



sport matters



**IMPLEMENTATION GROUP
PROGRESS REPORT (3)**

(Oct 2011 – Sep 2012)

Executive Summary

1. Introduction

- 1.1 “Sport Matters: The Strategy for Sport and Physical Recreation 2009-2019” proposes a strategy for the development of sport and physical recreation in Northern Ireland up to 2019 – a strategy which will provide a lasting and sustainable legacy for future generations. In so doing, the document identifies 26 high level targets (and related key steps) and sets the key strategic priorities for sport and physical recreation over the next ten years and will inform future investment by all stakeholders across the public, private and community/ voluntary sectors.
- 1.2 The high level targets are structured to reflect the current and anticipated needs of sport and physical recreation as expressed through consultation.
- 1.3 This is the third progress report and highlights the progress made by members of the Sport Matters Implementation Groups (SMIGs) against the 26 high-level targets identified in the Strategy, covering the period 01 October 2011 until 30 September 2012.

2. Review Process

- 2.1 The report presents a summarised overview of members’ progress to date against the high level targets (summarised by the three themes of Participation, Performance and Places), using the following framework:
 - Target Reference and Details;
 - Timeframe;
 - Status;
 - Baseline information and current position (where appropriate and available); and
 - Progress to date and contributing organisation.
- 2.2 The summary report has been collated by Sport Northern Ireland on the basis of information that was submitted by each member organisation represented on the SMIGs.
- 2.3 The status of progress against each target has been rated using an extended Traffic Light system. The ratings are defined as follows:
 - **BLUE** – Target achieved;
 - **GREEN** – On track for achievement;
 - **AMBER** – On track for achievement but with some delay or uncertainty; and
 - **RED** – At risk for achievement.

Figure 1 below, depicts the timeline of Sport Matters (2009-2019) and when each high level target should be achieved. Table 1 below, details the current rating of each target categorised by theme and time-frame.

Figure 1



Table 1

	PARTICIPATION			PERFORMANCE			PLACES			TOTAL
	Short	Medium	Long	Short	Medium	Long	Short	Medium	Long	
BLUE	2			2			1	1		6
GREEN		2	5		1	5		1	2	16
AMBER	1	1		1				1		4
RED										0

Target Number:	PA1
Target Details:	By 2009, to have agreed and commenced implementation of a revised research framework for participation rates that is cognisant of the recommendations of the Chief Medical Officers in the UK.
Target Deadline:	2009 (Short Term)
Status:	ACHIEVED
Contributing Member	Progress
Sport Northern Ireland	SNI finalised Northern Ireland's Sport and Physical Activity Survey 2010 – the large-scale adult participation survey which will provide baseline data for many of the targets identified within Sport Matters. A final report is available online at www.sportni.net .

Target Number:	PA2
Target Details:	By 2010 to have reviewed the economic impact of sport and physical recreation in Northern Ireland.
Target Deadline:	2010 (Short Term)
Status:	ACHIEVED
Contributing Member	Progress
Sport Northern Ireland	SNI finalised, launched and published the Economic Importance of Sport in Northern Ireland. The report was disseminated to a wide range of stakeholders across NI and is available online at www.sportni.net .

Target Number:	PA3
Target Details:	By 2011, to have established a baseline for the number of children of compulsory school age participating in a minimum of two hours quality physical education per week.
Target Deadline:	2011 (Short Term)
Status:	ON TRACK FOR ACHIEVEMENT BUT WITH SOME DELAY
Baseline Information:	No baseline information exists.
Contributing Member	Progress
Department of Education	<ul style="list-style-type: none"> Legislation prevents DE from prescribing the amount of time that should be allocated to a subject within the curriculum. However, DE guidance recommends that schools should provide pupils with a minimum of 2 hours PE per week. DE continues to contribute towards participation in PE through its funding of the Curriculum Sports Programme (£1.5m in 2012/13). This Programme aims to improve both the physical literacy skills of our youngest pupils (Foundation Stage and Key Stage 1) and also the skills and

	<p>confidence of teachers in delivering PE. During the 2011/12 school year, 61 coaches delivered the Programme in 567 schools, reaching over 39,000 pupils.</p>
Department of Education and Education & Training Inspectorate	<ul style="list-style-type: none"> DE and ETI have progressed work to establish a baseline for the number of children of compulsory school age participating in a minimum of 2 hours quality PE per week. This will comprise a three stage process, namely an electronic survey of schools (Stage 1), followed by Education and Training Inspectorate visits to Primary schools (Stage 2) and Post-Primary schools (Stage 3). Stage 1 has taken place and the results of electronic survey will be published late Autumn 2012 (on DE website). The timescale for Stages 2 and 3 has yet to be decided.
Ulster Council GAA	<ul style="list-style-type: none"> KS 1 Programme with a focus on Physical Literacy that targets approximately 18,000 children a week for a full academic year.
Irish Football Association	<ul style="list-style-type: none"> The IFA secured a further £3 million investment over the next four years from the Department of Education for Northern Ireland (DENI) which will safeguard the employment of 30 full time specialist coaches aimed at using their relevant sports expertise to help support and complement existing Physical Education programmes within the Primary Sector. The IFA coaches' role is to help develop the Physical Literacy of Foundation and Key Stage 1 pupils in Primary Schools throughout Northern Ireland. Children are also engaged a range of cross-curricular activities to help support their literacy and numeracy skills both through class based sessions and home work projects. The IFA coaches also work closely with their counterparts at the GAA on a range of training and festival type events. This programme involves IFA coaches working in over 270 schools, with around 750 classes involved and approximately 15,000 children benefiting from this initiative each week.
Sport Northern Ireland	<ul style="list-style-type: none"> Over the course of the last 12 months, SNI has continued to develop and grow the Activ8 suite of interventions. Activ8 is now established as the pre-eminent 'brand' for the development of physical literacy among a wider sports development network. In 2011/12 SNI, working in partnership with a wide variety of other organisations including Food Standards Agency NI, district councils, NGBs, community groups, C2KNI and individual schools and clubs, successfully developed and piloted a range of resources for the education, community and sports sectors including the launch of hardcopy and online Activ8Eatwell Teacher Resource Packs for Foundation, Key Stage 1 and Key Stage 2. SNI also developed and delivered the Activ8 'Road2London' online challenge which provided schools, pupils and teachers opportunities to connect with their local communities and promote increased participation in sport and physical activity in the run-up to the London 2012 Olympic and Paralympic Games. Over 200 schools and 1000 individuals registered for the challenge, with 15 schools successfully completing it. Other school-based interventions included the Activ8 Olympic Roadshow which has introduced over 15,000 children/young people to a range of physical literacy skills in a fun environment using high/low ropes.
Ulster Branch IRFU	<ul style="list-style-type: none"> As a result of the Introduction of a part time Girls CCRO within the Belfast area more schools got to experience the delivery of rugby programmes and had the opportunity to progress this at their local club. Increase in number of schools participating in Girls Schools Cup where in season 2010/11, 27 schools and 34 teams took part and in season 2011/12, 32 schools and 38 teams participated. Nine of these schools were new schools that were targeted to increase participation at this level. The IRFU (Ulster Branch) has a Community Rugby Programme which is managed by its Participation Manager (position funded by SNI's Investment in Performance Sport programme). The Community Rugby Programme has placed 19 part time development officers in Northern Ireland. These community coaches work to deliver introductory rugby programmes to local schools and community groups and provide a means for participation from non-traditional rugby playing areas within Northern Ireland. Through the community rugby programme it can account for 4,000 unique participants per annum. As part of this programme the IRFU (Ulster Branch) will employ a part time Community Rugby Officer within the Belfast area whose function is

	<p>to support the development of female youth rugby by providing rugby coaching to females within primary and secondary schools and to offer them suitable competition and an opportunity to progress at local clubs.</p> <ul style="list-style-type: none"> As a result of our development work in schools we have seen an increase in the number of non-traditional rugby schools participating in various school based competitions, as a result of the increase in rugby delivery within maintained, integrated and voluntary grammar sectors. For example in season 2010/11, 27 schools participated in the Girls Schools Cup however in season 2011/12 this rose to 32 schools and 38 teams participating in the same competition. A similar growth was observed within the male sector over 60 secondary schools competed in at least 1 IRFU Ulster Branch Competition.
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Target Number:	PA4
Target Details:	By 2013, to have stopped the decline in adult participation in sport and physical recreation.
Target Deadline:	2013 (Medium Term)
Status:	ON TRACK FOR ACHIEVEMENT
Baseline Information:	45% of the Northern Ireland adult population participated in sports and physical recreation once in the last 12 months (2008-09 CHS)
Current Position:	50% of the Northern Ireland adult population participated in sports and physical recreation once in the last 12 months (2010-11 CHS)
Contributing Member	Progress
Business In The Community	<ul style="list-style-type: none"> BITC published an E-zine circulated to over 1000 business contacts with features on the benefits of volunteering in Sport and raised awareness of local sporting events to inspire and encourage members and employees to participate in sport and physical activity. A Health and Well Being wall planner was launched and distributed to business highlighting the message that sport and physical activity can be used as a stimulus to empower change generating a positive impact on the lives of those who participate. Working with internal teams and current campaigns BITC will seek to develop a sport and physical activity themed challenge to create opportunities for members and employees to volunteer and participate in sport and physical activity. BITC through its graduate acceleration programme has identified and sourced valuable work placement opportunities for a range of disciplines in the sports sector. Graduates have been successfully matched and placed with employers.
Chief Leisure Officers Association (District Councils)	<p>A survey of district council provided the following examples of progress made against this target:</p> <ul style="list-style-type: none"> All district councils are involved in the delivery of the Active Communities Programme which aims to increase participation opportunities in sport and physical recreation. The Ballymote Health and Wellbeing Centre in the Down District Council area has been providing physical activity services for adults including an Intergenerational project with elderly and young people doing dance, boccia and mutli-skills activities. Antrim Borough Council has been working closely with community based organisations to deliver focussed taster sessions of activity in local areas.
Irish Football Association	<ul style="list-style-type: none"> The IFA continues to support groups at grassroots level who use the sport of football as a tool to promote Community Relations in a sustainable and creative way which makes a meaningful difference in the community. Some key projects the IFA Community Relations Department delivered include the Belfast Street League (where 60 adult males participated on a weekly basis), Women's World United and Limestone Utd.

Irish Sports Council	<ul style="list-style-type: none"> The Irish Sports Monitor for 2011 was published in July 2012 and showed that adult participation in sport and physical activity had significantly increased. The participation rate in 2009 was 34% but in 2011 the rate had increased to 46%. The increase was particularly obvious in individual sports where the rate rose from 26% to 39%.
NI Environment Agency	<ul style="list-style-type: none"> NIEA continues to provide public access to the countryside for outdoor physical recreation at its seven country parks, fund the management of another and facilitate walking at many of its nature reserves and some historic monuments in State Care. Country Park facilities include mown grass areas for informal games, extensive path networks, trim trails, cycle paths, bridle paths and bathing beaches. It organises events at its properties, including walks on National Trails Day, and facilitates others organising sponsored walks at its properties. NIEA has contributed to the strategic review of path networks in the Mourne and Causeway Coast; funding toward path provision and upgrade in Mourne, Causeway Coast, Foyle side and Divis Mountain. It has contributed with Sport NI to the development of an Outdoor Recreation Action Plan and a study assessing the economic benefit of sport and physical recreation and has made preparations for an exercise to map public rights of way. It provides funding for Outdoor Recreation NI (formerly CAAN) and contributes information on NIEA properties to the Walk NI website
NI Sports Forum	<ul style="list-style-type: none"> Governing Body Member, Ulster Branch Tennis Ireland (UBTI) has had success in increasing their participation numbers through the Active Communities Programme. Three Active Communities coaches in Northern Ireland (Belfast, Larne Borough and Craigavon) have a tennis or racquet sports focus. At the start of the programme in 2009 there were no official participants logged in the areas listed above however numbers have increased to 3,350 participants in 2011 with a target of achieving 4,000 set for 2012. Development is also in place to help other clubs in different parts of the Province access Active Communities' pathways to help increase their participation numbers.
Public Health Agency	<ul style="list-style-type: none"> The PHA has continued to support increased participation in physical activity through a range of investments in obesity/physical activity interagency forums and other programmes. Examples include: physical activity co-ordinator posts in local Health and Social Care Trusts; provision of a range of training for trainers courses (e.g. creative dance, inclusive skills, walk leaders training etc); allotment and community garden projects; exercise referral programmes by GPs to local leisure facilities; active travel projects; development of outdoor gyms; healthy towns initiatives in a number of council areas which bring together a range of programme areas at local level; work place health initiatives; and through joint working with local government e.g. Active Belfast and Give it a Go. In addition, the PHA has completed a review of Physical Activity Referral schemes and will be taking forward the implementation of common standards based on evidence of effectiveness and best practice. The PHA continues to participate in the PARC study, the research element of which will look at the effects of the built environment on the physical activity levels of people in east Belfast. The Belfast Health Development Unit further developed Active Belfast. The Active Belfast Partnership has been established. Active Belfast Partnership (ABP) is representative of all key stakeholders/organisations from Statutory, community and voluntary sectors across the City with a clear action plan with alignment of the Sports Matters Strategy. This partnership has support by a new dynamic Active Belfast Team staff from PHA, BCC, Trust. <ul style="list-style-type: none"> 4 Members of staff internal, 2 external 10 Multi-disciplinary Partnership Groups <ul style="list-style-type: none"> Active Belfast Partnership Group Active Belfast Marketing Group Active Belfast Research & Evaluation Group Active Lifestyle Group <ul style="list-style-type: none"> Active Lifestyle Operational Group Active Multi-disciplinary Cancer

