



# sport matters



**IMPLEMENTATION GROUP  
PROGRESS REPORT (4)**

**(Oct 2012 – Sep 2013)**

## Executive Summary

### 1. Introduction

- 1.1 “Sport Matters: The Strategy for Sport and Physical Recreation 2009-2019” proposes a strategy for the development of sport and physical recreation in Northern Ireland up to 2019 – a strategy which will provide a lasting and sustainable legacy for future generations. In so doing, the document identifies 26 high level targets (and related key steps) and sets the key strategic priorities for sport and physical recreation over the next ten years and will inform future investment by all stakeholders across the public, private and community/ voluntary sectors.
- 1.2 The high level targets are structured to reflect the current and anticipated needs of sport and physical recreation as expressed through consultation.
- 1.3 This is the fourth progress report and highlights the progress made by members of the Sport Matters Implementation Groups (SMIGs) against the 26 high-level targets identified in the Strategy, covering the period 01 October 2012 until 30 September 2013.

### 2. Review Process

- 2.1 The report presents a summarised overview of members’ progress to date against the high level targets (summarised by the three themes of Participation, Performance and Places), using the following framework:
  - Target Reference and Details;
  - Timeframe;
  - Status;
  - Baseline information and current position (where appropriate and available); and
  - Progress to date and contributing organisation.
- 2.2 The summary report has been collated by Sport Northern Ireland on the basis of information that was submitted by each member organisation represented on the SMIGs.
- 2.3 The status of progress against each target has been rated using an extended Traffic Light system. The ratings are defined as follows:
  - **BLUE** – Target achieved;
  - **GREEN** – On track for achievement;
  - **AMBER** – On track for achievement but with some delay or uncertainty; and
  - **RED** – At risk for achievement.

Figure 1 below, depicts the timeline of Sport Matters (2009-2019) and when each high level target should be achieved. Table 1 below, details the current rating of each target categorised by theme and time-frame.

Figure 1

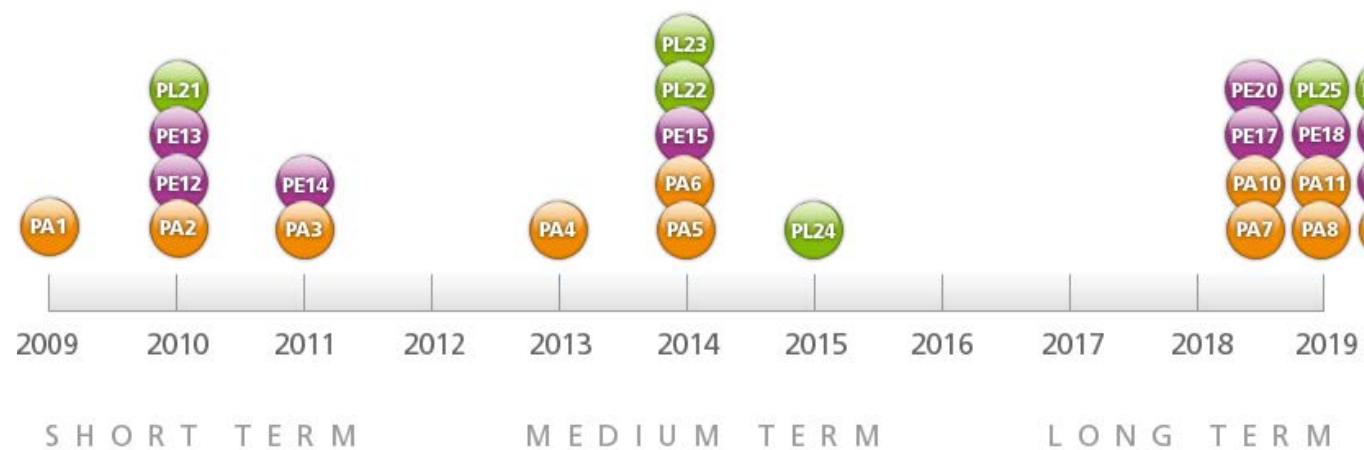


Table 1

|              | PARTICIPATION |        |      | PERFORMANCE |        |      | PLACES |        |      | TOTAL |
|--------------|---------------|--------|------|-------------|--------|------|--------|--------|------|-------|
|              | Short         | Medium | Long | Short       | Medium | Long | Short  | Medium | Long |       |
| <b>BLUE</b>  | 2             | 1      |      | 2           |        |      | 1      | 1      | 1    | 8     |
| <b>GREEN</b> |               | 1      | 4    |             | 1      | 5    |        | 1      | 1    | 13    |
| <b>AMBER</b> | 1             | 1      | 1    | 1           |        |      |        | 1      |      | 5     |
| <b>RED</b>   |               |        |      |             |        |      |        |        |      | 0     |

