

Executive Summary

1. Introduction

- 1.1 "Sport Matters: The Strategy for Sport and Physical Recreation 2009-2019" proposes a strategy for the development of sport and physical recreation in Northern Ireland up to 2019 a strategy which will provide a lasting and sustainable legacy for future generations. In so doing, the document identifies 26 high level targets (and related key steps) and sets the key strategic priorities for sport and physical recreation over the next ten years and will inform future investment by all stakeholders across the public, private and community/ voluntary sectors.
- 1.2 The high level targets are structured to reflect the current and anticipated needs of sport and physical recreation as expressed through consultation.
- 1.3 This is the second progress report and highlights the progress made by members of the Sport Matters Implementation Groups (SMIGs) against the 26 high-level targets identified in the Strategy, covering the period 01 October 2010 until 30 September 2011.

2. Review Process

- 2.1 The report presents a summarised overview of members' progress to date against the high level targets (summarised by the three themes of Participation, Performance and Places), using the following framework:
 - Target Reference and Details;
 - Timeframe;
 - Status;
 - Baseline information and current position (where appropriate and available);
 and
 - Progress to date and contributing organisation.
- 2.3 The summary report has been collated by Sport Northern Ireland on the basis of information that was submitted by each member organisation represented on the SMIGs.
- 2.4 The status of progress against each target has been rated using an extended Traffic Light system. The ratings are defined as follows:
 - BLUE Target achieved;
 - GREEN On track for achievement;
 - AMBER On track for achievement but with some delay or uncertainty; and
 - RED At risk for achievement.

Figure 1 below, depicts the timeline of Sport Matters (2009-2019) and when each high level target should be achieved. Table 1 below, details the current rating of each target categorised by theme and time-frame.

Figure 1



Table 1

	PARTICIPATION			PE	PERFORMANCE			PLACES		TOTAL
	Short	Medium	Long	Short	Medium	Long	Short	Medium	Long	
BLUE	2			2			1			5
GREEN		2	5		1	5		1	2	16
AMBER	1	1		1				1		4
RED								1		1

Target Number:	PA1
Target Details:	By 2009, to have agreed and commenced implementation of a revised research framework for participation rates that is cognisant of the recommendations of the Chief Medical Officers in the UK.
Target Deadline:	2009 (Short Term)
Status:	ACHIEVED
Contributing Member	Progress
Sport Northern Ireland	SNI finalised Northern Ireland's Sport and Physical Activity Survey 2010 – the large-scale adult participation survey which will provide baseline data for many of the targets identified within Sport Matters. A final report is available online at www.sportni.net.

Target Number:	PA2		
Target Details:	By 2010 to have reviewed the economic impact of sport and physical recreation in Northern Ireland.		
Target Deadline:	2010 (Short Term)		
Status:	ACHIEVED		
Contributing Member	Progress		
Sport Northern Ireland	SNI finalised, launched and published the Economic Importance of Sport in Northern Ireland. The report was disseminated to a wide range of stakeholders across NI and is available online at www.sportni.net.		

Target Number:	PA3	
Target Details:	By 2011, to have established a baseline for the number of children of compulsory school age participating in a minimum of two hours quality physical education per week.	
Target Deadline:	2011 (Short Term)	
Status:	ON TRACK FOR ACHIEVEMENT BUT WITH SOME DELAY	
Baseline Information:	No baseline information exists.	
Contributing Member	Progress	
Department of Education	 Department of Education (DE) guidance recommends schools should provide pupils with a minimum of 2 hours Physical Education (PE) per week. However, legislation prevents DE from prescribing the amount of time that should be allocated to a subject within the curriculum. DE contributes towards this target through its funding of the Curriculum Sports Programme (£1.5m in 2011-2012, 61 coaches delivering the Programme in 561 schools in September 2011). This programme improves both the physical literacy skills of children (Foundation Stage and Key 	

	stage 1) and also the skills and confidence of teachers in delivering PE. Annual reports received from the IFA and GAA, who deliver the Programme on behalf of the Department, indicate that the Programme is making a positive impact in developing the physical literacy skills of DE's youngest pupils and also improving the confidence of primary school teachers in delivering PE in the curriculum. 3. DE undertook work to develop a new educational resource entitled Aspire, Aim and Achieve and the resource is due to be launched on 15 March 2012. The resource aims to help teachers and pupils find out more about the 2012 Olympic and Paralympic Games through a variety of Areas of Learning.
Department of Education and Education & Training Inspectorate	DCAL and DE officials have agreed that the baseline will be established by way of a survey by the Education and Training Inspectorate and that the survey will be split into three stages: a. An electronic survey of schools in early 2012; b. Follow-up visits to a selection of primary schools; and c. Follow-up visits to a selection of post-primary schools primary, post-primary and special schools Note: Stages b and c above will be commissioned by Education and Training Inspectorate (ETI) for inclusion in their 2012-13 Business Plan. A meeting of representatives from Department of Culture, Arts and Leisure (DCAL), Sport Northern Ireland, ETI and DE took place in September 2011 to discuss stage 1 i.e. the content of the electronic survey. The electronic survey is due to be issued to all schools on 21 March 2012 with a return date of 4 April 2012.
IRFU (Ulster Branch)	 The IRFU (Ulster Branch) has a Community Rugby Programme which is managed by its Participation Manager (position funded by Sport NI Investment in Performance Sport programme). The Community Rugby Programme has placed 15 part time development officers in Northern Ireland. These community coaches work to deliver introductory rugby programmes to local schools and community groups and provide a means for participation from non-traditional rugby playing areas within Northern Ireland. Through its community rugby programme the IRFU UB can account for 4,000 unique participants per annum. As part of this programme the IRFU UB has employed a part time Community Rugby Officer within the Belfast area whose function is to support the development of female youth rugby by providing rugby coaching to females within primary and secondary schools and to offer them suitable competition and an opportunity to progress at local Clubs. As a result of its development work in schools the IRFU UB has seen an increase in the number of non-traditional rugby schools participating in various school based competitions. For example in season 2009/10, 22 schools participated in the Girls Schools Cup however in season 2010/11 this rose to 27 schools and 34 teams participating in the same competition. A similar growth was observed within the male sector where the High Schools Under 14 competition has risen from 35 entries in season 2009/10 to 50 entries in season 2010/11. In addition the IRFU UB now has 23 league teams involved in a regular under19 age grade competition.
Irish Football Association	The IFA secured further funding from the Department of Education for Northern Ireland to further develop the Curriculum Sports Programme (CSP). This has enabled the 30 full time IFA coaches to continue to deliver the project (to approx 15,000 children) which aims to use the relevant sports expertise to help support and complement existing current Physical Education programmes within the Primary Sector.
Ulster Council GAA	The GAA has undertaken a number of activities relating to this target, including: Delivery of Fundamental Movement Skills Programme to Key Stage 1 Pupils in curriculum time in the Primary school (circa 18,000 children) Delivery of Gaelic Games to male and Female to Key Stage 2 during curriculum and after school on Primary Sector (circa 18,000) Delivery of Gaelic Games to male and female to Key Stage 2 after schools through the Active Communities Programme.

Target Number:	PA4				
Target Details:	By 2013, to have stopped the decline in adult participation in sport and physical recreation.				
Target Deadline:	2013 (Medium Term)				
Status:	ON TRACK FOR ACHIEVEMENT				
Baseline Information:	45% of the Northern Ireland adult population participated in sports and physical recreation once in the last 12 months (2008-09 CHS)				
Current Position:	50% of the Northern Ireland adult population participated in sports and physical recreation once in the last 12 months (2010-11 CHS)				
Contributing Member	Progress				
Sport Northern Ireland	 SNI confirmed investment in DSNI & CAAN for 2011/12; appraisal process for future investment 2012-2015 commenced. Active Communities programme fully operational across all 26 district council areas; programme exceeding targets for number of coaches, number of participants and rate of participation by women/girls & people with a disability, however participation among older people (>50 years) continues to be a challenging area for most Active Communities consortia; partnerships developed with a number of support organisations including Age NI & Clanrye. Cross-departmental (DE, DCAL, DHSSPS, DSD & OFMDFM) Funding package for Special Olympics Ulster 2011-2015 confirmed. Awards for Sport programme launched July 2011. Awards totalling £427,000 confirmed to 98 successful applicants in November 2011. Series of advocacy and information leaflets produced and disseminated across NI aimed at women/girls, people with a disability, older people, children/young people, those with life-limiting health conditions (CVD, obesity, mental health) and outdoor recreation sector. SNI piloted the introduction of Adventuremark, an accreditation scheme for outdoor adventure activity providers (statutory & commercial) in Northern Ireland. 				
Countryside Access and Activities Network	 1st Adventureland Weekend held in April 2010. Adventureland encourages local people to try new outdoor activities in their local area. 19 private Activity Providers involved. 1412 people took part in outdoor recreation activities during the weekend. 45% had never taken part in outdoor activities in Northern Ireland where they paid an outdoor activity provider. Nearly 85% of respondents stated their awareness of outdoor activities in Northern Ireland has either significantly improved or improved. Just over 90% of respondents stated their awareness of outdoor activities in Northern Ireland has either significantly improved or improved. Just over 90% of respondents stated their awareness of outdoor activities in Northern Ireland has either significantly improved or improved. Just over 90% of respondents stated their awareness of outdoor activities in Northern Ireland. 84% of respondents stated they would take part in a Northern Ireland Adventureland Weekend in 2012. 1st National Trails Day held in October 2010. 58 events organised across Northern Ireland and included walking, canoeing, horse riding events. 1,500 took part in the day. The inaugural Giant's Causeway Sportive took place in September 2011, in which 623 cyclists took part in the event. Active marketing and promotion of over 35 outdoor recreation sports to the population through a wide range of media including websites, Facebook, twitter, PR etc. Websites (walkni.com, cycleni.com, canoeni.com and outdoorni.com all saw an increase of at least 20% in the number of absolute unique users for the same period the year before. PR equivalent generated for the outdoor sports for the period was approx £7 million. Under the Venture Outdoors project, 100,215 people from the 3 communities (people with a disability, minority ethnic groups and people from areas of high social need) became better informed about the recreational opportunities available in Northern Ireland through targeted marketing activit				