	<ul style="list-style-type: none"> <ul style="list-style-type: none"> ▪ Active Multi-disciplinary Cardiac <ul style="list-style-type: none"> ○ Active Travel in conjunction with the BSP Regeneration Group ○ Active Belfast Team Meetings ○ Active Belfast Grants Panel • The Brand for Active Belfast has been developed and is being adopted by new and existing physical activity partnership projects. • Active Belfast have developed a new model for the delivery of a Physical Activity Referral Care Pathway across the city of Belfast. A care pathway has been created for Cardiac Rehabilitation and a new Cancer Rehabilitation will be piloted in January 2013. Instructors are currently being appointed for the delivery of the programme and physical activity referral hubs are being created linked to the city wide programmes. These hubs will improve links between referral agents and the service delivery staff in partnership with the Local Commissioning Group. • In the South Eastern area, Lisburn has been announced as the European City of Sport 2013. The PHA has agreed with Lisburn City Council co-funding and support in kind for the development of a 5 year strategy for Sport and Physical Activity in Lisburn and Castlereagh. One of the aims of the strategy will be to increase participation. • In the Southern area, Physical Activity Referral Programmes are funded by the PHA in Armagh, Banbridge and Craigavon Council areas. The PHA also provides funding for a physical activity coordinator and a range of physical activity initiatives in the SHSCT • Through the Southern Cluster (comprised of PHA, SHSCT, Armagh City and District Council, Banbridge District Council, Craigavon Borough Council and Newry & Mourne District Council), a new initiative, <i>Give it a go!</i> was undertaken in March 2012. This month-long initiative encouraged people of all ages to be more active and eat healthily. A wide range of activities were offered free of charge, including organised walks, cycle rides, aqua fit classes, gym sessions, archery and boccia for disabled people, circuits classes and box'n'tone classes. In addition swims during public opening hours were offered at a subsidised price of £1. • <i>Give it a go!</i> summer was also organised to coincide with the Olympics. • Plans are underway for Give it a go! March 2013. Which will again focus on encouraging everyone to be more active every day.
Sport Northern Ireland	<ul style="list-style-type: none"> • SNI has continued to ensure the effective delivery of the Active Communities Investment Programme which, through the deployment of a NI-wide network of sports coaches and physical activity leaders, has engaged over 140,000 participants since its launch in April 2010. Specifically in the period 1st April 2011-31st March 2012, approx. 86,000 participants were involved in the programme. The Active Communities programme targets participation among women/girls, people with a disability and older people. SNI has initiated a three strand mid-programme review of the Active Communities programme to assist in forward planning and visioning beyond 1st April 2015; it is anticipated that this review will be completed by 31st March 2013. • The Awards for Sport programme (which was launched July 2011) made awards totalling £427,000 to 98 successful applicants in November 2011.
Ulster Branch IRFU	<ul style="list-style-type: none"> • Within the women's game the Adult Qualifying League formerly known as the Adult Development League has gone from strength to strength. This competition was established to provide newly formed or developing adult teams with suitable competition to allow them to be able progress into All Ireland Rugby. The introduction of this League in 2010/11 saw 3 Clubs/4 teams participate with last season (2011/12) 6 Clubs competed in 12 matches. In season 2012/13 7 Clubs entered into this League with 21 matches scheduled pre Christmas. • Due to the success of the above season 2011/12 saw the introduction of an Adult Development Cup competition which gave those teams already playing in the Development League the opportunity to continue in appropriate competition after Christmas. 5 Clubs competed in a knock out competition to ensure that the existing League was not replicated. A subsidiary competition was organised for those Clubs that got knocked out in the early rounds to ensure maximum participation. • The number of Adult Clubs has also continued to increase steadily with 13 Clubs now regularly participating in structured competition compared with 12 Clubs last season. This shows a sustained increase in the number of female adults playing the game across the Province.

	<ul style="list-style-type: none"> • The introduction of Under 19 leagues is designed to provide a link between youth and adult rugby giving players the opportunity to have another year with their peers allowing them to develop physically and mentally before progressing into the adult game. Under 19 games are now played on Saturday afternoons instead of the traditional Saturday morning timeslots which had been reserved for youth fixtures previously. This has helped clubs to integrate these players into the wider rugby club environment on a Saturday afternoon. Currently 28 clubs are fielding teams at under 19 level (an increase of 6 from last year), and we have received feedback from clubs which suggests that the introduction of under 19 rugby has aided with the retention and recruitment of players. • The IRFU (Ulster Branch) continues to promote adult tag rugby as a version of the game that is played in the summer months. This non-contact version of the game has proved very popular bringing both new and previous participants back into the sport. There has been a particular increase in the number of mixed teams (ie both male and female) now playing over the last number of years. • In season 2011/12 the IRFU (Ulster Branch) has established a veterans League (aimed at players who are aged 35+) in order to allow for participation for those players who have drifted away from the game due to other commitments. A total of 13 teams played within this structure and a significant number of players have returned to the game as a result of this initiative. It is hoped that this can be repeated in the 2012/13 season.
Ulster Council GAA	<p>The GAA (Ulster Council) continues to support the achievement of this target by delivering the following programmes:</p> <ul style="list-style-type: none"> • Recreational Games Programme • Gaelic for Mothers Programme • Active Communities Programme engaging adult groups with disabilities and special needs • Ulster Hurling Leagues and the development of the TAIN League to include North Leinster and Connacht has added significantly to the number of adult games.

Target Number:	PA5
Target Details:	By 2014 to have increased the number of people in Northern Ireland in membership of at least one sports club
Target Deadline:	2014 (Medium Term)
Status:	ON TRACK FOR ACHIEVEMENT
Baseline Information:	23% of the adult population are members of a club in which they can participate in sport or physical activities (2010 SAPAS) 19% of the adult population stated they were a member of at least one sports club (2008-09 CHS)
Current Position:	21% of the adult population stated they were a member of at least one sports club (2010-11 CHS)
Contributing Member	Progress
Chief Leisure Officers Association (District Councils)	<p>A survey of district councils provided the following examples of progress made against this target:</p> <ul style="list-style-type: none"> • Armagh City & District Council has a club development plan working with local clubs especially in the area of recruitment and retention; The Council also offers CLUBMARK/CLUB MAITH rewards and recognition schemes i.e. sports awards, best practice acknowledgement. • Larne Borough Council has link programmes to local clubs e.g. Summer Sports Camps run in partnership with local clubs (350) Promotion of local clubs during the Olympic Torch Run and clubs offered opportunities to participate during the related festival Support and development of local clubs through Coach Education, Small Grants and Clubmark.

Irish Football Association	<ul style="list-style-type: none"> • The IFA continued to work alongside boys, men’s and women’s clubs to assist with the establishment of junior girls sections. In total 14 Open Days were delivered during this period, with major successes as clubs such as Coleraine Football Club (63 participants) and Lurgan Town Football Club (46 participants). • In November 2011 the women’s department secured €50,000 from the UEFA Hat trick programme for the delivery of the SCORE Pilot Project. Aimed at improving the capacity of women’s clubs and helping them to establish links with their local primary and post primary schools, the programme also aims to provide the clubs with the tools to enable them to encourage more girls to get involved in football. • Working together with GAA, the IFA secured approximately £180,000 of funding for each governing body from the Department for Social Development to develop projects related to club and volunteer development. • The IFA delivered a club accreditation programme aimed at supporting clubs to reach minimum operating standards in effective management, health & safety, and proper coaching and competition structures. Clubs involved in this programme receive the support of the IFA’s grassroots officers, free equipment (balls, bibs, cones) and bursaries towards coach education courses. During this year 45 Local Boys/Girls Clubs have been involved with 30 of them achieving ‘Club Accreditation’ status.
Sport Northern Ireland	<ul style="list-style-type: none"> • SNI has established Clubmark NI, Northern Ireland's junior club accreditation and development programme. The programme aims to develop junior clubs across Northern Ireland in the areas of management, safety, coaching and competition and will accredit those who reach defined quality standards. There are currently 23 Clubmark NI endorsed club development and accreditation schemes established with governing bodies and regional consortia. A total of 42 clubs are currently Clubmark NI accredited with over one hundred clubs working towards accreditation. Clubmark NI scheme operators are currently offering significant levels of club development support and guidance to assist clubs to progress towards the point of accreditation.
Ulster Council GAA	<p>The GAA (Ulster Council) continued to support the achievement of this target by delivering the following programmes:</p> <ul style="list-style-type: none"> • GAA Community outreach programme has progressed through the Game of three halves and the Belfast Interface Games • GAA Club and Volunteer Development Programme has also progressed through training and education workshops and Provincial Conference • The Club Maith Programme continues to be rolled out with the voluntary sector. • Ulster GAA continue to support the roll out of the Active Communities programme financially and through training and development opportunities.
Ulster Branch IRFU	<ul style="list-style-type: none"> • In conjunction with the IFA, GAA, Ulster Hockey and Ladies Camogie a Girls Schools Give it a Try day was organised to give girls the opportunity to participate in sports that they may not have had the chance to. Five schools from the Belfast area were selected where over 150 girls participated in these sports many for the first time. Girls were given flyers with Local Rugby Club details on this and encouraged to attend. • Play Rugby Girls initiative aims to try and provide girls with the opportunity to participate in rugby sessions in their schools. Schools involved are then invited to an ‘Open Day’ which is hosted by the development officers and Club coaches with the aim of encouraging new players into the club environment. • In addition to the Ulster Rugby Summer Camp programme, two additional camps were added this season specifically aimed at girls between the ages of 12-17. One camp was organised in the East (Queens) and one in the West (Finn Valley) of the Province and ran from 9.30-1.30pm, Monday to Friday. 15 girls attended the Queens Camp with 16 attending the camp at Finn Valley. Participants who were not already attached to a Club were given details of their local clubs and encouraged to attend. • Through the IRFU ‘Play Rugby Initiative’ we aim to provide young people with the opportunity to have access to rugby union. The concept has two streams:- <ul style="list-style-type: none"> ○ School sessions at a local club. In areas where development officers are working, we link school activities up to additional sessions at

	<p>the local club. Local schools are invited to an 'open day' type training session which is hosted by the officers in partnership with the local club coaches, with the intention of filtering players from schools into the club environment.</p> <ul style="list-style-type: none"> ○ In areas where development officers are not working, resource packs are made available to teachers with equipment and 'play rugby' coaching guidelines. ○ Multiple Play Rugby Events are planned at 20 + Rugby Clubs in the 2012/13 season. <ul style="list-style-type: none"> ● The IRFU (Ulster Branch) continue to run our summer camp programme which caters for more than 1000 children aged between 6 & 13 years of age during the months of July and August. These camps are for males and females regardless of rugby experience and act as a taster to the game. The programme is delivered in partnership with local clubs, designed to allow each of the children the opportunity to continue playing the game beyond the camp through their local rugby club. 2012 Summer Camps were attended by almost 1400 children province-wide. (representative increase of 20% on last year) ● In addition the IRFU (Ulster Branch) Participation Rugby Manager is responsible for overseeing our involvement with the Sport NI Active Communities programme. Currently there are seven consortia who employ a rugby specific coach, two of which are employed directly by IRFU Ulster Branch. This scheme is driven towards increasing participation specifically with women older people and participants with a disability. Through these posts the IRFU (Ulster Branch) engage 5,000+ participants per year to facilitate growth in long term participation. These structures have supported the development of three special needs clubs province-wide.
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Target Number:	PA6
Target Details:	By 2014 to provide every child in Northern Ireland over the age of 8 years with the opportunity to participate in at least two hours per week of extra-curricular sport and physical recreation.
Target Deadline:	2014 (Medium Term)
Status:	ON TRACK FOR ACHIEVEMENT BUT WITH SOME UNCERTAINTY
Baseline Information:	No baseline currently exists.
Contributing Member	Progress
Chief Leisure Officers Association (District Councils)	<p>A survey of district council provided the following examples of progress made against this target:</p> <ul style="list-style-type: none"> ● Down District Council offered multi-sports schools programme provides a two hour coaching session for 10-12 year olds. They participate in different sports such as GAA, Football, Marital Arts, Basketball. The Council also provides a 2 hour session on a Saturday evening that includes the sports previously mentioned and multi-skills sessions. ● Larne Borough Council provided after schools clubs in the school setting including multi sport sessions (1,000) in addition to after schools clubs in the community setting, Community Sport Projects and Wildcats Activ8 (400).
Department of Education	<ul style="list-style-type: none"> ● The Extended Schools (ES) programme currently operating across approximately 460 schools serving pupils from disadvantaged communities, offer various programmes and activities related to sports and physical recreation. Approximately 18,000 participants took part in these activities in 2010/11. Over 4,000 programmes were in place across all eligible ES in 10/11 - 20% of these were related to health, fitness and sporting activities. ● A variety of sporting programmes are offered in the youth service as part of an overall non formal education programme aimed at enhancing the personal and social development of young people. Participation in the youth service is voluntary, with approx 30% of young people aged 4-25

	taking part annually.
Irish Football Association	<ul style="list-style-type: none"> The IFA currently has many regional tournaments, school coaching programmes, Easter and Summer programmes and in 2012 worked with 5,000 children across Northern Ireland with plans to increase this number going forward.
NI Environment Agency	<ul style="list-style-type: none"> The NIEA continues to provide public access to the countryside for outdoor physical recreation at its seven country parks, fund the management of another and facilitate walking at many of its nature reserves and some historic monuments in State Care. Country Park facilities include mown grass areas for informal games, extensive path networks, trim trails, cycle paths, bridle paths and bathing beaches. It organises events at its properties, including walks on National Trails Day, and facilitates others organising sponsored walks at its properties. Many children make use of these assets both as families and in organised groups.
NI Sports Forum	<ul style="list-style-type: none"> Governing Body member Table Tennis Ulster established links with approximately 30 schools as part of their drive to increase participation numbers and as part of their <i>Talent ID programme</i>. The majority of this work focussed on primary school age and was conducted outside of school hours, after school and breakfast clubs. One of the key aims of this work is to establish stand alone clubs within the schools and to identify talented individuals at a young age. Table Tennis Ulster have had a largely positive experience with their work in schools but some of the barriers to success include the ethos of the school, whether sport is seen as a priority and costs associated with provision of coaches.
PlayBoard	<p>PlayBoard has worked with a range of stakeholders to support the delivery of the NI Executive's Play and Leisure Policy with a view to increasing access outdoor play and leisure opportunities. In 2011-12, PlayBoard undertook the following activities which contribute to the above target, including:</p> <ul style="list-style-type: none"> Delivery of 'Positive Play' project to a range of schools across Northern Ireland. In the reporting period, nine primary schools were involved in this project involving 2,173 children and 173 staff. This school based training programme has been assisting schools across Northern Ireland to re-examine their approach to their playground and to value it as an important space within the school estate. Continued to deliver 33 'Street Play' projects involving 588 children and 18 young people. The purpose of this project is to promote physical outdoor play and allow children to reclaim their play space within their own communities. Promotion and delivery of a 'National Play Day' project in collaboration with Belfast City Council for over 1,200 children, young people and adults. The purpose of this project was to promote natural play and environmental awareness. PlayBoard also with and supported other local service providers to host their own small scale events. Development and delivery of two Peace III funded initiatives with local councils: <ul style="list-style-type: none"> Outreach Play Project in Carrickfergus, Antrim and Newtownabbey. Spaces To Be' Project in collaboration with Derry City Council. The aim of both projects is to promote peace building and reconciliation through physical outdoor play. Delivery of play development training to playworkers from across NI. Continued delivery of a Play Development Module as part of the University of Ulster's Certificate of Community and Youth Work Course.
Public Health Agency	<ul style="list-style-type: none"> In Sept/Oct 2011 the PHA ran the physical activity campaign <i>It all adds up!</i> to promote the message that children need at least 60 minutes of physical activity everyday to help them stay healthy. The campaign started on 26 September and ran throughout October, incorporating television and radio advertising, an activity log book for primary school children, particularly those in P4 and P5, and a dedicated website, www.getalifegetactive.com The PHA in partnership with local obesity/physical activity interagency groups and local health and social care trusts invested in a range of training for trainers courses (creative dance, gymnastics etc), after schools projects, pilot projects in schools e.g. playground markings, skipping