|                                    |  |
|------------------------------------|--|
| <b>Target Number:</b>              | <b>PA1</b>   |
| <b>Target Details:</b>             | By 2009, to have agreed and commenced implementation of a revised research framework for participation rates that is cognisant of the recommendations of the Chief Medical Officers in the UK.   |
| <b>Target Deadline:</b>            | 2009 (Short Term)  |
| <b>Status:</b>                     | <b>ACHIEVED</b>  |
| <b>Contributing Member</b>         | <b>Progress</b>  |
| Sport Northern Ireland             | SNI published Northern Ireland's Sport and Physical Activity Survey 2010 – the large-scale adult participation survey which will provide baseline data for many of the targets identified within Sport Matters. The report is available online at <a href="http://www.sportni.net">www.sportni.net</a> . |
| Chief Leisure Officers Association | <b>Lisburn City Council</b><br>Year 9 sports participation survey for Lisburn/ Castlereagh Physical Activity and Health Strategy - 2015  |

|                                    |   |
|------------------------------------|---|
| <b>Target Number:</b>              | <b>PA2</b>  |
| <b>Target Details:</b>             | By 2010 to have reviewed the economic impact of sport and physical recreation in Northern Ireland.  |
| <b>Target Deadline:</b>            | 2010 (Short Term)   |
| <b>Status:</b>                     | <b>ACHIEVED</b>   |
| <b>Contributing Member</b>         | <b>Progress</b>   |
| Sport Northern Ireland             | SNI published the Economic Importance of Sport in Northern Ireland. The report was disseminated to a wide range of stakeholders across NI and is available online at <a href="http://www.sportni.net">www.sportni.net</a> .   |
| Chief Leisure Officers Association | <b>Armagh City &amp; District Council:</b> <ul style="list-style-type: none"> <li>At a local level, ACDC has seen the success of large scale sporting events as a significant benefit to the local economy i.e. Tandragee 100 and Armagh international road race. This year we look forward to Giro d'Italia as well.</li> </ul> <b>Lisburn City Council</b> <ul style="list-style-type: none"> <li>Ulster Grand Prix. Estimated to bring in £100,000 to the local economy</li> </ul> |
| SkillsActive                       | SkillsActive continues to raise the economic profile of the Active Leisure, Learning & Wellbeing sectors with the following activities 12/13: <ul style="list-style-type: none"> <li>Contribution to the State of the Nation (UKCES) reports.</li> <li>Input to the Department for Employment and Learning Statistical Research Reports.</li> <li>Sector profile raising via media communications such as the Sport Tech article in AgendaNI.</li> </ul>                              |

|                       |            |
|-----------------------|------------|
| <b>Target Number:</b> | <b>PA3</b> |
|-----------------------|------------|

