EBA2020 will align with and support district council community planning objectives. SNI expects to be confirmed as a statutory consultee in relation to community planning when final legislation is published in 2015; in anticipation of this, SNI has engaged with each of the 11 district councils to support the development of their community plans and 'champion' the benefits of sport & active recreation. SNI continues to support the active clubs participation intervention to encourage increased and more equitable sports club membership. Sni working with 11 governing bodies of sport (GAA, hockey, orienteering, sailing, dodgeball, gymnastics, boxing, table tennis, angling, cricket & netball) and two NI 'umbrella' organisations (DSNI & ORNI). Active clubs seeks to increase the number of people in membership of at least one sports clubs – as a proxy for lifelong involvement in sport & physical activity. During 2014/15, SNI delivered two investment rounds of small grants – active awards for sport – this included a ringfenced investment in round 3 to help secure a cycling participation legacy arising from the giro d'italia 2014. This investment was timed to coincide with the Gran Fondo event in June 2015. Through round 3 aa4s, SNI supported 89 projects. These projects are expected to continue delivery through to June 2016. It is anticipated that project beneficiaries will exceed 90,000 with approx 38,000 expected th				

	 and further consultation in January 2016. SNI continues to support the implementation of the NI outdoor recreation action plan; working with other partners to identify a chairperson for statutory partners strategic group. In sept 2015, SNI in collaboration with Newry, Mourne and down district council hosted a very successful European outdoor conference – Euromeet 2015 – in Newcastle. Approx 150 delegates from 13 EU states attended. Delegate feedback gave the event an overall satisfaction rating of 94% with 88% noting that there had been good/excellent learning opportunities. In furtherance of the ORAP, SNI (& ORNI) has worked to support the development of five 'large area plans' in Sperrins, the Mournes, Lough Neagh, Strangford & Lecale and causeway coast; a further five local masterplans are underway in Castlearchdale (Fermanagh), Redburn country park, Tollymore & Castlewellan forests (down), Gortin Glen (Tyrone) and Darkley Forest (Armagh). In respect of specific deliverables for each of the programmes listed above, the following figures are noted: Women & girls – 41,060 People with a disability – 15,320 Older people – 10,298
Chief Leisure Officers Association (CLOA)	 Armagh City Banbridge and Craigavon Borough Council Council offers countless structured and informal participation opportunities within indoor and outdoor leisure for all in the community to participate in a diverse range of sport and physical recreation activities. The Physical Activity Referral Scheme in partnership with the PHA continues to be a successful engagement tool. From Oct – Sept 2015 through the delivery of Active Communities 1487 people aged over 50 have been given the opportunity to participate in sport and physical recreation. New clubs have been established in table tennis and ladies football through AC. Across the Council region Over 50's clubs are established and thriving within leisure facilities Considerable success experienced through the DSNI funded Craigavon Inclusive Leisure project both with creating and sustaining opportunities for adults with a disability to play sport in this review period over 1745 people took part and over 4,855 participant opportunities created. Comprehensive Walking Programme which includes led walks, Volunteer Walk Leader Training and Walking Festival events. Council has concession pricing in place to cater for those in greatest need.
Irish Rugby Football Union Ulster Branch (IRFU – UB)	 IRFU (Ulster Branch) continues to promote adult tag rugby as a version of the game that is played in the summer months. This non-contact version of the game has proved very popular bringing both new and previous participants back into the sport. There has been a particular increase in the number of mixed teams (ie both male and female) now playing over the last number of years. Adult Women's Rugby has continued to increase across the Province with the number of teams increasing from 13 in season 2011/12 to 15 Clubs in season 2012/13. This has increased to 16 teams in the 2014/15 season with 2 more Clubs in development and Queens having established a 2nd team. IRFU (Ulster Branch) have developed programmes such as Return to Rugby, Festive fixtures and promoted mid-week rugby as direct action to address this decline. By the end of the 14/15 season we have more than 6 additional adult games taking place per week than the recorded figure in 2011/12.
Northern Ireland Environment Agency (NIEA)	 NIEA continued to provide public access to the countryside for outdoor physical recreation at its seven country parks, to fund the management of Colin Glen Forest Park and to facilitate walking at many of its nature reserves and some historic monuments in State Care. Country Park facilities include mown grass areas for informal games, extensive path networks, trim trails, cycle paths, bridle paths and bathing beaches. Capacity to organise events at NIEAs properties was very limited but NIEA continued to facilitate others organising sponsored walks at its properties.

	 NIEA contributed funding towards path creation and maintenance including within the Sperrins, Ring of Gullion, Mound of Down, the Belfast Hills, the Mournes and the Causeway Coast Way. NIEA continues to work with Sport NI and other partners to deliver the targets of the Outdoor Recreation Action Plan for Northern Ireland which was published in March 2014. Delivery of the targets is embedded in the criteria of Natural Environment Fund and will be embedded in any new grant programme that is developed. NIEA provides strategic funding for Outdoor Recreation NI and contributes information on NIEA properties to the Walk NI website.
Outdoor Recreation Northern Ireland (ORNI)	 Sth Adventureland Weekend held. Adventureland encourages local people to try new outdoor activities in their local area. 25 private Activity Providers recruited offering over 52 outdoor activity events throughout NI for £10pp or 50% off the normal retail price. 1149 people took part in outdoor recreation activities during the weekend. Sth Giant's Causeway Sportive took place on 12th September 2015. 1179 cyclists registered to take part. Working with the outdoor activity industry sold £41,495 of activity experience vouchers to the public. Active marketing and promotion of over 35 outdoor recreation sports to the population through a wide range of media including: Websites: Main consumer websites (OutdoorNI.com, WalkNI.com, CycleNI.com, CanoeNI.com and MountainbikeNI.com) received 750,000 absolute unique visitors. Social media: 100,000 people viewed ORNI's online videos via Facebook, YouTube and specialist channels. In total 3.2 million people reached via social media channels PR: PR equivalent generated for the outdoor sports for the period was approx. £2.75 million (£2.43 million direct and £0.32 million indirect)
Student Sport Ireland (SSI)	 Established a Committee to oversee the development of the strategic theme of health well-being and physical activity in students. Coordinated two national initiatives by year 2 (2014). Established links to other external websites e.g. Irish Heart Foundation, Slí na Sláinte etc to engage and promote physical activity.
Disability Sports Northern Ireland (DSNI)	 DSNI contributed to the target by organising the following range of participation programmes and initiatives in partnership with District Councils, Governing Bodies of Sport, Sports Clubs and Disability Sports groups and organisations: Active Communities Belfast: Participation project in partnership with Belfast City Council involving over 3,000 participants. Active Clubs Programme focusing on the inclusion of blind/partially sighted and people with physical disabilities in new and existing disability and mainstream sports clubs. 400 participants during the period. Craigavon Inclusive Leisure Project benefitting over 1,000 participants. Fermanagh Inclusive Leisure project benefitting over 2,000 participants (Ended March 2015). YST Inclusive Futures: Lead your Generation Project involving over 100 volunteers. Supported eight mainstream Governing Bodies of Sport with the delivery of a range of participation initiatives in the sports of Athletics, Badminton, Football, Table Tennis, Sailing, swimming, Wheelchair Rugby and Wheelchair Hurling. Northern Ireland Boccia programme involving seven clubs and participation based league. Northern Ireland Disability Sport Events programme involving 8 participation based events in the sports of Boccia, Sports Hall Athletics, New Age Kurling and Swimming. Walking Events for people with disabilities organised in Belfast, Castlereagh/Lisburn, Craigavon and Fermanagh.
Northern Ireland Sports	Continue to have 4 Board members represented on Sport Matters Groups.

Forum (NISF)	 Improved membership database to better communicate and engage with members. NISF now have an active and engaged membership Met 10 of 11 new Councils to increase collaboration for the development of the sector in August/September 2015
Gaelic Athletic Association (GAA)	 Support the development of 2nd and 3rd teams within clubs. Support the development of 2nd and 3rd teams in Higher Education. Support the development of international teams in Higher Education. Developed the Gaelic 4 Mums programme in additional clubs. Continue to deliver the Masters Programme in handball for over 35s. Development of Coach Education Workshop opportunities to up-skill and develop competencies and knowledge base. Development of High Performance Workshop opportunities for adult support teams. Embed Accredited Coaching and Management qualifications on Qualifications Credits Framework (QCF). Active clubs leagues in all counties for adults in hurling, football and ladies football. Active hurling competitions in Ulster.
Public Health Agency	 PHA has continued to support increased participation in physical activity through a range of investments in obesity prevention/physical activity interagency forums and other programmes. Examples include: physical activity co-ordinator posts in local HSCTs; provision of a range of training for trainers courses; allotment and community garden projects; physical activity referral schemes by GPs and other health professionals to local leisure facilities and healthy living centres; active travel projects; development of outdoor gyms; healthy towns initiatives in a number of council areas which bring together a range of programme areas at local level; work place health initiatives; and through joint working with local government e.g. Active BeHast and healthy towns. In January 2013 the PHA launched the 'Choose to Live Better' public information campaign on the prevention of obesity which promotes the importance of physical activity and healthier eating for adults. The campaign was re-run from Dec 14 – March 15. The campaign is supported by a website with links to related activities and organisations. In April 2015 the PHA insured 1620 Walk Leaders who are leading walking for health initiatives throughout Northern Ireland. A review of the Walking for Health programme is still under consideration. The development of a standardised programme for physical activity referral is being advanced and a further workshop to help shape the final specification is scheduled for 30 November 2015. The PHA continues to supports Physical Activity Referral Schemes in almost all district council areas. PHA continues to participate in the PARC study, the research element of which will look at the effects of the built environment on the physical activity levels of people in east Belfast. PHA in the south eastern area has also been involved in the QUB Walk with me study and the development of PAL (Physical Activity Lovality) scheme. The Belfast Health Development

	 emotional and social wellbeing through direct involvement in local practical conservation projects. In 2014/15 the Western Green Gym provided 240 sessions with 84% of participants increasing their physical activity levels. In the southern locality the Conservation Volunteers (TCV) was awarded funding to deliver a sustainable communities programme. In addition to the support and training provided through the programme to local residents, they also gain from participation in regular physical activity and receive information on other lifestyle issues. An external evaluation of the Green Gym programme delivered in NI was carried out by Dr Katrina Collins. Report available. During 2014/15 the PHA supported the development of a further 10 outdoor gyms as follows: northern area (7); southern area (2); and western area (1) in order to provide increased access to and uptake of physical activity opportunities for people in their own locality. Local councils in the western area are rolling out structured physical activity programmes in the outdoor gyms. In the western area PHA worked with 5 local Councils to roll out the 'Couch 2 5K' Initiative. Approximately 360 participants joined a 10 week physical activity programme and completed 5k or 10k walk/jog/runs at the end of the programme across the 10 councils in the locality. In the southern area PHA funded four local community networks to deliver a small grants programme across the 10 councils in the locality. In the southern area, PHA funded a series of obesity prevention initiatives through the Choose to Live Better campaigns which had a strong focus on enhancing physical activity. A total of 220 people participated in "Couch to 5K" and 15 taxi drivers completed a "Drive for Health" programme in Craigavon Council areas. 73 participants completed a 8 week physical activity programme in the Armagh council area and in Kilkeel over 60 people participated in a 6 week physical activity and nutrition programme called "Let's
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Target Number:	PA5
Target Details:	By 2014 to have increased the number of people in Northern Ireland in membership of at least one sports club
Target Deadline:	2014 (Medium Term)
Status:	ON TRACK FOR ACHIEVEMENT
Baseline Information:	23% of the adult population are members of a club in which they can participate in sport or physical activities (2010 SAPAS) 19% of the adult population stated they were a member of at least one sports club (2008-09 CHS)
Current Position:	24% of the adult population stated they were a member of at least one sports club (2013-14 CHS)
Contributing Member	Progress
Sport Northern Ireland (SNI)	 See PA4 SNI has continued to deliver Clubmark NI, Northern Ireland's junior club accreditation and development programme. The programme aims to develop junior clubs across Northern Ireland in the areas of management, safety, coaching and competition and will accredit those who reach defined quality standards. There are currently 45 Clubmark NI endorsed club development and accreditation schemes established with governing bodies and regional consortia. A total of 149 clubs are currently Clubmark NI accredited with over 290 clubs working towards accreditation. Clubmark NI scheme operators are currently offering significant levels of club development support and guidance to assist clubs to progress towards the point of accreditation. In January 2014 SNI launched the Club Leaders NI programme which focuses on developing better business skills within sports clubs, their staff and volunteers to assist clubs to develop and create sustainable structures. The programme supports clubs through online learning and resources - 170 clubs, and 278 individuals have engaged with this element; workshops - 99 clubs and 214 individuals; and mentoring opportunities - 6 individual relationships. SNI invests in 22 Officers with at least a 50% remit for Club Development, to lead the development of the club infrastructure within governing bodies of sports.
Chief Leisure Officers Association (CLOA)	 Armagh City Banbridge and Craigavon Borough Council Working with all the relevant agencies (SSP SAC's SNI NGBs) to assist in the development and sustainability of local clubs through grant aid, club development courses, advice and support with infrastructure, good governance and /or facilities. Sports Clubs are eligible to apply to Council through the Financial Assistance Policy and will get funding to support their work if they meet the criteria and can demonstrate the impact they have on the corporate goals. Recognition and celebration of the positive effect that good clubs have on our community through various sports awards and Mayoral recognition/PR Council has produced a Sports Development Action Plan for the development of sport and physical activity in the Borough for 2015 – 2017 which is embedded within the Corporate Plan. Council, through the Southern Sports Partnership is overseeing the implementation of Sport Northern Ireland's Clubmark programme which aims to create a network of quality sports clubs across the area. Club participation opportunities in the sports of swimming / gymnastics and soccer are reliant on subsidised facility provision by Council.
Irish Rugby Football Union	• Through the IRFU 'Play Rugby Initiative' we aim to provide young people with the opportunity to have access to rugby union. The concept has 2