- programmes (25 schools across NI participated in a PHA funded skipping initiative), teenage kicks etc. to encourage children to participate in physical activity during and after school hours.
- Active Belfast developed the Active Belfast Grant Programme: To get more people, more communities, more active, more often to improve health and wellbeing and reduce life inequalities
 - Anticipated outcomes include:
 - People: more people living and working in Belfast are more active, more often
 - Place: communities have access to high quality spaces and activities
 - Partnership: partners involved in planning active living, leisure and sport opportunities work together to address life inequalities
 - Participation: people participate in activity and in their community
 - Promotion: people have a greater awareness of the benefits of being active
- Priority areas for funding
- Taking into consideration the sub areas of Active Belfast, feedback from a multi-disciplinary workshop held in December and how current programmes / grant schemes are financed the following areas of work were identified as priority areas for this years Active Belfast grant funding:
 - Active workplaces;
 - Active travel;
 - Active schools; and
 - Active play.
 - A two tier method of funding was adopted to reflect the citywide strategic impact of Active Belfast and the local neighbourhood benefits brought by the partnership.
 - For each of the four priorities identified above, requests were sought for a suitably positioned organisation to become a strategic partner of Active Belfast. Each strategic partner received £25,000 funding for the financial year 2012/13 and in return are expected to provide a citywide focus on their area of expertise. This funding can be used towards core costs for the delivery of initiatives.
 - To supplement the work of the strategic partners, local community organisations were invited to apply for programme funding again linked to the four priority areas identified above. These applications should reflect community need and funding would be used towards delivery costs of the programmes.
 - Funding were for a minimum of £1,000 up to a maximum of £5,000 for the financial year 2012/13 and applicants would be entitled to submit more than one application, but could only receive a maximum of £5,000 per year. This allowed a community organisation to submit an application for an Active Play programme and a separate application for an Active Travel programme.
 - Invites for applications were sought twice.
 - Criteria for Assessing Applications
 - Bids demonstrated how they contribute to the vision of an Active Belfast
 - Provided visibility for the Active Belfast brand
 - Demonstrated a partnership approach
 - Bids identified match funding
 - Geographical coverage throughout the Belfast City Council area
 - PHA South Eastern area have launched a Small Grants scheme to include Physical Activity programmes. Information about this has been distributed by DENI to schools and has been particularly targeted at schools participating in the Extended Schools programme.
 - The physical activity action plan funded by the Public Health Agency and delivered by the Southern Health and Social Services Trust includes the

	delivery of a range of physical activity opportunities for children and young people, including a project targeting inactive LAC young people (Looked After Children) aged 14-17 years.
Sport Northern Ireland	<ul style="list-style-type: none"> • Approx 68,900 children and young people involved in the Active Communities programme in the period 1st April 2011-31st March 2012; in the period 1st April - 30th Sept 2012, approx. 44,000 children and young people have been involved in the programme. Additionally, 12,000 children and young people benefited from enhanced sports and physical activity opportunities through the Awards for Sport small grants programme, with a further 1,900 involved the Activ8 Wildcats multi skills clubs at venues throughout Northern Ireland. • SNI conducted a survey of all schools in NI to determine the levels of extra-curricular sport and physical recreation opportunities. A total of 496 schools responded (45% response rate) indicating that between 40%-65% of schools offered the recommended 2 hours to boys and between 40%-68% of schools offered 2 hours of extra-curricular sport to girls.
Ulster Council GAA	<p>The GAA (Ulster Council) continued to support the achievement of this target by delivering the following programmes:</p> <ul style="list-style-type: none"> • GAA work through the Active Communities coaches to deliver this target • GAA work their own coaches at Key Stage 2 to deliver extra curricular activities • KS2 Coaches and KS1 Coaches make the link between the schools and the local clubs by coaching in both contexts • Teachers engaged in the schools programmes have the opportunity to have ongoing training with the coaches. • Coaches are also trained as GAA Tutors and deliver coaching awards as part of their programme within the school
Ulster Branch IRFU	<ul style="list-style-type: none"> • As a result of the Introduction of a part time Girls CCRO within the Belfast area more schools got to experience the delivery of rugby programmes and had the opportunity to progress this at their local club. • Increase in number of schools participating in Girls Schools Cup where in season 2010/11, 27 schools and 34 teams took part and in season 2011/12, 32 schools and 38 teams participated. Nine of these schools were new schools that were targeted to increase participation at this level. • The IRFU (Ulster Branch) has a Community Rugby Programme which is managed by its Participation Manager (position funded by Sport NI Investment in Performance Sport programme). The Community Rugby Programme has placed 19 part time development officers in Northern Ireland. These community coaches work to deliver introductory rugby programmes to local schools and community groups and provide a means for participation from non-traditional rugby playing areas within Northern Ireland. Through our community rugby programme the IRFU (Ulster Branch) can account for 4,000 unique participants per annum. • As part of this programme the IRFU (Ulster Branch) employs a part time Community Rugby Officer within the Belfast area whose function is to support the development of female youth rugby by providing rugby coaching to females within primary and secondary schools and to offer them suitable competition and an opportunity to progress at local Clubs. • As a result of our development work in schools the IRFU (Ulster Branch) has seen an increase in the number of non-traditional rugby schools participating in various school based competitions, as a result of the increase in rugby delivery within maintained, integrated and voluntary grammar sectors. For example in season 2010/11, 27 schools participated in the Girls Schools Cup however in season 2011/12 this rose to 32 schools and 38 teams participating in the same competition. A similar growth was observed within the male sector over 60 secondary schools competed in at least one IRFU Ulster Branch Competition.

Target Number:	PA7
Target Details:	By 2019 to deliver at least a 3 percentage point increase in adult participation rates in sport and physical recreation (from the 2011 baseline).

Target Deadline:	2019 (Long Term)
Status:	ON TRACK FOR ACHIEVEMENT
Baseline Information:	37% of the adult population participated in sport and physical recreation in the last week (2010 SAPAS) 31% of the adult population stated they normally participate in sport and physical recreation on at least 1 day a week (2008-09 CHS)
Current Position:	41% of the adult population stated they normally participate in sport and physical recreation on at least 1 day a week (2010-11 CHS)
Contributing Member	Progress
Chief Leisure Officers Association (District Councils)	A survey of district council provided the following examples of progress made against this target: <ul style="list-style-type: none"> All district councils are involved in the delivery of the Active Communities Programme which aims to increase participation opportunities in sport and physical recreation. Down District Council have offered projects for older people and invited local people to boccia tournaments and other physical activity sessions for elderly people.
Irish Football Association	<ul style="list-style-type: none"> The IFA continues to support groups at grassroots level who use the sport of football as a tool to promote Community Relations in a sustainable and creative way which makes a meaningful difference in the community. Some key projects the IFA Community Relations Departments have delivered include the Belfast Street League (where 60 adult males participated on a weekly basis), Women's World United and Limestone Utd.
NI Environment Agency	<ul style="list-style-type: none"> The NIEA continues to provide public access to the countryside for outdoor physical recreation at its seven country parks, fund the management of another and facilitate walking at many of its nature reserves and some historic monuments in State Care. Country Park facilities include mown grass areas for informal games, extensive path networks, trim trails, cycle paths, bridle paths and bathing beaches. It organises events at its properties, including walks on National Trails Day, and facilitates others organising sponsored walks at its properties. Activities facilitated include: walking, jogging, horseriding, cycling, swimming, abseiling, canoeing (whitewater and lake), sea kayaking, angling and orienteering. Other actions described at PA4 on public access to the wider countryside also apply.
NI Sports Forum	<ul style="list-style-type: none"> Governing Body Member, Ulster Branch Tennis Ireland (UBTI) has had success in increasing their participation numbers through the Active Communities Programme. Three Active Communities coaches in Northern Ireland (Belfast, Larne Borough and Craigavon) have a tennis or racquet sports focus. At the start of the programme in 2009 there were no official participants logged in the areas listed above however numbers have increased to 3,350 participants in 2011 with a target of achieving 4,000 set for 2012. Development is also in place to help other clubs in different parts of the Province access Active Communities' pathways to help increase their participation numbers.
Public Health Agency	<ul style="list-style-type: none"> The PHA has supported increased participation in physical activity through a range of investments in obesity/physical activity interagency forums and other programmes. Examples include: physical activity co-ordinator posts in local Health and Social Care Trusts; provision of a range of training for trainers courses (e.g. creative dance, inclusive skills, walk leaders training etc); allotment and community garden projects, exercise referral programmes by GPs to local leisure facilities; active travel projects; development of outdoor gyms; healthy towns initiatives in a number of council areas which bring together a range of programme areas at a local level; work place health initiatives; through joint working with local government e.g. Active Belfast and Give it a Go. Active Belfast as mentioned in the above point provided grants in the area of Workplace and Travel which supports adult population. Active Belfast aims to encourage adult participation through the new Outdoor gym project. In Belfast, 9 Outdoor gyms are currently being

	<p>installed within local community free space areas, Blythfield, Sandy Row was the first to be launched.</p> <ul style="list-style-type: none"> • In the South Eastern area, Lisburn has been announced as the European City of Sport 2013. The PHA has agreed with Lisburn City Council co-funding and support in kind for the development of a 5 year strategy for Sport and Physical Activity in Lisburn and Castlereagh. One of the aims of the strategy will be to increase participation.
Sport Northern Ireland	<ul style="list-style-type: none"> • During the period October 2011 until September 2012, SNI invested a total of £2,428,267 in 10 capital projects (including Burnside Ulster Scots Society, Carrick Rangers FC, Dalriada School, John Mitchel's Glenullin GAC, St Columb's College, Mourne Heritage Trust, Eglinton Community Ltd, Doire Colmcille, Crumlin Utd and Aughintober Regeneration) through the Sport Matters: Community Capital Programme. All projects include a 5 year Sports Development Plan which aim to increase adult participation in sport and physical recreation. • Active Communities programme is now in its third year of delivery, with investment profiled through to March 2015. The programme continues to demonstrate effective local engagement strategies with its target audiences of women/girls, people with a disability and older people. SNI has published an End of Year project report which provides a comprehensive breakdown of delivery by demographic segmentation, geographic area and sport. By 30th Sept 2012, over 140,000 individuals had been involved in the programme an average of eight times per annum in pursuit of the overarching vision of 'Sport Matters' of contributing to attitudinal and behavioural changes among participants. SNI has further facilitated delivery of this target through its ongoing investments in, and support of, Disability Sport Northern Ireland and Outdoor Recreation Northern Ireland, which have enabled the delivery of projects such as National Trails Day, new MTB trails and inclusive sports facilities. SNI is also responsible for the delivery of an Inter Departmental investment in Special Olympics Ulster, which in 2011/12 provided over 1,500 Special Olympics athletes with the opportunity to participate in regular sports and physical activity programmes at clubs across NI.
Ulster Council GAA	<p>The GAA (Ulster Council) continued to support the achievement of this target by delivering the following programmes:</p> <ul style="list-style-type: none"> • GAA Recreational Games for Adults • GAA Have a Go Games for International Students • Gaelic For Mothers • Coach Development Workshop programme • Provincial Coaching and Game Development Conference
Ulster Branch IRFU	<ul style="list-style-type: none"> • Within the women's game the Adult Qualifying League formerly known as the Adult Development League has gone from strength to strength. This competition was established to provide newly formed or developing adult teams with suitable competition to allow them to be able progress into All Ireland Rugby. The introduction of this League in 2010/11 saw three Clubs/four teams participate with last season (2011/12) six Clubs competed in 12 matches. In season 2012/13 seven Clubs entered into this League with 21 matches scheduled pre Christmas. • Due to the success of the above season 2011/12 saw the introduction of an Adult Development Cup competition which gave those teams already playing in the Development League the opportunity to continue in appropriate competition after Christmas. Five Clubs competed in a knock out competition to ensure that the existing League was not replicated. A subsidiary competition was organised for those Clubs that got knocked out in the early rounds to ensure maximum participation. • The number of Adult Clubs has also continued to increase steadily with 13 Clubs now regularly participating in structured competition compared with 12 Clubs last season. This shows a sustained increase in the number of female adults playing the game across the Province • In the 2011-12 season, the IRFU (Ulster Branch) increased the number of adult matches from 1632 the previous season to 1720 an increase of 88 therefore increasing the number of participants. • To date there are 29,363 players (adult and youth) registered in Ulster as of 27 September 2012. • The introduction of Under 19 leagues is designed to provide a link between youth and adult rugby giving players the opportunity to have

	<p>another year with their peers allowing them to develop physically and mentally before progressing into the adult game. Under 19 games are now played on Saturday afternoons instead of the traditional Saturday morning timeslots which had been reserved for youth fixtures previously. This has helped clubs to integrate these players into the wider rugby club environment on a Saturday afternoon. Currently 28 clubs are fielding teams at under 19 level (an increase of 6 from last year), and we have received feedback from clubs which suggests that the introduction of under 19 rugby has aided with the retention and recruitment of players.</p> <ul style="list-style-type: none"> • The IRFU (Ulster Branch) continues to promote adult tag rugby as a version of the game that is played in the summer months. This non-contact version of the game has proved very popular bringing both new and previous participants back into the sport. There has been a particular increase in the number of mixed teams (ie both male and female) now playing over the last number of years. • In season 2011/12 the IRFU (Ulster Branch) established a veterans League (aimed at players who are aged 35+) in order to allow for participation for those players who had drifted away from the game due to other commitments. 13 teams are played within this structure and a significant number of players have returned to the game as a result of this initiative. It is hoped that this can be repeated in season 2012/13.
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Target Number:	PA8
Target Details:	By 2019 to deliver at least a 6 percentage point increase in women's participation rates in sport and physical recreation (from the 2011 baseline).
Target Deadline:	2019 (Long Term)
Status:	ON TRACK FOR ACHIEVEMENT
Baseline Information:	30% of the female adult population participated in sport and physical recreation in the last week (2010 SAPAS) 24% of the female adult population stated they normally participate in sport and physical recreation on at least 1 day a week (2008-09 CHS)
Current Position:	36% of the female adult population stated they normally participate in sport and physical recreation on at least 1 day a week (2010-11 CHS)
Contributing Member	Progress
Chief Leisure Officers Association (District Councils)	<p>A survey of district council provided the following examples of progress made against this target:</p> <ul style="list-style-type: none"> • All district councils are involved in the delivery of the Active Communities Programme which aims to increase participation opportunities in sport and physical recreation especially amongst women and girls. • Antrim Borough Council offered a range of activities including: Establishment of new walking groups (Randalstown – mother & baby group; Toome – women's over 50 group; Arches Dance Company (20 Participants); Altitude Dance Company (20 Participants); Antrim Ladies Senior and Junior Netball Clubs (40 participants); Aqua Zumba class (25 participants); Tannaghmore ladies Group (12 participants) Zumba and Dance; Parkhall Empowering Women Zumba Group (12 Participants); Mini Movers Parent and Toddler Dance (40 participants).
NI Environment Agency	<ul style="list-style-type: none"> • The NIEA continues to provide public access to the countryside for outdoor physical recreation at its seven country parks, fund the management of another and facilitate walking at many of its nature reserves and some historic monuments in State Care. Country Park facilities include mown grass areas for informal games, extensive path networks, trim trails, cycle paths, bridle paths and bathing beaches. It organises events at its properties, including walks on National Trails Day, and facilitates others organising sponsored walks at its properties. These facilities are available to women. • Other actions described at PA4 on public access to the wider countryside also apply.
Irish Football Association	<ul style="list-style-type: none"> • During 2011, the IFA hosted 214 teams who competed in the regional indoor qualifiers. In addition, a series of junior football Open Days were