|  |   |
|--|---|
| <b>Target Details:</b>                     | By 2011, to have established a baseline for the number of children of compulsory school age participating in a minimum of two hours quality physical education per week.  |
| <b>Target Deadline:</b>                    | 2011 (Short Term)   |
| <b>Status:</b>                             | <b>ON TRACK FOR ACHIEVEMENT BUT WITH SOME DELAY</b>   |
| <b>Baseline Information:</b>               | No baseline information exists.   |
| <b>Contributing Member</b>                 | <b>Progress</b>   |
| Sport Northern Ireland                     | Over the course of the last 12 months, SNI has continued to develop and grow the Activ8 suite of interventions. Activ8 is now established as the pre-eminent 'brand' for the development of physical literacy among a wider sports development network. In 2012/13 the Activ8 Web Resource was awarded highly commended by the Northern Ireland Commissioner for Children and Young People. 257 schools have engaged in the Activ8 Programme during the period through various Activ8 initiatives.  |
| Department of Education                    | <ul style="list-style-type: none"> <li>Legislation prevents DE from prescribing the amount of time that should be allocated to a subject within the curriculum. However, DE guidance recommends schools should provide pupils with a minimum of 2 hours PE per week.</li> <li>DE continues to contribute towards participation in PE through its funding of the Curriculum Sports Programme (£1.5m in 2013/14). This programme aims to improve both the physical literacy skills of our youngest pupils (foundation Stage and Key Stage 1) and the skills and confidence of teachers in delivering PE. During the 2012/13 school year, 61 coaches delivered the Programme in 571 schools, reaching over 39,000 pupils.</li> <li>DE has progressed work to establish a baseline for the number of children of compulsory school age participating in a minimum of 2 hours quality PE per week. Stage 1 of this work, an electronic survey of schools, has been completed and a copy of the survey report is available on the DE website at <a href="http://www.deni.gov.uk/de1_12_79109__electronic_pe_survey_-_final_report_october_2012.pdf">http://www.deni.gov.uk/de1_12_79109__electronic_pe_survey_-_final_report_october_2012.pdf</a>. Stages 2 and 3 involve follow-up visits to schools by the Education and Training Inspectorate (ETI) – the timescale for these visits has yet to be decided.</li> </ul> |
| Irish Football Association                 | <ul style="list-style-type: none"> <li>The IFA has 30 full time specialist coaches employed who have the main aim of using their specialist knowledge to complement existing physical education programmes in the primary sector. These roles are provided and safeguarded through to 2014 courtesy of funding provided by the Department of Education for Northern Ireland (DENI). The IFA coaches' role is to help develop the Physical Literacy of Foundation and Key Stage 1 pupils in Primary Schools throughout Northern Ireland.</li> <li>Children are also engaged a range of cross-curricular activities to help support their literacy and numeracy skills both through class based sessions and home work projects. The IFA coaches also work closely with their counterparts at the GAA on a range of training and festival type events. This programme involves IFA coaches working in over 246 schools, with around 767 classes involved and approximately 18,449 children benefitting from this initiative each week.</li> </ul>   |
| Irish Rugby Football Union (Ulster Branch) | <ul style="list-style-type: none"> <li>The IRFU (Ulster Branch) has a Community Rugby Programme which is managed by our Participation Manager (position funded by Sport NI Investment in Performance Sport programme/Performance Focus). The Community Rugby Programme has placed 16 part time development officers in Northern Ireland. These community coaches work to deliver introductory rugby programmes to local schools and community groups and provide a means for participation from non-traditional rugby playing areas within Northern Ireland. Through our community rugby programme we can account for over 5000 unique participants per annum.</li> <li>In addition, we have sourced funding to deploy 7 additional Community Rugby Coaches across Northern Ireland. These coaches are working to increase the access to rugby opportunities in communities shown to be most deprived across the province. As part of their work programme we</li> </ul>  |