British Olympic	 6. Under the Venture Outdoors project 186 outdoor recreation 'taster sessions' have been enjoyed by 31 communities. Of the 31 communities, 9 were from minority ethnic groups, 16 disability groups and 6 from groups operating wthin areas of high social need There are currently 54 community groups on the waiting list. Unfortunately there is insufficient funding to allow these 54 communities to participate. 7. Under the Venture Outdoors project 11 training courses were delivered to 207 participants involved in providing for outdoor recreation to the disabled, minority ethnic and TSN communities. The BOA has been working with a number of NI governing bodies to launch the Gold Challenge Scheme in Northern Ireland (the key 2012)
Association	participation scheme). This Scheme is designed to increased participation in sport and physical activity before, during and after the London 2012 Olympic and Paralympic Games.
Irish Sports Council	The ISC continued to produce Irish Sports Monitor (ISM) Reports on adult participation – the most recent publication being the ISM 2009. The ISC retendered for the research and future reports will be produced by IPSOS MORI from 2011.
Public Health Agency	 The PHA has supported increased participation in physical activity through a range of investments in obesity/physical activity interagency forums and other programmes. Examples include: physical activity co-ordinator posts in local health and social care trusts; provision of a range of training for trainers courses (e.g. creative dance, inclusive skills, walk leaders training etc); allotment and community garden projects; exercise referral programmes by GPs to local leisure facilities; active travel projects; development of outdoor gyms; healthy towns initiatives in a number of council areas which bring together a range of programme areas at local level; work place health initiatives; through joint working with local government e.g. Active Belfast. The PHA has completed Health Impact Assessments on the Cardiovascular Services Framework and the North West Community Allotments Project. The PHA is actively involved in the PARC study, the research element of which will look at the effects of the built environment on the physical activity levels of people in east Belfast. The Belfast Health Development Unit initiated the development of an Active Belfast Strategy and Brand for the Belfast City Council Area. PHA and Belfast City Council have jointly devoted staff to leading on the concept. The Active Belfast Action Plan will ensure reference and alignment of the Sports Matters Strategy. Active Belfast are currently in the process of developing a Physical Activity Care Pathway across the city of Belfast, A mapping of activity is taking place of all Physical Activity programmes across the city being delivered by statutory and community organisations which can be identified as accredited programmes and which may form part of the Physical Activity Care Pathway such as: Recruitment; Screening; Intervention –Brief Intervention based on motivational interviewing principles and cycle of chang
Chief Leisure Officers Association (District Councils)	 A survey of district council provided the following examples of progress made against this target: All district councils are involved in the delivery of the Active Communities Programme which aims to increase participation opportunities in sport and physical recreation. Castlereagh Borough Council has developed a 3 year Leisure Services Strategy was steered by a number of key strategies including Sport Matters. Each facility under the management of Leisure Services has a developed business plan which aims to address the decline in adult

	 participation in sport and physical recreation. For example, a specific aim within Lough Moss is to improve links with the local community and surrounding area to encourage increased usage and participation. Ballymena Borough Council delivered the Ballymena Health Walk Programme, an annual programme of walks which meet on a weekly basis in collaboration with the Northern Health and Social Care Trust.
Northern Ireland Environment Agency	 NIEA managed its 7 country parks and funded another as well as many nature reserves and some historic monument sites in a way which afforded public access for physical recreation. All sites provided for walking by adults, with some also providing for other activities. NIEA welcomed visits to these sites by organised groups such as ramblers associations to its properties. It worked with CAAN to maintain entries about its properties on the WalkNI website. NIEA spent around £800,000 towards management of these properties for public access. They received around 1.5 million visits. NIEA pledged funds towards the creation and maintenance of paths and trails at Divis and is actively considering an application for funding access in the Mournes. NIEA organised and facilitated events at its properties including guided and sponsored walks and has undertaken to deliver several walks on National Trails Day.
IRFU (Ulster Branch)	 The IRFU UB introducted Under 19 leagues, which are designed to provide a link between youth and adult rugby giving players the opportunity to have another year with their peers allowing them to develop physically and mentally before progressing into the adult game. Under 19 games are now played on Saturday afternoons instead of the traditional Saturday morning timeslots which had been reserved for youth fixtures previously. This has helped clubs to integrate these players into the wider rugby club environment on a Saturday afternoon. Currently 23 clubs are fielding teams at Under 19 level and feedback has been received from clubs which suggests that the introduction of Under 19 rugby has aided with the retention and recruitment of players. Within the Women's game the introduction of the Adult Development League in season 2010/11 provided suitable competition for those Clubs and players recently coming into the sport. Four teams from 3 Clubs participated in 10 matches throughout the season. All Clubs finished this League and commented positively on its implementation and structure in meeting its objectives. In season 2011/12, 7 teams from 6 Clubs entered into this Development League with 21 matches scheduled throughout the season. In season 2008/99, there were a total of 7 adult female clubs, by season 2010/11 this had increased to 10 clubs/11 teams and by season 2011/12 this has increased to 12 Clubs/13 teams playing across various competitions. This demonstrates a growth in the number of women currently playing rugby within the Province. The IRFU (Ulster Branch) planned to establish a veterans League for the 2011/12 season (aimed at players who are aged 35+) in order to allow for participation for those players who have drifted away from the game due to other commitments. This structure is less intensive, with 1 fixture per month, and allows opportunity for participants to continue in the game without the week in, week out commitment. 13 teams are currently playing withi
Irish Football Association	The IFA continues to support groups at grassroots level who use the sport of football as a tool to promote Community Relations in a sustainable and creative way which makes a meaningful difference in the community. Some key projects the IFA Community Relation Departments have supported during 2010 include Belfast Street League (where 60 adult males participated on a weekly basis), Women's World United and Limestone United.
Ulster Council GAA	The GAA has undertaken a number of activities relating to this target, including: • Establishment of Recreational Games in Gaelic Football for adults – non contact, club based and regional base;

	 Establishment of Gaelic For Mothers Programme – delivered through development officers in Clubs and regions; Delivery of Gaelic Games coaching and games opportunities to adults with physical and learning difficulties; and Delivery of Gaelic Games to inmates in detention centres.
Business In The Community	BITC published an E-Zine on the benefits of volunteering in Sport and raised awareness of local sporting events to inspire and encourage members and employees to participate in sport and physical activity. A Health and Well Being wall planner was launched and distributed to all members highlighting the message that Sport and physical activity can be used as a stimulus to empower change generating a positive impact on the lives of those who participate.

Target Number:	PA5			
Target Details:	By 2014 to have increased the number of people in Northern Ireland in membership of at least one sports club			
Target Deadline:	2014 (Medium Term)			
Status:	ON TRACK FOR ACHIEVEMENT			
Baseline Information:	19% of the adult population stated they were a member of at least one sports club (2008-09 CHS)			
Current Position:	21% of the adult population stated they were a member of at least one sports club (2008-09 CHS)			
Contributing Member	Progress			
Sport Northern Ireland	 SNI continues to actively promote and develop the network of Wildcats Activ8 (WA8) clubs across Northern Ireland. This has included recent engagements with the coaches and coach managers of the WA8 clubs in district councils; initial discussions with governing bodies of sport as to if/how the concept could be extended to a sports specific setting and research on the delivery of opportunities within WA8 clubs. SNI has established Clubmark NI, Northern Ireland's junior club accreditation and development programme. The programme aims to develop junior clubs across Northern Ireland in the areas of management, safety, coaching and competition and will accredit those who reach defined quality standards. There are currently 23 Clubmark NI endorsed club development and accreditation schemes established with governing bodies and regional consortia. A total of 42 clubs are currently Clubmark NI accredited with over one hundred clubs working towards accreditation. Clubmark NI scheme operators are currently offering significant levels of club development support and guidance to assist clubs to progress towards the point of accreditation. 			
Chief Leisure Officers Association (District Councils)	 A survey of district council provided the following examples of progress made against this target: Craigavon Borough Council works in partnership with Craigavon Sports Advisory Council and the Southern Sports Partnership to support local club infrastructure. In addition, the Council, through the Southern Sports Partnership is overseeing the implementation of Sport NI's Clubmark programme which aims to create a network of quality sports clubs across the area. Armagh City & District Council are currently working with a number of new sports, especially triathlon and water polo which will add to the range of sports on offer in the district and will hopefully attract those who have never been involved in a club in the past. In addition the Council is also working with clubs to help recruit new participants. Three new sports clubs were established in the Strabane District Council Area: Female Netball Club; Sion Mills Recreation Football Club; and Slevekirk Walking & Rambling Club. 			

	 Lisburn City Council provided after-schools clubs which provide the initial participation opportunity. The council then helped to provide a pathway for children into local clubs. Antrim Borough Council has developed partnership/link programmes between local primary schools and local sports clubs through the annual primary schools challenge events. The council has also raised awareness of local club activities and initiatives through Active Antrim Magazine (including recreation development services such as Sports Development Planning). Through Clubmark, Larne Borough Council has supported the development of quality clubs to ensure increased membership. In addition the Council has supported the development of new clubs – Glens Netball, IFA Games Development and worked with the local tennis club to develop tennis through Active Communities Programme resulting in increased membership of the club.
IRFU (Ulster Branch)	 Through its 'Play Rugby Initiative' the IRFU provided young people with the opportunity to have access to rugby union. The concept has 2 streams: Schools session at a local club. In areas where development officers are working, the IRFU UB has linked schools activity to additional sessions at a local club. Local schools were invited to an 'open day' type training session which was hosted by the officers in partnership with the local club coaches, with the intention of filtering players from schools into the club environment. In areas where development officers were not working, resource packs were made available to teachers with equipment and 'play rugby' coaching guidelines. Multiple Play Rugby Events were planned at 15 + Rugby Clubs for the 2011/12 season. IRFU UB continued to run its summer camp programme which caters for approx. 1000 children aged between 6 & 13 years of age during the months of July and August. These camps were for males and females regardless of rugby experience and act as a taster to the game. Each child was provided with the opportunity to continue playing the game following the camp through their local rugby club. 2011 Summer Camps were attended by almost 1,200 children province-wide. The IRFU UB continued to promote adult tag rugby as a version of the game that was played in the summer months. This non-contact version of the game proved very popular in bringing both new and previous participants back into the sport. There has been a particular increase in the number of mixed teams (ie both male and female) and it is hoped that this programme will continue to expand. Tag rugby has been used as a vehicle for encouraging both males and females to continue playing rugby through their local rugby club during the winter. In addition the IRFU UB's Participation Rugby Manager is responsible for overseeing our involvement wit
Irish Football Association	The IFA and McDonalds Community Football Partnership includes a club accreditation element which is aimed at clubs to reach minimum operating standards in effective management, health & safety and proper coaching and competition structures.
Northern Ireland Sports Forum	NISF will work with NI governing bodies of sport to improve their communication skills and to help them increase their profile thus having a positive impact on participation and sports club membership.
Ulster Council GAA	GAA clubs are actively recruiting members and providing opportunities for ALL in the club environment.

Target Number:	PA6			
Target Details:	By 2014 to provide every child in Northern Ireland over the age of 8 years with the opportunity to participate in at least two hours per week of extra- curricular sport and physical recreation.			
Target Deadline:	2014 (Medium Term)			
Status:	ON TRACK FOR ACHIEVEMENT BUT WITH SOME UNCERTAINTY			
Baseline Information:	No baseline currently exists.			
Contributing Member	Progress			
Department of Education	 Voluntary extra-curricular sports opportunities are provided by individual schools. Extended Schools (ES) operating across over 450 schools in the 2011/12 financial year serving pupils from disadvantaged communities offer various programmes and activities, approx 10% of the total ES activities related to sports and physical recreation. Approximately 18,000 participants took part in these activities in 2011/12. DE has provided a variety of sporting programmes that are offered through the youth service as part of an overall non formal education programme aimed at enhancing the personal and social development of young people. Participation in the youth service is voluntary, with approx. 30% of young people aged 4-25 taking part annually. The Curriculum Sports Programme which, although targeted at Key Stage 1 and delivered during the school day has contributed to this target by building an important foundation for future participation in sport and physical activity. 			
Sport Northern Ireland	 SNI has continued to develop the Activ8 brand in partnership with Food Standards Agency, schools (primary & post-primary), governing bodies of sport & sports clubs and coaches. This work has included pilot iterations of Activ8 Young Leaders, Activ8Eatwell Community Coaches & Activ8 Club Coaches. SNI has produced a series of marketing, advocacy and support resources to complement the roll-out of the Activ8 brand. Each of the Activ8 interventions have been awarded the London 2012 'inspire-mark' award. SNI has supported (intellectually & financially) the development and delivery of Sustrans Bike It demonstration project; in partnership with DRD Travelwise; project aimed to encourage active travel (walking & cycling) to school among children and parents. SNI led the preparation of a Post Project Evaluation which will inform a bid for future resources (2012/13). 			
Chief Leisure Officers Association (District Councils)	 A survey of district council provided the following examples of progress made against this target: Ballymena Borough Council delivered the 'Make a Splash' initiative in partnership with the Northern Health and Social Care Trust. In addition the Seven Towers Leisure Centre offered access for swimming for vulnerable children & young people. Larne Borough Council ran and supported Wildcats Activ8 Clubs in 3 locations – Larne Leisure Centre, Glenlough Community Centre, The Cliff. Three new MUGAs were established in the Strabane District Council area through the Rural development programme. Limavady Borough Council implemented extra curricular programmes for primary schools over 20 + weeks during the school term offering opportunities to participate in Gaelic, soccer and more recently hockey. The council also implements a Fits Kids programme every Saturday targeting 4 – 14 yr olds using soccer as the vehicle to improve physical recreation. 			
Northern Ireland Environment Agency	NIEA managed its 7 country parks and funded another as well as many nature reserves and some historic monument sites in a way which afforded public access for physical recreation. All sites provided for walking by adults, with some also providing for other activities. Many visits involved children attending with families or organised groups. NIEA welcomed visits by schools and other groups such as the scouts; the NI Scout Centre is			