Ulster Branch (IRFU – UB)	 streams:- Schools session at a local club. In areas where development officers are working, we link schools activity up to additional sessions at the local club. Local schools are invited to an 'open day' type training session which is hosted by the officers in partnership with the local club coaches, with the intention of filtering players from schools into the club environment. In areas where development officers are not working, resource packs are made available to teachers with equipment and 'play rugby' coaching guidelines. IRFU (Ulster Branch) continue to run our summer camp programme which caters for more children aged between 6 & 13 years of age during the months of July and August. These camps are for males and females regardless of rugby experience and act as a taster to the game. The programme is delivered in partnership with local clubs, designed to allow each of the children the opportunity to continue playing the game beyond the camp through their local rugby club. 2015 Summer Camps were attended by over 1800 children province-wide. In addition our Participation Rugby Manager is responsible for overseeing our involvement with the Sport NI Active Communities programme. Currently there are 7 consortia who employ a rugby specific coach, 2 of which are employed directly by IRFU Ulster Branch . This scheme is driven towards increasing participation specifically with women, older people and participants with a disability. Through these posts we deliver to 5,000+ participants per year to facilitate growth in long term participation. These structures have supported the development of 3 special needs clubs province-wide and 5 additional girls youth sections.
Irish Football Association (IFA)	 10% increase in the number of girls' and women's football teams. 44 IFA Disability Football Clubs & Special Olympic Clubs. 39 Clubs have completed the McDonald's foundation club Mark.
Northern Ireland Sports Forum (NISF)	 NISF has redeveloped our website to greater promote the work of our members and opportunities to join sports clubs Developed SportsWatch to provide up to date information on developments within the sport and recreation sector. SportsWatch now is issued on a weekly basis Developed a Facebook page to promote NISF and members activities. Increased following on our Twitter page with regular member updates.
Gaelic Athletic Association (GAA)	 Active Clubs Programme we have engaged people in schools and higher education to increase interest and awareness and promote club membership. Superteams centres – established to engage non club members and make the link to a GAA Club International student engagement – in higher education provide an opportunity to try Gaelic Sports. Cross Community sports engagement – through this programme give people an opportunity to play Gaelic Games with a view to becoming a club member.
Sports Coach UK	 Development of a Northern Ireland specific Participation workshop to support National Governing Bodies of Sport and Coach Managers involved in the Active Clubs programme. This will increase the understanding of participation motivations across the coaching workforce in both adult and young people populations. Sports Coach UK contributed by providing technical expertise to NGB staff and Coach Managers involved in the Active Club Programme and through the development of bespoke Participation workshops to meet the meet the needs of coaches working across Northern Ireland Tutor Orientations of identified staff from Sport Northern Ireland and National Governing Bodies of Sport to support the delivery of the 'How to deliver engaging sessions to Adults / Young People' workshops. Sports Coach UK Participation technical lead officer to deliver workshop orientations and ongoing support to identified tutors – planned and to be delivered in Nov 2015.

Target Number:	PA6
Target Details:	By 2014 to provide every child in Northern Ireland over the age of 8 years with the opportunity to participate in at least two hours per week of extra- curricular sport and physical recreation.
Target Deadline:	2014 (Medium Term)
Status:	ON TRACK FOR ACHIEVEMENT BUT WITH SOME UNCERTAINTY
Baseline Information:	No baseline currently exists.
Contributing Member	Progress
Sport Northern Ireland (SNI)	• See PA4
Chief Leisure Officers Association (CLOA)	 Armagh City Banbridge and Craigavon Borough Council Active Communities - 94% of the 6000 total hours delivery (5640 hours) was to 10,673 young participants in a wide range of sports and activities both in an after school and club setting Sport in The Community – 1998 hours delivery to the 3100 project participants in community sport projects such as Midnight Street Soccer, MUGA Sports, DV8 Sports and others, targeting those young people who are living in the most disadvantaged areas as identified by DSD Neighbourhood Renewal. Southern Sports Partnership – 355 young participants take part in a 26 hour programme, including Talent Search Trials and a 12 week elite coaching programme in partnership with the Governing Body. Countless regular opportunities exist for young people to participate in organised formal sessions, like lessons in swimming / gymnastics / tramploning this is above and beyond the informal public usage opportunities that occur in indoor and outdoor leisure in play parks and open spaces which are provided and maintained by the local authority. Council also provides numerous holiday scheme opportunities where physical activity is a central theme.
Irish Rugby Football Union Ulster Branch (IRFU – UB)	 IRFU (Ulster Branch) have a Community Rugby Programme which is managed by our Participation Manager (position funded by Sport NI Investment in Performance Sport programme). The Community Rugby Programme has placed 16 part time development officers in Northern Ireland. These community coaches work to deliver introductory rugby programmes to local schools and community groups and provide a means for participation from non-traditional rugby playing areas within Northern Ireland. Through our community rugby programme we can account for over 5000 unique participants per annum. In addition, we have sourced funding to deploy 6 additional Community Rugby Coaches across Northern Ireland. These coaches are working to increase the access to rugby opportunities in communities shown to be most deprived across the province. As part of their work programme we expect that this will increase the number of children involved in rugby related activity within curriculum time and to develop extracurricular clubs. Programme funding ended 31st March 2015. As part of this programme we employ a 3 full-time Female Rugby Officers whose function is to support the development of female youth rugby by providing rugby coaching to females within primary and secondary schools and to offer them suitable competition and an opportunity to progress at local Clubs. As a result of Programme funding ending 31st March 2015 the number of full time Female Rugby Officers was reduced from 3 to 1. As a result of our development work in schools we have seen an increase in the number of non-traditional rugby schools participating in various

	 school based competitions, as a result of the increase in rugby delivery within maintained, integrated and Voluntary Grammar sectors. In season 2010/11, 27 schools participated in the Girls Schools Cup. 2014/15 saw 62 schools participate in the same competition. Over the last 2 years this growth has also been evidenced by the growth in Primary and secondary schools who have taken part in delivery of rugby in the school setting. In March 2011, 53 Secondary Schools and 87 Primary Schools had taken part in the Community Rugby Programme. By the end of the 2014/15 School term, 152 primary schools and 126 secondary schools had received rugby delivery as a result of IRFU Ulster Branch Investment.
Northern Ireland Environment Agency (NIEA)	 NIEA continued to provide public access to the countryside for outdoor physical recreation at its seven country parks, to fund the management of Colin Glen Forest Park and to facilitate walking at many of its nature reserves and some historic monuments in State Care. Country Park facilities include mown grass areas for informal games, extensive path networks, trim trails, cycle paths, bridle paths and bathing beaches. Creation of a new children's informal play area at Crawfordsburn Country Park was commenced and well progressed. Capacity to organise events at NIEAs properties was very limited but NIEA continued to facilitate others organising sponsored walks at its properties. Many children make use of these assets both as families and in organised groups.
Irish Football Association (IFA)	 9000 children (6-12) played d at 12 McDonald's Small-Side Games Club Development Centres . 6492 children attended the Nutty Krust Football Holiday Camps (Easter/Summer and Halloween).
Northern Ireland Sports Forum (NISF)	 NISF through website/ social media/ SportsWatch promotes opportunities to engage in sport and physical recreation on behalf of member organisations. NISF agreed to work with Sport NI to examine sports and physical recreation activity being undertaken within schools by member organisations.
Gaelic Athletic Association (GAA)	 Active Communities – provide opportunities in the extra - curricular time to play Gaelic games Active Clubs – provide opportunities for a short taster session for non GAA players and then link them to a club for additional activity and games. Hurling Development – provide after schools opportunities for hurling, engaging the local club to come in a co-coach the activity.
Public Health Agency	 Please also reference response in PA3 The physical activity action plan funded by the PHA and delivered by the Southern HSCT includes the delivery of a range of physical activity opportunities for children and young people, including a project targeting inactive LAC young people (Looked After Children) aged 14-17 years. Active Belfast Grant Programme offered 27 grants in 2014/15. The aim of the grant programme is to get more people, more communities, more active, more often to improve health and wellbeing and reduce life inequalities. Active Belfast priority areas for grant funding include active travel both cycling and walking programmes, access to places and building capacity. Projects funded include: Gray's Court Supported Living – Activity Programmes 1 and II. Belfast Boys Model School – Outdoor Playground gym. Hazelwood Integrated College – Hazelwood Community Garden Project. New Lodge/Duncairn Community Health Partnerships – Active ageing project. Springvale Employment and Learning Solutions – Fit @work. Ligoniel Improvement Association – Ligoniel Bike Club. Greater Village Regeneration Trust – Fit4Life Programme and South west Community Cycle. Solas – Co-ordination and balance skills to enhance confidence. Athletics NI – ANI Buggy Club Initiative. Malone Integrated College – Malone College Bike Club.

	11. Markets Development Agency – Markets Get Active Project.
	12. East Belfast Sure Start – Shine project.
	13. East Belfast Community Development Agency – East Belfast Treasure Trails.
	14. Corpus Christi College – Sport in the Community Project.
	15. Cumann Baomh Eoin CLG – They Train We Train Project.
	16. Albert Street Community Centre – No Weighting Project.
	17. West Belfast 50+ Forum/Greater Shankill Citizens Forum – Highway to Health – walking programme
	18. Brain Injury Matters – Movement for all.
	19. WISPA (Women In Sport and Physical Activity) – Chair based yoga.
	20. Autism Initiatives NI – Learn to Cycle.
	21. Tri Cycle – Get Students Cycling.
	22. Lagan valley Orienteers – Walking/ orienteering project.
	23. County Antrim Boxing – Midnight Boxing Sessions.
	24. Action Cancer – Action4Life
	25. The Cedar Foundation – 'On Yer bike' – cycling project.
	26. Groundwork NI – Belfast Mindful Walking Programme.
	27. Sustrans – Translink: Go Active.
	28. The Up4It Programme (also known in the southern area as the Family Health initiative and in the west as SWEET) is a highly enjoyable family-focussed 12 week weight management programme, which is delivered to children aged 8-11years and their parents/siblings.
	The programme is funded by the PHA offices in the south and west and delivered across the SHSCT and the WHSCT areas. The programme provides information and advice on healthier eating along with a range of physical activities aimed at increasing families' participation in activity.
•	As at October 2015, PHA had agreed the funding required to establish Junior Parkrun Moira. This has now been established.
•	Fermanagh District Council delivered a cycling programme for primary 6 children across 10 schools in Fermanagh targeting a total of 100+ young people.

Target Number:	PA7
Target Details:	By 2019 to deliver at least a 3 percentage point increase in adult participation rates in sport and physical recreation (from the 2011 baseline).
Target Deadline:	2019 (Long Term)
Status:	ON TRACK FOR ACHIEVEMENT
Baseline Information:	37% of the adult population participated in sport and physical recreation in the last week (2010 SAPAS) 31% of the adult population stated they normally participate in sport and physical recreation on at least 1 day a week (2008-09 CHS)
Current Position:	48% of the adult population stated they normally participate in sport and physical recreation on at least 1 day a week (2013-14 CHS)