|                                    |  |
|------------------------------------|--|
|                                    | <p>expect that this will increase the number of children involved in rugby related activity within curriculum time and to develop extracurricular clubs.</p> <ul style="list-style-type: none"> <li>• As part of this programme we employ 2 full-time Female Rugby Officers whose function is to support the development of youth rugby by providing rugby coaching to females within primary and secondary schools and to offer them suitable competition and an opportunity to progress at local Clubs.</li> <li>• As a result of our development work we have seen an increase in the number of non-traditional rugby schools participating in various competitions. In season 2010/11, 27 schools participated in the Girls Schools Cup. In the last 2 seasons this figure has risen to 34 schools in the same competition. With the deployment of female specific officers over the next 2 years, we aim to see this figure grow further.</li> <li>• In March 2011, 53 Secondary Schools and 87 Primary Schools had taken part in the Community Rugby Programme. By the end of the 2012/13 School term, 130 primary schools and 99 secondary schools had received rugby delivery as a result of IRFU Ulster Branch Investment.</li> </ul>   |
| Ulster Gaelic Athletic Association | <ul style="list-style-type: none"> <li>• The Ulster Council GAA has recruited, trained and maintained 31 coaches to delivery Physical Literacy Key Stage 1 and Key Stage 2 and 3 during curriculum time and enhance participation after schools and in the evening in community clubs.</li> <li>• Delivery of Physical Literacy programme to 21,022 children across three hundred and twenty five primary schools incorporating both Maintain, Controlled, Integrated, Special needs and Irish medium schools.</li> <li>• Delivery of sports specific GAA coaching and games programme at Key Stage 2 and 3 through the network of County Boards and their coaches. This has been expanded to incorporate handball coaching and competition within schools at county, region and at Provincial level.</li> <li>• The following competitive opportunities have been provided: Ulster Colleges (football and hurling) provide over 1600 schools fixtures: Cumman Na mBunscol provide Go Games Opportunities for cluster schools across the province both indoors and outdoors: Ulster GAA provide blitz opportunities for Integrated Schools sector: Ulster Ladies Football provide 350 fixtures for young girls in their schools programme.</li> </ul>  |
| Chief Leisure Officers Association | <p><b><u>Armagh City &amp; District Council:</u></b></p> <ul style="list-style-type: none"> <li>• Through the provision of a number of dual use facilities, we have seen a marked increase in the level and amount of PE curriculum offered by schools on or adjacent to the sites.</li> </ul> <p><b><u>Ballymena Borough Council</u></b></p> <ul style="list-style-type: none"> <li>• School swimming programme in place, Life Saving Classes established for schools, group exercise classes established and access to the fitness suite as part of school activities established.</li> <li>• Leisure Centre Staff development has included staff obtaining recognised coaching awards in swimming, Pilates, Fitness Instructors, Walk Leaders, Nordic Walk Leaders, Defib Trainers etc.</li> <li>• Development of shared facilities at Ballymena North Development &amp; Recreation centre by the neighbouring school.</li> <li>• Council Enabling scheme financial grants to local sports clubs and community groups including GAA clubs.</li> <li>• Ballymena Borough Council host IFA development officer.</li> </ul> <p><b><u>Castlereagh Borough Council:</u></b></p> <ul style="list-style-type: none"> <li>• Castlereagh Borough Council has continued with the delivery of the Active Communities Programme which aims to increase participation opportunities in sport and physical recreation. As part of the Active Communities Programme, the majority of primary and post primary schools within Castlereagh Borough now benefit from the professional coaching expertise of the 7 full time and 1 part time AC coaches.</li> <li>• Castlereagh Borough Council through the Sports Development Officer continues to operate the Activ8 Wildcats Clubs at 4 of its facilities, which offer a unique form of physical activity for 4-11 year olds; developing their core, fundamental skills of agility, balance and coordination. These clubs compliment, and in many cases is the only physical activity children received due to the non-delivery of compulsory PE in schools.</li> <li>• Primary and Post Primary Schools have accessed CBC facilities at Lough Moss including the sports hall, squash courts and gym in order to deliver</li> </ul> |

|                      |  |
|----------------------|--|
|                      | <p>their compulsory PE classes.</p> <p><b><u>Craigavon Borough Council:</u></b></p> <ul style="list-style-type: none"> <li>• Council has developed a Play Strategy and has contributed along with other partners to the OFMDFM stakeholder consultation process.</li> <li>• Council has produced a Sports Development Strategy for the development of sport and physical activity in the Borough for 2011 – 2015.</li> <li>• Council facilitates 57,388 number of school swimming opportunities per year.</li> </ul> <p><b><u>Lisburn City Council</u></b></p> <ul style="list-style-type: none"> <li>• Lisburn Castlereagh Physical Activity Strategy – KKP consultants. To be completed 2013/2014</li> <li>• Year 9 sports participation survey</li> </ul>   |
| Public Health Agency | <ul style="list-style-type: none"> <li>• The PHA in partnership with local obesity/physical activity interagency groups and local health and social care trusts invested in a range of training for trainers courses, after schools projects and pilot projects into encourage children to participate in physical activity during and after school hours.</li> <li>• Some examples of programmes include: <ul style="list-style-type: none"> <li>• The Professional development of staff in nursery, primary and bespoke training for teachers in special schools (Belfast &amp; the West).</li> <li>• SE area Teenage Kicks - schools-based physical activity programme which uses a peer support model to increase physical activity among young people.</li> <li>• MEND 2-4 childhood obesity programmes.</li> <li>• Disability Physical Activity Schemes.</li> </ul> </li> <li>• A number of schools in the Belfast &amp; SE area availed of PHA Small Grant Funding Schemes, sought to increase physical activity levels and/or improve nutrition knowledge and skills.</li> <li>• The PHA has partnered with DRD to develop an Active Travel for Schools Programme. PHA and DRD are each contributing £200k per annum over three years to encourage more children to walk and cycle to school. The programme was officially launched in September 2013 and Sustrans is the delivery partner.</li> <li>• In SE area, the PHA invested in Sustrans to deliver the Bike to School project to increase level of regular cycling and create a sustainable culture of cycling within schools.</li> <li>• Active Belfast has funded a range of active travel initiatives.</li> </ul> |