	located in Crawfordsburn Country Park. NIEA spent around £800,000 towards management of these properties for public access. They received around 1.5 million visits.
Public Health Agency	 The PHA recently ran the physical activity campaign 'It all adds up!' to promote the message that children need at least 60 minutes of physical activity everyday to help them stay healthy. The campaign started on 26 September and ran throughout October, incorporating television and radio advertising, an activity log book for primary school children, particularly those in P4 and P5, and a dedicated website, www.getalifegetactive.com The PHA in partnership with local obesity/physical activity interagency groups and local health and social care trusts invested in a range of training for trainers courses (creative dance etc, after schools projects, pilot projects in schools e.g. playground markings, skip2bfit, teenage kicks etc. to encourage children to participate in physical activity during and after school hours. Active Belfast is currently developing and piloting Active Schools across the Beflast Education and Library Board (BELB) area. This work is being carried out in partnership with BELB taking the lead and with recommendations from other ELB across Northern Ireland.
IRFU (Ulster Branch)	 The IRFU UB has a Community Rugby Programme which is managed by its Participation Manager (position funded by Sport NI Investment in Performance Sport programme). The Community Rugby Programme has placed 15 part time development officers in Northern Ireland. These community coaches work to deliver introductory rugby programmes to local schools and community groups and provide a means for participation from non-traditional rugby playing areas across Northern Ireland. Through its Community Rugby Programme, the IRFU UB can account for 4,000 unique participants per annum. As part of this programme, the IRFU UB has employed a part time Community Rugby Officer within the Belfast area whose function is to support the development of female youth rugby by providing rugby coaching to females within primary and secondary schools and to offer them suitable competition and an opportunity to progress at local Clubs. As a result of its development work in schools the IRFU UB has seen an increase in the number of non-traditional rugby schools participating in various school based competitions. For example in season 2009/10, 22 schools participated in the Girls Schools Cup however in season 2010/11 this rose to 27 schools and 34 teams participating in the same competition. A similar growth was observed within the male sector where the High Schools Under 14 competition has risen from 35 entries in season 2009/10 to 50 entries in season 2010/11. In addition the IRFU UB now has 23 league teams involved in a regular Under 19 age grade competition.
Ulster Council GAA	 The GAA has undertaken a number of activities relating to this target, including: Delivery of Gaelic Games to male and female through the Active Communities Programme; Delivery of Games opportunities to children with physical and learning difficulties in community groups; Delivery of GO Games Blitzes up to U12 – with an everyone plays agenda; Delivery of Formal Leagues and Championships at U14 and U16 and casual opportunities through Supertouch Blitzes up to U16; Delivery of formal inter schools games programmes at u13, u14, u15, u16, u18 in football and hurling; Delivery of formal inter schools games programme in Camogie and ladies football and different age groups; Creation of one wall Handball opportunities with schools extracurricular— tied into the World Championships in Ireland 2012 and introduction to Olympics in 2016; Games of three halves opportunities working with IFA, Rugby and Peace Players; Working in the Young Offenders centres to provide opportunities to play games; and Development officers providing opportunities in schools who don't traditionally play Gaelic Games.
PlayBoard	PlayBoard has worked with a range of stakeholders to support the delivery of the NI Executive's Play and Leisure Policy with a view to increasing

access to outdoor play and leisure opportunities. In 2010-11, PlayBoard has undertaken the following activities which contribute to the above target, including:
1. Delivery of 'Positive Play' project to a range of schools across Northern Ireland. This school based training programme has been assisting schools across Northern Ireland to re-examine their approach to their playground and to value it as an important space within the school estate.
2. Delivery of a pilot 'Street Play' project involving 216 children, 15 young people and 46 parents. The purpose of this project is to promote outdoor play and allow children to reclaim their play space within their own communities.
3. Development and delivery of a 'Play Gathering' project involving children and young people practitioners. The purpose of this project to build capacity for child and youth practitioners to provide play based activities which promote and encourage physical activity.
4. Promotion and delivery of a 'National Skipping Day' project in North Belfast involving 398 children, young people and adults. The purpose of this pilot project was to promote physical activity and skipping as means of being physically active.
5. Supported District councils to translate the NI Executives Play and Leisure policy and delivery framework into operational planning mechanisms. For example, four District Councils have recently developed draft play and leisure strategic plans for consideration and comment by PlayBoard.
6. Delivery of play development training to 120 playworkers from across NI.
7. Development of a Play Development Module for inclusion in University of Ulster's Certificate of Community and Youth Work Course.

Target Number:	PA7	
Target Details:	By 2019 to deliver at least a 3 percentage point increase in adult participation rates in sport and physical recreation (from the 2011 baseline).	
Target Deadline:	2019 (Long Term)	
Status:	ON TRACK FOR ACHIEVEMENT	
Baseline Information:	37% of the adult population participated in sport and physical recreation in the last week (2010 SAPAS) 31% of the adult population stated they normally participate in sport and physical on at least 1 day a week (2008-09 CHS)	
Current Position:	41% of the adult population stated they normally participate in sport and physical on at least 1 day a week (2010-11 CHS)	
Contributing Member	Progress	
Sport Northern Ireland	 SNI confirmed investment in CAAN for 2011/12; appraisal process for future investment 2012-2015 commenced. Active Communities programme fully operational across all 26 district council areas; programme exceeding targets for number of coaches, number of participants and rate of participation by women/girls & people with a disability, however participation among older people (>50 years) continues to be a challenging area for most Active Communities consortia; partnerships developed with a number of support organisations including Age NI & Clanrye. Awards for Sport programme launched July 2011. Awards totalling £427,000 confirmed to 98 successful applicants in November 2011. Series of advocacy and information leaflets produced and disseminated across NI aimed at women/girls, people with a disability, older people, children/young people, those with life-limiting health conditions (CVD, obesity, mental health) and outdoor recreation sector. SNI piloted the introduction of Adventuremark for outdoor adventure activity providers (statutory & commercial) in Northern Ireland. 	
Public Health Agency	The PHA has supported increased participation in physical activity through a range of investments in obesity/physical activity interagency forums and other programmes. Examples include: physical activity co-ordinator posts in local health and social care trusts; provision of a range of training for	

	trainers courses (e.g. creative dance, inclusive skills, walk leaders training etc); allotment and community garden projects, exercise referral programmes by GPs to local leisure facilities; active travel projects; development of outdoor gyms; healthy towns initiatives in a number of council areas which bring together a range of programme areas at a local level; work place health initiatives; through joint working with local government e.g. Active Belfast.
Northern Ireland Environment Agency	 NIEA managed its 7 country parks and funded another as well as many nature reserves and some historic monument sites in a way which afforded public access for physical recreation. All sites provided for walking by adults, with some also providing for other activities including jogging, horse-riding, cycling, swimming, white-water and lake canoeing, sea-kayaking, angling, orienteering and abseiling. NIEA welcomed visits by organised groups such as ramblers associations to its properties. NIEA spent around £800,000 towards management of these properties for public access. They received around 1.5 million visits. NIEA pledged funds towards the creation and maintenance of paths and trails at Divis and is actively considering an application for funding access in the Mournes.
Northern Ireland Sports Forum	NISF worked with governing bodies to improve their communication skills and to help them increase their profile thus having a positive impact on participation and sports club membership.
Chief Leisure Officers Association (District Councils)	 A survey of district council provided the following examples of progress made against this target: All district council contributed to increasing participation in sport and physical recreation through engagement in the Active Communities Programme. Craigavon Borough Council in partnership with the Public Health Agency continued to deliver the Exercise Referral Scheme – a project that offers a targeted approach to sedentary people with specific health problems or who are at risk of disease to receive support in becoming more active. The Council's Investing in Health Officer oversees a range of Workplace Health initiatives. Antrim Borough Council developed existing programmes and fitness classes for adults and delivered a number of programmes including the establishment of the 'Move it' Programme, Fit and Active over 50s Club (70 Participants), Countryside summer walks programme (200 participants), Tannaghmore over 50s group (20 participants) and Young at heart programme (Doagh and Crumlin- 30 participants).
IRFU (Ulster Branch)	 The introduction of Under 19 leagues is designed to provide a link between youth and adult rugby giving players the opportunity to have another year with their peers allowing them to develop physically and mentally before progressing into the adult game. Under 19 games are now played on Saturday afternoons instead of the traditional Saturday morning timeslots which had been reserved for youth fixtures previously. This has helped clubs to integrate these players into the wider rugby club environment on a Saturday afternoon. Currently 23 clubs are fielding teams at Under 19 level and we have received feedback from clubs which suggests that the introduction of Under 19 rugby has aided with the retention and recruitment of players. Within the Women's game the introduction of the Adult Development League in season 2010/11 provided suitable competition for those Clubs and players recently coming into the sport. Four teams from 3 Clubs participated in 10 matches throughout the season. All Clubs finished this League and commented positively on its implementation and structure in meeting its objectives. In season 2011/12 seven (+3) teams from six Clubs entered into this Development League with 21 matches scheduled throughout the season. In season 2008/09 there was a total of seven adult female clubs, by season 2010/11 this had increased to 10 clubs with a total of 11 teams and by season 2011/12 this had increased to 12 Clubs and 13 teams playing across various competitions. In season 2011/12 the IRFU UB has established a veterans League (aimed at players who are aged 35+) in order to allow for participation for those players who have drifted away from the game due to other commitments. This structure is less intensive, with 1 fixture per month, and allows opportunity for participants to continue in the game without the week in, week out commitment. A total of 13 teams are currently

	playing within this structure. 4. The IRFU UB continued to promote adult tag rugby as a version of the game that is played in the summer months. This non-contact version of the game has proved very popular bringing both new and previous participants back into the sport. There has been a particular increase in the number of mixed teams (i.e. both male and female) and it is hoped that this programme will continue to expand during the summer of 2012.
Irish Football Association	The IFA continues to support groups at grassroots level who use the sport of football as a tool to promote Community Relations in a sustainable and creative way which makes a meaningful difference in the community. Some key projects the IFA Community Relation Departments have supported during 2010 include Belfast Street League (where 60 adult males participated on a weekly basis), Women's World United and Limestone United.
Ulster Council GAA	 The GAA has undertaken a number of activities relating to this target, including: Recreational GAA Opportunities; Gaelic For Mothers – recreational GAA Opportunities; Learning and Physical Disabilities – opportunities to participate; and Delivery of Gaelic Games to inmates in detention centres.

Target Number:	PA8	
Target Details:	By 2019 to deliver at least a 6 percentage point increase in women's participation rates in sport and physical recreation (from the 2011 baseline).	
Target Deadline:	2019 (Long Term)	
Status:	ON TRACK FOR ACHIEVEMENT	
Baseline Information:	30% of the female adult population participated in sport and physical recreation in the last week (2010 SAPAS) 24% of the female adult population stated they normally participate in sport and physical recreation on at least 1 day a week (2008-09 CHS)	
Current Position:	36% of the female adult population stated they normally participate in sport and physical recreation on at least 1 day a week (2010-11 CHS)	
Contributing Member	Progress	
Sport Northern Ireland	 Active Communities programme fully operational across all 26 district council areas; programme exceeding targets for number of participants and rate of participation by women/girls. Awards for Sport programme launched July 2011. Awards totalling £427,000 confirmed to 98 successful applicants in November 2011. Series of advocacy and information leaflets produced and disseminated across NI aimed at women/girls. 	
Irish Sports Council	The ISC has completed a review of the Women in Sport Initiative and the findings have been presented to stakeholders. The application process for the scheme for future years is being revised in line with the recommendations.	
Northern Ireland Environment Agency	NIEA managed its 7 country parks and funded another as well as many nature reserves and some historic monument sites in a way which afforded public access for physical recreation. All sites provided for walking by adults, with some also providing for other activities. Many visits involved children attending with families or organised groups. NIEA welcomed visits by schools and other groups such as the scouts; the NI Scout Centre is located in Crawfordsburn Country Park. NIEA spent around £800,000 towards management of these properties for public access. They received around 1.5 million visits.	