	<p>delivered at Coleraine Football Club (63 participants) and Lurgan Town Football Club (46 participants). In total 276 new players were introduced to football through this initiative.</p> <ul style="list-style-type: none"> • In November 2011 the women's department secured €50,000 from the UEFA Hat trick programme for the delivery of the SCORE Pilot Project. The programme aims to provide clubs with the tools to enable them to encourage more girls to get involved in football. • In December 2011, the IFA together with Belfast City Council hosted an annual Futsal tournament at the Shankill Leisure Centre, where local girls' and women's clubs in Northern Ireland embraced the concept of futsal. • The IFA continued to work alongside women's clubs to assist with the established of junior girls sections. In total 14 Open Days were delivered during this period, with major successes as clubs such as Coleraine Football Club (63 participants) and Lurgan Town Football Club (46 participants). In total 276 new players were introduced to football through this initiative.
Irish Sports Council	<ul style="list-style-type: none"> • The Irish Sports Monitor shows a clear increase in participation among women from 34% in 2008 to 40% in 2011. The rate for men still remains greater at 52% but this has remained largely static. As a result, women's participation in sport and physical activity is growing faster than men's and individual sports are most popular among females.
Public Health Agency	<ul style="list-style-type: none"> • The PHA has supported increased participation in physical activity through a range of investments in obesity/physical activity interagency forums and other programmes, Examples include: physical activity co-ordinator posts in local health and social care trusts, provision of a range of training for trainers courses (e.g. creative dance, inclusive skills, walk leaders training etc), allotment and community garden projects, exercise referral programmes by GPs to local leisure facilities; active travel projects; development of outdoor gyms; healthy towns initiatives in a number of council areas which bring together a range of programme areas at a local level; work place health initiatives, through joint working with local government e.g. Active Belfast. These initiatives are targeted at both men and women. • In the South Eastern area, Lisburn has been announced as the European City of Sport 2013. The PHA has agreed with Lisburn City Council co-funding and support in kind for the development of a 5 year strategy for Sport and Physical Activity in Lisburn and Castlereagh. One of the aims of the strategy will be to increase participation. • Evaluation of the Give it a go! initiative across the Southern Joint Working Cluster (for details refer to PA4 above) suggested that uptake of activities was higher among women than in men.
Sport Northern Ireland	<ul style="list-style-type: none"> • SNI's awards through the Active Communities and Awards for Sport Programmes reported that 59,000 women/girls participated in sport and physical recreation in 2011/12. • SNI has worked with a consortium of governing bodies of sport (IFA, GAA, Camogie, rugby & hockey) to develop a Female Sports Forum in Northern Ireland. Initial Girls Multi Sport Day delivered in partnership with five post-primary schools in Belfast. SNI, in partnership with the Female Sports Forum and the Women's Sports & Fitness Foundation, is exploring opportunities to accelerate this work in 2013/14.
Ulster Council GAA	<p>The GAA (Ulster Council) continued to support the achievement of this target by delivering the following programmes:</p> <ul style="list-style-type: none"> • GAA Recreational Games for Adults • GAA Have a Go Games for International Students • Gaelic For Mothers • Coach Development Workshop programme • Provincial Coaching and Game Development Conference
Ulster Branch IRFU	<ul style="list-style-type: none"> • The IRFU (Ulster Branch) delivered a number of participation programmes that are ran by the Women's Development Officer aimed at increasing participation among females in rugby. These include:

	<ul style="list-style-type: none"> ○ IRFU 'Play Rugby Girls' Initiative in which the aim is to provide girls with the opportunity to play rugby and progress to their local Club. In areas where development officers are working, schools activity is linked into additional session at the local club. These schools are invited to an 'open day' which is hosted by development officers and club coaches. Where there is no access to a development officer in an area, schools are offered a resource pack which includes the play rugby equipment and coaching guidelines. ○ Girls Schools Cup is the most successful of our participation initiatives which see's schools from all over the province participating in Leprechaun rugby style competition. Entries into this competition have increased from 27 schools (34 teams) in season 2010/11 to 32 schools (38 teams) in season 2011/12. Girls participating in this programme are provided with a link to their local club. ○ A part time girls CRO continues to work within the Greater Belfast area with the objective of providing the opportunity for more schools/players to get involved in the game with the view of increasing the number of players involved in Clubs. ● As a result of increasing participation in schools the number of girls participating in Clubs has also increased. Last season four Clubs participated in 4 blitz's. This season 6 Clubs have been entered to play matches where they can play a minimum of 7 players in a match of either tag or contact. Those Clubs who do not have seven or more players are encouraged to bring their players to blitz's where they can make up other teams. The aim of this is to get players playing and to provide suitable and structured competition to develop players and to provide a pathway into adult rugby. Three matches and two blitz's have been included into the youth season structured pre Christmas. ● The continuation of the Adult Qualifying League and introduction of the Adult Development Cup in season 2010/11 provided suitable competition for those new or developing Clubs and players coming into the sport. The introduction of this League in 2010/11 saw three Clubs/four teams participate with last season (2011/12) six Clubs competed in 12 matches. In season 2012/13, 7 Clubs entered into this League with 21 matches scheduled pre Christmas. ● The number of Adult Clubs has also continued to increase steadily with 13 Clubs now regularly participating in structured competition compared with 12 Clubs last season. This shows a sustained increase in the number of female adults playing the game across the Province
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Target Number:	PA9
Target Details:	By 2019 to deliver at least a 6 percentage point increase in participation rates in sport and physical recreation among socio-economically disadvantaged groups (from the 2011 baseline).
Target Deadline:	2019 (Long Term)
Status:	ON TRACK FOR ACHIEVEMENT
Baseline Information:	30% of the adult population in social groups C2DE participated in sport and physical recreation in the last week (2010 SAPAS)
Current Position:	29% of the adult population living in the most deprived areas of NI stated they normally participate at least 1 day a week (2010-11 CHS)
Contributing Member	Progress
Business In The Community	<ul style="list-style-type: none"> ● BITC recognises a clear link between sport and its People, Place and Planet strategy, in particular to its Place agenda. BITC is focusing on the development of several projects that can be integrated into current campaign areas to engage people and engage business; ● Initial discussions have taken place with key organisations to develop a pilot programme to provide better business skills for sport at a grassroots and voluntary level. ● This pilot programme has been designed to help assist sports clubs from all traditions and economic backgrounds become more sustainable and build capacity.

	<ul style="list-style-type: none"> • New partnerships have been created and a collaborative approach will drive this initiative forward towards implementation in November 2012. • BITC is in the process of developing a Business on Board initiative that will provide opportunities for individuals in business to volunteer to participate on Boards and management committees of sports clubs particularly in areas of greatest need. This web based initiative is due to be formally launched in September/October 2012.
Chief Leisure Officers Association (District Councils)	<p>A survey of district council provided the following examples of progress made against this target:</p> <ul style="list-style-type: none"> • `Through neighbourhood renewal approach, Armagh City & District Council worked with local community and sports groups to forge links and develop programmes including midnight soccer and a MUGA project. • Down District Council worked in areas of disadvantage as identified by NISRA facilitating sports activities at community fun days and linking in with EDRCN to deliver activities to those suffering from high levels of disadvantage. It also delivered a diversionary through sport programme on Saturday evenings in the Ballymote Health & Wellbeing Centre targeting 14-18 year olds.
Department for Social Development	<ul style="list-style-type: none"> • Through the Neighbourhood Renewal Investment Fund seven contracts were issued in 2012/13 to projects specifically relating to sport with an annual investment of approximately £350K. DSD will continue to consider providing support to activities designed to promote or facilitate participation opportunities in sport and physical activity that have been identified within Neighbourhood Renewal Action Plans (subject to availability of resources and the outcome of an economic appraisal).
Department of Education	<ul style="list-style-type: none"> • DE guidance recommends that schools should provide pupils with a minimum of 2 hours PE per week and that includes pupils from socio-economically disadvantaged backgrounds. • Through the Curriculum Sports Programme, DE continues to contribute to participation rates. This Programme, aimed at pupils in Foundation Stage and Key Stage 1 and which focuses on schools serving areas of disadvantage, aims to build pupils' physical literacy skills, raise confidence, self-esteem and motivation to learn and support a healthy lifestyle by encouraging ongoing participation in physical activity. • Extended Schools – The ES programme is specifically targeted at helping to reduce differentials and improve the quality of life for children from disadvantaged areas. Schools can provide opportunities for after school sport and leisure activities as identified by the school Principal in helping to overcome barriers to learning. • A variety of sporting programmes are offered in the youth service as part of an overall non formal education programme aimed at enhancing the personal and social development of young people. Participation in the youth service is voluntary, with approx 30% of young people aged 4-25 taking part annually.
Irish Football Association	<ul style="list-style-type: none"> • The IFA secured approximately £100,000 from Comic Relief which was used to further developing Women's World United and the Street League project focuses on helping to integrate socially excluded and marginalised groups into communities across Northern Ireland. • The IFA Community Relations Department, in conjunction with the PSNI, used football as a tool to engage young males who have been in trouble with the police in a positive and healthy manner which creates a shared sense of identity and reduces crime on the Limestone Road area (an interface area in North Belfast which is one of the worst affected areas with regards to sectarianism in Northern Ireland).
NI Environment Agency	<ul style="list-style-type: none"> • NIEA continues to provide public access for all to the countryside for outdoor physical recreation at its seven country parks, fund the management of another and facilitate walking at many of its nature reserves and some historic monuments in State Care. Country Park facilities include mown grass areas for informal games, extensive path networks, trim trails, cycle paths, bridle paths and bathing beaches. It organises events at its properties, including walks on National Trails Day, and facilitates others organising sponsored walks at its properties. • NIEA is exploring opportunities for arranging transport to its country parks for socio-economically disadvantaged groups in partnership with other bodies.

Public Health Agency	<ul style="list-style-type: none"> • The PHA has supported increased participation in physical activity through a range of investments in obesity/physical activity interagency forums and other programmes. Examples include: physical activity co-ordinator posts in local health and social care trusts; provision of a range of training for trainers courses (e.g. creative dance, inclusive skills , walk leaders training etc), allotment and community garden projects; exercise referral programmes by GPs to local leisure facilities; active travel projects; development of outdoor gyms; healthy towns initiatives in a number of council areas which bring together a range of programme areas at local level; work place health initiatives; through joint working with local government e.g. Active Belfast. The PHA continues to focus efforts on socio-economically disadvantaged groups to help reduce health inequalities. Neighbourhood renewal areas are proactively targeted in the distribution of PHA resources and programmes for example 6 NRAs in the North West ran a physical activity fortnight in the last two weeks of September 2012 to increase awareness of the importance of physical activity and encourage increased uptake of a range of physical activity opportunities. • Active Belfast has a key role in facilitating and driving collaborative effort to tackle health inequalities in areas and groups that are socio economically disadvantaged. Active Belfast will identify local health and social needs and priorities. They will ensure effective action in local communities in or with priority groups and will engage communities in designing and implementing that action. Through partnership working with PHA and BCC Outdoor gyms have been strategically allocated to allow access to physical activity facilities for local communities. The Active Belfast Grant Scheme will give local schools, workplaces and community groups the opportunity to offer opportunities for people to engage in physical activity. • In the South Eastern area, Lisburn has been announced as the European City of Sport 2013. The PHA has agreed with Lisburn City Council co-funding and support in kind for the development of a 5 year strategy for Sport and Physical Activity in Lisburn and Castlereagh. One of the aims of the strategy will be to increase participation. • PHA South Eastern area have launched a Small Grants scheme to include Physical Activity programmes. Information about this has been distributed by DENI to schools and has been particularly targeted at schools participating in the Extended Schools programme. • Mid Ulster Councils, the Public Health Agency (PHA) and two health trusts have joined forces to launch the ‘Make a Change’ project, working with local unemployed people to help improve their physical activity, nutrition, mental health and wellbeing. Dungannon & South Tyrone, Cookstown and Magherafelt councils, along with the Northern and Southern Health and Social Care Trusts and the PHA, are launching ‘Make a Change’ as part of the Mid Ulster Cluster Joint Working Arrangements Plan, which aims to improve the health and wellbeing of the people in the mid-Ulster area by tackling health inequalities. The ‘Make a Change’ initiative involves Health Support Officers providing one-to-one support to people from the target group to help them make a change for the benefit of their health. The themes identified for the year (2012/13) are physical activity and healthy eating, with an emphasis on how these can contribute to mental health and wellbeing. • The heavily subsidised nature of the Give it a go! initiative (refer to PA4 above) was designed to ensure accessibility by those on low income.
Sport Northern Ireland	<ul style="list-style-type: none"> • Active Communities programme investment and delivery is targeted at 10% most disadvantaged communities in Northern Ireland. Based on census data, approx. 9% of NI population reside in the top 10% most disadvantaged communities in NI; an analysis of Active Communities participants indicates that approx. 14% of all Active Communities reside within those areas suggesting that local district council-led consortia are effectively targeting socio-economic disadvantage.
Ulster Council GAA	<p>The GAA (Ulster Council) continued to support the achievement of this target by delivering the following programmes:</p> <ul style="list-style-type: none"> • Targets children and adults in socio-economically disadvantaged areas through our clubs based in these areas • Belfast Urban Development Project – summer programmes and targeting clubs in areas of high social and economic deprivation • Derry Urban Development Project – summer programmes and schools and club based support programmes • Club and Volunteer development programmes underpinned by good governance through club maith programme. • Game of three halves programme with IFA, Ulster Rugby and Peace Players and with other interested youth and community groups

	<ul style="list-style-type: none"> • Belfast Interface Games Programme with IFA, Ulster Rugby and Peace Players • Gaelic For Mothers Targeted at Urban areas and areas with high levels of economic and social disadvantage
Ulster Branch IRFU	<ul style="list-style-type: none"> • Through the Community Rugby Programme and its involvement with the Active Communities Programme, the IRFU (Ulster Branch) has been successful at attracting 'new' participants into the game. Each coach employed under these schemes seeks to engage with schools and groups who have never experienced rugby before and encourage participation across all sections of the community. • In addition, the IRFU (Ulster Branch) has been involved with the development of the Game of 3 Halves and Sport 4 Change initiatives in partnership with the GAA and IFA. These projects are based on providing young people from all sides of the community with the opportunity to participate in sporting activity in key interface areas in Northern Ireland. Through partnership with Young Enterprise Northern Ireland and Peace III GO3H, delivered to approximately 1,000 school age children in 2011/12.