|                              |  |
|------------------------------|--|
| <b>Target Number:</b>        | <b>PA4</b>   |
| <b>Target Details:</b>       | By 2013, to have stopped the decline in adult participation in sport and physical recreation.  |
| <b>Target Deadline:</b>      | 2013 (Medium Term)   |
| <b>Status:</b>               | <b>ACHIEVED</b>  |
| <b>Baseline Information:</b> | <b>45% of the Northern Ireland adult population participated in sports and physical recreation once in the last 12 months (2008-09 CHS)</b>  |
| <b>Current Position:</b>     | 54% of the Northern Ireland adult population participated in sports and physical recreation once in the last 12 months (2012-13 CHS)   |
| <b>Contributing Member</b>   | <b>Progress</b>  |
| Sport Northern Ireland       | <ul style="list-style-type: none"> <li>• SNI has continued to ensure the effective delivery of the Active Communities Investment Programme which, through the deployment of a NI-</li> </ul> |

|  |   |
|--|---|
|  | <p>wide network of sports coaches and physical activity leaders, has engaged over 200,161 participants since its launch in April 2010. Specifically in the period 1 April 2012 - 31 March 2013, approx. 99,280 participants were involved in the programme. The Active Communities programme targets participation among women/girls, people with a disability and older people. It was voted as the UK Coaching Intervention of the Year at the 2012 UK Coaching awards. SNI initiated a three strand mid-programme review of the Active Communities programme to assist in forward planning and visioning beyond 1 April 2015, key statistics include: 116 coaches employed delivering 40 different sports and activities in community, school and club settings, 200,161 people have participated 2.42 million times and 23.2% of AC participants during 2012/13 came from the 0-20% most deprived wards, compared to 18.9% of the population.</p> <ul style="list-style-type: none"> <li>• A total of 228,554 people participated in sport and physical recreation at SNI funded capital projects during 2012/13.</li> <li>• Construction of the new 50m Pool was completed during the reporting period. Located at Valentine Playing Fields in Bangor, the investment focused on the construction of a 50m Swimming pool and the Performer Development Centre along-with associated facilities and equipment. To date, the number of participants profiled for the first quarter have exceeded target (17,595).</li> <li>• During the reporting period SNI also commenced developing 3 new programmes: <ul style="list-style-type: none"> <li>▪ Active Clubs – strategic investment to support delivery of Sport Matters targets especially in areas of high social need and among under-represented groups. It is anticipated that programme will open for applications in during the next reporting period. Total indicative/proposed investment £4,000,000 over a four year period commencing 2014/15.</li> <li>▪ Community and Performance Capital Programme will open for applications in during the next reporting period. The community programme will consider funding for multi-sport, multi-partnership projects or single sports clubs/groups that demonstrate facility need, social need and provide quality sports development programmes to deliver against Sports Matters and social strategic objectives.</li> </ul> </li> </ul> |
| Irish Football Association                 | <ul style="list-style-type: none"> <li>• The IFA continues to support groups at grassroots level who use the sport of football as a tool to promote Community Relations in a sustainable and creative way which makes a meaningful difference in the community. Some key projects the IFA Community Relations Department deliver include the Belfast Street League and North west street league (where 60 and 40 adult males respectively, participate on a weekly basis), Women’s World United and Limestone United (where around 30 young males aged 16 - 24 participate in 8 week blocks of training).</li> <li>• The IFA will soon be launching their own club accreditation standard which will help improve the quality and function of our member clubs which in turn will help to boost opportunities and support around adult participation.</li> </ul>  |
| Irish Rugby Football Union (Ulster Branch) | <ul style="list-style-type: none"> <li>• The introduction of Under 19 leagues is designed to provide a link between youth and adult rugby giving players the opportunity to have another year with their peers allowing them to develop physically and mentally before progressing into the adult game. Under 19 games are now played on Saturday afternoons instead of the traditional Saturday morning timeslots which had been reserved for youth fixtures previously. This has helped clubs to integrate these players into the wider rugby club environment on a Saturday afternoon.</li> <li>• The IRFU (Ulster Branch) continues to promote adult tag rugby as a version of the game that is played in the summer months. This non-contact version of the game has proved very popular bringing both new and previous participants back into the sport. There has been a particular increase in the number of mixed teams (i.e. both male and female) now playing over the last number of years.</li> <li>• Adult Women’s Rugby has continued to increase across the Province with the number of teams increasing from 13 in season 2011/12 to 15 Clubs in season 2012/13. These clubs compete in regular and structured competitions.</li> <li>• Due to this increasing number of teams a development league was established in the 2012/13 season to cater for those Clubs that had only been established. This ensured teams were able to play competitive rugby at an appropriate standard.</li> </ul>   |
| Ulster Gaelic Athletic Association         | <ul style="list-style-type: none"> <li>• Ulster Hurling Leagues and the embedding of the TAIN League to include North Leinster and Connacht has added significantly to the number of adult games for hurling.</li> </ul>  |