Contributing Member	Progress
Sport Northern Ireland	See PA4
Chief Leisure Officers Association (CLOA)	 Armagh City Banbridge and Craigavon Borough Council Council has engaged with 2,762 adults through the Sport NI Active Communities programme for the reporting period Oct 2014-Sept 2015 Council provides a range of opportunities for adults to participate in sport and physical recreation through Leisure facilities (indoor and outdoor) and through its Community Centre based facilities. Council in partnership with the Public Health Agency, is delivering the Physical Activity Referral Scheme- a project that offers a targeted approach to sedentary people with specific health problems or who are at risk of disease to receive support in becoming more active. Council Investing in Health Officer's oversee a range of Workplace Health Initiatives. Council provides innovative structured programmes for adults to participate and improve their physical fitness and skills, furthermore Council provides a wide range of facilities which accommodate play, recreational and competitive events on an ongoing basis e.g. Mid Ulster Pitch Provision. Considerable success experienced through the DSNI funded Craigavon Inclusive Leisure project both with creating and sustaining opportunities for adults with a disability to play sport in this review period over 1745 people took part and over 4,855 participant opportunities created. Council organises a number of events which promote large scale participation from 10k runs to Couch to 5k. The park run initiatives are proving extremely popular across the region.
Irish Rugby Football Union Ulster Branch (IRFU – UB)	 IRFU (Ulster Branch) continues to promote adult tag rugby as a version of the game that is played in the summer months. This non-contact version of the game has proved very popular bringing both new and previous participants back into the sport. There has been a particular increase in the number of mixed teams (ie both male and female) now playing over the last number of years. Adult Women's Rugby has continued to increase across the Province with the number of teams increasing from 13 in season 2011/12 to 15 Clubs in season 2012/13. This has increased to 16 teams in the 2014/15 season with 2 more Clubs in development and Queens having established a 2nd team. IRFU (Ulster Branch) have developed programmes such as Return to Rugby, Festive fixtures and promoted mid-week rugby as direct action to address this decline. By the end of the 14/15 season we have more than 6 additional adult games taking place per week than the recorded figure in 2011/12.
Northern Ireland Environment Agency (NIEA)	 NIEA continued to provide public access to the countryside for outdoor physical recreation at its seven country parks, to fund the management of Colin Glen Forest Park and to facilitate walking at many of its nature reserves and some historic monuments in State Care. Country Park facilities include mown grass areas for informal games, extensive path networks, trim trails, cycle paths, bridle paths and bathing beaches. Capacity to organise events at NIEAs properties was very limited but NIEA continued to facilitate others organising sponsored walks at its properties. Activities facilitated include: walking, jogging, horse-riding, cycling, swimming, abseiling, canoeing (white water and lake), sea kayaking, angling and orienteering. Other actions described at PA4 on public access to the wider countryside also apply.
Disability Sports Northern Ireland (DSNI)	 DSNI contributed to the target by organising the following range of participation programmes and initiatives in partnership with District Councils, Governing Bodies of Sport, Sports Clubs and Disability Sports groups and organisations: Active Communities Belfast: Participation project in partnership with Belfast City Council involving over 3,000 participants. Active Clubs Programme focusing on the inclusion of blind/partially sighted and people with physical disabilities in new and

	 existing disability and mainstream sports clubs. 400 participants during the period. 3. Craigavon Inclusive Leisure Project benefitting over 1,000 participants. 4. Fermanagh Inclusive Leisure project benefitting over 2,000 participants (Ended March 2015). 5. YST Inclusive Futures Lead your Generation Project involving over 100 volunteers. 6. Supported eight mainstream Governing Bodies of Sport with the delivery of a range of participation initiatives in the sports of Athletics, Badminton, Football, Table Tennis, Sailing, swimming, Wheelchair Rugby and Wheelchair Hurling. 7. Northern Ireland Boccia programme involving seven clubs and participation based league. 8. Northern Ireland Wheelchair Basketball programme involving four groups/clubs and series of participation initiatives. 9. Northern Ireland Disability Sport Events programme involving 8 participation based events in the sports of Boccia, Sports Hall Athletics, New Age Kurling and Swimming. 10. Walking Events for people with disabilities organised in Belfast, Castlereagh/Lisburn, Craigavon and Fermanagh.
Northern Ireland Sports Forum (NISF)	 NISF through website/ social media/ SportsWatch promotes opportunities to engage in sport and physical recreation on behalf of member organisations.
Gaelic Athletic Association (GAA)	 Focus on both male and female participation and on older people and people for areas of higher deprivation. Active clubs Officer focus is on creating new opportunities for people to play Gaelic Games Super games centres are established to allow people to drop in and play the games outside of the club environment or in extracurricular time.

Target Number:	PA8
Target Details:	By 2019 to deliver at least a 6 percentage point increase in women's participation rates in sport and physical recreation (from the 2011 baseline).
Target Deadline:	2019 (Long Term)
Status:	ON TRACK FOR ACHIEVEMENT
Baseline Information:	30% of the female adult population participated in sport and physical recreation in the last week (2010 SAPAS) 24% of the female adult population stated they normally participate in sport and physical recreation on at least 1 day a week (2008-09 CHS)
Current Position:	40% of the female adult population stated they normally participate in sport and physical recreation on at least 1 day a week (2013-14 CHS)
Contributing Member	Progress
Sport Northern Ireland	• See PA4
Chief Leisure Officers Association (CLOA)	 <u>Armagh City Banbridge and Craigavon Borough Council</u> Council's Sports Development Action Plan for 2015 – 2017 which is sets a high priority for inclusivity for all under-represented groups. Council has engaged with 7,450 females through the Sport NI Active Communities programme for the reporting period Oct 2014-Sept 2015. Council organises an annual Coachworks programme which includes workshops aimed specifically at females. Council provides a range of programmes designed and delivered specifically to appeal to females and to encourage participation e.g. the provision of exercise classes, aerobics, dance

	 Council independently, and in partnership with both club and statutory agencies, provides facilities which accommodate female participation and supports competitive opportunities. During the reporting period, through the Southern Sports Partnership, 355 talented girls aged between 10 – 13 yrs will participate in a 12 wk high quality coaching programme (26hrs) in the specific sports of Netball, Hockey, Badminton, Athletics and Girls' Golf.
Irish Rugby Football Union Ulster Branch (IRFU – UB)	 IRFU (Ulster Branch) has run a number of initiatives to increase participation in the female game. These include: Girls' Schools Cup – Entry into this competition has been grown with 60 schools taking part. Girls participating in this scheme are provided with a link to their local Club. Play Rugby Girls – This is an IRFU initiative which aims to provide girls with the opportunity to participate in rugby sessions at their schools. Schools involved are then invited to an 'Open Day' at their local Club which is hosted by Development officers and Club coaches with the aim of getting girls to continue this activity in a club environment. Girls only Summer Camps - Camps for females aged between 12-17 years were held in both the East and West of the Province. U18 Girls Regional Development Squads – Due to the increase in the number of girls playing the game at youth level development sessions were organised in the East and West of the Province aimed at those players who showed potential at Club Level. As a result of this increasing participation in schools the number of girls participating in Clubs youth sections has increased from 6 at the beginning of the programme, to 14 in the 2015 season. Adult Women's Rugby has continued to increase across the Province with the number of clubs increasing from 13 to 16. These clubs compete in regular and structured competition throughout the season.
Northern Ireland Environment Agency (NIEA)	 NIEA continued to provide public access to the countryside for outdoor physical recreation at its seven country parks, to fund the management of Colin Glen Forest Park and to facilitate walking at many of its nature reserves and some historic monuments in State Care. Country Park facilities include mown grass areas for informal games, extensive path networks, trim trails, cycle paths, bridle paths and bathing beaches. Capacity to organise events at NIEAs properties was very limited but NIEA continued to facilitate others organising sponsored walks at its properties. Other actions described at PA4 on public access to the wider countryside also apply.
Irish Football Association (IFA)	 15% increase in the number of registered players in the NIWFA Senior League (aged 14 years and over) 1,200 girls participated in the FIFA Schools Super Festival Day (11 June 2015) and there were approximately 2,000 girls involved in various other IFA events for girls during the year (indoor cup competitions, schools league and round robin days) 2,356 girls participated in 12 FIFA 'Live Your Goals' roadshows - (69 % girls aged 6 – 11; 31% girls aged 12 – 16)
Disability Sports Northern Ireland (DSNI)	 Disability Sport NI contributed to the target by organising the following range of participation programmes and initiatives in partnership with District Councils, Governing Bodies of Sport, Sports Clubs and Disability Sports groups and organisations: Active Communities Belfast: Participation project in partnership with Belfast City Council involving over 3,000 participants. Active Clubs Programme focusing on the inclusion of blind/partially sighted and people with physical disabilities in new and existing disability and mainstream sports clubs. 400 participants during the period. Craigavon Inclusive Leisure Project benefitting over 1,000 participants (Ended March 2015). YST Inclusive Futures Lead your Generation Project involving over 100 volunteers. Supported eight mainstream Governing Bodies of Sport with the delivery of a range of participation initiatives in the sports of Athletics, Badminton, Football, Table Tennis, Sailing, swimming, Wheelchair Rugby and Wheelchair Hurling.

	 a. Northern Ireland Boccia programme involving seven clubs and participation based league. b. Northern Ireland Wheelchair Basketball programme involving four groups/clubs and series of participation initiatives. c. Northern Ireland Disability Sport Events programme involving 8 participation based events in the sports of Boccia, Sports Hall Athletics, New Age Kurling and Swimming. d. Walking Events for people with disabilities organised in Belfast, Castlereagh/Lisburn, Craigavon and Fermanagh. During the last financial year (2014-15) 17,777 people benefitted from Disability Sport NI's programmes 40% of whom were women.
Northern Ireland Sports Forum (NISF)	 Northern Ireland Sports Forum has taken on the Female Sports Forum as a subcommittee of NISF to support their work Female Sports Forum has been granted Awards for Sport funding to deliver a Female Leadership Programme with Belfast MET in coordination with Ulster University and Sport NI NISF through website/ social media/ SportsWatch promotes opportunities to engage in sport and physical recreation on behalf of member organisations.
Gaelic Athletic Association (GAA)	 Focus on both male and female participation and on older people and people for areas of higher deprivation. Active clubs Officer focus is on creating new opportunities for people to play Gaelic Games. Super games centres are established to allow people to drop in and play the games outside of the club environment or in extracurricular time.
Sports Coach UK	• Ongoing support to Female Coach Mentors in the North West Coaching Network to development a network of mentors who can support an increase in the number of new female coaches and develop existing active female coaches in the region. Sports Coach UK provided technical mentor guidance through mentor orientations, workshop delivery, products and resources. The development of female mentor and coaches will hopefully provide sporting role models in the North West region and contribute to an increase in women's participation.
Public Health Agency	 Note – As per PA4 – all programmes in the PHA are open to both genders. Some examples of programmes and physical activity opportunities specifically relating to women include: JogBelfast – the JogBelfast initiative is based on a 'Couch to 5k concept'. It supports inactive individuals to walk/jog/run and progress over a 10 week programme to complete a 5k jog/run. The programme currently has over 800 participants taking part each cycle with 90 per cent female participation. Programmes are available across Belfast at Woodvale, Waterworks, Ormeau, Andersonstown and Victoria. Participants also have the opportunity to progress to local Park Run events and recreational sections of local running clubs. Western area Healthy Towns programme promotes a number of physical activity programmes eg walking, running, cycling and swimming. Strabane Mums activity programme was delivered across three rural areas; this project engaged 30 women on a health and wellbeing programme and 20 women on a female running programme. The health promoting homes programme in the western area, of which the promotion of physical activity is a key element, is delivered through Sure Start and targeted in areas of deprivation. In the southern area, PHA funded a 6 week Choose to Live Better programme focusing on increasing physical activity opportunities for women in the Keady area. PHA also supported Southern HSCT to deliver specialist training for exercise professionals in local Councils to deliver appropriate physical activity classes (pilates and core fitness) for ante/post natal mums through an Active Pregnancy programme. Support for Active Communities – in Down, Lisburn and Castlereagh areas (South Eastern funding).

Target Number:	PA9
Target Details:	By 2019 to deliver at least a 6 percentage point increase in participation rates in sport and physical recreation among socio-economically disadvantaged groups (from the 2011 baseline).
Target Deadline:	2019 (Long Term)
Status:	ON TRACK FOR ACHIEVEMENT
Baseline Information:	30% of the adult population in social groups C2DE participated in sport and physical recreation in the last week (2010 SAPAS)
Current Position:	41% of the adult population living in the most deprived areas of NI stated they normally participate at least 1 day a week (2012-13 CHS)
Contributing Member	Progress
Sport Northern Ireland	See PA4
Chief Leisure Officers Association (CLOA)	 Armagh City Banbridge and Craigavon Borough Council Council has engaged with people from socio-economically disadvantaged areas through the Sport NI Active Communities programme for the reporting period. Council, financially supported by DSD has been developing an extensive sports programme in the 3 Neighbourhood Renewal Areas in Craigavon (North West Portadown, Brownlow and Lurgan) – managed and delivered by Council, involving partnership working with the local communities and sports organisations in the 3 areas. Council operates a concession policy which allows access at a reduced rate. Sport in The Community – 3100 project participants took part in 1998 hours delivery in community sport projects such as Midnight Street Soccer. MUGA Sports, DV8 Sports and others, targeting those young people who are living in the most disadvantaged areas as identified by DSD Neighbourhood Renewal. Midnight Street Soccer - 1440 participants take part in the monthly programme, with several leagues taking place each month in DSD Neighbourhood Renewal areas, followed by a monthly finals event. MUGA Sports Project – over 1500 participants take part across the 11 Multi-Use Games Areas that are located within DSD Neighbourhood Renewal Areas. Each MUGA has a total of 10 hours multi-sports coaching delivery per week across a 30 week period per year. D8 Youth Sports – 65 participants take part in this 26 week sports and good relations project which brings young people from DSD Neighbourhood Renewal areas together to take part in a range of sports, gain sports qualifications and attend sports events. Young Men's Group – 30 young men from DSD Neighbourhood Renewal Areas take part in the 30 week personal development programme which uses sports is explore issues such as men's health, sexual health, internet safely, drugs and alcohol. The DSD funded Craigavon Angling Project is one of a trilogy of health and wellbeing sporting initiatives utiling the n