Public Health Agency	The PHA has supported increased participation in physical activity through a range of investments in obesity/physical activity interagency forums and other programmes, Examples include: physical activity co-ordinator posts in local health and social care trusts, provision of a range of training for trainers courses (e.g. creative dance, inclusive skills, walk leaders training etc.), allotment and community garden projects, exercise referral programmes by GPs to local leisure facilities; active travel projects; development of outdoor gyms; healthy towns initiatives in a number of council areas which bring together a range of programme areas at a local level; work place health initiatives, through joint working with local government e.g. Active Belfast. These initiatives are targeted at both men and women.
Chief Leisure Officers Association (District Councils)	 A survey of district council provided the following examples of progress made against this target: Craigavon Borough Council along with its key partner in Armagh organised an annual Coachworks programme which included workshops aimed specifically at females. Limavady Borough Council have dedicated a specific night and time to be reserved for women only to access and use the swimming pool. Larne Borough Council supported the development of a new netball club and assisted in the development of female section of a tennis club. Strabane District Council delivered a range of programmes including a new girl's soccer academy, circuit training and yoga for women over 40, Zumba, urban rebounding, spinning, pilates, kettlebells, aquafit and body pump.
IRFU (Ulster Branch)	 The IRFU UB Participation Rugby Manager is responsible for overseeing its involvement with the Sport NI Active Communities programme. Currently there are 5 consortia who employ a rugby specific coach, with a further 2 consortia due to employ coaches imminently. This Programme is aimed at increasing participation levels of women/girls, older people and people with a disability. Through these posts the IRFU UB will deliver 5,000+ participants per year to facilitate growth in long-term participation. The IRFU UB's Women's Development Officer also organised a number of specific programmes that were aimed at increasing participation rates amongst women and girls. These included: The 'Play Rugby Initiative' through which aims to provide all young people with the opportunity to play rugby union. The Girls Schools Cup which involves teams from schools across Northern Ireland playing a leprechaun rugby competition. This competition has seen the number of entries increase from 22 schools in season 2009/10 to 27 schools (34 teams) in season 2010/11 and is another way of creating links into existing club structures. Girls Mini Rugby, a pilot programme aimed at developing mini rugby for girls in selected clubs in Ulster. This will be off the back of work carried out in Primary schools by the 15 current development officers in the province. A Girls Participation Officer was appointed to IRFU UB staff (based in Greater Belfast area) to assist in maximising the transfer from successful schools programmes into club structures. Through growing participation rates in schools and providing a link into the existing club structure it is hoped that this will serve the future growth of the women's adult game as these players progress through the age structures. Within the Women's game the introduction of the Adult Development League in season 2010/11 provided suitable competition for those
Irish Football Association	The IFA continued to work persistently in the area of girls' and women's football during the 2010/11 season including the following competitions: Dale Farm Schools Cup, Dale Farm Senior Cup, Dale Farm Indoor Cup, First Kicks, Open Days, Active Communities Coaches and Domestic Women's Football. The IFA also piloted the first intercultural World United Women's Team with former international and top female coach, Rhoda Cassidy as the project manager. From September to December 20 females from a diverse range of backgrounds participated on a weekly basis.

Ulster Council GAA	1.	The GAA has undertaken a number of activities relating to this target, including:
	•	Gaelic For Mothers Club based activity - engagement by development officers and active communities coaches
	•	Gaelic for Mothers County based activity – engagement by development officers
	•	Active Communities Coaches – creating walking clubs within the GAA Facility

Target Number:	PA9
Target Details:	By 2019 to deliver at least a 6 percentage point increase in participation rates in sport and physical recreation among socio-economically disadvantaged groups (from the 2011 baseline).
Target Deadline:	2019 (Long Term)
Status:	ON TRACK FOR ACHIEVEMENT
Baseline Information:	30% of the adult population in social groups C2DE participated in sport and physical recreation in the last week (2010 SAPAS)
Current Position:	29% of the adult population living in the most deprived areas of NI stated they normally participate at least 1 day a week (2010-11 CHS)
Contributing Member	Progress
Department for Social Development	DSD provided support to activities designed to promote or facilitate participation opportunities in sport and physical activity that were identified within Neighbourhood Renewal Action Plans.
Department of Education	DE continued to fund the Curriculum Sports Programme with 61 coaches delivering the Programme in 561 schools in September 2011. The programme is focused on schools serving areas of social disadvantage and coaches work with foundation and key stage 1 pupils. The aim is to build the physical literacy skills of pupils, raise pupils' confidence, self-esteem and motivation to learn, and support a healthy lifestyle by encouraging ongoing participation in physical activity.
Countryside Access and Activities Network	 Under the Venture Outdoors project, 100,215 people from the 3 communities (disabled, minority ethnic and TSN) became better informed about the recreational opportunities available in Northern Ireland through very targeted marketing activities. Generated £317,000 of equivalent advertising value specifically to the 3 communities. Under the Venture Outdoors project 186 outdoor recreation 'taster sessions' have been enjoyed by 31 communities. Of the 31 communities, 9 were from minority ethnic groups, 16 disability groups and 6 from TSN groups. There are currently 54 community groups on the waiting list. Unfortunately there is insufficient funding to allow these 54 communities to participate.
Public Health Agency	The PHA has supported increased participation in physical activity through a range of investments in obesity/physical activity interagency forums and other programmes. Examples include: physical activity co-ordinator posts in local health and social care trusts; provision of a range of training for trainers courses (e.g. creative dance, inclusive skills, walk leaders training etc.), allotment and community garden projects; exercise referral programmes by GPs to local leisure facilities; active travel projects; development of outdoor gyms; healthy towns initiatives in a number of council areas which bring together a range of programme areas at local level; work place health initiatives; through joint working with local government e.g. Active Belfast. The PHA continued to focus efforts on socio-economically disadvantaged groups to help reduce health inequalities. Neighbourhood renewal areas are proactively targeted in the distribution of PHA resources and programmes.
Chief Leisure Officers	A survey of district council provided the following examples of progress made against this target:

Association (District Councils)	 The Sports Development team at Craigavon Borough Council secured funding through DSD's Neighbourhood Renewal Programme (NRA) for a Sport in the Community project which will engage with people from the top 10% of the most socio-economically disadvantaged areas from across the Borough. Limavady Borough Council implemented an action plan (Sept 2011) in the NRA targeting the economically disadvantaged. Lisburn City Council ran Midnight Soccer at two different Lisburn venues catering for over 200 young people. In addition, the Council subsided After-schools clubs and adult physical activity classes in deprived area. 	
Northern Ireland Environment Agency	NIEA included a commitment to work with other organisations such as Community Groups, PSNI, Social Services, etc., to facilitate visits to its country parks and other properties by socio-economically disadvantaged groups in its revised Country Park Policy Position Statement. Funding from 'proceeds of crime' may be available to facilitate visits to NIEA properties for those otherwise unable to afford to come.	
IRFU (Ulster Branch)	 Through the Community Rugby and Active Communities Programmes, the IRFU UB aims to generate 'new' participants into the game. Each coach employed under these programmes has engaged with schools and groups who have never experienced rugby before, thereby encouraging participation across all sections of the community. In addition, the IRFU UB has been involved with the development of the 'Game of 3 Halves' and 'Sport 4 Change' initiatives in partnership with the GAA and IFA. These projects are based on providing young people from all sides of the community with the opportunity to participate in sporting activity in key interface areas in Northern Ireland over the summer months. 	
Irish Football Association	The Irish FA Community Relations Department, in conjunction with the PSNI, used football as a tool to engage young males who have been in trouble with the Police in a positive and healthy manner which creates a shared sense of identity and reduces crime on the Limestone Road area (an interface area in North Belfast which is one of the worst affected areas with regards to sectarianism in Northern Ireland).	
Ulster Council GAA	 The GAA has undertaken a number of activities relating to this target, including: Belfast Urban Development Plan – creating opportunities for participation during the summer period. Derry City Urban Development Plan – crating opportunities for participation during the summer period Further development of the club school links programme to maximise impact of introductory programmes Health and wellness seminars in clubs and at conferences and colleges and universities that publicise the benefits of an active lifestyle. Club Coaching Structures workshop programme targeting and supporting clubs in challenging areas to get structures and coaching support in place. Development officers working specifically in areas of social and economic disadvantage providing opportunities for participation. 	
Business In The Community	BITC recognised a clear link between sport and its current strategy and in particular to its People, Planet and Place agenda. BITC continued to focus on the development of several projects that will be integrated into current campaign areas to engage people and engage business. Initial discussions have taken place with key organisations to explore the potential for a pilot programme to engage business with the education sector to improve levels of physical literacy. It will address the need of business and the local community and place strong emphasis on promoting the participation of children and young people in sport. BITC have also begun a process of developing a Business on Board initiative that will provide opportunities for individuals in business to volunteer to participate on Boards and management committees of sports clubs particularly in areas of greatest need. This web based initiative is due to be formally launched in September/ October 2012.	

Target Number:	PA10	
Target Details:	By 2019 to deliver at least a 6 percentage point increase in participation rates in sport and physical recreation among people with a disability (from the 2011 baseline).	
Target Deadline:	2019 (Long Term)	
Status:	ON TRACK FOR ACHIEVEMENT	
Baseline Information:	19% of the people with a disability (NI adult population) participated in sport and physical recreation in the last week (2010 SAPAS) 11% of the adult population with a lifelong limiting illness stated they normally participate in sport and physical recreation on at least 1 day a week (2008-09 CHS)	
Current Position:	23% of the adult population with a lifelong limiting illness stated they normally participate in sport and physical recreation on at least 1 day a week (2010-11 CHS)	
Contributing Member	Progress	
Sport Northern Ireland	 SNI confirmed investment in DSNI for 2011/12; appraisal process for future investment 2012-2015 commenced. A cross-departmental (DE, DCAL, DHSSPS, DSD & OFMDFM) Funding package for Special Olympics Ulster 2011-2015 confirmed. Active Communities programme fully operational across all 26 district council areas; programme exceeding targets for number of coaches, number of participants and rate of participation by people with a disability. A series of advocacy and information leaflets were produced and disseminated across NI aimed at people with a disability and those with life-limiting health conditions (CVD, obesity, mental health). 	
Disability Sports NI	 Participation Initiatives & Events: A series of participation initiatives and projects, weekly activity sessions and an annual calendar of events involving 3,226 people with disabilities was organised during the period. Information, Advice and Promotion: DSNI continued to encourage participation by providing information on the opportunities available to people with disabilities in NI and by highlighting and promoting the work of DSNI and its member groups, through the provision of an information and advice service, the production of a quarterly magazine, and the continued development of a user friendly and accessible website. Key achievements included:	
Public Health Agency	 The PHA supported increased participation in physical activity among people with a disability through a range of investments via obesity/physical activity interagency forums including training for trainer courses to promote and deliver: Inclusive Games and Skills; 	