|                                    |   |
|------------------------------------|---|
|                                    | <ul style="list-style-type: none"> <li>• Recreational Games programmes continue to be embedded but there are significant issues around insurance cover for such events that are inhibiting further development.</li> <li>• Active Communities engagement across Local Authority consortia has been successful in developing a network of people to support targeted development and increased participation among women and people with disabilities.</li> <li>• County Boards and Ulster GAA continue to deliver over 22,000 fixtures across the Province to support adult participation.</li> <li>• Ulster GAA has engaged with Disability NI in developing an Action Plan to develop further the work with young people and adults with physical and learning disabilities.</li> </ul>   |
| NI Environment Agency              | <ul style="list-style-type: none"> <li>• NIEA continues to provide public access to the countryside for outdoor physical recreation at its seven country parks, fund the management of another and facilitate walking at many of its nature reserves and some historic monuments in State Care. Country Park facilities include mown grass areas for informal games, extensive path networks, trim trails, cycle paths, bridle paths and bathing beaches. It organises events at its properties, including walks on National Trails Day, and facilitates others organising sponsored walks at its properties.</li> <li>• NIEA has contributed to the strategic review of path networks in the Mourne and Causeway Coast; funding toward path provision and upgrade in Mourne, Causeway Coast, Foyle side and Divis Mountain. It has contributed with Sport NI to the development of an Outdoor Recreation Action Plan and a study assessing the economic benefit of sport and physical recreation and has practically completed an exercise to map public rights of way.</li> <li>• It provides funding for Outdoor Recreation NI (formerly CAAN) and contributes information on NIEA properties to the Walk NI website.</li> </ul>   |
| Outdoor Recreation NI              | <ul style="list-style-type: none"> <li>• 3rd Adventureland Weekend held. Adventureland encourages local people to try new outdoor activities in their local area. 23 private Activity Providers recruited offering over 77 outdoor activity events throughout NI for £10pp or 50% off the normal retail price. 958 people took part in outdoor recreation activities during the weekend despite the horrendous weather, purchasing activities to the value of £9,521.</li> <li>• 3rd National Trails Day held in October 2012. 57 free events organised across Northern Ireland and included walking, canoeing, horse riding events. 5169 took part in the day.</li> <li>• 1st Get Outdoors Weekend held in September 2013. 70 events organised across Northern Ireland and included walking, mountain biking, bush craft, archery, orienteering, canoeing, and horse riding. Over 1500 took part in the day.</li> <li>• 3rd Giant's Causeway Sportive took place in September 2013. 1050 cyclists registered to take part. Very poor weather on the day resulted in 800 riding.</li> <li>• £24,941 of activity experience vouchers sold for the outdoor recreation private sector.</li> <li>• Active marketing and promotion of over 35 outdoor recreation sports to the population through a wide range of media including websites, Facebook, twitter, PR etc. Websites (walkni.com, cycleni.com, canoeni.com and outdoorni.com all saw an increase of at least 9% (canoeing) to 39% (outdoorNI) in the number of absolute unique users for the same period the year before. PR equivalent generated for the outdoor sports for the period was approx. £5.3 million (£4.5 million direct and £0.8 million indirect).</li> <li>• Launched 1 new websites giving details on the mountain biking opportunities available across Northern Ireland. (www.mountainbikeNI.com). MountaibikeNI marketing consortium established with Down, Newry and Mourne, Cookstown and Dungannon Councils and sponsored by ChainReactionCycles. Website accompanied by a range of social marketing.</li> </ul> |
| Disability Sports Northern Ireland | <ul style="list-style-type: none"> <li>• Disability Sports NI: In partnership with District Councils, Active Community Consortia and Governing Bodies of sport, Disability Sports NI implemented a range of participation programmes, performance initiatives and training &amp; education programmes which benefitted almost 18,000 children and adults during the period.</li> </ul>  |
| Chief Leisure Officers             | <b><u>Antrim Borough Council:</u></b>   |