Target Number:	PA10
Target Details:	By 2019 to deliver at least a 6 percentage point increase in participation rates in sport and physical recreation among people with a disability (from the 2011 baseline).
Target Deadline:	2019 (Long Term)
Status:	ON TRACK FOR ACHIEVEMENT
Baseline Information:	19% of the people with a disability (NI adult population) participated in sport and physical recreation in the last week (2010 SAPAS) 11% of the adult population with a lifelong limiting illness stated they normally participate in sport and physical recreation on at least 1 day a week (2008-09 CHS)
Current Position:	23% of the adult population with a lifelong limiting illness stated they normally participate in sport and physical recreation on at least 1 day a week (2010-11 CHS)
Contributing Member	Progress
Chief Leisure Officers Association (District Councils)	<p>A survey of district council provided the following examples of progress made against this target:</p> <ul style="list-style-type: none"> • Down District Council worked closely with Knockevin Special School facilitating physical activity sessions including football and marital arts as well as multi-skills. The Council is also working with the Health and Social Trust to develop a GAA programme in the Ballymote for those with physical disabilities. • Craigavon Borough Council has produced a Sports Development Strategy for the development of sport and physical activity in the Borough for 2011 – 2015 which is embedded within the Corporate Plan which sets a high priority for inclusivity for all under-represented groups.
Irish Football Association	<ul style="list-style-type: none"> • The IFA's Disability Football Department continued to increase the number of structured opportunities for those with a disability to get involved in football programmes from participation opportunities through to representative honours. The Department was able to deliver 6 x 1 hour Coaching Blocks to over 500 pupils in 35 Special Schools this year. • The IFA hosted the 2011 Coca-Cola Community Cup for people with a disability. This outdoor 5-a-side competition took place at the Billy Neill Centre of Excellence over two days in June 2011 and involved over 500 players. • Visual Impairment Football - Two clubs continue to operate in Lisburn and Londonderry in partnership with RNIB NI for those with a visual impairment. The clubs meet on a weekly basis and cater for both male and female participants.

	<ul style="list-style-type: none"> Deaf Football - Local side, Belfast Deaf Utd are through to the 2012 British Deaf Cup Final where they will meet Arsenal Deaf FC at the City of Manchester Stadium. Belfast Deaf Utd are the reigning champions having defeated Everton in 2011.
Irish Sports Council	<ul style="list-style-type: none"> The Sports Inclusion Disability Programme Review was completed in November 2011. The recommendations of the Review have led to changes in the operation of the programme and in particular have increased the focus on work with Governing Bodies to make mainstream clubs more inclusive.
NI Environment Agency	<ul style="list-style-type: none"> The NIEA continues to provide public access to the countryside for outdoor physical recreation at its seven country parks, fund the management of another and facilitate walking at many of its nature reserves and some historic monuments in State Care. Country Park facilities include mown grass areas for informal games, extensive path networks, trim trails, cycle paths, bridle paths and bathing beaches. It organises events at its properties, including walks on National Trails Day, and facilitates others organising sponsored walks at its properties. The NIEA is also exploring opportunities for arranging transport to its country parks for physically disadvantaged groups in partnership with other bodies. The NIEA website (www.doeni.gov.uk/niea/) now identifies paths suitable for those with mobility problems.
Public Health Agency	<ul style="list-style-type: none"> PHA supported increased participation in physical activity among people with a disability through a range of investments through obesity/physical activity interagency forums including training for trainer courses to promote and deliver: <ul style="list-style-type: none"> Inclusive Games and Skills; Boccia; Chair based activities; New Age Curling; Cardio Rehab IV programmes; and a range of other relevant programmes GP Exercise Referral Schemes continue to be supported in a number of local Council Areas. The PHA provides funding for the Fit 4 U initiative, which provides structured programmes of safe, accessible physical activity and leisure opportunities for people with physical disabilities and sensory impairments across the Southern HSC Trust area. In the South Eastern area, Lisburn has been announced as the European City of Sport 2013. The PHA has agreed with Lisburn City Council co-funding and support in kind for the development of a 5 year strategy for Sport and Physical Activity in Lisburn and Castlereagh. One of the aims of the strategy will be to increase participation.
Sport Northern Ireland	<ul style="list-style-type: none"> SNI's awards through the Active Communities and Awards for Sport programmes and investment in Special Olympics Ulster reported that approx. 15,000 people with a disability participated in sport and physical recreation in 2011/12 Ongoing investment in and partnership working with Disability Sports Northern Ireland and Special Olympics Ulster.
Ulster Council GAA	<p>The GAA (Ulster Council) continued to support the achievement of this target by delivering the following programmes:</p> <ul style="list-style-type: none"> Regional Development Officers and Active Communities coaches have targeted children and young people and adults in this area. Wheel chair hurling opportunities in special schools Engagement with adult community groups with physical and learning difficulties Development of County Teams in Gaelic Games for this target Audience Opportunities to play at major County Championship Games in front of a full hours of 40,000 people Local opportunities to play in front of crowds at County Club Championship and County National League Fixtures

	<ul style="list-style-type: none"> In-service opportunities for staff who work directly with this target group
Target Number:	PA11
Target Details:	By 2019 to deliver at least a 6 percentage points increase in participation in sport and physical recreation among older people (from the 2011 baseline).
Target Deadline:	2019 (Long Term)
Status:	ON TRACK FOR ACHIEVEMENT
Baseline Information:	21% of older people (aged 50 and over) participated in sport and physical recreation in the last week (2010 SAPAS)
Contributing Member	Progress
Chief Leisure Officers Association (District Councils)	<p>A survey of district council provided the following examples of progress made against this target:</p> <ul style="list-style-type: none"> Down District Council have offered projects for older people and invited local people to boccia tournaments and other physical activity sessions for elderly people. Craigavon Borough Council has established Over 50s Clubs providing planning support and offering assistance with access to funding. In addition the Council has also organised structured competitive opportunities for Older People including the annual Sportsfest events.
NI Environment Agency	<ul style="list-style-type: none"> NIEA continues to provide public access to the countryside for outdoor physical recreation at its seven country parks, fund the management of another and facilitate walking at many of its nature reserves and some historic monuments in State Care. Country Park facilities include mown grass areas for informal games, extensive path networks, trim trails, cycle paths, bridle paths and bathing beaches. It organises events at its properties, including walks on National Trails Day, and facilitates others organising sponsored walks at its properties. The NIEA website (www.doeni.gov.uk/niea/) now identifies paths suitable for those with mobility problems. Other actions described at PA4 on public access to the wider countryside also apply.
Public Health Agency	<ul style="list-style-type: none"> PHA supported increased participation in physical activity among older people through a range of investments through obesity/physical activity interagency forums including training for trainer courses to promote and deliver: <ul style="list-style-type: none"> Movement to Music; Tai Chi; Boccia; Inclusive Skills; Walk Leader training (Walking for health programme); and other relevant programmes. GP Exercise Referral Schemes continue to be supported in a number of local Council Areas. The PHA hosted an evidence briefing and learning event in March 2012 to enable professionals working with older people to interpret and further disseminate the CMO physical activity guidelines for later years. In the South Eastern area, Lisburn has been announced as the European City of Sport 2013. The PHA has agreed with Lisburn City Council co-funding and support in kind for the development of a 5 year strategy for Sport and Physical Activity in Lisburn and Castlereagh. One of the aims of the strategy will be to increase participation.

Sport Northern Ireland	<ul style="list-style-type: none"> • SNI's awards through the Active Communities and Awards for Sport Programmes reported that approximately 11,000 older people (aged >50) participated in sport and physical recreation in 2011/12
Ulster Council GAA	<p>The GAA (Ulster Council) continued to support the achievement of this target by delivering the following programmes:</p> <ul style="list-style-type: none"> • GAA coaches have targeted older people in this area through the Active Communities Programme. • Recreational Games in football and hurling targeting the older people • Gaelic for Mothers targeting Older People • Master Handball Competitions at All Ireland, European and World Championships

Target Number:	PE12
Target Details:	By 2010 to have a fully operational Sports Institute that supports 100 athletes per annum to achieve 70% of their agreed annual performance targets.
Target Deadline:	2010 (Short Term)
Status:	ACHIEVED
Contributing Member	Progress
Sport Northern Ireland	<ul style="list-style-type: none"> • Five service areas including Sports Medicine; Sports Science; Strength and Conditioning; Performance Planning and Performance Skills are currently operational at the Sports Institute Northern Ireland (SINI). In 2010-11, 16 Olympic/ Paralympic and Commonwealth sports were serviced through the Major Games Programme – this represented a total of 54 athletes. Service level agreements in place with the Irish FA and Ulster Rugby to deliver services to their respective squads through the Support Programme. When the Foundation Programme is included, SINI is currently delivering services to 197 athletes.
	<ul style="list-style-type: none"> • The OCI London Technical Group embraces the ISC, SNI, and Institutes, in our planning and preparation for Olympic Games. • The OCI provided performance support through Olympic scholarships and team support grants, CPD conferences and seminars, team reces, science and medical support and advice, accessing the London Prepares Test Events programme, provision of the pre Games Training Camps at Broxbourne (Canoe Slalom) Weymouth (Sailing) and St Marys (Athletics, Badminton, Cycling, Modern Pentathlon, Triathlon) and Olympic Village performance support during the Games period. All contributing to athlete support to achieve their targets
Ulster Council GAA	<ul style="list-style-type: none"> • Three Handball athletes have been supported by the Sports Institute Northern Ireland during the period.

Target Number:	PE13
Target Details:	By 2010 to win at least five medals at the Delhi Commonwealth Games.
Target Deadline:	2010 (Short Term)
Status:	ACHIEVED
Contributing Member	Progress

Sport Northern Ireland, NI Commonwealth Games Council, Governing bodies of Commonwealth Games sports.	<ul style="list-style-type: none"> • The Delhi 2010 Commonwealth Games took place from 3rd - 17th October 2010. SNI chaired and facilitated the Delhi 2010 Preparation Committee which met 18 times between July 2007 and September 2011. The Committee comprised representatives from the NICGC, governing bodies, SNI and SINI and in its advisory role, the Committee aimed to contribute to the objective of improving the athletic performance and competitive potential of athletes at the Games. The Committee is currently producing a report on the preparations and performance of the NI Team in Delhi, with a view to putting forward recommendations which can inform the planning for Glasgow 2014. • In 2010, Sport Northern Ireland invested £40,000 in the NICGC to offset some of the costs of presenting the NI Team in Delhi. In addition, Sport Northern Ireland, through the ASP invested £304,273 in 15 governing bodies in respect of 48 athletes who were members of the Northern Ireland Delhi Team. This investment was for the training, coaching and competition programmes (excluding attendance at the Games) for the athlete during 2010 (in most cases January to December 2010). Within the 48 athletes, 12 also benefited from living costs awards (included in the above figure), which assisted the athlete to train on a full-time or part-time basis. • SINI provided sports science and medical services to 25 athletes in the year prior to the Games and in the final three months of preparation offered services to include the wider team membership of 81. Through the Performer Development Centres (PDC), services such as strength and conditioning, physiotherapy and performance lifestyle were provided to 18 members of the Northern Ireland team. • Ten medals (including 3 gold, 3 silver and 4 bronze medals) were won in Delhi 2010 in boxing (5), cycling (2), shooting (2) and bowls (1).
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Target Number:	PE14
Target Details:	By 2011 to ensure that all Sport Northern Ireland funded governing bodies are 'fit for purpose' organisations.
Target Deadline:	2011 (Short Term)
Status:	ON TRACK FOR ACHIEVEMENT BUT WITH SOME DELAY
Baseline Information:	24% of Sport Northern Ireland funded governing bodies are fit for purpose (2007-08 Audits)
Current Position:	75% of Sport Northern Ireland funded governing bodies are fit for purpose (2011-12 Audits)
Contributing Member	Progress
Northern Ireland Commonwealth Games Council	<ul style="list-style-type: none"> • The NICGC has recently completed the SNI Audit Review and has moved from a 'Limited' to a 'Satisfactory' level of assurance. This is a timely reflection on the organisation's state of readiness as plans for Glasgow 2014 are laid down. As part of the modernisation process, a new set of Governing Documents was implemented just before the last SMIG meeting but may not have been mentioned at that meeting. • Continued encouragement is given to NICGC affiliated governing bodies to support their engagement with the audit process to ensure that all those seeking to be involved with the Glasgow Games are 'fit for purpose'.
Sport Northern Ireland	<ul style="list-style-type: none"> • In 2011-12, 24 out of 32 Sport NI funded governing bodies have attained at least a satisfactory level of assurance following a Sport Northern Ireland governance and management audit with 5 of the 24 governing bodies achieving a substantial rating. • The UK Equality Standard was launched in March 2012 and SNI is working with eight governing bodies to support them achieving the foundation standard of the award in the next 15 months. • A total of 22 governing bodies funded by SNI attained a 'satisfactory' level of assurance following an NSPCC Safeguarding in Sport assessment (as at end of September 2012) and the remaining ten governing bodies attained a 'limited' level of assurance and. • A total of 34 governing bodies continue to be World Anti-doping Code Compliant. Ten of these governing bodies have developed Anti-doping

	educational strategies.
SportscoachUK	<ul style="list-style-type: none"> scUK developed the UK Coaching Framework scorecard which is available to governing bodies in Northern Ireland.
Ulster Council GAA	<ul style="list-style-type: none"> Ulster GAA has received a satisfactory/substantial governance rating in the period.
UK Sport	<ul style="list-style-type: none"> UK Sport agreed a set of governance principles for the Rio funding cycle and beyond with the four Home Country Sports Councils.. UK Sport is working in partnership with the Home Country Sports Councils to design and develop a Leadership Development Experience to build the capacity, qualities and behaviours of Boards, Chairs and CEOs to create the very best-led and governed NGBs and partner organisations in the UK. A Reference Group which comprises staff from each Sports Council has been established to provide expertise and knowledge during the design and development phase of the programme.
Ulster Branch IRFU	<ul style="list-style-type: none"> The IRFU (Ulster Branch) has engaged with Volunteer Now in relation to beginning the process of developing a draft Volunteer Strategy across the organisation by 2013.