	 Boccia; Chair based activities; New Age Curling; Cardio Rehab IV programmes; and A range of other relevant programmes 2. GP Exercise Referral Schemes were supported in a number of local Council Areas. 3. The PHA was a proactive partner in the recent Transplant Games. The Chief Executive chaired the local organising committee. 4. The PHA provides funding for the Fit 4 U initiative, which provides structured programmes of safe, accessible physical activity and leisure opportunities for people with physical disabilities and sensory impairments across the Southern HSC Trust area.	
Chief Leisure Officers Association (District Councils)	 A survey of district council provided the following examples of progress made against this target: Castlereagh Borough Council was successful in obtaining funding from Big Lottery for the Safe and Well Project which has specific aims and KPIs to deliver physically active programmes to disabled groups and individuals. Ballymoney Borough Council coaches are working with special needs classes within our local schools and day centres. Antrim Borough Council along with DSNI delivered 4 Northern Ireland events (Junior and Senior) for Boccia and New Age Kurling. Craigavon Borough Council, in partnership with DSNI and SNI initiated an Inclusive Fitness Project in the Borough. Equipment was installed within Craigavon Leisure Centre and recruitment is underway for a Development Officer to promote and encourage increased participation by people with a disability. The Council also continued to play a lead role in the Sport and Leisure Users Group (SLUG) which is a forum established by the Sports Development team, comprised of local disability groups and statutory agencies, and which seeks to promote and develop opportunities for participation in sport and physical activity for people with disabilities. Sports Development and SLUG are also partners with the Fit 4 U Disability Project which is led by the Southern Health Trust. 	
Northern Ireland Environment Agency	NIEA is including a commitment to work with others such as Social Services to facilitate visits to NIEA properties by physically disadvantaged groups and maintains paths and trails at each Country Park suitable for the less able. Details of these have been added to the site information on the NIEA website. Funding from 'proceeds of crime' may be available to facilitate visits to NIEA properties for those otherwise unable to afford to come.	
Northern Ireland Sports Forum	NISF kept members informed about opportunities of working with key stakeholders such as Disability Sports NI, for example to help them improve access to their sport for people with a disability.	
Irish Sports Council	The Sports Inclusion Disability Programme Review has commenced and it is hoped will be completed and agreed by Council by year end 2011.	
IRFU (Ulster Branch)	 The IRFU UB has been working for a number of years on the development of rugby sections within clubs which cater for people with a disability. It currently has 3 such sections in clubs based at Donaghadee RFC, Dungannon RFC and PSNI RFC. Over the course of the last 6 months interest has been shown in Coleraine, Ballymena and Omagh to develop similar sections within these local rugby clubs. Work is currently ongoing with these interested parties to assess the viability of further sections developing. In addition, the IRFU UB Participation Rugby Manager is responsible for overseeing its involvement with the Sport NI Active Communities programme. Currently there are 5 consortia who employ a rugby specific coach, with a further 2 consortia due to employ coaches imminently. A portion of this scheme is driven towards increasing participation specifically within participants with a disability. 	
Irish Football Association	The IFA's Disability Football Department continued to increase the number of structured opportunities for those with a disability to get involved in football programmes from participation opportunities through to representative honours. The IFA continued to forge strong links with key stakeholders in the disability sector and now provide a comprehensive programme of activities for those with a learning disability, physical disability	

	or sensory impairment. The programmes delivered by the IFA include School Coaching, Regional Games, 2010 Coca-Cola Schools FA Cup, 2010 MLD National Games, 2010/11 IFA Disability Leagues, 2010 Coca-Cola Community Cup, Visual Impairment Football, Deaf Football and Belfast Trailblazers Wheelchair Football Club.
Ulster Council GAA	The GAA has undertaken a number of activities relating to this target, including: Coaching and Games Development programmes in Special Schools; Coaching and Games Development programmes in Community Groups; County based coaching opportunities to represent their county in inter county blitz competitions; and Games opportunities to play at half time in big championship games at County and Provincial levels.

Target Number:	PA11
Target Details:	By 2019 to deliver at least a 6 percentage points increase in participation in sport and physical recreation among older people (from the 2011 baseline).
Target Deadline:	2019 (Long Term)
Status:	ON TRACK FOR ACHIEVEMENT
Baseline Information:	21% of older people (aged 50 and over) participated in sport and physical recreation in the last week (2010 SAPAS)
Contributing Member	Progress
Sport Northern Ireland	The Active Communities programme is fully operational across all 26 district council areas; programme exceeding targets for number of coaches, number of participants and rate of participation by women/girls & people with a disability, however participation among older people (>50 years) continues to be a challenging area for most Active Communities consortia; partnerships developed with a number of support organisations including Age NI & Clanrye.
Northern Ireland Environment Agency	NIEA managed its 7 country parks and funded another as well as many nature reserves and some historic monument sites in a way which afforded public access for physical recreation. All sites provided paths and trails suitable for walking by older people. NIEA welcomed visits by organised groups for older people to its properties. NIEA spent around £800,000 towards management of these properties for public access. They received around 1.5 million visits.
Public Health Agency	 The PHA supported increased participation in physical activity among older people through a range of investments through obesity/physical activity interagency forums including training for trainer courses to promote and deliver: Movement to Music; Tai Chi; Boccia; Inclusive Skills; Walk Leader training (Walking for health programme); and Other relevant programmes.

	2. GP Exercise Referral Schemes were supported in a number of local Council Areas.
Chief Leisure Officers Association (District Councils)	 A survey of district council provided the following examples of progress made against this target: Ballymena Borough Council offered free use of its sports facilities for borough residents aged 60+ to participate in sport and physical recreation. Ballymoney offered activities such as armchair aerobics, pilaties, badminton, circuits, boccia, new age curling and table tennis as part of an active ageing programme at the Joey Dunlop Leisure Centre and in the community villages such as Rasharkin, Loughguile, Ballybogey, Glebeside, Stranoccum. Development of new programmes targeting older people such as the Inclusive Games programme (Boccia and New age Kurling, including equipment loan service- 300 participants); Simply Strolling (24 Participants); Exercise referral (250 participants); New Cardiac rehabilitation programme and New Cancer Rehabilitation programme.
IRFU (Ulster Branch)	 IRFU UB has established a veterans League (for players aged 35+) in the season 2011/12 in order to allow for participation for those players who have drifted away from the game due to other commitments. This structure is less intensive, with 1 fixture per month, and allows opportunity for participants to continue in the game without the week in, week out commitment. 13 teams are currently playing within this structure. The Participation Rugby Manager is responsible for overseeing the IRFU UB's involvement with the Sport NI Active Communities programme. Currently there are 5 consortia who employ a rugby specific coach, with a further 2 consortia due to employ coaches imminently. This programme is aims to increase participation specifically for older people.
Ulster Council GAA	The GAA has undertaken a number of activities relating to this target, including: Gaelic For Mothers Club based activity - engagement by development officers and active communities coaches; Gaelic for Mothers County based activity - engagement by development officers; Active communities Coaches - creating walking clubs within the GAA Facility; Recreational GAA Opportunities; Learning and Physical Disabilities - opportunities to participate; and Delivery of Gaelic Games to inmates in detention centres.

Target Number:	PE12
Target Details:	By 2010 to have a fully operational Sports Institute that supports 100 athletes per annum to achieve 70% of their agreed annual performance targets.
Target Deadline:	2010 (Short Term)
Status:	ACHIEVED
Contributing Member	Progress
Sport Northern Ireland	Five service areas including Sports Medicine; Sports Science; Strength and Conditioning; Performance Planning and Performance Skills are currently operational at the Sports Institute Northern Ireland (SINI). In 2010-11, 16 Olympic/ Paralympic and Commonwealth sports were serviced through the Major Games Programme – this represented a total of 54 athletes. Service level agreements in place with the Irish FA and Ulster Rugby to deliver services to their respective squads through the Support Programme. When the Foundation Programme is included, SINI is currently delivering

	services to 197 athletes.
--	---------------------------

Target Number:	PE13
Target Details:	By 2010 to win at least five medals at the Delhi Commonwealth Games.
Target Deadline:	2010 (Short Term)
Status:	ACHIEVED
Contributing Member	Progress
Sport Northern Ireland, NI Commonwealth Games Council, Governing bodies of Commonwealth Games sports.	 The Delhi 2010 Commonwealth Games took place from 3rd - 17th October 2010. SNI chaired and facilitated the Delhi 2010 Preparation Committee which met 18 times between July 2007 and September 2011. The Committee comprised representatives from the NICGC, governing bodies, SNI and SINI and in its advisory role, the Committee aimed to contribute to the objective of improving the athletic performance and competitive potential of athletes at the Games. The Committee is currently producing a report on the preparations and performance of the NI Team in Delhi, with a view to putting forward recommendations which can inform the planning for Glasgow 2014. In 2010, Sport Northern Ireland invested £40,000 in the NICGC to offset some of the costs of presenting the NI Team in Delhi. In addition, Sport Northern Ireland, through the ASP invested £304,273 in 15 governing bodies in respect of 48 athletes who were members of the Northern Ireland Delhi Team. This investment was for the training, coaching and competition programmes (excluding attendance at the Games) for the athlete during 2010 (in most cases January to December 2010). Within the 48 athletes, 12 also benefited from living costs awards (included in the above figure), which assisted the athlete to train on a full-time or part-time basis. SINI provided sports science and medical services to 25 athletes in the year prior to the Games and in the final three months of preparation offered services to include the wider team membership of 81. Through the Performer Development Centres (PDC), services such as strength and conditioning, physiotherapy and performance lifestyle were provided to 18 members of the Northern Ireland team. Ten medals (including 3 gold, 3 silver and 4 bronze medals) were won in Delhi 2010 in boxing (5), cycling (2), shooting (2) and bowls (1).

Target Number:	PE14
Target Details:	By 2011 to ensure that all Sport Northern Ireland funded governing bodies are 'fit for purpose' organisations.
Target Deadline:	2011 (Short Term)
Status:	ON TRACK FOR ACHIEVEMENT BUT WITH SOME DELAY
Baseline Information:	24% of Sport Northern Ireland funded governing bodies are fit for purpose (2007-08 Audits)
Current Position:	61% of Sport Northern Ireland funded governing bodies are fit for purpose (2010-11 Audits)
Contributing Member	Progress
Sport Northern Ireland	1. In 2010-11, 19 out of 31 Sport NI funded governing bodies have attained at least a satisfactory level of assurance following a Sport Northern Ireland governance and management audit with 2 of the 19 governing bodies achieving a substantial rating.

	 Work is continuing on revising the UK Equality Standard which is due to be launched to Northern Ireland's governing bodies and sporting organisations early in 2012. Twenty governing bodies out of 33 bodies attained a limited level of assurance and thirteen governing bodies funded by SNI attained a satisfactory level of assurance following an NSPCC Safeguarding in Sport assessment. Three governing bodies have met revised recognition standards following a Sport Northern Ireland review and a further four governing bodies are engaged in the process. A total of 28 governing bodies have achieved World Anti-doping Code Compliance. Ten of these governing bodies have developed Anti-doping Educational strategies.
UK Sport	 In conjunction with Sport England, UK Sport has developed an online, governance and finance self-help tool - 'Things To Think About' – as a response to requests for support from national governing bodies as they develop their governance, finance and control frameworks. In summer 2011, UK Sport launched the Basic Assurance project, a mechanism by which funded NGBs and partners can start to self-assess their governance, finance and control frameworks and whether they are fit to receive and manage public funds.
Sports coach UK	scUK developed the UKCF scorecard which has been made available to governing bodies identified by Sport NI. A performance career coaching pathway is also under development.
British Olympic Association	BOA continued to share the process and learning we went through during our 2010 Governance Review. We also undertook various presentations advising NGBs on good governance. The BOA was one of the founding partners of The Voluntary Code of Good Governance which was published in 2011 and aims to give NGBs and sports organisation practical guidance on good governance: http://www.sportandrecreation.org.uk/smart-sport/voluntary-code
Olympic Council of Ireland	The OCI selected performance staff for 2011 European Summer and Winter Youth Olympic Games and the inaugural 2010 World Youth Summer and 2012 Winter Games. The OCI also worked closely with performance directors to ensure performance support accreditations for Team Ireland London 2012 are based on those who can add a positive performance impact.
Northern Ireland Sports Forum	By implementing key actions in the NI Sports Forum Strategic plan, the NISF worked towards developing a programme of events/ seminars/ workshops to assist Governing bodies develop their organisations into fit for purpose, effective and efficient organisations, in order to build on the work already completed in this area of Governance and modernisation.
Northern Ireland Commonwealth Games Council	The NICGC has continued with its governance and modernisation program to ensure that the support structures established for the Glasgow Games are the most comprehensive ever provided to a Northern Ireland team.
IRFU (Ulster Branch)	IRFU UB has engaged with Sport NI Governance Audit programme. This was completed in May 2011 with the final form being produced in October 2011. Sport NI awarded the IRFU (Ulster Branch) a satisfactory rating and work is ongoing to get to a substantial rating. The IRFU UB own internal audit has just been completed in draft format and the organisation was awarded a substantial rating.
Ulster Council GAA	 Following an external governance audit, commissioned by Sport Northern Ireland, the Ulster GAA has achieved a reasonable level of assurance. Governance is constantly under review and management structures ensure compliance with external requirements and internal procedures.