	• The DSD funded Craigavon Cycling Project aims to encourage greater use of the outdoor environment through cycling participation. The project promotes cycle safety and maintenance and also involves the construction of a pump track adjacent to the Craigavon Lakes mountain bike trail.
Irish Rugby Football Union Ulster Branch (IRFU – UB)	 Through the Community Rugby Programme and our involvement with Active Communities both schemes are primarily concerned with generating 'new' participants into the game. Each coach employed under these schemes seeks to engage with schools and groups who have never experienced rugby before and encourage participation across all sections of the community. In addition, the IRFU (Ulster Branch) have been involved with the development of the Game of 3 Halves and Sport 4 Change initiatives in partnership with the GAA and IFA. These projects are based on providing young people from all sides of the community with the opportunity to participate in sporting activity in key interface areas in Northern Ireland. In addition, we sourced funding to deploy 7 additional Community Rugby Coaches across Northern Ireland. These coaches worked to increase access to rugby opportunities in communities shown to be most deprived across the province. As a result of this programme 12 primary schools, from the top 30% MDMI rating participated in inter-school Mini Rugby for the first time during the year. Funding for this programme ended in March 2015.
Northern Ireland Environment Agency (NIEA)	 NIEA continued to provide free public access to the countryside for outdoor physical recreation at its seven country parks, to fund the management of Colin Glen Forest Park and to facilitate walking at many of its nature reserves and some historic monuments in State Care. Country Park facilities include mown grass areas for informal games, extensive path networks, trim trails, cycle paths, bridle paths and bathing beaches. Capacity to organise events at NIEAs properties was very limited but NIEA continued to facilitate others organising sponsored walks at its properties. NIEA is explored opportunities for arranging transport to its country parks for socio-economically disadvantaged groups in partnership with other bodies but no funding for this could be sourced.
Student Sport Ireland (SSI)	• Engaged with relevant services and bodies promoting inclusiveness to identify participation opportunities for minority student groups (e.g. mature, disability, international and access students) – no baseline information available
Irish Football Association (IFA)	 Football For All Education Programme. The programme targets primary schools that rank within the top 30% of socially and economically deprived areas in Northern Ireland. The programme uses football as tool to open discussion tackling issues of sectarianism and racism. The 4 week programme is then completed with a value based coaching session. Education and Outreach Programmes. Continued support for NI Street Soccer. The programme uses football as hook for personal development targeting the homeless, long term unemployed, people living with drug and alcohol addictions and many other socially excluded groups. Continued support for Women's World United. The programme uses football as hook for integration and cultural celebration targeting newly arrived immigrants, refugees and 'settled' ethnic minorities. Football and Social Responsibility Programmes. We have delivered series of programmes in neighbourhood renewal areas, the Greater Village area in Belfast and interface areas across Northern Ireland. These programmes are tailored to the needs of the group and uses football for community developing and social cohesion. Grassroots Development Officer Programmes. Disability Programme . Club and Volunteer Development Programmes ('Sport in the Community' and 'Sport – a Home for Lifelong Volunteering'). Game of Three Halves and Belfast Interface Games.

Northern Ireland Sports Forum (NISF)	NISF through website/ social media/ SportsWatch promotes opportunities to engage in sport and physical recreation on behalf of member organisations.
Gaelic Athletic Association (GAA)	 Active Clubs Programme is focused on targeting socio-economically disadvantaged groups. Special projects working with DCAL have also been targeted in supporting schools and clubs in socio-economically disadvantaged areas. The creation of 4 hubs for wheelchair hurling and the purchase of wheel chairs has opened up accessibility for young people in this area. Embedded the Ulster wheelchair hurling programme and participation opportunities in Ulster and across the Provinces.
Public Health Agency	 PHA continues to focus efforts on socio-economically disadvantaged groups to help reduce health inequalities. Neighbourhood Renewal areas are proactively targeted in the distribution of PHA resources and programmes. PHA has supported increased participation in physical activity through a range of investments in obesity prevention/physical activity interagency forums and other programmes. Examples include: physical activity co-ordinator posts in local Health and Social Care Trusts; provision of a range of training for trainers allotment and community garden projects, physical activity referral programmes by GPs and a range of other health professionals to local leisure facilities; active travel projects; development of outdoor gyms; healthy towns initiatives in a number of council areas which bring together a range of programme areas at a local level; work place health initiatives; through joint working with local government e.g. Active Belfast. Active Belfast has a key role in facilitating and driving collaborative effort to tackle health inequalities in areas and groups that are socio economically disadvantaged. Active Belfast pain in local communities in or with priority groups and will engage communities in designing and implementing the action. See also Active Belfast muder PA6 for grants relevant to this theme. The heavily subsidised nature of activity developed through the southern cluster between PHA, Armagh City and District Council, Banbridge District Council, Craigavon Borough Council, Dungannon District Council, Newry and Mourne District Council and SHSCT (refer to PA 4) was designed to ensure accessibility by those on low income. PHA in the southern area invited applications for small grants, handled through CLEAR, some of which focussed on the 5 ways to wellbeing and include increasing physical activity in disadvantaged communities targeting all age groups including projets by; Servite Trust (NI), Armagh Cool Club, Station Road Resour

Target Number:	PA10
Target Details:	By 2019 to deliver at least a 6 percentage point increase in participation rates in sport and physical recreation among people with a disability (from the 2011 baseline).
Target Deadline:	2019 (Long Term)
Status:	ON TRACK FOR ACHIEVEMENT BUT WITH SOME DELAY
Baseline Information:	19% of the people with a disability (NI adult population) participated in sport and physical recreation in the last week (2010 SAPAS) 11% of the adult population with a lifelong limiting illness stated they normally participate in sport and physical recreation on at least 1 day a week (2008-09 CHS)
Current Position:	24% of the adult population with a lifelong limiting illness stated they normally participate in sport and physical recreation on at least 1 day a week (2013-14 CHS)
Contributing Member	Progress
Sport Northern Ireland	• See PA4
Chief Leisure Officers Association (CLOA)	 Armagh City Banbridge and Craigavon Borough Council Council's Sports Development Action Plan for 2015 – 2017 sets a high priority for inclusivity for all under-represented groups. Council recognises the achievements' of people with a disability at its annual Sports Awards ceremonies which are organised in partnership with the Sports advisory Councils. Council operates a concessionary rate for people with a disability. Council has engaged with 1980 people with a disability through the Sport NI Active Communities programme for the reporting period 1st Oct 2014– 30th Sept 2015 Council and in partnership with the DSNI funded Inclusive Leisure has established a number of opportunities specifically for young people with a disability including Activate Wildcats. Council has through the inclusive leisure project in Craigavon established a Boccia Club and talented players have attended Ulster Squad sessions; also, Craigavon Cyclones Wheelchair Basketball Club has been set up and 15 people with a disability registered and is going from strength to strength; with one participant on the NI U15 squad – took part in UK School Games 3rd-6th Sept 2015. This work has also included the delivery of "Swimability" and "Visability" pilots and work undertaken to increase the capacity in sports clubs to be more inclusive – training and support give to local Rugby club to run new section for children with a special need The Fit 4 U Disability Project which is led by the Southern Health Trust which has seen increased club based participation within the target group supported by Active Communities. Council works in partnership with the SHSCT to deliver All Stars Disability Summer Scheme – this was organised for 4 wks over the summer months and saw 79 participants take part.
Irish Rugby Football Union Ulster Branch (IRFU – UB)	 IRFU (Ulster Branch) established the STAG rugby committee – Special Needs Tag Rugby Advisory Group. This is a group made up of representatives of the rugby clubs who have established sections for children and young adults with a Learning Disability. Their role is to coordinate activity amongst the clubs and to provide support and guidance to groups who are looking to establish similar sections within their own clubs. IRFU (Ulster Branch) appointed a Disability and Inclusion Officer in September 2013 to grow the opportunities for people with a disability to

	 participate in rugby union. Funding for this post ended in March 2015. The number of Clubs involved in Special needs rugby has now grown to 9 Clubs from a baseline of 3 in the 2011/12 season. Ulster Rugby organised a Disability Tag Rugby Summer Camp in summer 2015 with 25 participants. Supported the Ulster Barbarians Wheelchair Rugby Team in running a 'come and try event' which led to new members (adult and youth) joing the club.
Northern Ireland Environment Agency (NIEA)	 NIEA continued to provide public access to the countryside for outdoor physical recreation at its seven country parks, to fund the management of Colin Glen Forest Park and to facilitate walking at many of its nature reserves and some historic monuments in State Care. Country Park facilities include mown grass areas for informal games, extensive path networks including DDA-compliant paths and sensory trails, trim trails, cycle paths, bridle paths and bathing beaches. Capacity to organise events at NIEAs properties was very limited but NIEA continued to facilitate others organising sponsored walks at its properties. NIEA is also explored opportunities for arranging transport to its country parks for physically disadvantaged groups in partnership with other bodies but no funding for this could be sourced. NIEA website (www.doeni.gov.uk/niea/) now identifies paths at its properties suitable for those with mobility problems.
Irish Football Association (IFA)	• 5,550 participants involved in Irish FA disability programmes in the last 12 months. This includes all disability international squads, schools programme and club coaching programmes.
Disability Sports Northern Ireland (DSNI)	 Disability Sport NI contributed to the target by organising the following range of participation programmes and initiatives in partnership with District Councils, Governing Bodies of Sport, Sports Clubs and Disability Sports groups and organisations: Active Communities Belfast: Participation project in partnership with Belfast City Council involving over 3,000 participants. Active Clubs Programme focusing on the inclusion of blind/partially sighted and people with physical disabilities in new and existing disability and mainstream sports clubs. 400 participants during the period. Craigavon Inclusive Leisure Project benefitting over 1,000 participants. Fermanagh Inclusive Leisure project benefitting over 2,000 participants. Fermanagh Inclusive Lead your Generation Project involving over 100 volunteers. Supported eight mainstream Governing Bodies of Sport with the delivery of a range of participation initiatives in the sports of Athletics, Badminton, Football, Table Tennis, Sailing, swimming, Wheelchair Rugby and Wheelchair Hurling. Northern Ireland Boccia programme involving seven clubs and participation based league. Northern Ireland Wheelchair Basketball programme involving four groups/clubs and series of participation initiatives. Northern Ireland Wheelchair Basketball programme involving 8 participation based events in the sports of Boccia, Sports Hall Athletics, New Age Kurling and Swimming. Walking Events for people with disabilities organised in Belfast, Castlereagh/Lisburn, Craigavon and Fermanagh. During the last financial year (2014-15) 17,777 people benefitted from Disability Sport NI's programmes. Despite the many positive achievements during the period, since March 2015 Disability Sport NI has reduced its programmes by approximatel
Northern Ireland Sports	NISF has joined the project board to develop a Disability Sport & Active Recreation Plan for Northern Ireland. NISF has engaged in consultation

Forum (NISF)	 process and further planning. NISF through website/ social media/ SportsWatch promotes opportunities to engage in sport and physical recreation on behalf of member organisations.
Gaelic Athletic Association (GAA)	 The creation of 4 hubs for wheelchair hurling and the purchase of wheel chairs has opened up accessibility for young people in this area. Embedded the Ulster wheelchair hurling programme and participation opportunities in Ulster and across the Provinces. Development of a schools base programme – to increase awareness and provide opportunities to have a go in a wheelchair with their friend with a disability. Development of a family based programme – to allow young siblings to participate in meaningful competition with their family members. Training for people through the GAA 4 ALL programme. Delivery of programmes within the relevant special schools.
Public Health Agency	 PHA support increased participation in physical activity among people with a disability through a range of investments at obesity prevention/physical activity interagency forums level including training for trainer courses to promote and deliver: (1) Inclusive Games and Skills; (2) Boccia; (3) Chair based activities; (3) New Age Curling; (4) Cardio Rehab IV programmes; and (5) a range of other relevant programmes Physical Activity Referral Schemes continue to be supported in a number of local council areas. In the southern area PHA provides funding for the Fit 4 U initiative (includes funding for WTE Coordinator and programme costs), which provides structured programmes of safe, accessible physical activity and leisure opportunities for people with physical disabilities and sensory impairments across the Southern HSCT area. The Healthy Towns funding programme in the western area provides opportunities to be physically active for people with disabilities. Programmes funded include structured physical activity programmes for children and adults with disabilities. Active Belfast supported a range of grants in 2014-15, see PA6 for grants relevant to this theme. In the southern locality, the Physical Activity Co-ordinator, funded by PHA, provided a range of activities/events targeting children, young people and families with disabilities, including boccia tournament, walk, cycle, dance and strength and balance training for Active Communities coaches working with disabled people.