Target Number:	PE15
Target Details:	By 2014 to win at least five medals at the Glasgow Commonwealth Games
Target Deadline:	2014 (Medium Term)
Status:	ON TRACK FOR ACHIEVEMENT
Contributing Member	Progress
Chief Leisure Officers Association (District Councils)	<p>A survey of district council provided the following examples of progress made against this target:</p> <ul style="list-style-type: none"> Armagh City & District Council offered best of the best funding through the Armagh Sports Forum; silver card availability; and reward and recognition through sports awards. Larne Borough Council supported and recognised talented athletes in terms of funding (20) and training facilities (5).
Northern Ireland Commonwealth Games Council	<ul style="list-style-type: none"> NICGC representatives have contributed to the compilation of the Delhi 2010 report. Three meetings have taken place with the Glasgow Olympic Committee. These have covered topics including marketing, travel, accommodation, IT, ticketing, transport, accreditation, venues and security. Lead officials for Glasgow 2014 have been selected by the Board and will be presented to the member sports on 8th October for ratification. These officials will then evaluate the recommendations from the Delhi 2010 report. Engagement with the Commonwealth Games Federation has been extensive with both a wider Strategic Review and specific Glasgow 2014 discussions taking place. The General Assembly, currently taking place in Uganda, provides a platform for communication across a wide range of participating countries with regard to the Glasgow planning process. The input from Northern Ireland is important at this stage. NICGC representatives have participated in the first Glasgow venue tour hosted for European nations. The consensus of opinion across the various countries was very positive. The NICGC have taken part in a workshop in Glasgow regarding system configuration of CGF software. This is essential for the processing of entries, accreditation etc. The Zeus package is an integral part of the Games and requires the involvement of governing bodies to ensure the smooth delivery of Team NI in accordance with CGF systems and protocol.

	<ul style="list-style-type: none"> An initial discussion has taken place with SNI and SINI relating to the support services available to Commonwealth Games athletes and coaches.
Sport Northern Ireland	<ul style="list-style-type: none"> The Delhi 2010 Preparation Committee produced its report on the preparations and performance of the Team in Delhi, which put forward recommendations to inform the planning for Glasgow 2014. In the period April 2011–March 2012, SNI invested £381,583.57 in sports costs and £98,597 in living costs in support of 56 athletes and 3 squads from the 17 sports included in the Glasgow 2014 Commonwealth Games. In addition, in 2011/2012, SNI invested £1,015,207 in 13 Commonwealth Games sports, which supports the employment of staff as well as resources for programmes (although not all investment is focused on the high performance element of the sport). In the period April 2012–March 2013, SNI is investing £441,845 in sports costs and £102,664 in living costs in support of 44 athletes and 4 squads from the 17 sports included in the Glasgow 2014 Commonwealth Games. In addition, in 2012/2013, SNI is investing £1,315,528 in 15 Commonwealth Games sports (including the Northern Ireland Commonwealth Games Council), which supports the employment of staff as well as resources for programmes (although not all investment is focused on the high performance element of the sport).
UK Sport	<ul style="list-style-type: none"> UK Sport remains committed to working with Home Nation Teams to ensure the Commonwealth Games is positioned appropriately in the strategic plans of the sports in which it invests. This policy position was reviewed at a meeting of the Home Country Performance Leads in Sept 2012: it was agreed to retain the extant policy and to tackle any CG-related issues that might arise on a sport-by-sport basis.

Target Number:	PE16
Target Details:	By 2019 to have implemented nationally recognised coach accreditation systems in all Sport Northern Ireland funded governing bodies.
Target Deadline:	2019 (Long Term)
Status:	ON TRACK FOR ACHIEVEMENT
Baseline Information:	55% of Sport Northern Ireland funded governing bodies of sport in Northern Ireland are currently implementing nationally recognised coach accreditation systems (2008-09)
Current Position:	89% of Sport Northern Ireland funded governing bodies of sport in Northern Ireland are currently implementing nationally recognised coach accreditation systems (2010-11)
Contributing Member	Progress
Coaching Ireland	<ul style="list-style-type: none"> An agreement has been reached on the mutual recognition of coaching qualifications between Coaching Ireland, the Irish Sports Council, Sport Northern Ireland and sportscoachUK. This provides a mapping tool that enables alignment of coaching qualifications. An action plan has been developed to further progress this work area. Coaching Ireland continue to work with a wide range of all Ireland governing bodies to develop qualification through the CDPI.
Sport Northern Ireland	<ul style="list-style-type: none"> SNI is working with 10 governing bodies, the Southern Sports Partnership and the North West Coaching Network to implement coaching plans aligned to either the UK or All Ireland systems. Additionally SNI in partnership with both Coaching Ireland and Sportscoach UK worked closely with all funded governing bodies to identify key areas for development associated with developing and implementing the UK Coaching Certificate and the Coaching Development Plan for Ireland.
SportscoachUK	<ul style="list-style-type: none"> scUK's specialist staff have developed tools and deliver forums to implement registration and licensing. scUK have reviewed and updated the UK

	Coaching Framework and continue to work closely with SNI to ensure relevant governing bodies in Northern Ireland are supported to deliver UKCC accredited qualifications.
Ulster Council GAA	<p>The GAA (Ulster Council) continued to support the achievement of this target by the following activities:</p> <ul style="list-style-type: none"> • Ulster GAA has been accredited as a centre for two accredited awards by the Open College Network. • Ulster GAA has worked closely with Lead Organisation for Sport and Leisure Skills Active, CEA and Open College Network (OCN) two put these two programmes onto local and National accreditation frameworks QCF / NQCF. • Ulster GAA undergoes regular Quality Assurance Audits with Coaching Ireland the accrediting body for our Coaching Awards on at least two occasions in his period. • Governing Body Tutor Trainers are in place and accredited through Coaching Ireland. • Governing Body Tutors are in place and again monitored and accredited through Coaching Ireland.
UK Sport	<ul style="list-style-type: none"> • UK Sport is funding sportscoach UK's Inspire & Aspire Programmes. Northern Ireland has a number of Level 2 & 3 coaches on these programmes, which are aimed at Commonwealth sports coaches and coaches operating just below World Class Programme level. • UK Sport has also asked all Home Countries to use its 'Coaching Census' tool to provide information about the size of their respective coaching workforce and the levels at which their coaches operate.
Ulster Branch IRFU	<ul style="list-style-type: none"> • The IRFU (Ulster Branch) Coach Accreditation System is aligned to the national IRFU model, which is based on the IRFU Long Term Player Developmental model. The IRFU system has been developed in conjunction with Coaching Ireland. • The IRFU along with Coaching Ireland are presently completing a project "mapping" their coach education qualifications to Further and Higher Education equivalencies (benchmarking). • The IRFU has submitted our Stage 1 and Stage 2 courses to be considered as outlined in the attached framework. The existing FETAC/HETAC framework is already formally mapped against the European Qualification Framework, which means that when ratified, IRFU coaching courses would have an equivalency across all frameworks. This project is progressing very slowly and may be further affected by the introduction of a new body to verify qualifications, QQAI (Quality Qualification Authority in Ireland). • The IRFU currently has competency based accreditation criteria for coaches seeking accreditation at Stage 3, 4 and 5 with suitably trained Coach Assessors to undertake this task. These criteria are broadly in line with the International Rugby Board's own accreditation requirements and those of the RFU, WRU and SRU [English, Welsh and Scottish Rugby Unions].

Target Number:	PE17
Target Details:	By 2019 at least 100 Northern Ireland athletes to have attained medal success at the highest level in their sport including European, World and Olympic/Paralympic level.
Target Deadline:	2019 (Long Term)
Status:	ON TRACK FOR ACHIEVEMENT
Baseline Information:	22 Northern Ireland athletes attained medal success at European, World and Olympic/Paralympic competitions (2006-07).
Contributing Member	Progress

Chief Leisure Officers Association (District Councils)	<p>A survey of district council provided the following examples of progress made against this target:</p> <ul style="list-style-type: none"> • Larne Borough Council supported and recognised talented athletes in terms of funding (20) and training facilities (5). • Antrim Borough Council hosted the Irish Paralympic Team during their Pre Games Training for London 2012. Four Northern Ireland athletes within the team went on to win 6 medals (5 gold and 1 bronze) at the Games. • Antrim Borough Council developed an Elite Athlete support scheme to support training needs of individuals who aspire to reaching the highest level in their sport. In addition, an Aspire Sport programme was developed which aimed to talent identify children who have exceptional talent at Primary Schools.
NI Sports Forum	<ul style="list-style-type: none"> • The NISF engaged Governing Body members to establish a more accurate baseline for medals/championships won at the highest levels by asking member bodies to respond with an update on their athletes who have achieved success at the highest level of competition.
Olympic Council for Ireland	<ul style="list-style-type: none"> • OCI input into the ISC High Performance Advisory Committee on the investment for London cycle , and the review and new investment strategy regarding performance plans and the international carding scheme programme for 2013-16
Sport Northern Ireland	<ul style="list-style-type: none"> • SNI has continued to invest in the training, competition and living costs of athletes through the Athlete Investment Programme. In addition SNI is investing in the employment of talent and high performance staff within governing bodies of sport to support the development of NI's talented athletes. Since October 2011, 31 individual athletes (and one team) from Northern Ireland have won a total of 48 medals at the highest level in their sport including European, World and Olympic/Paralympic level.
UK Sport	<ul style="list-style-type: none"> • UK Sport has placed evidence about the profile, ability and performance trajectory of individual athletes at the heart of its decision-making process for investing in high performance sport during the Rio cycle. As in previous cycles, the level of investment UK Sport will consider making in the 2013-17 cycle will be directly linked to the number of athlete places awarded to individual sports; however, the key change is that all sports must now submit an Athlete Profile that provides far greater detail than before about the athletes they are nominating for inclusion in the World Class Programme – and that demonstrates the credibility and potential of these athletes to perform at the highest international level.
Ulster Council GAA	<ul style="list-style-type: none"> • Ulster athletes have been in preparation for the World Handball Championships during this period. These are due to take place in October 2012. In preparation three Sports Institute based Athletes medalled at the Federation Cup.
Ulster Branch IRFU	<p>Talent System Development</p> <ul style="list-style-type: none"> • The IRFU's Schools and Clubs Stream Elite Player Development Camps (EPDC's) were introduced for season 2011-12. These camps form the 'In Season' phase of the Ulster and Clubs Schools Elite Player Development Programme. 9 Camps were completed. • These provided the very best U16 and U17 players in Ulster the opportunity to:- <ol style="list-style-type: none"> 1. Individual and collective player development within the Ulster Schools U16 & U17 Development Group and will be achieved through: 2. Core rugby skill development 3. Game Understanding 4. Strength and Conditioning education and development 5. Nutritional advice 6. Mental Skills 7. Performance Lifestyle • The Schools Elite Player Development Camps provide a platform to deliver, implement and manage important services to the most talented young rugby players over the course of the season and will continue to raise the performance standard of talented players. This will provide an opportunity for players to be screened for Ulster U18 schools and clubs for season 2012/13.

	<p>Talent Spotters Initiative</p> <ul style="list-style-type: none"> The aim of the programme is to create a system to help identify young players of outstanding potential and to involve them in a personally tailored program designed to foster, nurture and assist them attain excellence and to ensure the continuous flow of quality indigenous rugby players to Provincial, European and International standards. The programme has been developed to enhance the identification of Ulster and Irelands next generation of high performance players/athletes. <p>Special Projects - NW Talent Initiative</p> <ul style="list-style-type: none"> The North West Talent Initiative has been organised in partnership with National Governing Bodies, Derry City Council and Sport Northern Ireland. The aim is to implement bespoke GB programmes that will maximise the potential for Talent Development within the North West area in the sports of Wrestling, Mountaineering, Hockey and Rugby. The initiative is currently in place and on-going. The objectives of the programme are as follows: <ol style="list-style-type: none"> Objective 1: to develop a pool of coaches who can effectively deliver on future talent development programmes to help young performers to reach their potential. Objective 2: to identify new and develop existing talent and integrate with the governing body performer pathway Objective 3: to share best working practice as coaches, reflect upon their coaching experience and address their future development needs A total of 50 players Identified and 29 selected for the initiative. Four players selected for Age Grade representative Honours (Ulster U18 Youth Team).
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Target Number:	PE18
Target Details:	By 2019 to have accredited at least 700 appropriately qualified, full-time coaches available to meet demand across all aspects of sport and physical recreation.
Target Deadline:	2019 (Long Term)
Status:	ON TRACK FOR ACHIEVEMENT
Contributing Member	Progress
Chief Leisure Officers Association (District Councils)	<p>A survey of district council provided the following examples of progress made against this target:</p> <ul style="list-style-type: none"> Armagh City & District Council offered extensive coach education at a local and regional level together with Southern Sports Partnership; developed a club development framework to build capacity at a local level; offered bursaries for representative coaches [Ulster and above]; and working with national governing bodies to develop a calendar of sports specific courses throughout NI. Larne Borough Council offered an Annual Coach Education Programme - Ulster Hockey Intro Award (20), IFA Level 1 & 2 (40), 1st Aid in Sport (20), Safeguarding Young People in Sport (20). Continuous Professional Development of all staff members including development officers and coaches. Antrim Borough Council provided training to their Active Communities coaches and identified members of local walking groups to undertake walk leader training (6 participants).
Department of Education	<ul style="list-style-type: none"> During the 2011/12 school year, the Curriculum Sports Programme, which is delivered by the IFA and GAA on behalf of DE, provided for 61 qualified coaches from these organisations to deliver the Programme to pupils in Foundation Stage and Key Stage 1 in 567 schools, reaching

	over 39,000 pupils.
Irish Football Association	<ul style="list-style-type: none"> The IFA secured a further £3 million investment over the next four years from the DE which will safeguard the employment of 30 full time specialist coaches aimed at using their relevant sports expertise to help support and complement existing Physical Education programmes within the Primary Sector. The IFA coaches' role is to help develop the Physical Literacy of Foundation and Key Stage 1 pupils in Primary Schools throughout Northern Ireland. The IFA's Technical Department employs a number of full-time coaches with coaching roles including grassroots, elite and international football. These coaches provide coaching and deliver participation opportunities through the County Excellence, Active Communities and Curriculum Sport programmes.
Olympic Council of Ireland	<ul style="list-style-type: none"> The OCI every two years at summer and winter European Olympic Youth , every four years at World Youth, and every four years at Olympic and Winter Olympic Games provide opportunities for accredited and non accredited coaches at Olympic Games. For example London saw the highest ever accredited support staff with 40 coaches, due to the rotational system available through LOCOG
Sport Northern Ireland	<ul style="list-style-type: none"> A total of 1343 coaches attended Sport Northern Ireland continuous professional development workshops. SNI is working with 10 governing bodies, the Southern Sports Partnership and the North West Coaching Network to implement coaching plans aligned to either the UK or All Ireland systems. SNI in partnership with both Coaching Ireland and sports coach UK worked closely with all funded governing bodies to identify key areas for development associated with the effective recruitment, education and retention of coaches. A total of 114 full-time equivalent frontline coaching, physical activity and development posts supported through investment in Active Communities, Disability Sport Northern Ireland, Outdoor Recreation Northern Ireland and Special Olympics Ulster. A further 43 full time equivalent coaches are employed in Northern Ireland through the Investing in Performance Sport programme.
SportscoachUK	<ul style="list-style-type: none"> scUK made available a wide range of CPD opportunities aimed at supporting the development of coaches. In partnership with SNI these CPD opportunities have been tailored to directly meet the needs of NI coaches and to help them maintain their accreditation.
Ulster Council GAA	<ul style="list-style-type: none"> Fulltime Coaching Network (77) is structured around the nine Games Development Managers who have local management of four key staff at KS2 and 4 at KS1.
Ulster Branch IRFU	<ul style="list-style-type: none"> The IRFU along with Coaching Ireland are presently completing a project "mapping" their coach education qualifications to Further and Higher Education equivalencies (benchmarking). This exercise will mean IRFU Coaching Qualifications can be compared with Academic Qualifications and other Sports Coaching Qualifications throughout Europe thus paving the way for full-time professional qualification recognition. The level 3 course (Stage 5 LTPD) is for Head Coaches working with advanced adult and representative teams. Ulster Rugby currently has 11 (eleven) coaches who have attended IRFU Level 3 (Stage 5) with 4 (four) coaches having completed all the accreditation requirements. The figures for Coaches accredited during the period 1st April 2011 – 31st March 2012 is as follows; <ul style="list-style-type: none"> Stage 0 (Introductory) 52 Coaches accredited Stage 1 (Mini) 135 Coaches accredited Stage 2 (Foundation) 104 Coaches accredited Stage 3 (Level 1) 35 Coaches accredited Stage 4 (Level 2) 6 Coaches accredited Stage 5 (Level 3) 0 Coaches accredited <p>Note: IRFU Stage 3, 4 & 5 courses generally run during the summer months with accreditation requirements completed during the competitive</p>