Target Number:	PE15
Target Details:	By 2014 to win at least five medals at the Glasgow Commonwealth Games
Target Deadline:	2014 (Medium Term)
Status:	ON TRACK FOR ACHIEVEMENT
Contributing Member	Progress
Sport Northern Ireland	 The Delhi 2010 Preparation Committee is currently producing its report on the preparations and performance of the Team in Delhi, which will put forward recommendations to inform the planning for Glasgow 2014. In the period April 2011–March 2012, SNI is investing £381,583.57 in sports costs and £98,597 in living costs in support of 56 athletes and 3 squads from the 17 sports included in the Glasgow 2014 Commonwealth Games. In addition, in 2011/2012, SNI is investing £1,015,207 in 13 Commonwealth Games sports, which supports the employment of staff as well as resources for programmes (although not all investment is focused on the high performance element of the sport).
UK Sport	 Within the context of its Rio 2016 investment process, UK Sport committed (Sep 2011) to: Working with Home Nation Teams to ensure [the Commonwealth Games] is positioned appropriately in the strategic plans of the sports we invest in. Providing expert advice [to the Home Country Sports Councils] and sharing best practice in developing high performance sport.
Chief Leisure Officers Association (District Councils)	 A survey of district councils provided the following examples of progress made against this target: Larne Borough Council offered financial support and access to facilities for Elite Performers; Limavady Borough Council offered free use of sports facilities to elite athletes via a Gold Card Scheme; Ballymoney Borough Council have a strong representation from local athletes in the sport of Bowls and shooting; Limavady Borough Council delivered an annual coach education programme to improve capacity and skills of coaches & clubs; Within Castlereagh Borough Council's Leisure Services Strategy, one specific aim is to 'create pathways for individuals to develop their skills at all levels, including those striving for higher performance achievements; and Castlereagh Borough Council, through its local Sports Development Association, provided financial support to a number of local athletes.'. The Council also worked alongside various sports clubs and their sporting governing bodies in the Borough, as well as schools; to facilitate a pathway whereby talented athletes were be identified and developed.

Target Number:	PE16
Target Details:	By 2019 to have implemented nationally recognised coach accreditation systems in all Sport Northern Ireland funded governing bodies.
Target Deadline:	2019 (Long Term)
Status:	ON TRACK FOR ACHIEVEMENT
Baseline Information:	55% of Sport Northern Ireland funded governing bodies of sport in Northern Ireland are currently implementing nationally recognised coach accreditation systems (2008-09)

Current Position:	89% of Sport Northern Ireland funded governing bodies of sport in Northern Ireland are currently implementing nationally recognised coach accreditation systems (2010-11)
Contributing Member	Progress
Sport Northern Ireland	SNI is working with six governing bodies and other organisations to implement coaching plans aligned to either the UK or All Ireland systems. Sport Northern Ireland in partnership with both Coaching Ireland and Sports coach UK worked closely with all funded governing bodies to identify key areas for development associated with implementing nationally recognised coach accreditation systems.
UK Sport	 At the UK Coaching Summit held in Northern Ireland in April 2011, UK Sport gave a commitment to sustain its investment in coaching; to continue to prioritise coach development within its strategy; and also to expand its perspective from UK level to UK wide. UK Sport's Head of Coaching, Graham Taylor met Robin Gregg in NI in July 2011 to discuss areas in which UKS could provide more support. In addition UKS has supported scUK's bid for some additional resource specifically to support NI, Wales and Scotland to develop their high performances coaches heading towards the 2014 Commonwealth Games.
Coaching Ireland	Work has been ongoing to develop a mutual recognition of coaching qualifications on an all island basis following a mapping process.
Sportscoach UK	scUK's specialist staff have developed tools and deliver forums to implement registration and licensing.
Northern Ireland Sports Forum	NISF is in a position to create communication links for Governing Bodies, many of which operate under either UK or Irish jurisdictions to help work towards a Northern Ireland specific coaching and accreditation framework.
IRFU (Ulster Branch)	 The IRFU UB Coach Accreditation System is aligned to the national IRFU model which is based on the IRFU Long Term Player Developmental model. The IRFU system has been developed in conjunction with Coaching Ireland. IRFU along with Coaching Ireland are presently completing a project "mapping" their coach education qualifications to Further and Higher Education equivalencies (benchmarking). This project will be complete by January 2012 when a new body will oversee QQAI (Quality Qualification Authority in Ireland)
Ulster Council GAA	 Accreditation received from Coaching Ireland for the delivery of GAA Coaching Awards –accredited tutors and regular tutor training and tutor trainer updates. Coaching Ireland carry out Quality Assurance and Internal Verifiers are appointed to programmes. In association with Skills Active and now accredited through Open College Network (NI) – for delivery of two Level 3 Programmes – performance coaching and sports team management. Programmes will go onto the QCF in 2011-2012. Working with SINI on the 'Gaining the Edge' programme – currently not an accredited programme.

Target Number:	PE17
Target Details:	By 2019 at least 100 Northern Ireland athletes to have attained medal success at the highest level in their sport including European, World and Olympic/Paralympic level.
Target Deadline:	2019 (Long Term)
Status:	ON TRACK FOR ACHIEVEMENT

Baseline Information:	22 Northern Ireland athletes attained medal success at European, World and Olympic/Paralympic competitions (2006-07).
Current Position:	By 2011, 60 athletes from Northern Ireland (51 individuals and 9 teams) have attained medal success at the highest levels within their sport.
Contributing Member	Progress
Sport Northern Ireland	SNI has continued to invest in the training, competition and living costs of athletes through the Athlete Investment Programme. In addition SNI is investing in the employment of talent and high performance staff within governing bodies of sport to support the development of NI's talented athletes. Since April 2009, 51 individual athletes (and 9 teams) from Northern Ireland have attained 138 medal successes at the highest level in their sport including European, World and Olympic/Paralympic level.
Disability Sport Northern Ireland	 Performance Pathways: In order to enable talented athletes with disabilities to compete and excel in their chosen sport, DSNI, in partnership with governing bodies of sport, continued to develop Disability 'Performance Pathways' in a number of sports, with the number of 'disability performance pathways' increasing from 6 to 10 during the period. Athlete Support: 18 athletes with disabilities successfully secured 'Athlete Support Programme' funding during the period, with the majority of athletes now being managed and supported by their relevant mainstream Governing Body of Sport, in line with Sport NI's 'Disability Mainstreaming Policy'. DSNI continued to manage and support 6 of the athletes during the period. Talent ID: The 'Be Active Be The Best' Talent ID Campaign, aimed at identifying talented disabled young people was successfully organised during the period. This included the circulation of nine inspirational posters to all post primary schools in Northern Ireland, followed by a talent ID day, involving 25 of the most talented athletes identified through the campaign. Classification: DSNI continued to provide a classification service to local athletes during the period, which is essential to their participation in competitive/elite sport. This involved providing information and advice on classification to individual athletes, parents and sports organisations as well as organising and managing the UK and International INAS-FID Classification System for athletes with learning disabilities in Northern Ireland.
UK Sport	 In September 2011, UK Sport renewed its commitment: To provide core funding to the Home Country Sport Institutes in proportion to the location of UKS-supported athletes To provide the Home Country Sports Councils with guidance concerning the level of resource it believes is appropriate to underpin investment at a World Class level.
Olympic Council of Ireland	Training seminars, conferences for Performance Directors, NF support personnel, Sports Institute staff, coaches, athletes have been held twice per year over the period 2009-12. In addition, Performance Directors and OCI HQ meetings and seminars on all matters in relation to operational planning for Olympic Games, European Youth Olympics, and World Youth Olympic Games.
Northern Ireland Commonwealth Games Council	During October 2010, the NICGC presented a Northern Ireland team of 80 athletes and 33 support staff at the Delhi 2010 Commonwealth Games, winning 10 medals. This return consisted of 3 Gold, 3 Silver and 4 Bronze across the sports of boxing, cycling, shooting and lawn bowls. Despite the many environmental, security and local organiser difficulties encountered, before and during the Games, this was Northern Ireland's best medal haul since 1994. The Commonwealth Youth Games took place in the Isle of Man during September 2011. A team of nineteen athletes and 11 support staff was presented by the NICGC. Eight medals were returned – 3 Gold, 2 Silver and 3 Bronze – from swimming and boxing. This represents both Northern Ireland's best medal return and overall team position in the history of the Youth Games.
Chief Leisure Officers Association (District	A survey of district councils provided the following examples of progress made against this target: • Ballymoney Borough Council, through Ballymoney Sports Advisory Committee, encouraged and supported its local athletes through

Councils)	 sponsorship and free use of training facilities . Ballymoney Sports Advisory Committee also ran an annual sports awards evening to recognise the achievements of all our junior and senior athletes as well as bursaries; Antrim Borough Council Implemented aSports Academy Programme in Secondary Schools within the Antrim Borough Council area. Antrim Borough Council also provide support and skilling services for talented athletes: Sports Science, Conditioning, Sports Psychology; District Councils also provide financial support for Elite Performers through small grants schemes; Within the Sports Development aims of Castlereagh Borough Council's Leisure Services Strategy, one specific aim is to 'create pathways for individuals to develop their skills at all levels, including those striving for higher performance achievements; and Castlereagh Borough Council has a Sports Development Association which supports a small personal grant opportunity for individuals so as to assist them on this 'path'. The Council endeavours to work alongside various sports clubs and their sporting governing bodies in the Borough, as well as schools; to facilitate a pathway whereby talented athletes can be identified and this talent channelled and progressed in the appropriate way.
IRFU (Ulster Branch)	 Ulster Rugby Talent Spotters Network - The aim of the Talent Spotters Initiative is to create a system to help identify young players of outstanding potential and to involve them in a personally tailored program designed to foster, nurture and assist them attain excellence and to ensure the continuous flow of quality indigenous rugby players to Provincial, European and International standards. Since October 2010 a group of credible, experienced, knowledgeable and skilled talent spotters within Ulster has been identified. They have formed a Talent Spotters Working Group comprising of approximately 30 people on the ground. The main age group for identification is the 15-18 years of age, however ages outside this priority group are also be observed. The initiative has been piloted with the identification of 26 previously unidentified players now being screened and assessed in the Player development pathway. Special Projects - Talent Search initiative - 'Ulster's Giant Challenge' - A Rugby specific recruitment strategy to unearth and new talent has been designed and implemented. It has been identified through a positional Gap Analysis that there is a shortage of Second Rows in Irish and Ulster Rugby. The project is taking a 4 step approach Planning and Preparation including - Complete Recruitment and Profiling - Complete Talent Selection and Confirmation - Ongoing High Performance Development - To complete The initiative is currently ongoing with 3 players selected for a Tailored Elite Player Development (Talent) Squad programme. This involves 12 squads and inducted 373 players. To date there have been 102 sessions (contacts with U16/U17 RDS). There are 3 key areas of work regarding the system development of the talent programme. Developed Plan for Performance Programme Implementation of Performance Programme Coach D
Ulster Council GAA	 Support to 3 Handballers for the period who had success at world and European level; Discussion were held between the Handball Association and SNI re eligibility for elite player development grants; and Discussions were held with SNI regarding athlete targets and the potential to include more athletes in preparation for the 2012 World Championships in Ireland.