Target Number:	PA11
Target Details:	By 2019 to deliver at least a 6 percentage points increase in participation in sport and physical recreation among older people (from the 2011 baseline).
Target Deadline:	2019 (Long Term)
Status:	ON TRACK FOR ACHIEVEMENT
Baseline Information:	21% of older people (aged 50 and over) participated in sport and physical recreation in the last week (2010 SAPAS)
Current Position:	28% of older people stated they normally participate in sport and physical recreation on at least 1 day a week (2013-14 CHS)
Contributing Member	Progress
Sport Northern Ireland	See PA4

Chief Leisure Officers Association (CLOA)	 Armagh City Banbridge and Craigavon Borough Council Council's Sports Development Action Plan for 2015 – 2017 sets a high priority for inclusivity for all under-represented groups. Over 60's have access to free swimming across the region. 1487 older people have been engaged with through the Active Communities Programme 60 participants from a number of Older Peoples groups took part in the annual Senior Sportsfest event, which involves each participant taking part in a range of sports and activity sessions. Council has established Over 50's club and provides planning support to them and offers assistance with access to funding. Council works in partnership with the Southern Health Trust to provide walking opportunities and leadership qualifications for older people. Southern Health Improvement Strategic Group (SHISG) has targeted older people for a full programme of activities in a number of areas within the region.
Northern Ireland Environment Agency (NIEA)	 NIEA continued to provide public access to the countryside for outdoor physical recreation at its seven country parks, to fund the management of Colin Glen Forest Park and to facilitate walking at many of its nature reserves and some historic monuments in State Care. Country Park facilities include mown grass areas for informal games, extensive path networks, trim trails, cycle paths, bridle paths and bathing beaches. Capacity to organise events at NIEAs properties was very limited but NIEA continued to facilitate others organising sponsored walks at its properties. NIEA website (www.doeni.gov.uk/niea/) now identifies paths suitable for those with mobility problems. Other actions described at PA4 on public access to the wider countryside also apply.
Irish Football Association (IFA)	 An average of 16 women (aged 35 – 58) train every Friday night at the Shankill Leisure Centre (Belfast) Pilot Masters 35+ 'Back In The Game' Club Development programme established with 2 clubs (Belfast Barca + Lagan Valley Stars), 36 attended in total, Year One with supporting National Festival (240 attended/24 teams).
Disability Sports Northern Ireland (DSNI)	• During the last financial year (2014-15) 17,777 people benefitted from Disability Sport NI's range of participation, performance, education and training programmes, 22% of whom were older people (over 50). However this percentage rose to 43% for participation programmes and initiatives.
Northern Ireland Sports Forum (NISF)	• NISF through website/ social media/ SportsWatch promotes opportunities to engage in sport and physical recreation on behalf of member organisations.
Gaelic Athletic Association (GAA)	 Gaelic 4 Mums programme now well established within and between clubs Referees recruitment programme – to engage and encourage older people to take up refereeing after they have retired Coach Development Programme – to engage and encourage people to stay involved in sport as coaches.
Public Health Agency	 PHA supported increased participation in physical activity among older people through a range of investments at obesity prevention/physical activity interagency forum level including training for trainer courses to promote and deliver: (1) Movement to Music; (2) Chi Me; (3) Boccia; (4) Inclusive Skills; (5) Walk Leader training (Walking for health programme); (6) Danderball/Walking Football and (7) Other relevant programmes. The Physical Activity Referral Scheme continues to be supported in most local council areas. Active Belfast is implementing an Active Ageing Action Plan in line with the Active Belfast Plan. Active Belfast supported a range of grants in 2014-15, see PA6 for grants relevant to this theme.

• The 'Moving More Often' Programme was piloted and will be rolled out in 2015-16 across Northern Ireland.
• In 2014-15, the PHA continues to fund ArtsCare to run the 'Here and Now' older people's arts festival across Northern Ireland. The aim was to enhance the well-being and quality of life of Older People through access to participation in high quality arts activities across a variety of art forms including dance.
• The Healthy Towns funding programme in the western area provides opportunities to be physically active for older people. Programmes funded include physical activity programmes for both men and women.
• The Physical Activity Co-ordinator in the Northern HSCT area provided training as part of the "Age, Health and Happiness" programme. This training focused on the CMO guidelines for older people and was targeted at staff working directly with older people and in a position to cascade the key physical activity messages.
• The physical Activity Co-ordinator in the Southern Trust area continued to offer physical activity opportunities for older people through the community-based strength and balance programmes and chair based activity training in agreed localities to specific audiences in response to local needs.
• The Southern Strategic Health Improvement Partnership (comprising PHA, SHSCT, Southern Local Commissioning Group, Armagh, Banbridge, Craigavon, Dungannon and Newry and Mourne Councils and NI Housing Executive) has identified older people as a priority population group for the next three years. Work is underway to establish "Good neighbourhoods for Ageing Well" in five pilot sites across the locality, which has included opportunities for older people to be physically active.
• Active Ageing was developed in partnership between PHA, South Eastern HSCT and Councils in South Eastern area during 14/15 (Councils included Ards, Lisburn and North Down), marketing and offering physical activity for older people. This continues in these areas within the new Council structures.
 Mid Ulster Councils, the Public Health Agency (PHA) and two HSCTs have joined forces to implement the 'Make a Change' project, working with older people to help improve their physical activity, nutrition, mental health and wellbeing. Dungannon & South Tyrone, Cookstown and Magherafelt councils, along with the Northern and Southern HSCTs and the PHA, are implementing 'Make a Change' as part of the Mid Ulster Cluster Joint Working Arrangements Plan, which aims to improve the health and wellbeing of the people in the mid-Ulster area by tackling health inequalities. The 'Make a Change' initiative involves Health Support Officers providing one-to-one support to people from the target group to help them make a change for the benefit of their health. The themes identified for the year (2014/15) are physical activity and healthier eating, with an emphasis on how these can contribute to mental health and wellbeing.

Target Number:	PE12
Target Details:	By 2010 to have a fully operational Sports Institute that supports 100 athletes per annum to achieve 70% of their agreed annual performance targets.
Target Deadline:	2010 (Short Term)
Status:	ACHIEVED
Contributing Member	Progress
Sport Northern Ireland (SNI)	• Five service areas including Sports Medicine; Sports Science; Strength and Conditioning; Performance Planning and Performance Skills are currently operational at the Sports Institute Northern Ireland (SINI). In 2010-11, 16 Olympic/ Paralympic and Commonwealth sports were serviced through the Major Games Programme – this represented a total of 54 athletes. Service level agreements in place with the Irish FA and

	Ulster Rugby to deliver services to their respective squads through the Support Programme. When the Foundation Programme is included, SINI is currently delivering services to 197 athletes.
Gaelic Athletic Association (GAA)	• Two handball athletes working with the Institute – female success winning World Championships in Canada (August 2015 and the US open in October 2015).

Target Number:	PE13
Target Details:	By 2010 to win at least five medals at the Delhi Commonwealth Games.
Target Deadline:	2010 (Short Term)
Status:	ACHIEVED
Contributing Member	Progress
Sport Northern Ireland, NI Commonwealth Games Council, Governing bodies of Commonwealth Games sports.	 The Delhi 2010 Commonwealth Games took place from 3rd - 17th October 2010. SNI chaired and facilitated the Delhi 2010 Preparation Committee which met 18 times between July 2007 and September 2011. The Committee comprised representatives from the NICGC, governing bodies, SNI and SINI and in its advisory role, the Committee aimed to contribute to the objective of improving the athletic performance and competitive potential of athletes at the Games. The Committee is currently producing a report on the preparations and performance of the NI Team in Delhi, with a view to putting forward recommendations which can inform the planning for Glasgow 2014. In 2010, SNI invested £40,000 in the NICGC to offset some of the costs of presenting the NI Team in Delhi. In addition, SNI, through the ASP invested £304,273 in 15 governing bodies in respect of 48 athletes who were members of the Northern Ireland Delhi Team. This investment was for the training, coaching and competition programmes (excluding attendance at the Games) for the athlete during 2010 (in most cases January to December 2010). Within the 48 athletes, 12 also benefited from living costs awards (included in the above figure), which assisted the athlete to train on a full-time or part-time basis. SINI provided sports science and medical services to 25 athletes in the year prior to the Games and in the final three months of preparation offered services to include the wider team membership of 81. Through the Performer Development Centres (PDC), services such as strength and conditioning, physiotherapy and performance lifestyle were provided to 18 members of the Northern Ireland team. Ten medals (including 3 gold, 3 silver and 4 bronze medals) were won in Delhi 2010 in boxing (5), cycling (2), shooting (2) and bowls (1).
Chief Leisure Officers Association (CLOA)	 Armagh City Banbridge and Craigavon Borough Council Council funds Sports Advisory Councils to ensure that support is given to talented athletes across the region in the form of grant aid / bursaries and by allowing free access to facilities for training through a Silver Card scheme.
Student Sport Ireland (SSI)	 Ensured maximum representation by athletes in elite national and international competition from northern third level institutions. Established a Finance and Risk Management Committee to review all SSI operations, undertake an audit of company finances, policies and procedures and coordinate an implementation plan to ensure the Association is meeting all its legal and social responsibilities

Target Number:	PE14
Target Details:	By 2011 to ensure that all Sport Northern Ireland funded governing bodies are 'fit for purpose' organisations.

Target Deadline:	2011 (Short Term) – Timeline for the achievement of PE14 has been changed to 'By 2015' (Approved by SMMG June 2013).
Status:	ON TRACK FOR ACHIEVEMENT BUT WITH SOME DELAY
Baseline Information:	24% of Sport Northern Ireland funded governing bodies are fit for purpose (2007-08 Audits)
Current Position:	88% of Sport Northern Ireland funded governing bodies are fit for purpose (2012-13 Audits)
Contributing Member	Progress
Sport Northern Ireland (SNI)	 At 30th September 2015, 31 out of 34 Sport NI funded governing bodies have attained at least a satisfactory level of assurance following a SNI governance and management audit with 12 of the 34 governing bodies achieving a substantial rating. The UK Equality Standard was launched in March 2012. At 30th September 2015, 14 sporting organisations have achieved foundation level and 4 achieved preliminary level. At 30th September 2015, a total of 34 governing bodies funded by SNI have attained a 'satisfactory' level of assurance following an NSPCC Safeguarding in Sport assessment. Individual sports organisation's ratings may fluctuate up or down due to the dynamic nature of the assessment to ensure sports remain compliant and up to date with requirements. A total of 36 governing bodies continue to be World Anti-doping Code Compliant. SNI has contributed to this target by delivering on the following key actions during 2014/15: implementing a policy of recognising governing bodies of sport using criteria that demonstrates that minimum governance and operating standards are in place. During 14/15 1 new governing body was recognised. working with all governing bodies funded through PerformanceFocus to support them in undertaking an annual Self Evaluation of their Governance and Culture and to take forward actions that will improve existing standards whilst being mindful of proportionate development. 100% of funded governing bodies completed the Self Evaluation Template and 91% have improved their ratings in the 2014/15 period. Training opportunities were provided support to Boards within Governing bodies to raise and/or maintain governance standards within their organisation. The governance network provided support to Boards within Governing bodies to raise and/or maintain governance standards within their organisation. The governance network provided support to Boards within Governing Bodies
Chief Leisure Officers Association (CLOA)	 Armagh City Banbridge and Craigavon Borough Council The SD Action Plan for 2015 -2017 sets this out as a priority area of work for Sports Development. Officers from SD work closely with the voluntary bodies of the Sports Adv Councils to ensure that support is given to clubs to ensure that best practice models are known about and followed both in the area of governance and in their delivery of sport. Recognition given to clubs in receipt of Clubmark , Clubmaith etc in the form of a grant and also in regard to celebration of the achievement at the Sports Awards ceremony. Sports Clubs are eligible to apply to the Council's Financial Assistance Policy
Irish Rugby Football Union	• IRFU (Ulster Branch) has been awarded Foundation Level for Equality Standard for Sport and currently rated as Satisfactory in relation to the

Ulster Branch (IRFU – UB)	framework for safeguarding standards in sport.
UK Sport	 One Northern Ireland sport leader has been supported through the UK Sport-managed Executive Coaching programme in the last year. This sport leader is now participating in the UK Sport Leading Edge programme. Sport NI have participated in the reference group for the development of the Leading Edge programme. UK Sport hosted a Leadership Development Debrief Event on the 13th October 2015 with all the training providers and coaches to consider any consistent themes and look at development activities going forward. An invitation to participate was extended to Sport NI. A cross-HCSC dialogue regarding NGB Leadership has commenced between HPSAG (the High Performance Strategic Advisory Group consisting of Performance Leads from the HCSCs & SIs) and UK Sport's Head of Governance, Jane Purdon. SNI are an active participant in this discussion.
Student Sport Ireland (SSI)	• With relevant NGB, SSI oversaw the development and implementation of elite athlete performance plans and implemented individual elite athlete development plans.
Northern Ireland Sports Forum (NISF)	 NISF hosted - Disputes Resolution & Model Disciplinary Processes seminars in November 2014 Co-hosted a governing bodies recognition information session and offered follow on support for member organisations. Provided Access NI vetting services as an umbrella body to 15 member organisations. NISF has processed 180 applications since April 2014. NISF coordinated an Information Session on new Access NI procedures in March 2015 NISF developed an All Party Group on Sport which will lead to engagement with Government & Sports Governing Bodies in March 2015. Improved membership database to better communicate and engage with members. NISF coordinated the Sports Law Conference in November 2014 which focused on Integrity & Governance in Sport NISF begun work in the development of a sports specific Code of Good Governance in June 2015 NISF currently undergoing registration with the Charity Commission and have provided advice on the process to member organisations NISF signed a Corporate Partnership Agreement with Bluefin Insurance which provides members with adequate insurance cover and reduced insurance premiums. NISF supported the Academy of Marketing Special Interest Group Seminar in September 2015 at Ulster University
Gaelic Athletic Association (GAA)	 In association with SINI developed a Performance Lifestyle Programme to up skill PL Officers in each county. In association with SINI developed a Performance Analysis Programme to up skill PA Officers (x 4) in designated counties