	<i>season September – April.</i>
Target Number:	PE19
Target Details:	By 2019 to have 45,000 appropriately qualified, part time and volunteer coaches available to meet demand across all aspects of sport and physical recreation.
Target Deadline:	2019 (Long Term)
Status:	ON TRACK FOR ACHIEVEMENT
Contributing Member	Progress
Chief Leisure Officers Association (District Councils)	<p>A survey of district council provided the following examples of progress made against this target:</p> <ul style="list-style-type: none"> • Armagh City & District Council offered extensive coach education at a local and regional level together with Southern Sports Partnership; developed a club development framework to build capacity at a local level; offered bursaries for representative coaches [Ulster and above]; and working with national governing bodies to develop a calendar of sports specific courses throughout NI. • Larne Borough Council offered an Annual Coach Education Programme - Ulster Hockey Intro Award (20), IFA Level 1 & 2 (40), 1st Aid in Sport (20), Safeguarding Young People in Sport (20). Continuous Professional Development of all staff members including development officers and coaches. • Craigavon Borough Council in partnership with Craigavon Sports Advisory Council and the Southern Sports Partnership delivered an annual programme of Coach Education and Club Development courses aimed at improving the local sporting infrastructure. Craigavon Sports Advisory Council also offered a small amount of financial support to clubs to encourage them to advance the CPD of their coaches. • Antrim Borough Council provided training to their Active Communities coaches and identified members of local walking groups to undertake walk leader training (6 participants).
Irish Football Association	<ul style="list-style-type: none"> • The IFA delivered its National Coaching Courses at Stranmillis College and Queens University Belfast in June 2011, which offered the UEFA Pro Licence, UEFA A Licence, UEFA B Licence as the main core courses aimed at coaches working at competitive levels in Northern Ireland and elsewhere in the UK and further afield including North America. • Coaches were also qualified in the Grassroots Introductory Award, the IFA Level 1 Award and the IFA Youth Certificate. Specialist courses were also available such as the IFA Goalkeeping Certificate, the IFA Advanced Goalkeeping Diploma, the IFA Level 1 and Level 2 Coaching Disabled Footballers Awards. • A total of 120 coaches took the Irish FA Level 1 Coaching Disabled Footballers Award during the year. This introductory course gives participants Disability Awareness, Safety and Communication considerations. <p>Clubs involved in the IFA's Club Accreditation component also avail of the services of a Grassroots Officer to provide coach mentoring to two of their coaches. Grassroots Officers spend 6 x 1 ½ hour sessions with the coaches and their players and leave a series of resource materials to help develop the coaches. During this year a total 90 coaches at local Boys/Girls Clubs have availed of this mentoring programme.</p>
Sport Northern Ireland	<ul style="list-style-type: none"> • Awards for Sport programme 2011/12 prioritised and funded the development & delivery of coach education programmes by governing bodies of sport. Programmes were delivered in the period December 2011-April 2012. • SNI is working with 10 governing bodies, the Southern Sports Partnership and the North West Coaching Network to implement coaching plans aligned to either the UK or All Ireland systems. Sport Northern Ireland in partnership with both Coaching Ireland and sports coach UK worked

	<p>closely with all funded governing bodies to identify key areas for development associated with the effective recruitment, education and retention of coaches.</p> <ul style="list-style-type: none"> • A total of 1,343 coaches attended SNI continuous professional development workshops. • Governing bodies reported that 1,128 coaches have been accredited with support of investment through the Investing in Performance Sport Programme, in the period April 2011 – March 2012. From 1 April 2012 to date a further 172 coaches have been accredited.
SportscoachUK	<ul style="list-style-type: none"> • scUK made available a wide range of CPD opportunities aimed at supporting the development of coaches. In partnership with SNI these CPD opportunities have been tailored to directly meet the needs of NI coaches and to help them maintain their accreditation.
Ulster Council GAA	<p>The GAA (Ulster Council) continued to support the achievement of this target by the following activities:</p> <ul style="list-style-type: none"> • GAA Accredited Coaches at Foundation, Level 1 Children, Level 1 Youth, Level 1 Adult and Level 2 Children, Level 2 Youth and Level 2 Adult. • Open College Network Level 3 Performance Coaching – first graduates from the programme during the period.
Ulster Branch IRFU	<ul style="list-style-type: none"> • The IRFU (Ulster Branch) has contributed to this target by accrediting coaches at the following levels: <ul style="list-style-type: none"> ○ Stage 0 (Introductory) 52 Coaches accredited ○ Stage 1 (Mini) 135 Coaches accredited ○ Stage 2 (Foundation) 104 Coaches accredited ○ Stage 3 (Level 1) 35 Coaches accredited ○ Stage 4 (Level 2) 6 Coaches accredited ○ Stage 5 (Level 3) 0 Coaches accredited <p>Note: IRFU Stage 3, 4 & 5 courses generally run during the summer months with accreditation requirements completed during the competitive season September – April.</p> <ul style="list-style-type: none"> • Coach Education courses continue to be ‘demand led’ from its affiliated clubs and schools. The demand in clubs is ascertained by annual survey and schools complete a return of their coaching workforce annually. There has been a reduced requirement for Stage 2 LTAD courses in clubs due to revised competition age grades i.e. Club U13 Team coaches require Stage 2 whilst coaches of Club U15’s require Stage 3 qualifications. There has not been a similar increase in applications for the Stage 3 qualifications perhaps due to cost, duration of course or accreditation requirements and this will be investigated in due course. First steps have been taken in reducing demands for “face to face” time with coaches on courses through the introduction of an “online” fitness module with a self-check test to be completed and submitted by stage 3 coaches.

Target Number:	PE20
Target Details:	By 2019 to have secured a world class system for athlete development consisting of services, facilities and competition following the hosting of the Olympic and Paralympic Games in London 2012.
Target Deadline:	2019 (Long Term)
Status:	ON TRACK FOR ACHIEVEMENT
Contributing Member	Progress
Irish Football Association	<ul style="list-style-type: none"> • In the last 12 months the IFA has completed extensive research culminating in the purchase of Sportscodel, a game coding and analysis data

	gathering software package, a world renowned leader in its field, this brings us in line with many of the top sporting organizations, and enables, amongst many other things, the provision of 'live' information being delivered to coaches and managers during matches.
Northern Ireland Commonwealth Games Council	<ul style="list-style-type: none"> The NICGC have taken part in a workshop in Glasgow regarding system configuration of CGF software. This is essential for the processing of entries, accreditation etc. The Zeus package is an integral part of the Games and requires the involvement of governing bodies to ensure the smooth delivery of Team NI in accordance with CGF systems and protocol. A travel sponsorship deal has been negotiated and is expected to be agreed within the next month, providing financial support to governing bodies seeking to travel to GB for both training and competition opportunities in preparation for Glasgow 2014. This will be especially relevant for sports seeking to utilise Games venues in Glasgow.
NI Sports Forum	<ul style="list-style-type: none"> Governing Body member Table Tennis Ulster established links with approximately 30 schools as part of their drive to increase participation numbers and as part of their <i>talent ID programme</i>. The majority of this work focussed on primary school age and was conducted outside of school hours, after school and breakfast clubs. One of the key aims of this work is to establish stand alone clubs within the schools and to identify talented individuals at a young age. Table Tennis Ulster have had a largely positive experience with their work in schools but some of the barriers to success include the ethos of the school, whether sport is seen as a priority and costs associated with provision of coaches.
Olympic Council of Ireland	<ul style="list-style-type: none"> The OCI Rio Technical Group has been formed to continue the work of the London Technical Group to ensure the OCI communicate their operational plans for major Games, and the state agencies can add value where possible. The OCI partnership agreement with the ISC has been reinstated to ensure each agency focus on their distinct areas of responsibilities and expertise, are open and transparent in their communication, and are working in partnership to build a world class system for Irish sport.
Sport Northern Ireland	<ul style="list-style-type: none"> SNI has developed self-evaluation frameworks to enable governing bodies to assess their performance systems against world best practice in the areas of high performance operations, coaching, talent identification and development, club development and governance. Following assessment governing bodies are encouraged to prioritise development, in line with best practice. Nine governing bodies developing systematic club support and development through defined club development Action Plans for their sport. SNI is working with 10 governing bodies, the Southern Sports Partnership and the North West Coaching Network to implement coaching plans aligned to either the UK or All Ireland systems. SNI in partnership with both Coaching Ireland and sports coach UK worked closely with all funded governing bodies to identify key areas for development associated with the effective recruitment, education and retention of coaches. The Practitioner Development Programme supported seven high performance coaches and a performance nutritionist to further develop their knowledge and skill in the high performance environment. Five of the seven practitioners worked with athletes who competed at the 2012 Olympic and Paralympic Games. SNI worked with 14 governing bodies, the Southern Sports Partnership and the North West Coaching Network to develop and implement effective systems for the development of talented athletes. Fully operational Sports Institute and four regional Performer Development Centres operational in Belfast, Cookstown, Coleraine and Lisburn. Plans under development to establish regional centres in North Down at the 50m pool and in Derry/Londonderry at the North West Sports Campus.
Ulster Council GAA	<p>The GAA (Ulster Council) continued to support the achievement of this target by the following activities:</p> <ul style="list-style-type: none"> Ulster GAA has embedded the LTAD model with support from SNI and the engagements with Istvan Bayli recognising the need for player pathways and the delivery of the right services and coaching within this pathway. Facilities – Ulster GAA continue to invest in and develop further the County based centres of excellence, the primary and secondary county

	<p>grounds and progress has been made in the last period on the delivery of the major project and Provincial Stadium in Casement Park. These developments are slowly beginning to create the infrastructure and equipment for the performance athletes in our sport.</p> <ul style="list-style-type: none"> • Service support is dependent on the team management and the specific needs of the team. Ulster GAA continues to support through a series of High performance and performance workshops the needs of the constituent units and individuals in specific service areas. The provision of sports science support directly to counties is ongoing but a specific challenge given the level of resource available to meet the demands. In addition some counties are employing conditioning coaches within their centres of excellence adding value to the system for athlete development. • Competitions continue at all levels but in particular the pre-season McKenna Cup, Inter-county National Leagues and our Provincial and National County Championships provide the main focus for competition. Ulster has had success also in the Railway Cup (Football) and have had success against Australia in the International Rules.
UK Sport	<ul style="list-style-type: none"> • As reported last year, in summer 2011, UK Sport set up a Home Country 'Stakeholder' group to ensure the involvement of the home countries in the Rio performance investment process. In the last year, the Group has, <i>inter alia</i>, confirmed its Statement of Intent (referring to the importance of aligning investment strategies and principles at World Class and Home Nation level as a means of ensuring a world-leading UK sporting system); provided feedback on the revised UKS Investment Principles and process; and informed the approach to communicating the investment process to the national governing bodies via a series of roadshows in the autumn 2011. • The action points at PE17 explain how UK Sport has placed evidence about the profile, ability and performance trajectory of individual athletes at the heart of its decision-making process for investing in high performance sport during the Rio cycle. The second major component of sports' business cases is a comprehensive profile of their performance system, the belief being that sustained success can only be delivered if sports are sufficiently robust, well-managed and functioning effectively. By profiling their sport against 14 of UK Sport's 'Mission Control' elements, NGBs have reflected on aspects of their system that they consider to be variously outstanding; fully functional; improving; or not working. Taken together with a separate Governance profile, part of which considers the particular question of 'Home Country engagement', this profiling work should be of benefit to system development across the UK. • UK Sport has held a series of regional roadshows across the UK with its Major Event Programme partners. The meeting in Northern Ireland (March 2012) was attended by representatives from SNI, NI Tourism and DETI.

Target Number:	PL21
Target Details:	By 2010 to initiate a Northern Ireland certification process that will improve safety management and the fabric of the major stadiums in Northern Ireland, to comply with the Safety of Sports Grounds (Northern Ireland) Order (2006) and associated technical guidance.
Target Deadline:	2010 (Short Term)
Status:	ACHIEVED
Contributing Member	Progress
Sport Northern Ireland	<ul style="list-style-type: none"> • The Safety of Sports Grounds (NI) Order was introduced in February 2006. Thirty sports grounds were designated in December 2009. Twenty-nine safety certificates have been issued to date by district councils, with only Clan Na Gael, Lurgan outstanding. SNI is overseeing the implementation of the legislation and reporting to DCAL. In addition, SNI has prepared and issued guidance to the district councils (and others) relating to procedural matters and interpretations of the legislation.