Target Number:	PE18
Target Details:	By 2019 to have accredited at least 700 appropriately qualified, full-time coaches available to meet demand across all aspects of sport and physical recreation.
Target Deadline:	2019 (Long Term)
Status:	ON TRACK FOR ACHIEVEMENT
Contributing Member	Progress
Countryside Access and Activities Network	 Under CAAN's Venture Outdoors project, 10 people achieved level 1 in the National Standard Cycle Training Award Scheme, 3 achieved level 2. Under CAAN's Venture Outdoors project, 9 community volunteers gained the Archery Leader Grade 1 from the Grand National Archery Society. Under CAAN's Venture Outdoors project 19 community volunteers completed their 'Walk Leader Training'. Under CAAN's Venture Outdoors project 13 volunteers from community groups completed their Teaching Orienteering part 1 from the British Orienteering Association.
Department of Education	DE continues to fund the Curriculum Sports Programme. At the start of the 2011/12 school year, DE funding is providing for 61 coaches to deliver the Programme in 561 schools across NI.
Sport Northern Ireland	 There are 138 coaches employed in Northern Ireland through Sport Northern Ireland funded programmes of Active Communities (95 full time equivalent (FTE) - 78 full time, 30 part time) and Investing in Performance Sport. 1664 coaches attended Sport Northern Ireland continuous professional development workshops. SNI is working with six governing bodies and other organisations to implement coaching plans aligned to either the UK or All Ireland systems. Sport Northern Ireland in partnership with both Coaching Ireland and sports coach UK worked closely with all funded governing bodies to identify key areas for development associated with identification & recruitment of coaches, education & development of coaches and retention of coaches.
Coaching Ireland	Coaching Ireland has delivered Tutor training for Hockey coaches in Northern Ireland.
Sports coach UK	scUK developed a number of CPD opportunities aimed at coaches. It is possible to tailor some educational training to directly meet the needs of NI coaches (should it be identified that a number of coaches require training in these areas) and to help maintain their accreditation.
Olympic Council of Ireland	The OCI have coordinated coach and support staff seminars twice per year over the period 2009-12 and individually as required to ensure coaches are fully informed on aspects of Games planning and delivery, to ensure decisions they make can make a performance impact. The group sessions have allowed for cross fertilization of learning experiences.
Chief Leisure Officers Association (District Councils)	 A survey of district councils provided the following examples of progress made against this target: All District Councils implement an annual coach education programme to improve capacity and skills of coaches & clubs; All District Councils are involved in the Active Communities Programme and provide ongoing training and development of their Coaches. In 2010-11, coaches in the Antrim Borough Council area received training in: Cricket, Athletics, GAA. Netball level 1, Orienteering, Mental Health training, Inclusive Games, Zumba Instructor, Walk leaders, Chair Based exercise, Fitness Instructor, IFA level 1, IFA referee, Strength and conditioning, Basic Cheerleading and Street cheer, Functional Movement, Lower Back Pain Management, Circuit instructor and Step

	 instructor; Craigavon Borough Council along with its key partners in Armagh and Banbridge has in post 9 full-time equivalent multi-sports coaches / physical activity leaders through the Sport NI Active Communities programme for the reporting period 1st October – 30th September 2011. These coaches not only have the appropriate qualifications and experience to deliver but during this reporting period alone have undertaken comprehensive CPD programme (59 courses undertaken) which equates to an investment of £3,200 by Sport NI.
Disability Sports Northern Ireland	DSNI Training & Sports Leadership Courses: 39 training courses designed to provide leisure services staff, coaches, teachers and sports leaders with the knowledge and skills required to successfully include people with disabilities in sport organised, including a total of 674 participants.
Northern Ireland Sports Forum	NISF continued to work with Governing Bodies and key partners in using their resources most effectively, namely in the training and support of their volunteers.
IRFU (Ulster Branch)	 IRFU along with Coaching Ireland are presently completing a project "mapping" their coach education qualifications to Further and Higher Education equivalencies (benchmarking). This project will be complete by January 2012 when a new body will oversee QQAI (Quality Qualification Authority in Ireland). This exercise will mean IRFU Coaching Qualifications can be compared with Academic Qualifications and other Sports Coaching Qualifications throughout Europe thus paving the way for full-time professional qualification recognition. A further three coaches from Ulster have enrolled and attended IRFU's Level 3 Coaching Award, IRFU's highest coaching qualification - which would qualify them to work full-time in a coaching capacity if a full-time position was available.
Irish Football Association	The IFA's Technical Department employs a number of full-time coaches with coaching roles including grassroots, elite and international football. These coaches provide coaching and deliver participation opportunities through the County Excellence, Active Communities and Curriculum Sport programmes.
Ulster Council GAA	 Ulster GAA employ 44 full-time coaching staff; County GAA Units employ an additional 60 personnel on a full-time basis; and Higher Education employ an additional two full-time coaches.

Target Number:	PE19
Target Details:	By 2019 to have 45,000 appropriately qualified, part time and volunteer coaches available to meet demand across all aspects of sport and physical recreation.
Target Deadline:	2019 (Long Term)
Status:	ON TRACK FOR ACHIEVEMENT
Contributing Member	Progress
Sport Northern Ireland	 Awards for Sport programme 2011/12 prioritised and funded the development & delivery of coach education programmes by governing bodies of sport. Programmes scheduled for delivery in the period December 2011-April 2012. SNI is working with six governing bodies and other organisations to implement coaching plans aligned to either the UK or All Ireland systems. Sport Northern Ireland in partnership with both Coaching Ireland and sports coach UK worked closely with all funded governing bodies to identify key areas for development associated with identification & recruitment of coaches, education & development of coaches and retention

	 of coaches. 3. 1664 coaches attended Sport Northern Ireland continuous professional development workshops. 4. Governing bodies reported that 675 coaches have been accredited with support of investment through the Investing in Performance Sport Programme, in the period April 2010 – March 2011.
Chief Leisure Officers Association (District Councils)	 A survey of district councils provided the following examples of progress made against this target: All District Councils implemented an annual coach education programme to improve capacity and skills of coaches & clubs. Through Limavady Borough Council, approximately 150 coaches gain accreditation/qualifications per annum. A similar programme by Lisburn City Council qualified approximately 200 coaches Craigavon Borough Council established a Casual Coach Register which is used to deliver short-term funded initiatives. Coaches on this register must maintain their qualifications and Council must invest in corporate training to ensure that delivery is in line with Council's policies and procedures.
Sports coach UK	scUK developed a number of CPD opportunities aimed at coaches. It is possible to tailor some educational training to directly meet the needs of NI coaches (should it be identified that a number of coaches require training in these areas) and to help maintain their accreditation.
IRFU (Ulster Branch)	 There are currently 2,500 active accredited volunteer coaches currently coaching within clubs and schools. In order to monitor the composition and needs of this workforce IRFU UB has developed an online 'Coach Information Database' which collects data on coaches, players being coached, coaching qualifications, coaching employment status and roles being undertaken. Approximately 200 new rugby coaches are educated and accredited each year in Ulster.
Irish Football Association	 The IFA's UEFA courses attracted large numbers during the National Coaching Weeks in June 2010. UEFA B, A and Pro Licence courses provided the core programmes. In addition, continuous professional development (CPD) courses were initiated for coaches currently holding the above UEFA awards, as it is now mandatory to have undertaken a minimum of 15 hours of CPD over a three year period for the purposes of revalidation. The IFA and McDonalds Community Football Partnership includes a Coach Education element which provides financial support to coaches through bursaries and the introduction of a "Coach Mentoring" programme. The Child and Player Welfare section continued to educate the football community by delivering 71 'Safeguarding children and young people in football' Child Protection courses to 1,280 coaches and volunteers on Level One Coaching Awards and Clubs. A total of 1,045 coaches and volunteers were also vetted by Access NI.
Ulster Council GAA	 Ulster GAA have Foundation Level 1 and Level 2 qualified coaches on the database; and With the movement of voluntary coaches from year to year it is difficult to track who is active and who is not – retraining is required regularly.

Target Number:	PE20
Target Details:	By 2019 to have secured a world class system for athlete development consisting of services, facilities and competition following the hosting of the Olympic and Paralympic Games in London 2012.
Target Deadline:	2019 (Long Term)
Status:	ON TRACK FOR ACHIEVEMENT

Contributing Member	Progress
Sport Northern Ireland	 SNI has developed frameworks to enable governing bodies to assess their performance against best practice in the areas of coaching, talent identification and development and club development. Following assessment governing bodies are encouraged to prioritise development, in line with best practice. Seven governing bodies developing systematic Club Support and Development through defined club development Action Plans for their sport. SNI is working with six governing bodies and other organisations to implement coaching plans aligned to either the UK or All Ireland systems. Sport Northern Ireland in partnership with both Coaching Ireland and Sports coach UK worked closely with all funded governing bodies to identify key areas for development associated with identification & recruitment of coaches, education & development of coaches and retention of coaches. 92% of personnel developed through the Practitioner Development Programmes were retained and operational within the Northern Ireland performance system. 14 governing bodies and other organisations developing and implementing effective systems for the development of talent. Fully operational Sports Institute and three Performer Development Centres operational in Belfast, Cookstown and Lisburn.
UK Sport	 In summer 2011, UK Sport set up a Home Country 'Stakeholder' group to ensure the involvement of the home countries in the Rio performance investment process. On 5 September 2011, the group agreed a draft Statement of Intent (to be confirmed) which referred to the importance of aligning investment strategies and principles at World Class and Home Nation level as a means of ensuring a world-leading UK sporting system. UKS research staff have agreed to provide support and advice to SNI in undertaking an assessment of the Northern Irish performance system using the methodology developed by the international SPLISS consortium ('Sports Policy Factors Leading to International Sporting Success') UKS introduced its post-2012 major events programme, in connection with which it has begun to engage with HCSCs to determine the strategic importance of major events hosted in the UK.
Chief Leisure Officers Association (District Councils)	 A survey of district councils provided the following examples of progress made against this target: Antrim Borough Council remains as the designated Athletics Centre of Excellence in Northern Ireland. Development plans for Elite athlete gold silver and bronze card scheme.; Antrim was nominated as a venue for the 2013 World Police and Fire Games and was shortlisted for the following activities: Track and Field, Cross Country and Basketball; Improved links with Governing Bodies through the partnerships forged for the Active Communities Programme; Implementation of Sports Academy Programme in Secondary Schools within the Antrim Borough: Provide support and skilling services for talented athletes: Sports Science, Conditioning, Sports Psychology. Castlereagh Borough Council is committed to athlete development (services, facilities and competition) at all levels including grassroots. For example, the 'South East Primary School Games' initiative which is jointly organised by the South Eastern Education and Library Board, Ards Borough Council, Castlereagh Borough Council, Down District Council, Lisburn City Council and North Down Borough Council, aims to promote and celebrate physical activity and sport in primary schools within the South Eastern area in the build up to the London 2012 Olympic and Paralympic Games. Larne Borough Council continued to invest in capital projects to assist in the development of sport – Sandy Bay, Town Parks, Greenland, Antiville. Lisburn City Council, through Sport Lisburn, provided grants through Sport Star Club Scheme, hosted a number of national events and provided club development support.
Ulster Council GAA	The UC GAA contributed to this target through the following actions: 1. Developed a central support system to advise and give guidance to the counties, schools and third level institutions

	 Created expertise within schools (through a second level project) and in third level (creation of academies and support services around this Developed of centres of excellence within counties with floodlit facilities, weights rooms and 3 or 4 G Facilities. Currently four of the six coare underway with their developments. 	,
--	---	---

Target Number:	PL21
Target Details:	By 2010 to initiate a Northern Ireland certification process that will improve safety management and the fabric of the major stadia in Northern Ireland, to comply with the Safety of Sports Grounds (Northern Ireland) Order (2006) and associated technical guidance.
Target Deadline:	2010 (Short Term)
Status:	ACHIEVED
Contributing Member	Progress
Sport Northern Ireland	The Safety of Sports Grounds (NI) Order was introduced in February 2006. Thirty sports grounds were designated in December 2009. Twenty-nine safety certificates have been issued to date by District Councils, with only Clan Na Gael, Lurgan outstanding. SNI is overseeing the implementation of legislation and reporting to DCAL.
Irish Football Association	 The IFA facilitated steward training in conjunction with Sport NI to enable our clubs to meet the new requirements under the Safety at Sports Grounds (Northern Ireland) Order. Clubs are now licensed by their local authority and the capacity numbers for their grounds are calculated using a formula which takes into account the physical structures in places (seats, terracing, entrance and exit fates etc) the so called 'P' factor and the safety management arrangement regime and procedures – the 'S' factor. The IFA has worked with clubs to review their processes and identify areas which can be improved with some positive results. The IFA has continued to support the Stadia Safety Programme and during the period a major refurbishment project at Ballymena Showgrounds of around £1m has been completed, in addition to projects at Institute FC and Crusaders FC. These projects address improvements in spectator accommodation such as new stands with toilet facilities, crowd control rooms, turnstiles and assist in improving health and safety at venues.

