



our vision:

a world in which people choose to
travel in ways that benefit their
health and the environment

Sustrans works in three ways

1. to make local environments safer and more attractive for walking and cycling
2. to support and encourage individuals to make more sustainable travel choices
3. to influence policy and practice.

Active Travel delivering government priorities

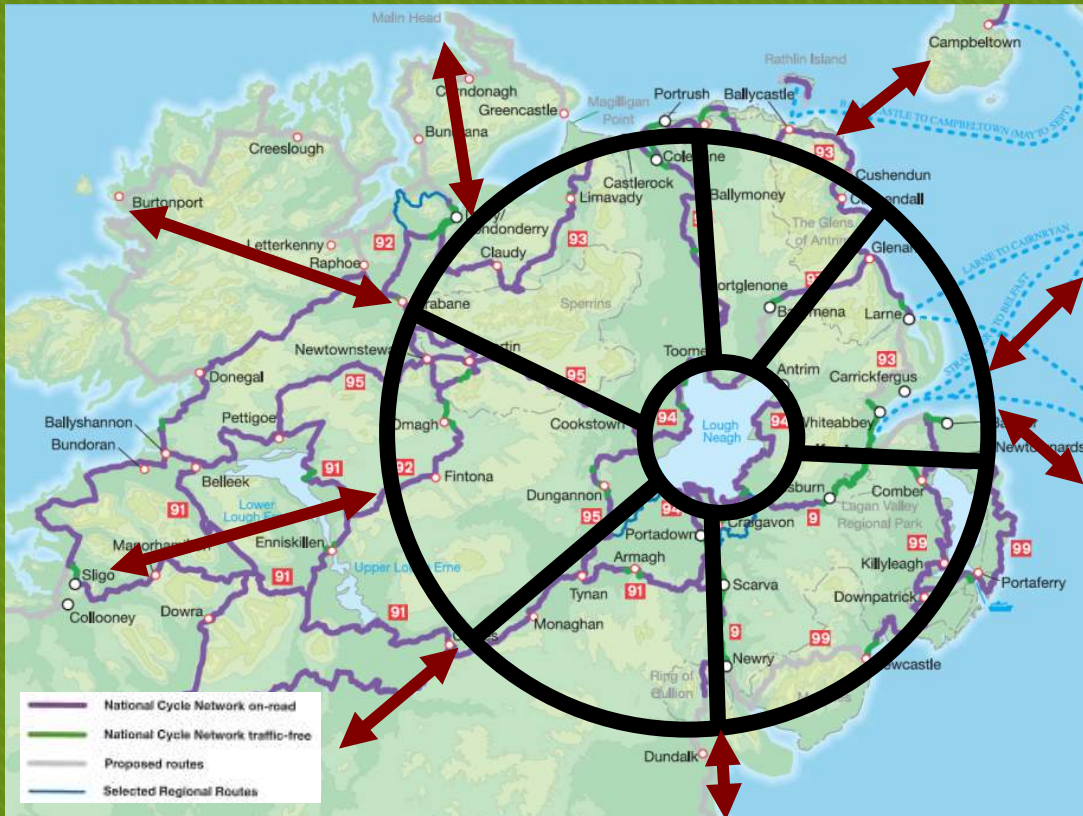
- Programme for Government OFMDFM
- Active Travel Strategy DRD
- A Fitter Future for all DHSPPS
- Sport Matters DCAL
- Outdoor Recreation Strategy SNI/NIEA/DCAL/NTIB
- Plus.....

National Cycle Network



- 46% of trips are for recreational purposes.
- 72% of recreational trips are by pedestrians.
- 25% of recreational trips are by cyclists.
- 81% of recreational users state that the route has helped them to increase the amount of regular physical activity.
- (47%) by a large amount.

National Cycle Network - future



On road	750m
Traffic free	115m
Total	860m

Greenways

1. Comber Greenway
 2. Lagan and Lough
 3. Newry Canal
 4. Foyle valley
 5. Waterside
 6. Craigavon Community
 7. Causeway Coast
 8. Others non NCN
- Connswater, West Belfast

Urban networks

Delivering Active Travel locally



Ballymoney

- Connect 2
- 83 Schemes 5 in NI
- £50m BIG Lottery
- £170m total project cost

Urban networks

Delivering Active Travel locally

Derry~Londonderry 2020 “One Plan”

- 6% trips by bike by
- All school to have travel plan
- Access Forum in Place to deliver



Urban networks

Delivering Active Travel locally

Belfast

- Belfast Active Travel Action plan
- Local targets
- Forum to deliver
- Budget
- Resource to co-ordinate

Ward	Method of travel to work: Bicycle %
Ballynafeigh	6.20
Ravenhill	5.18
Woodstock	4.89
Rosetta	4.33
Wynchurch	4.19
Blackstaff	3.56
Stranmillis	3.39
Botanic	3.39
Windsor	2.97
Bloomfield	2.96

Source: Census 2011

Aged 16-74 years (excluding students) in employment and currently working

Sustrans Bike It



Aims to achieve:

- Enabling children to make healthier, safer, more sustainable, and more enjoyable journeys to school.
- 15% of children regularly cycling to school.
- Increase levels of scooting and walking.

Why Bike It?



- Only 1 in 7 children getting recommended physical activity each day.
- Nearly a quarter of cars on the road at 8.35am are taking children to school.
- 32% of primary school pupils walk or cycle to school in NI, compared to 50% in GB.
- 48% of children want to cycle to school.

Organisation & policy



- Funding partners (current) – Active Belfast and DRD
- Delivery partners
- School network – principals, champions, parents, pupils
- School policies and facilities

Raising awareness



Empowerment



Action stage



Moving forward



Results...



- **Increase in regular cycling to school from 4.6% to 17.1%.**
- Reduction children who never cycle to school from 86.1% to 48.3%.
- Increase in regular walking to school from 60.3% to 63.3%.
- Decrease in car use from 45.4% to 40.8%.
- 50% of all participants in cycling activities were girls.

Programme for Government sets targets for active school travel

To create the conditions whereby at least 36% of primary school pupils and 22% of secondary school pupils are able to walk or cycle to school as their main mode of transport.