|             |   |
|-------------|---|
| Association | <p>Opportunities</p> <ul style="list-style-type: none"> <li>• Simply strolling programme running since May 2013. There are 25 adults registered with approximately 12 attending each session.</li> <li>• Nordic Walking programme recommenced in May 2013 (25 Participants).</li> <li>• Continued support of local walking groups (Antrim– 30 participants).</li> <li>• Continuation of Active Communities Programme and Associated initiatives and Classes across Antrim and Newtownabbey Boroughs. (7719 Participants).</li> <li>• Expansion of Fit and Active over 50s Programme to 4 Sites across the Antrim Borough (Antrim Forum, Neillsbrook Community Centre, Crumlin Community Centre, Stiles Community centre) – Approx. 150 participants per week.</li> <li>• Exercise referral scheme: total of 331 clients referred in 12/13 from 35 different surgeries (from Belfast – Draperstown to include physiotherapists, GP surgeries, practice Nurses, Cardiac rehab units and Musgrave Park Hospital (Spinal Department).</li> <li>• Hosted Annual inclusive events for Boccia and New Age Kurling in Partnership with Disability Sport Northern Ireland (200 Participants).</li> <li>• Hosted Local events to include: Antrim Road Race, Santa Saunter, Antrim walk.</li> <li>• Continued development of the ‘Move it’ Fitness class programme at Antrim Forum to include: Spin, Aqua Zumba, Zumba Sentao.</li> <li>• Tea dances in Community centres.</li> <li>• Outdoor Recreation plan for the Borough in Development Stages.</li> </ul> <p>Places</p> <ul style="list-style-type: none"> <li>• Continuing to secure access to outdoor spaces and looking for new opportunities through the Outdoor Recreation Action Plan.</li> <li>• Maximising the use of countryside trails and sites for physical activity events at Rea’s wood (Forest Service NI) and Crumlin Glen (DCAL).</li> <li>• Upkeep of 6 countryside recreation sites to provide safe opportunities to walk, run, jog and cycle.</li> <li>• Installation of people counters at sites across Antrim borough to assess the levels of use and to enable the council to establish the popularity.</li> <li>• Installation of Sixmile Outdoor Gym Trail (Approx. £5k from council, £20k from external funders).</li> </ul> <p>Organisations</p> <ul style="list-style-type: none"> <li>• Working closely with community based organisations to deliver focussed taster sessions through the Active Communities Programme.</li> <li>• Partnership working with Northern Partnership for Physical Activity, Local Surgeries and hospitals through Health Matters Exercise referral programme.</li> </ul> <p>Workforce</p> <ul style="list-style-type: none"> <li>• Nordic Walking leaders trained (2)</li> <li>• Walking leaders trained (4)</li> <li>• ‘Armageddon’ Training for Antrim Forum ‘Move it’ Instructors</li> <li>• Start to Play Tutor training (1)</li> <li>• Start to Play Leadership training (18)</li> <li>• Coach Education programme training for coaching and club committee roles ( First Aid and Child Protection)</li> </ul> <p><b><u>Armagh City &amp; District Council:</u></b></p> <ul style="list-style-type: none"> <li>• Active community programmes, 50 plus schemes in association with PHA, Walking initiatives through IFH, Exercise referral programmes and concessionary pricing for leisure facilities.</li> </ul> <p><b><u>Ballymena Borough Council</u></b></p> <ul style="list-style-type: none"> <li>• Active Communities established and Active Community Coaches established across Ballymena, Larne and Carrickfergus areas.</li> <li>• Development of Clough Pavilion, Pitch and MUGA for community use within the Clough Area.</li> </ul> |
|-------------|---|

- Active Communities Coaches delivering a programme of activities across council facilities, community centres and other community settings.
- Development of Ballymena Borough Council pitches in rural and urban areas.
- GP Referral, Fit Families, walking initiatives, group sessions (Including establishing groups for physically disabled and those with learning difficulties), swimming sessions for Autism sufferers delivered.
- Staff Health and Wellbeing Forum established within council.