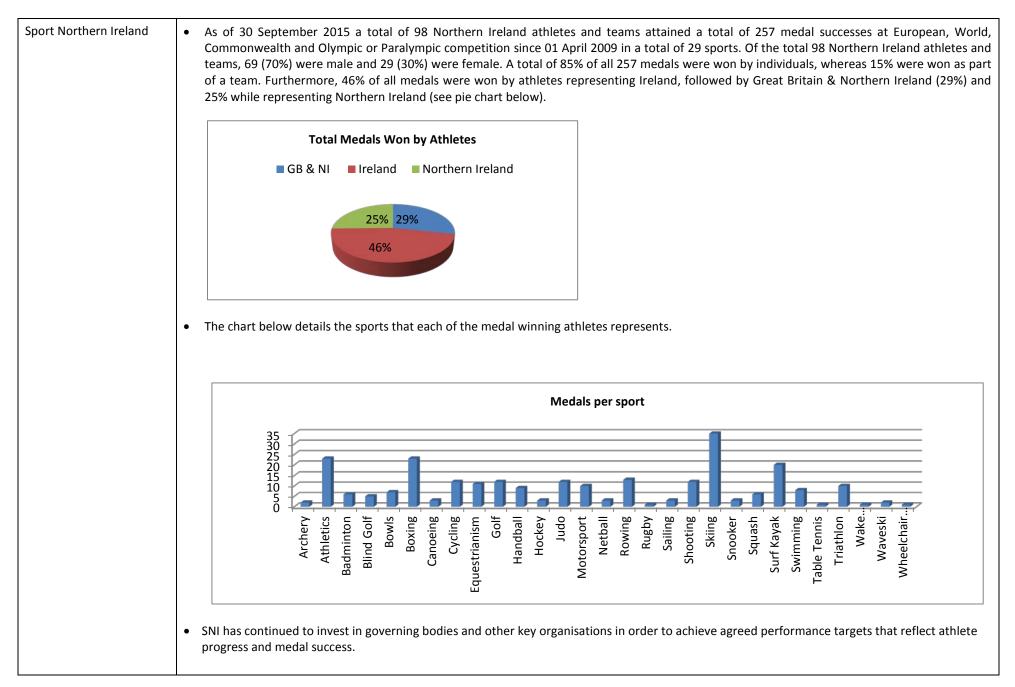
Target Number:	PE15
Target Details:	By 2014 to win at least five medals at the Glasgow Commonwealth Games
Target Deadline:	2014 (Medium Term)
Status:	ACHIEVED
Contributing Member	Progress
Sport Northern Ireland (SNI)	• In the period April 2013-March 2014, SNI invested £409,545 in sports costs and £98,584 in living costs in support of 48 athletes and 4 squads in 12 of the 17 sports included in the Glasgow 2014 Commonwealth Games. In addition, in 2013-14, SNI invested £1,216,946 in 15

	 Commonwealth Games sports (including the NI Commonwealth Games Council), to support the employment of staff as well as resources for programmes (although not all investment is focused on the high performance element of the sport). In the period April 2014- March 2015, SNI invested c.£500,000 in sports costs and living costs in support of 99 athletes and 5 squads in 12 of the 17 sports included in the Glasgow 2014 Commonwealth Games.
UK Sport	 UK Sport actively encouraged engagement around CWGs between WCPs and their HN colleagues. CWG medal achievement is now one of five core objectives for the UK High Performance System Strategy led by HPSAG.
Northern Ireland Commonwealth Games Council (NICGC)	 Total of 12 medals won at Glasgow 2014: a. 2 Gold, b. 3 Silver; and c. 7 Bronze.

Target Number:	PE16
Target Details:	By 2019 to have implemented nationally recognised coach accreditation systems in all Sport Northern Ireland funded governing bodies.
Target Deadline:	2019 (Long Term)
Status:	ON TRACK FOR ACHIEVEMENT
Baseline Information:	55% of Sport Northern Ireland funded governing bodies of sport in Northern Ireland are currently implementing nationally recognised coach accreditation systems (2008-09)
Current Position:	91% of Sport Northern Ireland funded governing bodies of sport in Northern Ireland are currently implementing nationally recognised coach accreditation systems (2013-14)
Contributing Member	Progress
Sport Northern Ireland (SNI)	• SNI is working with 33 governing bodies, the Southern Sports Partnership and the North West Coaching Network to implement effective systems for the development of coaching, aligned to either UK or All Ireland structures. Additionally SNI in partnership with both Coaching Ireland and sports coach UK continue to work closely with all funded governing bodies to identify key areas for development associated with developing and implementing the UK Coaching Certificate and the Coaching Development Plan for Ireland.
Chief Leisure Officers Association (CLOA)	 Armagh City Banbridge and Craigavon Borough Council Continuous Professional Development work undertaken with local coaches through the Southern Sports Partnership's Sports Academy programme. Close working relationship established with the NGBs involved in this.
Irish Rugby Football Union Ulster Branch (IRFU – UB)	 First two coach education courses on IRFU Coach Education Pathway have been verified by Quality & Qualifications Ireland (QQI) and have been placed on the National Framework for Qualifications (Ireland). Now aiming for verification of these courses by OFQUAL in NI. Currently consulting with NOCN to validate the awards and place them on the NQF (National Qualifications Framework) available for UK students.

UK Sport Irish Football Association (IFA)	 Via funding to scUK, UK Sport continues to provide tools and services in support of HCSC and Governing Body coaching strategies. 3 NI coaches, from Sailing, Swimming and Golf, have benefitted from support on the Aspire programme over the last year. There are 2 NI coaches from Rowing and Athletics nominated for this year's programme. UK Sport continues to fund the Project Connect role to support High Performance and Talent Coaching Development. At present, the SNI Project Connect lead is on maternity leave without interim cover. The Irish FA already has 2 well established National and International Coach accreditation systems. The Irish FA deliver both UEFA Coach Education Programme and Irish FA Coach Education Programmes.
Gaelic Athletic Association (GAA)	 NGB Award 2 Programmes delivered with mandatory sanction on all coaches within the talent pathway to be at level 2 for 2016 NGB Award 1 Programmes delivered with mandatory sanction on all coaches within clubs to be at level 1 for 2016 QCF Accredited programmes at level 3 for performance coaching QCF Accredited programmes at level 3 for GAA Team Management QCF Accredited programmes at level 3 for GAA Player Lifestyle QCF Accredited programmes at level 3 for GAA Conditioning Quality Assurance programmes through Open College Network and Coaching Ireland
Sports Coach UK	 Ongoing support to the Sport NI Coaching Awards through the development of a Coach Development Bursary for all award winners. Sports Coach UK provided partnership funding to support CPD and training costs for all Coach of the Year award winners. Alignment to Profile and Recognition objectives within the UK Coaching Framework. Identified Sport NI and Governing Body staff to be submitted onto the UKCC Lead Officer Training Course for 2015-16. Sports Coach UK provided a training programme for identified staff who are involved in the development of the coaching workforce, learning programmes, qualifications and CPD. Increase UKCC expertise within Northern Ireland and lead to the development of coach education programmes from the within the NI Governing Body Coaching Systems. Provide a data management system to support the collation of data from coaches across a number of identified Governing Bodies. Sports Coach UK to work with Active Network to provide a data management system that initially support Basketball NI and Ulster Hockey. Sports Coach UK explored sustainable funding options as and when required. A data management system will provide Sport NI and associated Governing Bodies with strong data on the coaching workforce and allow them to plan coach education programmes appropriately.

Target Number:	PE17
Target Details:	By 2019 at least 100 Northern Ireland athletes to have attained medal success at the highest level in their sport including European, World and Olympic/Paralympic level.
Target Deadline:	2019 (Long Term)
Status:	ON TRACK FOR ACHIEVEMENT
Baseline Information:	22 Northern Ireland athletes attained medal success at European, World and Olympic/Paralympic competitions (2006-07).
Contributing Member	Progress



Chief Leisure Officers	Armagh City Banbridge and Craigavon Borough Council
Association	 Council funds Sports Advisory Councils to ensure that support is given to talented athletes across the region in the form of grant aid / bursaries
(CLOA)	and by allowing free access to facilities for training through a Silver Card scheme.
Irish Rugby Football Union	Talent System has been further advanced in 2014-2015 through the player pathway by reviewing and modifying service provision to athletes in
Ulster Branch	the following way:
(IRFU – UB)	Development of the Club Summer & In Season Programme at u16, u17 & u18.
	U16 Summer Program:
	Development of a Formal Program 1 day a week during the summer for 8 weeks:
	Athletes are developed through:
	 Strength and Conditioning.
	 Nutritional advice.
	 Rugby, technical, tactical & strategic.
	• The 8 weeks culminates in a match to assess their development from this intervention. Players are then identified to remain on the player pathway and join the u17 In Season Formal Programme.
	U17 & U18 Summer Programme:
	 2 days per week for Representative Age Grade Players
	 High Potential club Players train 3 days per week as they train with the u19 school & club composite team to accelerate their development.
	• U16: Oct-Apr 2014-2015:
	 14 Rugby sessions per season
	• The u16 clubs now have 4 regions instead of 3.
	The RDS program started in Oct instead of Jan
	3 match weeks were implemented with each region playing each other.
	• Each region now has 1 manager and 2 talent coaches all volunteers supported by a Regional Rugby Lead & Regional Development Officer.
	• U17 & U18: 2014-2015:
	• Oct – Jan:
	• Provincial Age Grade Players receive 4 rugby sessions per month.
	• High Potential Players now receive 12 sessions per month, 8 rugby & 4 Strength & Conditioning.
	• High Potential Club players now receive 1 rugby & Strength & Conditioning session per month with a School Regional
	 High Potential Club Players receive video & 3 IPP's a year.
	• Jan – Mar:
	• Provincial Age Grade Players receive 8 sessions, 4 rugby & 4 Strength& Conditioning per month.
	• High Potential 14, 8 rugby & 6 Strength & Conditioning per month.
	• High Potential Players during the summer trained x1 week with the u19.
	Schools u16: Development of a Formal Program 1 day a week during the summer for 8 weeks.
	 Athletes are developed through:
	 Strength and Conditioning.

UK Sport	 Nutritional advice. Rugby, technical, tactical & strategic. The 8 weeks culminates in a match to assess their development from this intervention. Players are then identified to remain on the player pathway and join the u17 In Season Formal Program. Implementation of a 4th region in Strabane to provide service provision to players in the pathway in this region in the u17-u20 age grades. Athletes are developed through: Strength and Conditioning. Nutritional Advice. Rugby, technical, tactical & strategic. Introduction of In Season competitive games for u17, u18 & u19 club players. To develop them technically, strategically & tactically. UK Sport currently funds 18 Northern Ireland Athletes on GB WCPs. This figure is an increase from the 6 athletes originally funded at the
Student Sport Ireland (SSI)	 beginning of the Rio Cycle. Participation at European and World University Games 2014/15.
Northern Ireland Commonwealth Games Council (NICGC)	• In addition to success at Glasgow 2014, Northern Ireland athletes collected 12 medals at the 2015 Commonwealth Youth Games in Samoa. Four Gold, four Silver and 4 Bronze.
Disability Sports Northern Ireland (DSNI)	 Medal Tally: Athletes with disabilities from Northern Ireland secured 17 medals at European or World level competitions during the period. Athlete Support: Although the majority of talented athletes are now being managed and supported by their relevant mainstream Governing Body of Sport, in line with SNI's 'Disability Mainstreaming Policy' DSNI continued to directly manage and support 4 athletes during the period, all with Paralympic potential. Disability Performance Pathways: In order to enable talented athletes with disabilities to compete and excel in their chosen sport, Disability Sport NI supported governing bodies of sport to develop/improve disability performance pathways within their sports during the period. However due to a reduction in funding the number of mainstream sports Disability Sport NI works with was reduced to 6 in March 2015. Ulster Boccia Squad Programme for Northern Ireland's most talented players managed during the period. Northern Ireland Wheelchair Basketball Performance Focus programme implemented during the period. Disability Classification Service: Disability Sport NI continued to provide a classification service to local athletes during the period, which is essential to their participation in competitive/elite sport. This involved providing information and advice on classification to individual athletes,
	parents and sports organisations as well as organising and managing the UK and International INAS-FID Classification System for athletes with learning disabilities.
Gaelic Athletic Association (GAA)	

	the coaches will engage in an orientation day, six two day workshops, and a celebration event. The coaches will also undertake a 360 degree
	online review, interact with a community of practice, hear from industry experts and meet experienced coaches from talent and performance
	domains.