Target Number:	PL22
Target Details:	By 2014, and subject to Executive approval, to have developed major sports stadiums to meet the strategic needs of Football, GAA and Rugby on an operationally viable and commercially sustainable basis in Northern Ireland.
Target Deadline:	2014 (Medium Term)
Status:	ON TRACK FOR ACHIEVEMENT BUT WITH SOME DELAY
Contributing Member	Progress
Sport Northern Ireland, DCAL, GAA, IFA, UB IRFU	Work is progressing on the three individual stadium projects, although they are not expected to be developed by the target date of 2014.

Target Number:	PL23
Target Details:	By 2014 to have a minimum of 10 new or upgraded facilities that will support Northern Ireland player/athlete development in Olympic and Paralympic sports.
Target Deadline:	2014 (Medium Term)
Status:	AT RISK FOR ACHIEVEMENT
Contributing Member	Progress
Sport Northern Ireland	SNI has delivered other capital programmes that make investments in facilities of Olympic and Paralympic sports or to support player/athlete development in Olympic of Paralympic sports. Examples include: Cookstown Hockey Club; NI Civil Service Sports Association; Donaghadee Sailing Club; and Three Performer Development Centres.
Chief Leisure Officers Association (District Councils)	 A survey of district council provided the following examples of progress made against this target: Castlereagh Borough Council is actively progressing the redevelopment of its leisure and sporting facilities with enhanced opportunities for player and athlete development in Olympic and Paralympic sports. The Council has also in recent years availed of Sport NI Places For Sport grants to assist upgrade 2 x squash courts and 2 x sports hall floors. It has also replaced a sand based hockey pitch with a superior sand dressed hockey pitch.
Northern Ireland Sports Forum	Governing Bodies have fully co-operated, and invested their own finances, time and effort into working with SNI and DCAL to deliver this target. NISF 'Olympic Sport' members such as Athletics NI, Cycling Ulster, Gymnastics NI, Ulster Badminton, the Irish Amateur Boxing Association, the Ulster Hockey Union, RYA NI, Basketball NI and others will continue to work with Government to support the development of a minimum of 10 new or upgraded facilities that will support Northern Ireland players/athlete development in the hope that the necessary Capital funding for such important projects be made available.
British Olympic Association	Unfortunately the BOA have received confirmation from the International Olympic Committee (IOC) that they would not be able to 'Olympify' venues, for example 'The British Olympic Velodrome/Aquatics Centre' etc – in order to retain a 2012 inspiration factor for the future. However, the BOA has worked with Sport England on a similar scheme to brand facilities with the 'Inspire Mark' (which has no Olympic rings symbolisation). BOA worked on an agreement to this effect for those grass-roots facilities which have been funded as a direct result of hosting the Olympic Games and would be willing to explore a similar scheme with NI if it was of interest.

Target Number:	PL24
Target Details:	By 2015 to have amended public policy frameworks to protect and promote access to and sustainable use of publicly-owned land in Northern Ireland for sport and physical recreation.
Target Deadline:	2015 (Medium Term)

Status:	ON TRACK FOR ACHIEVEMENT BUT WITH SOME DELAY		
Contributing Member	Progress		
Department of Education	The Department of Education by means of existing legislative and policy frameworks and guidance for Boards of Governors already enables and encourages schools to make their premises available for community use outside of normal school hours.		
Sport Northern Ireland	 SNI held a series of positive engagements with the Northern Ireland Environment Agency & Forest Service which provide a platform for future positive developments in this regard. SNI commissioned research and published & disseminated findings relating to the impact of Occupiers Liability legislation on access to the natural environment to ensure that policy development process was well-informed and up-to-date. 		
Northern Ireland Environment Agency	 NIEA implemented its policy to prioritise maintaining public access at its Country Parks while providing access to its Nature Reserves where this did not threaten the habitats and species being conserved there. Where feasible, public access was provided to historic monuments in state care. NIEA spent around £800,000 towards management of these properties for public access. They received around 1.5 million. NIEA has worked closely with Sport Northern Ireland towards the development and subsequent implementation of the Outdoor recreation Strategy and Action Plan 2011-2021 NIEA, working with local authorities, gathered information on the length of Public Rights of Way in Northern Ireland and requested information on the formats in which data of them is held with a view to facilitating the development of a unified database of all public rights of way and permissive paths throughout Northern Ireland. 		
Chief Leisure Officers Association (District Councils)	 A survey of district council provided the following examples of progress made against this target: Larne Borough Council has a licence agreement with NEELB to share facilities on school grounds; and Castlereagh Borough Council actively supported the implementation of OFMDFMs Play and Leisure Policy. It has established a play and leisure partnership aimed at supporting the delivery of key strategic and operational objectives as outlined in the play and leisure strategy and the implementation plan. Specifically the completion of a council wide play and leisure audit aimed at identifying:(1) Existing formal play and leisure provision, including council run facilities, services delivered by members of the partnership and community based provision (2) Existing parks and open spaces which provide play and leisure opportunities for children and young people; (3) Analysis of key population demographics highlighting areas of high demand mapped against existing provision. 		

Target Number:	PL25
Target Details:	By 2019 to ensure that 90% of the population have quality accredited, multi sports facilities that have the capacity to meet demand, within 20 minutes travel time.
Target Deadline:	2019 (Long Term)
Status:	ON TRACK FOR ACHIEVEMENT
Contributing Member	Progress
Countryside Access and Activities Network	1. Launched in June in partnership with the National Trust 30kms of multi use trails at Castleward Demesne, Strangford (all ability trail, walking, off-road cycling and off-road horse riding).

Department for Social Development	Under the Neighbourhood Renewal Programme, the Department for Social Development have awarded capital funds to develop/ improve community recreation and leisure facilities. Examples include MUGAs, football pitches, indoor facilities and equipment. DSD have also provided revenue funding for the running costs associated with sporting activities eg. salaries for coaches.	
Department of Agriculture and Rural Development (CAFRE)		
Northern Ireland Environment Agency	NIEA continued to manage its 7 country parks and fund another, as well as many nature reserves and some historic monument sites which afford public access for physical recreation. All sites provided for walking by adults, with some also providing for other activities including jogging, horseriding, cycling, swimming, white-water and lake canoeing, sea- kayaking, angling, orienteering and abseiling. NIEA welcomed visits by organised groups including ramblers associations, CANI, Orienteering clubs, etc., to its properties. It worked with CAAN to maintain its entries on the WalkNI website. NIEA spent around £800,000 towards management of these properties for public access. They received around 1.5 million.	
Disability Sport Northern Ireland	 Inclusive Sports Facility Design & Management Guidelines: In order to encourage best practice in the design and management of sports facilities which are fully inclusive of people with disabilities, DSNI in partnership with Sport NI, updated and published their guidelines document entitled 'Access to Sports Facilities For People with Disabilities; Design & Management Guidelines', during the period. Inclusive Sports Facility (ISF) Accreditation Scheme: Northern Ireland's first inclusive sports facility accreditation scheme, the ISF, was jointly developed by DSNI and Sport NI during the period. The Lakeland Forum Leisure centre, Enniskillen, became the first centre to achieve ISF accreditation in March 2011. The scheme provides District Councils and other sports facility operators with a mechanism to ensure that they meet the optimum levels of good practice in the design and management of sports facilities which are fully inclusive of people with disabilities. 	
	 Launched in June in partnership with the Lowry family and Dungannon and South Tyrone Borough Council 7kms of mountain biking trails and a pump track at Blessingbourne Estate, Fivemiletown. Developed the Foyle canoe trail (33 nautical miles) and the South east coast canoe trail (50 miles) in partnership with the Loughs Agency and a number of councils. All information online at www.canoeni.com including interactive trail guides. Developed the East coast canoe trail (70 nautical miles) and the north coast canoe trail (70 nautical miles) All information online at www.canoeni.com including interactive trail guides. Construction work started on the restoration of the former salmon fisherman's cottage at Port Moon into bothy type accommodation for the north coast canoe trail. Work nearing completion on the restoration of an old cottage on Trannish Island into bothy type accommodation for the Lough Erne canoe trail. Slalom and canoe polo redeveloped at Shaw's Bridge, Belfast. Complete funding package for the Mourne Mountain Bike project secured (£1.892million). Tender process for contractor at final stages. On-site work to start January 2012 giving 50kms of cross country mountain biking trails and 6kms of downhill mountain biking trails at Castlewellan and Rostrevor Forest Parks. Rostrevor mountain biking trails to be used for the Police and Fire Games in 2013. Facilitating Cookstown Borough Council with the development of 11.5km of walking and mountain biking trails at Davagh Forest, Co Tyrone. Funding secured by Cookstown Council. Micro design completed. Funding all in place to create an all ability trail at Divis/Black Mountain. Micro design completed. Working in partnership with the National Trust and the Belfast Hills Partnership Work progressing on the development of mountain biking trails at Mary Peters/Barnett's Demesne in partnership with Belfast City Council. Funding applications pending with S	

Association (District Councils)	•	Craigavon Borough Council in partnership with Lurgan Junior High School has taken on a licence to operate the community use element of a synthetic multi sports complex in Lurgan;
	•	Limavady Borough Council has achieved Quest for sports development & facility management to improve how services are managed and the quality of experience for its customers/users improved;
	•	Limavady Borough Council has invested in the upgrade of its leisure/recreation facilities including a new gym, spin studio, and recently opened a new 3G outdoor pitch; and
	•	All communities within the Ballymoney Borough Council area are within a 20 minute drive time of all major facilities at the Joey Dunlop Leisure Centre and Riada Playing Fields.

Target Number:	PL26
Target Details:	By 2019 to ensure that all planning decisions follow Planning Policy Statement 8: Open Space, Sport and Outdoor Recreation in relation to the provision of spaces for sport and physical recreation.
Target Deadline:	2019 (Long Term)
Status:	ON TRACK FOR ACHIEVEMENT
Contributing Member	Progress
Sport Northern Ireland	SNI met with the Planning Service to discuss the possibility of developing Supplementary Planning Guidance for PPS8. A short proposal outlining the purpose, background and rationale for the Guidance was prepared in collaboration with PlayBoard and submitted to the Planning Service for consideration and comment.
Countryside Access and Activities Network	Completed the collation of information on access to all publicly owned land across Northern Ireland.