Irish Football Association	<ul style="list-style-type: none"> The IFA continued to support clubs in the Stadia Safety Programme and were able to provide £75,000 via the UEFA HatTrick II funding programme to support Crusaders FC in the installation of two new covered grandstands.
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Target Number:	PL22
Target Details:	By 2014, and subject to Executive approval, to have developed major sports stadiums to meet the strategic needs of Football, GAA and Rugby on an operationally viable and commercially sustainable basis in Northern Ireland.
Target Deadline:	2014 (Medium Term)
Status:	ON TRACK FOR ACHIEVEMENT BUT WITH SOME DELAY
Contributing Member	Progress
Department of Culture, Arts & Leisure, GAA, IFA, UB IRFU	<ul style="list-style-type: none"> Following a Stadium Programme Gateway Review during October 2011 and the implementation of its recommendations, most significantly the appointment of a Stadium Programme Director, the three individual stadium projects have all progressed. Transfer of responsibility for delivery of the Programme to DCAL has occurred, original timescales have been revised and agreed and all three sports are actively engaged in the key areas of seeking planning permission, appointment of design teams and preparations/tender exercises for appointment of contractors. Each project varies in scale and nature and consequently each is at a different stage in the process, eg UBIRFU have obtained planning permission. Overall timelines for completion are now anticipated to be September 2014 for UBIRFU, June 2015 for IFA and September 2015 for the GAA, subject to key assumptions being met around planning permission etc.
Ulster Council GAA	<ul style="list-style-type: none"> The GAA (Ulster Council) Stadium Project is under way with a Project Board and Stadium Board now in place to direct the project. The Independent Technical Team is appointed and the design is underway.
Irish Football Association	<ul style="list-style-type: none"> The IFA having completed discussions with Linfield Football Club towards the end of last year and having completed a new legal agreement at the start of this year, will see the National Football Stadium remaining in Belfast for the foreseeable future. The design work for the public and IFA funded project will now commence. Since July last year IFA have undertaken two separate procurement processes (or tenders) for both their Planning Consultant and Design Team. The good news is that we have now two locally represented Belfast based professional consultants working on our behalf. What is planned is to build two new stands on the South and East of the ground. The existing North and West stands will remain in place but we will replace seating and carry out refurbishment works to the structure and external finishes. The intention is to create a modern football facility which will when finished will have 18,000 seats, be the new headquarters for the IFA, be the home venue for Linfield Football Club and offer social and commercial opportunities to the community for the next 51 years. The anticipated completion of all the first stage design works, the planning application, procurement and selection of the Design and Build Contractors is on target to be ready to start the building works in late summer of 2013. Given a fair wind and all our public and private stakeholders working together it is hoped that the new stadium will be completed by late summer 2015. Sub-Regional Facilities Programme - The IFA are currently working with Sport NI to develop a Strategic Outline Case for the Sub-Regional Facilities Programme which will provide significant capital investment in all levels of the game in the next Comprehensive Spending Review period commencing in April 2015.

Target Number:	PL23
Target Details:	By 2014 to have a minimum of 10 new or upgraded facilities that will support Northern Ireland player/athlete development in Olympic and Paralympic sports.
Target Deadline:	2014 (Medium Term)
Status:	ACHIEVED
Current Position:	Since 2009, Sport Northern Ireland and district councils have made over 20 capital investments which may be deemed as making a contribution towards this target in that they support NI athlete development in Olympic and Paralympic sports.
Contributing Member	Progress
Chief Leisure Officers Association (District Councils)	<p>Antrim Borough Council (ABC) has a number of project plans at various stages that will contribute to this target, including:</p> <ul style="list-style-type: none"> • By Christmas this year ABC expect to have tendered for a £4.2 million extension to our municipal golf course at Allen Park to enhance the golf product and also extend the site to include three full size fourth generation pitches to grounds standards suitable for Rugby, Gaelic and Football. This site will also feature an international standard Netball/Basketball (multi-functional) sports hall. This will complete the initial phase of one of three Hubs for the Borough. • In the New Year 2013, ABC intend to tender for a further project at Crumlin in the region of £4.3 million to include a new sports hall (suitable for international Netball/Basketball) multi functional sports hall, fitness suite, three full size fourth generation pitches suitable for Rugby, Gaelic and Football. This will complete the first phase of the second of three Sports Hubs for the Borough. • Council plan to develop a third Sports hub in the North West of the Borough (Randalstown/Toome). It is expected that this project will exceed £5 million. This project has been outlined within our Recreation Strategy as a clear ambition but requires significant consultation and planning in advance of consideration for Council approval to proceed. • ABC are also considering the provision of a Club Boxing facility to accommodate Borough boxing needs and are currently discussing and considering options with the local club to establish the optimum way forward. <p>Craigavon Borough Council entered the development phase of a £25 million leisure centre on the South Lake site in Craigavon and the subsequent closure of Waves, Cascades and Craigavon Leisure Centres. Proposals include a training sized 50 metre pool.</p>
Sport Northern Ireland	<ul style="list-style-type: none"> • SNI has invested in the following 20 funded projects (since the implementation of Sport Matters in April 2009), which may be deemed as making a contribution towards this target in that they support NI athlete development in Olympic and Paralympic sports: 1. NI Civil Service Sports Association, 2. Cookstown Hockey Club (HOCKEY); 3. Coleraine and District Riding for the Disabled Association, 4. Fort Centre RDA (EQUESTRIANISM); 5. Lisburn Racquets Club (BADMINTON); 6. Omagh District Rifle and Pistol Club (SHOOTING); 7. Strabane District Council, 8. St Colman's College Newry (ATHLETICS); 9. North Down Borough Council (SWIMMING); 10. Antrim Borough Council (BASKETBALL); 11. Down District Council, 12. St Paul's Amateur Boxing Club, 13. Immaculata Amateur Boxing Club, 14. Eastside ABC, 15. Holy Trinity Youth Club (BOXING); 16. Down District Council (CYCLING/MOUNTAIN BIKING); 17. Derry City Council (JUDO); 18. Portadown Boat Club, 19. Belfast Rowing Club (ROWING); 20. NI Wrestling Association (WRESTLING).
NI Sports Forum	<ul style="list-style-type: none"> • Governing Body member, Swim Ulster has been widely consulted with regards the 50 meter pool development in North Down. During these consultations there has been a specific emphasis on how the new facilities will impact on Swim Ulster's performance and participation targets. In light of recent delays to finish the project some of these targets have been reviewed in order to take the delay into account.
Ulster Council GAA	<ul style="list-style-type: none"> • The GAA (Ulster Council) continued to invest in and further develop the County based centres of excellence, the primary and secondary county

	grounds and progress has been made in the last period on the delivery of the major project and Provincial Stadium in Casement Park. These developments are slowly beginning to create the infrastructure and equipment to support performance athletes involved in the GAA.
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Target Number:	PL24
Target Details:	By 2015 to have amended public policy frameworks to protect and promote access to and sustainable use of publicly-owned land in Northern Ireland for sport and physical recreation.
Target Deadline:	2015 (Medium Term)
Status:	ON TRACK FOR ACHIEVEMENT
Contributing Member	Progress
Chief Leisure Officers Association (District Councils)	<p>A survey of district council provided the following examples of progress made against this target:</p> <ul style="list-style-type: none"> • Armagh City & District Council have created opportunities for greater use of the countryside through canoe network improvements and country park events. The Council have also continued dialect with the Forestry Service and continued to develop opportunities for new developments/infrastructure especially through increased access to the school estate i.e. Markethill High School; and • Larne Borough Council endorsed the Queen Elizabeth II Fields Challenge and nominated Sandy Bay Playing Fields and Antiville Playing Fields as areas protected and promoted for the use of sport and physical recreation.
Department of Education	<ul style="list-style-type: none"> • DE by means of existing legislative and policy frameworks and guidance for Boards of Governors already enables and encourages schools to make their premises available for community use outside of normal school hours. DE established a working group in March 2012 led by the Education and Library Boards (ELBs) and the Council for Catholic Maintained Schools (CCMS) which, in partnership with number key stakeholders with an interest in the community use of facilities, has been tasked with developing detailed practical guidance for schools with the intention of enhancing the use of school premises by the wider community. It is anticipated that the guidance will be finalised by December 2012.
NI Environment Agency	<ul style="list-style-type: none"> • The NIEA continues to provide public access to the countryside for outdoor physical recreation at its seven country parks, fund the management of another and facilitate walking at many of its nature reserves and some historic monuments in State Care. Country Park facilities include mown grass areas for informal games, extensive path networks, trim trails, cycle paths, bridle paths and bathing beaches. It organises events at its properties, including walks on National Trails Day, and facilitates others organising sponsored walks at its properties. • The NIEA commitment to providing public access to suitable sites is set out in its Policy Position Statements. NIEA has contributed to the development of the Outdoor Recreation Action Plan and a study of the economic benefits of outdoor recreation and made preparations for an exercise to map public rights of way.
Outdoor Recreation Northern Ireland	<ul style="list-style-type: none"> • ORNI launched its outdoor event planning website www.outdooreventplanning.com. The website encourages best practice in managing events in Northern Ireland's outdoors. It has been designed to assist event organisers in planning sustainable outdoor events, to help ensure that environmental impacts are minimised so that everyone can continue to enjoy the natural beauty of Northern Ireland's outdoors
Sport Northern Ireland	<ul style="list-style-type: none"> • SNI, in partnership with a number of other organisations including NI Environment Agency, NITB and ORNI, has led the development of and consultation on a Draft Outdoor Recreation Action Plan; it is anticipated that the final draft of the Action Plan will be published by 31 March 2013.

Target Number:	PL25
Target Details:	By 2019 to ensure that 90% of the population have quality accredited, multi sports facilities that have the capacity to meet demand, within 20 minutes travel time.
Target Deadline:	2019 (Long Term)
Status:	ON TRACK FOR ACHIEVEMENT
Contributing Member	Progress
Chief Leisure Officers Association (District Councils)	<p>Craigavon Borough Council undertook a number of sports capital projects during the period, including:</p> <ul style="list-style-type: none"> • During this period, Craigavon Borough Council constructed 7 Multi Use Games Areas (MUGA) across various locations in the Borough. Almost all of the MUGAs have been located in areas of higher deprivation and funded through DSD's Neighbourhood Renewal programme. • In 2011, the Council also entered into a licence arrangement with the SELB to manage the community use element of two synthetic MUGAs located at Lurgan Junior High School. • In January 2012, Council constructed a 3rd generation synthetic sports pitch in Brownstown Park in Portadown
Department of Agriculture and Rural Development (CAFRE)	<ul style="list-style-type: none"> • CAFRE continues to promote and operate training courses aimed at the functional level 2; supervisory level 3; and level 4 management qualification in Sports Turf Management. Attendees at the above courses over the period 2010-11 were primarily from the sport of golf.
Department for Social Development	<ul style="list-style-type: none"> • DSD will consider providing support to activities (including capital projects) designed to promote or facilitate participation opportunities in sport and physical activity that have been identified within Neighbourhood Renewal Action Plans (subject to availability of resources and the outcome of an economic appraisal). In 2012/13 this resulted in seven contracts being issued to projects specially relating to sport.
NI Environment Agency	<ul style="list-style-type: none"> • NIEA continues to provide public access to the countryside for outdoor physical recreation at its seven country parks, fund the management of another and and facilitate walking at many of its nature reserves and some historic monuments in State Care. Country Park facilities include mown grass areas for informal games, extensive path networks, trim trails, cycle paths, bridle paths and bathing beaches. It organises events at its properties, including walks on National Trails Day, and facilitates others organising sponsored walks at its properties. Activities facilitated include: walking, jogging, horseriding, cycling, swimming, abseiling, canoeing (whitewater and lake), sea kayaking, angling and orienteering. • NIEA has contributed to the strategic review of path networks in the Mourne and Causeway Coast; funding toward path provision and upgrade in Mourne, Causeway Coast, Foyle side and Divis Mountain. It has contributed with Sport NI to the development of an Outdoor Recreation Action Plan and a study assessing the economic benefit of sport and physical recreation and has made preparations for an exercise to map public rights of way. • It provides funding for Outdoor Recreation NI (formerly CAAN) and contributes information on NIEA properties to the Walk NI website.
Outdoor Recreation Northern Ireland	<p>ORNI has been involved in the following sports capital projects over the reporting period:</p> <ul style="list-style-type: none"> • Launched in partnership with the Causeway Coast and Kayak Club, the North coast canoe trail (70 nautical miles) and Port Moon bothy which provides accommodation for canoeists. All information online at www.canoeni.com including interactive trail guides. • Launched the East coast canoe trail. (70 nautical miles) All information online at www.canoeni.com including interactive trail guides

	<ul style="list-style-type: none"> • Launched in the South East coast canoe trail. All information online at www.canoeni.com including interactive trail guides • Launched in partnership with the Share Holiday Village, Trannish Island bothy on the Lough Erne canoe trail to provide accommodation for canoeists using the trail. New updated Lough Erne canoe guide completed • Completed the construction of 3.25km of multi use trails (walking, cycling and horse riding) at Beech Hill Country House Hotel, Co Londonderry. • Completed the construction of a 1.6km 'all ability' trail at on Divis Mountain in partnership with the National Trust and Belfast Hills Partnership • Work commenced, in partnership with Down and Newry and Mourne Councils and Forest Service, on the construction of 50kms of cross country mountain biking trails and 6kms of downhill mountain biking trails at Castlewellaan and Rostrevor Forest Parks. Secured in partnership with NIMBA, the European Single speed Championships for April 2014 in Castlewellaan Forest Park. • Funding secured in partnership with Belfast City Council from SNI and Lagan Rural Partnership to build 11km of x country mountain bike trails and jump park at Mary Peters/Barnett's Demesne. CPM team appointed. Contractors appointed. • Funding secured to create the 'summit walking trail' on Divis Mountain in partnership with the National Trust and the Belfast Hills Partnership. CPM appointed. At PQQ stage • Work on-going to develop a multi use walking and cycling trail on Divis (the ridge trail) in partnership with the National Trust and the Belfast Hills Partnership. Funding secured from Lagan Rural Partnership. Match funding application pending with NITB • Work on-going to develop a further 5kms of cross country mountain bike trails and 2kms of walking trails at Blessingbourne Estate, Fivemiletown. Funding applications pending with SWARD and NITB. • Work on-going to develop a multi use trails at Brantry Forest and Lough, Co Tyrone. Funding applications pending with NIEA and NITB. Funding secured from Dungannon and South Tyrone Borough Council.
Ulster Council GAA	<ul style="list-style-type: none"> • The GAA (Ulster Council) continued to invest in and develop further the County based centres of excellence, the primary and secondary county grounds and progress has been made in the last period on the delivery of the major project and Provincial Stadium in Casement Park. These developments are slowly beginning to create the infrastructure and equipment to support performance athletes involved in the GAA.

Target Number:	PL26
Target Details:	By 2019 to ensure that all planning decisions follow Planning Policy Statement 8: Open Space, Sport and Outdoor Recreation in relation to the provision of spaces for sport and physical recreation.
Target Deadline:	2019 (Long Term)
Status:	ON TRACK FOR ACHIEVEMENT
Contributing Member	Progress
Sport Northern Ireland	SNI has had ongoing correspondence with the Planning Policy Division regarding the preparation of guidance and best practice for sport and play facilities. It was proposed that the best approach would be to develop non statutory guidance/best practice to be used by planners and developers alike to inform their work. SNI will continue to engage with the Planning Policy Division to contribute towards this target.