Target Number:	PE18
Target Details:	By 2019 to have accredited at least 700 appropriately qualified, full-time coaches available to meet demand across all aspects of sport and physical recreation.
Target Deadline:	2019 (Long Term)
Status:	ON TRACK FOR ACHIEVEMENT
Contributing Member	Progress
Sport Northern Ireland	 1610 coaches attended Sport Northern Ireland continuous professional development workshops. SNI is working with 33 governing bodies, the Southern Sports Partnership and the North West Coaching Network to implement effective systems for the development of coaching, aligned to either UK or All Ireland structures. SNI, in partnership with both Coaching Ireland and sports coach UK, continue to work closely with all funded governing bodies to identify key areas for development associated with the effective recruitment, education and retention of coaches. 17 full time equivalent coach developers are employed in Northern Ireland through PerformanceFocus 2013-17.
Chief Leisure Officers Association (CLOA)	 Armagh City Banbridge and Craigavon Borough Council Council has in post 9 full-time equivalent multi-sports coaches / physical activity leaders through the Sport NI Active Communities programme for the reporting period. These coaches not only have the appropriate qualifications and experience to deliver but during this reporting period have undertaken comprehensive Continuous Professional Development.
Department of Education (DE)	• During the 2014/15 school year, the Curriculum Sports Programme, which is delivered by the IFA and GAA of behalf of DE, provided 61 coaches from these organisations to deliver the Programme in Foundation and Key Stage 1 classes in 532 schools, reaching over 43,000 pupils.
Irish Rugby Football Union Ulster Branch (IRFU – UB)	 Identification and deployment of 8 talent coaches with the Club u16 RDS programme. Identification and deployment of 5 talent coaches with the Schools u16 RDS programme. Identification and deployment of 7 talent coaches with the Ulster Representative teams (u17-u20) in the player development Pathway. Currently developing a talent coach pathway for professional players exiting the pro-game to maintain their intellectual property within the game and support the development of players within our player development pathway. One Ulster Coach recently attained the IRFU Stage 5 Award. This now brings to six (out of 12 attendees) the number of coaches who have completed and been accredited at this Award which is the highest available from IRFU and is only open to coaches operating full-time in a professional environment. a. 57 coaches hold the Stage 4 head Coaches award, the next highest level and from which Stage 5 candidates are selected. b. IRFU are currently revising both Stage 3 and 4 coaching awards to bring their content more in line with current sport requirements. Opportunities to operate as a full-time coach are mainly limited to employees of IRFU, its four branches and Irish Exiles. Neal Doak, Ulster Rugby Head Coach is currently engaged with SINI via the 'Practitioners' programme which helps develop coaches working in a high performance

	environment.
Student Sport Ireland (SSI)	• Coordinated centralised approach to NGB official training courses in third level and development of student coaches in all codes. Referee, official, umpire training and coach development programme (regionalised) for third level students delivered, with shared coaching programmes, venue provision by member institutions etc.
Irish Football Association (IFA)	 Continued employment of 27 full-time Irish FA Primary School Coaches through Curriculum Sports Programme (DENI Funded) Continued employment of 10 full time Irish FA coaches across the Elite Performance and Coach Education Department.
Northern Ireland Sports Forum (NISF)	 Continued partnership delivery for reward and recognition of volunteers through Belfast Telegraph Sports Awards, Belfast City Council Sports Awards & Sport NI Coaching Awards. Provided seminar for members on Disputes Resolution & Model Disciplinary Processes. Active Awards for Sport funding received to fund Leadership Programme at Belfast MET which develops a group of young girls to be the next generation of Female Leaders with the Female Sports Forum.
Gaelic Athletic Association (GAA)	 The following steps have been taken to support PE18 NGB Award 2 Programmes delivered with mandatory sanction on all coaches within the talent pathway to be at level 2 for 2016. NGB Award 1 Programmes delivered with mandatory sanction on all coaches within clubs to be at level 1 for 2016. QCF Accredited programmes at level 3 for performance coaching. QCF Accredited programmes at level 3 for GAA Team Management. QCF Accredited programmes at level 3 for GAA Player Lifestyle. QCF Accredited programmes at level 3 for GAA Conditioning. QCF Accredited programmes at level 3 for GAA Conditioning. Quality Assurance programmes through Open College Network and Coaching Ireland.
Sports Coach UK	 Development of a Northern Ireland specific Participation workshop to support National Governing Bodies of Sport and Coach Managers involved in the Active Clubs programme. This will increase the understanding of participation motivations across the coaching workforce in both adult and young people populations. Sports Coach UK have contributed by providing technical expertise to NGB staff and Coach Managers involved in the Active Club Programme and through the development of bespoke Participation workshops to meet the meet the needs of coaches working across Northern Ireland. Tutor Orientations of identified staff from Sport Northern Ireland and National Governing Bodies of Sport to support the delivery of the 'How to deliver engaging sessions to Adults / Young People' workshops. Sports Coach UK Participation technical lead officer to deliver workshop orientations and ongoing support to identified tutors – planned and to be delivered in Nov 2015 Analysis of the 2015 Sports Coach UK Coaching Panel Research including 508 responses from Northern Ireland coaches. Sports Coach UK provided a breakdown of statistical and anecdotal data to the Sport NI Coaching Network including coaching insight linked to gender, disability, age ranges, activity levels, employment status and CPD preferences. This information will allow Sport NI and the Northern Irish Governing Bodies of Sport to have a greater understanding of their coach's needs. A more appropriately skilled and qualified workforce will hopefully lead to an increase in participation across both adult and young people populations. Start to assess data collected as part of the Sport NI Coaching Legacy programme. Understand needs, motivations, barriers from coaches involved in the Coaching Legacy programme. Start to unpick data already collected in year one and repeat exercise once year data has been involved in the Coaching Legacy programme.

		collated. Compare data from across the years and the different sports involved in the programme. Assess which sports have had the biggest impact? Sports Coach UK have provided technical research support and provided a sustainable monitoring and evaluation toolkit which can be used by Sport NI staff in the future.	
	•	Ongoing support to the Sport NI Coaching Awards through the development of a Coach Development Bursary for all award winners. Sports Coach UK provided partnership funding to support CPD and training costs for all Coach of the Year award winners. Alignment to Profile and Recognition objectives within the UK Coaching Framework	

Target Number:	PE19	
Target Details:	By 2019 to have 45,000 appropriately qualified, part time and volunteer coaches available to meet demand across all aspects of sport and physical recreation.	
Target Deadline:	2019 (Long Term)	
Status:	ON TRACK FOR ACHIEVEMENT	
Contributing Member	Progress	
Sport Northern Ireland (SNI)	 1610 coaches attended Sport Northern Ireland continuous professional development workshops. SNI is working with 33 governing bodies, the Southern Sports Partnership and the North West Coaching Network to implement effective systems for the development of coaching, aligned to either UK or All Ireland structures. SNI, in partnership with both Coaching Ireland and sports coach UK, continue to work closely with all funded governing bodies to identify key areas for development associated with the effective recruitment, education and retention of coaches. 	
Chief Leisure Officers Association (CLOA)	 Armagh City Banbridge and Craigavon Borough Council Council also has 30 casual multi sports coaches employed delivering physical activities sessions for the Sport in the Community Projects, including the MUGA Sports Project, Midnight Street Soccer, DV8 Youth Sport Project. The Southern Sports Partnership, of which Council is a member, employs 12 casual coaches for the delivery of the annual Southern Sports Academy - a 12 week coaching academy in the sports of Netball, Hockey, and Badminton. Council provides structured opportunities for people to access sports specific and generic courses through SD and the work that it does in partnership with the Southern Sports Partnership, NGB's and the Sports Advisory Councils (SACs) Council funds the SACs to enable then to provide grant assistance to clubs to support the cost of volunteers undertaking NGB awards at a suitable level and to provide grant assistance to clubs that may wish to bring "expert" coaching advice to its coaches. The Council funded SACs recognise the valuable role played by volunteer coaches at both the Junior and Senior Sports Awards 	
Irish Rugby Football Union Ulster Branch (IRFU – UB)	 DCAL programme and Community Gym Initiative - IRFU (Ulster Branch) registered 16 candidates on a Level 2 Fitness Instructors Course. Volunteer Fitness Development Coach programme - 40+ fitness coaches have undertaken a host of workshops / Continual Professional Development units, raising the level of supervision within our club and school sections. IRFU (Ulster Branch) continued to meet the demands of clubs and schools for appropriately qualified coaches ready for deployment through delivery of courses at Stages 1 – 3 in Ulster and places on stages 4 & 5 courses which are run nationally. Introductions to Rugby – 74 attendees at 5 short coach education courses: 	

Outdoor Recreation	 o LTPD Stage 1 Rugby - 227 accredited coaches attended 8 courses o LTPD Stage 2 Rugby - 99 accredited coaches attended 3 courses o LTPD Stage 3 Rugby - 58 coaches attended 2 courses - 29 coaches accredited to date o LTPD Stage 4 Rugby - 18 coaches attended 1 national course - 14 coaches accredited from previous years Trained and accredited 6 additional tutors (male & female) to support delivery of coach education courses around the province. Trained and in course of deploying 8 additional coach assessors (male & female) to support accreditation requirements for coaches. Arranged further training for 14 coach mentors to support coach development in clubs and schools hopefully reducing coach turnover. Presently conducting an audit of coaching positions within clubs and schools with an aim to identifying positions where there are insufficient coaches, inappropriately qualified or coaches who have not reached the minimum standards for deployment.
Northern Ireland (ORNI)	• Walking in Your Community Scheme on-going. 65 Community Walk Leaders trained this period. All Community Walk Leaders are volunteers.
Student Sport Ireland (SSI)	 Developed and delivered training resources and opportunities for staff, members, students and volunteers. Recognised and acknowledged voluntary contributions of students in annual event. Developed an on line opportunities database for students with training needs to take on voluntary internship posts in administration, coaching and officiating.
Irish Football Association (IFA)	 Qualified Level One Coaches – 2500. Qualified Irish FA C Certificate Coaches – 700. Qualified UEFA B Licence Coaches – 500. Qualified UEFA A Licence Coaches – 350. Qualified UEFA Pro Licence Coaches – 100.
Disability Sports Northern Ireland (DSNI)	• Training, sports leadership and coach education courses involving 965 coaches, leisure services staff, teachers and sports leaders organised during the period.
Northern Ireland Sports Forum (NISF)	• Active Awards for Sport funding received to fund Leadership Programme at Belfast MET which develops a group of young girls to be the next generation of Female Leaders with the Female Sports Forum.
Gaelic Athletic Association (GAA)	 NGB Award 2 Programmes delivered with mandatory sanction on all coaches within the talent pathway to be at level 2 for 2016 NGB Award 1 Programmes delivered with mandatory sanction on all coaches within clubs to be at level 1 for 2016 QCF Accredited programmes at level 3 for performance coaching. QCF Accredited programmes at level 3 for GAA Team Management. QCF Accredited programmes at level 3 for GAA Player Lifestyle. QCF Accredited programmes at level 3 for GAA Conditioning. Quality Assurance programmes through Open College Network and Coaching Ireland. Coach Development Programme delivered through workshops to support volunteers.

Target Number:	PE20
Target Details:	By 2019 to have secured a world class system for athlete development consisting of services, facilities and competition following the hosting of the Olympic and Paralympic Games in London 2012.
Target Deadline:	2019 (Long Term)
Status:	ON TRACK FOR ACHIEVEMENT
Contributing Member	Progress
Sport Northern Ireland (SNI)	 In 2013-14 Sport NI invested £3.2 and in 2014/2015 Sport NI is investing £3.2m in 34 Governing Bodies of sport through Performance Focus, which essentially is investment in five of the nine pillars - Governance, Club Development, Coaching, Talent identification and Development, High Performance Operations, (the remaining pillars are being picked up by other programmes in SNI for example under Foundation Sport NI operates Active Communities). In 2013-14 and 2014-15 Sport NI has been working with other organisations to develop leadership skills within sport. 24 individuals have been supported to undertake leadership development opportunities provided by Sport NI, and Sport NI has also worked with the sports Councils in England, Scotland, Wales and UK Sport to develop Leading Edge, a leadership development opportunity for Chief Executive Officers or governing bodies. During this reporting period SNI through its PerformanceFocus programme has continued to invest in 34 Governing Bodies through five of the nine pillars identified in the SPLISS Research (2012) namely Club Development, Coaching, Governance, High Performance and Talent Systems(the remaining pillars are being picked up by other programmes in SNI for example under Foundation SNI operates Active Communities). The PerformanceFocus programme sees investment of £3.2m per year. SNI worked with 28 Governing Bodies, the Southern Sports partnership and the North West Coaching Network to build effective Talent systems for the identification, confirmation and development of arthlets. This includes investment into the provision of staff to 22 sports (e.g. Talent officers and coaches) and programme support. SNI is working with 27 governing bodies, the Southern Sports Partnership and the North West Coaching Network to implement effective systems for the development of coaching, aligned to either UK or All Ireland structures. SNI, in partnership with both Coaching Ireland and sports coach UK; continue to

