



# Coaching System Development

Alistair Brown

Coach Development Manager

IRFU (Ulster Branch)

29<sup>th</sup> March 2012



# Coaching System Development

## Pre 2010 Ulster Rugby Coaching Environment

- National Coach Education programme
- Delivery of CPD offered on an ad hoc basis
- Two Coach Development Officers
- Staff & external tutors trained Nationally
- Coaching Development plan had recently been produced
- Processes in place for recruitment of coaches for RDS and Age Grade Representative Teams

# Coaching System Development

## Current situation

- Web based Coaching Database of Ulster Coaches
- TNA and PDP workshops offered to coaches from LTPD Stage 3 onwards.
- Club Coaching Coordinator role introduced to improve the coaching system and communication [two way] at all levels in clubs, regions and Province-wide
- Improved communication to coaches via E-Zine
- Improved delivery of Coach Education including CPD through engagement with Branch committees and ascertaining coaches requirements through surveys / questionnaires.

# Coaching System Development

## Current situation

- Regional Approach adopted with a Coach Development Manager plus three Regional Coach Development Officers now in position
- Mentoring support for coaches at Stage 3 onwards and Talent Identified / Age Grade Representative Coaches

# Coaching System Development

## Areas for future development

- Identification of the training needs of coaches at Academy, Ravens and Senior Ulster levels
- Training of new mentors (commenced March 2012)
- Training of additional Coach Assessors (commenced March 2012)
- Training of additional Tutors for Ulster Rugby.
- Delivery of a comprehensive range of CPD through an annual programme at LTPD Levels 1 - 4.

# Coaching System Development



Any Questions?