	education and retention of coaches.
UK Sport	 A Memorandum of Understand between the EIS and SINI is now in place. Collaborative work continues between the UKS/EIS Pathway Team and SINI, with progress advancing. The HPSAG group has now finalised its System Strategy and is now moving into operational deployment mode. Current activity is focussed around 3 key work areas: Emerging Athlete identification, confirmation and development System People Development High Performance Environments SNI/SINI sit on the steering group for this strategy (HPSAG) and are actively participating in the development and implementation of these operational areas. UK Sport continues to provide support to the development of a NI World Class System via Project Connect and Aspire. UK Sport has working relationships with Tourism NI, the lead agency for major events in NI. UK Sport manages a Home Country Co-ordination group every six months which aims to provide co-ordination and discussion in relation to the major sporting event targets across the home countries. The group is operating well and Tourism NI update on these meeting in relation to the major sporting event targets and those of Sport NI. UK Sport is aware of Sport NI's aspiration to bid to host the Commonwealth Youth Games in Northern Ireland in 2017. UK Sport is co-ordinating the updating of the industry recognised EventImpacts Website with all home country partners. This will have a soft launch in December. UK Sport is planning a series of roadshows to meet and discuss the UK's longer term major event strategy over the next 3-6 months.
Student Sport Ireland (SSI)	• SSI gathered baseline information from all institutions which details campus based sports facilities, maximum capacity and location of facilities in order to promote facilities to community groups.
Irish Football Association (IFA)	 Club NI – still awaiting details from Jim Magilton and Conor Marlin Regional Girls Excellence Programme which takes place across four venues (Down/Armagh - The Dub, Antrim - UUJ, Tyrone/ Fermanagh – Mid Ulster Sports Area, Derry - Scroggy Road, Limavady). These are for girls born 2005 – 2000 and are held once a week with 1.5hr session for three age bands. In total there are 180 girls in the programme. From the Regional squads players are identified for extra training which takes place on a Wednesday at the Dub and there are two groups (a) 2001/02 U15 Development squad who play in the Bob Docherty International schools tournament (b) 2003/04 a U13 Development squad giving extra sessions to help the players early in their development. The sessions are both over 30 weeks of the year from January – November. Once a month on a Sunday all of the squads come together to play round robin games from 7@side – 11@side and these games are used as Talent ID for the Development squads. This year during the summer and Halloween breaks all of the Regions had two days of two sessions per day each week as extra sessions. All of the players are now tested using Soccer Genius twice a year and the 2001/02 age band are fitness tested twice a year and issued fitness programmes. Parents meetings are also held giving an update on the players, nutrition, the programme and the player pathway for girls.
Disability Sports Northern Ireland (DSNI)	 1. Disability Sport Performance Pathways: In order to enable talented athletes with disabilities to compete and excel in their chosen sport, Disability Sport NI supported governing bodies of sport to develop/improve disability performance pathways within their sports during the period. However due to a reduction in funding the number of mainstream sports Disability Sport NI works with was reduced to 6 in March 2015. 2. Disability Classification Service: Disability Sport NI continued to provide a classification service to local athletes during the period, which is essential to their participation in competitive/elite sport. This involved providing information and advice on classification to individual athletes,

	parents and sports organisations as well as organising and managing the UK and International INAS-FID Classification System for athletes with learning disabilities.
Gaelic Athletic Association (GAA)	 Working closely with SINI to ensure worlds best practice is available and that support teams are aware of this. Programmes being delivered in Performance Analysis and Player Lifestyle. Programmes planned for strength and conditioning. SINI information nights to provide opportunity to embrace and debate the high performance environment.

Target Number:	PL21
Target Details:	By 2010 to initiate a Northern Ireland certification process that will improve safety management and the fabric of the major stadiums in Northern Ireland, to comply with the Safety of Sports Grounds (Northern Ireland) Order (2006) and associated technical guidance.
Target Deadline:	2010 (Short Term)
Status: ACHIEVED	
Contributing Member	Progress
Sport Northern Ireland	 The Safety of Sports Grounds (NI) Order was introduced in February 2006. Thirty sports grounds were designated in December 2009. Thirty safety certificates have been issued to date by district councils. These certificates are reviewed and amended periodically. SNI is overseeing the implementation of the legislation and reporting to DCAL. In addition, SNI has prepared and issued guidance to the district councils (and others) relating to procedural matters and interpretations of the legislation. In November 2013, Sport NI commenced a framework for the implementation of part of the Safety of Sports Grounds Order [in relation to regulated stands]. Sport NI has been working closely with DCAL and it is anticipated that the regulation processes will commence in Spring 2015.

Target Number:	PL22	
Target Details:	By 2014, and subject to Executive approval, to have developed major sports stadiums to meet the strategic needs of Football, GAA and Rugby on an operationally viable and commercially sustainable basis in Northern Ireland.	
Target Deadline:	2014 (Medium Term)	
Status:	ON TRACK FOR ACHIEVEMENT BUT WITH SOME DELAY	
Contributing Member	Progress	
Sport Northern Ireland	To be updated.	
Irish Rugby Football Union Ulster Branch (IRFU – UB)	Redeveloped Kingspan Stadium (Ravenhill Rugby Grounds) officially opened in May 2014	

Student Sport Ireland (SSI)	•	Facility Development Capital Programmes in place for QUB and UU
Disability Sports Northern Ireland (DSNI)	•	Inclusive Stadia Advisory Group (ISAG) established and inclusive stadia design and management guidelines developed to support the three stadia to meet optimum levels of good practice in terms of inclusive use by people with disabilities.

Target Number:	PL23
Target Details:	By 2014 to have a minimum of 10 new or upgraded facilities that will support Northern Ireland player/athlete development in Olympic and Paralympic sports.
Target Deadline:	2014 (Medium Term)
Status:	ACHIEVED
Current Position:	Since 2009, Sport Northern Ireland and district councils have made over 20 capital investments which may be deemed as making a contribution towards this target in that they support NI athlete development in Olympic and Paralympic sports.
Contributing Member	Progress
Sport Northern Ireland	 Long Term Sport NI's £17.5m Sports Facilities Fund consists of three funding strands. Key information for each strand has been outlined below. In particular, the Multi-Facility strand and the Performance Facility stand seek to develop sports facilities within larger (existing or new) multi-sport environments that can be complimented by a long-term and sustainable sports development plan. Short Term Sport NI staff have met with representatives from the Irish Amateur Boxing Association, Athletes NI and Rowing Ireland (top three sports with an identified facility need) to begin the process of developing facility requirement specifications (both operational and technical). All three sports attended a workshop in the House of Sport on 28 August to begin formalising their project teams and plans. Sport NI is working with the GBs to produce strategic project briefs which will be used to procure delivery partners.
Student Sport Ireland (SSI)	Investment in QUB Upper Malone Rugby, Soccer and GAA pitches.

Target Number:	PL24
Target Details:	By 2015 to have amended public policy frameworks to protect and promote access to and sustainable use of publicly-owned land in Northern Ireland for sport and physical recreation.
Target Deadline:	2015 (Medium Term)

Status:	ON TRACK FOR ACHIEVEMENT
Contributing Member	Progress
Sport Northern Ireland (SNI)	• SNI, in partnership with ORNI, NIEA & NITB, has supported the development and subsequent launch of the NI Outdoor Recreation Action Plan. SNI is committed to supporting the delivery of actions identified within the ORAP, including those relating to access, AONBs, outdoor recreation hubs and legislation.
Chief Leisure Officers Association (CLOA)	 Armagh City Banbridge and Craigavon Borough Council Council is currently undertaking a number of scoping exercises in relation to forests and forest parks. If successful this would ensure greater participation, promotion and access to forest estates.
Northern Ireland Environment Agency (NIEA)	 NIEA continued to provide public access to the countryside for outdoor physical recreation at its seven country parks, to fund the management of Colin Glen Forest Park and to facilitate walking at many of its nature reserves and some historic monuments in State Care. Country Park facilities include mown grass areas for informal games, extensive path networks, trim trails, cycle paths, bridle paths and bathing beaches. Capacity to organise events at NIEAs properties was very limited but NIEA continued to facilitate others organising sponsored walks at its properties. NIEA commitment to providing public access to suitable sites is set out in its Policy Position Statements. NIEA continues to work with Sport NI and other partners to deliver the targets of the Outdoor Recreation Action Plan for Northern Ireland which was published in March 2014. Delivery of the targets is embedded in the criteria of Natural Environment Fund and will be embedded in any new grant programme that is developed.
Northern Ireland Sports Forum (NISF)	NI Sports Forum provides facility on website and social media for members to respond to appropriate consultations.

Target Number:	PL25
Target Details:	By 2019 to ensure that 90% of the population have quality accredited, multi sports facilities that have the capacity to meet demand, within 20 minutes travel time.
Target Deadline:	2019 (Long Term)
Status:	ON TRACK FOR ACHIEVEMENT
Contributing Member	Progress

Sport Northern Ireland (SNI)	 Long Term Sport Northern Ireland (Sport NI) in partnership with District Councils is developing a Sports Facilities Strategy for Northern Ireland and 11 associated District Council Area Reports. The purpose of this project is to provide a strategic framework for the future development of sports facilities throughout Northern Ireland and to ensure smarter use of public money. Over the past 11months Sport NI and Councils have been working closely with our specialist consultant team (Strategic Leisure Ltd) to assist them with their research and consultation. The strategy project has engaged a wide range of stakeholders including, Executive Departments, Education Authorities, Universities, Planning Service, Clubs and Community Groups. Sport NI expect final drafts of the Strategy & Reports between November and December 2015. A key finding from the Strategy (and Reports) is likely to suggest that Northern Ireland needs further and better multi-facility sporting hubs in order to encourage increased participation and enable effective pathways through the sports development continuum. Short Term Single Facility Fund – 153 applications (150 online and 3 hardcopies) for the Single Facility Fund were received by the deadline of 15 July 2015. The assessment process is now concluded and 21 projects have been invited to proceed to the next stage of the process which involved an assessment of facility need and business case. Funding for the Single Facility Fund is from Lottery funds and therefore there are no financial year-end sensitives to this funding. Timescales are dependent on the size of the project and how quickly the applicant is able to meet our requirements. Anticipated timescales are as follows: o under £30K - Letters of Offer will be in place by December 2016. o over £30K - Letters of Offer will be in place by June 2017. Multi Facility Fund – the Multi Facility Fund will invest in sites that offer four or more facility typ
Chief Leisure Officers Association (CLOA)	 Armagh City Banbridge and Craigavon Borough Council Council is working with Sport NI to ensure that the development of facilities will meet this need.
Northern Ireland Environment Agency (NIEA)	 NIEA continues to provide public access to the countryside for outdoor physical recreation at its seven country parks, to fund the management of Colin Glen Forest Park and to facilitate walking at many of its nature reserves and some historic monuments in State Care. Country Park facilities include mown grass areas for informal games, extensive path networks, trim trails, cycle paths, bridle paths and bathing beaches. Capacity to organise events at NIEAs properties was very limited but NIEA continued to facilitate others organising sponsored walks at its properties. NIEA contributed funding towards path creation and maintenance including within the Sperrins, Ring of Gullion, Mound of Down, the Belfast Hills, the Mournes and the Causeway Coast Way. NIEA provides strategic funding for Outdoor Recreation NI and contributes information on NIEA properties to the Walk NI website.

Outdoor Recreation Northern Ireland (ORNI)	 Published a Toolkit for the Development of Community Trail Networks Completed an outdoor play facility in Tollymore Forest Park, Castlewellan Forest Park and Gortin Forest Park Design completed for: Spatial Plan and 50kms of MTB trails and 30kms of walking trails for Gortin Forest Park on behalf of Fermanagh and Omagh Council. Undertaken the following studies all of which include recommendations for future development of outdoor recreation: Scoping study of Mid Ulster Forests – completed in behalf of Mid Ulster Council. Scoping Study of Castle Archdale Country Park – completed on behalf of NIEA. Scoping Study of Redburn Country Park – completed on behalf of SportNI and Causeway Coast Outdoor Recreation Forum). Feasibility study of Carlingford Lough – completed on behalf of Loughs Agency. Feasibility study of Gosford Forest - on-going on behalf of ABC Council. Feasibility study of Davagh Forest - on-going on behalf of Mid Ulster Council Feasibility study of Davagh Forest - on-going on behalf of Derry and Strabane Council. Feasibility study of a Walking Trail from Lough Derg to Ardstraw – on-going on behalf of Derry and Strabane Council.
Disability Sports Northern Ireland (DSNI)	 Inclusive Sports Facility (ISF) Accreditation: Two facilities, Fermanagh Lakeland Forum and Bangor Aurora, have secured accreditation with 17 sports facilities working towards Accreditation. The scheme is designed to ensure that sports facilities meet optimum levels of good practice in terms of inclusive use by people with disabilities.
Northern Ireland Sports Forum (NISF)	 NISF have promoted funding opportunities to our membership and the wider sports sector through our website/ social media/ SportsWatch and direct communication to members.

Target Number:	PL26
Target Details:	By 2019 to ensure that all planning decisions follow Planning Policy Statement 8: Open Space, Sport and Outdoor Recreation in relation to the provision of spaces for sport and physical recreation.
Target Deadline:	2019 (Long Term)
Status:	ON TRACK FOR ACHIEVEMENT
Contributing Member	Progress
Sport Northern Ireland (SNI)	• SNI is a statutory consultee of the Planning Service. Planning Service request Sport NI to comment on the suitability of related planning applications. SNI has had ongoing correspondence with the Planning Policy Division regarding the preparation of guidance and best practice for sport and play facilities. It was proposed that the best approach would be to develop non statutory guidance/best practice to be used by planners and developers alike to inform their work. SNI will continue to engage with the Planning Policy Division to encourage progress towards

	this target.
Chief Leisure Officers Association (CLOA)	 Armagh City Banbridge and Craigavon Borough Council Planning applications considered in relation to the provision of spaces for sport and physical recreation considered under the SPPS, PPS8 and the extant Local Development Plans. Background work began on ACBCBC Development Plan Open Space & Recreation Position Paper including 'NPFA 6 acre standard' open space audit of larger settlements.