**Castlereagh Borough Council:**

- On a strategic level, Castlereagh Borough Council has joined with Lisburn City Council to develop a Strategic Action Plan (2013-2018) that will promote and develop Sport and Health Enhancing Physical Activity across both Council areas.
- Castlereagh Borough Council also held a 'Fit & Well' Seminar inviting a prominent guest speaker to address all sports groups within the Borough, medical professionals, school headmasters, nurses and heads of PE to name but a few, on the benefits of physical activity and the promotion of early intervention as a means of preventing or addressing future medical issues.
- Castlereagh Borough Council has continued with the delivery of the Active Communities Programme which aims to increase participation opportunities in sport and physical recreation. Adults across the borough aged 18 – 49 have benefitted from the professional coaching expertise of the 7 full time and 1 part time AC Coaches.
- Castlereagh Borough Council, through its Sports Development Officer, has continued to work closely with community based organizations and sports clubs to deliver focused taster sessions of sport and physical activity in local areas.
- Castlereagh Borough Council continues to hold 2 open days per year to encourage a wide variety of physical ability from the local community, to visit the leisure facilities and participate in taster sessions, with a view to joining one of the many clubs/courses and participating in physical activity. The Council is also in the process of installing a 'free' to access trim trail and outdoor gym at Lough Moss Leisure Centre to encourage adults to participate in physical activity, at their own pace.
- The Castlereagh Safe & Well Project runs specific programmes aimed at providing physical activity for the elderly. Examples of 2 such programmes are: a 12 Week Physical Activity Programme which promotes health and wellbeing amongst individuals with a physical disability or learning disability, whilst improving social inclusion. People over 60 and or with a disability can partake in this programme. Similarly, the Senior Citizens Project (Older Active People) provides a range of activities such as Boccia, New age Curling, armchair aerobics, yoga and pilates etc. This program is aimed to enhance balance, strength and coordination and promote social inclusion.
- Sport 4 Peace programme – The Council, through the Peace III funded Sports programme, delivered a coach education element, targeted at young adults aged 17 – 27 year old. The focus of the programme was to equip participants with a recognised coaching (Football & Handball) and Good Relations qualification and encourage re-investment of skills back into the local community. 47 Participants took part in the programme.

**Craigavon Borough Council:**

- Council along with its key partners in Armagh and Banbridge have engaged with 2,458 adults through the Sport NI Active Communities programme for the reporting period 1st October 2012 – 30th September 2013.
- Council provides a range of opportunities for adults to participate in sport and physical recreation through Leisure facilities (indoor and outdoor) and through its Community Centre based facilities and its outdoor centres at Kinnego Marina, Watersports Centre and Golf / Ski facilities.
- Council in partnership with the Public Health Agency, is delivering the Exercise Referral Scheme – a project that offers a targeted approach to sedentary people with specific health problems or who are at risk of disease to receive support in becoming more active.
- Council in partnership with Early Years, is delivering the physical activity element of the Family Health Initiative engaging with the parents of children who are not within their ideal weight range through a physical activity and healthy lifestyles programme.
- Council in partnership with Craigavon Sports Advisory Council continues to support the development of the local sporting infrastructure and supports and recognises local talent.

|                      |   |
|----------------------|---|
|                      | <p><b><u>Down District Council:</u></b></p> <ul style="list-style-type: none"> <li>Down district Council has increased the number and quality of sports facilities available to those who wish to participate in sport. WE have utilised the availability of Active community coaches to complement those that are Club based.</li> </ul> <p><b><u>Limavady Borough Council:</u></b></p> <ul style="list-style-type: none"> <li>We have implemented a range of programmes to engage as many adults &amp; in particular hard to reach adult groups. This includes initiatives under the PHA ' Healthy Towns' initiative. In addition we also deliver health &amp; wellbeing programmes targeted mainly at NRA's via our Health Development Worker. We feel this is paying dividends - for example the number of our users from NS- SEC 6 &amp; 7 has increased from 12.2% to 18.9%. We have also implemented many programmes under the Active Communities programme and all targets within this have been surpassed.</li> </ul> <p><b><u>Cookstown District Council:</u></b></p> <ul style="list-style-type: none"> <li>Installation of Trim Trail equipment at MUSA at a cost of £20,000.</li> <li>Became Lead Partner for the Active Communities Programme in 2010, and appointed 8 Active Communities Coaches including one specifically for Older People with an aim to increase participation in physically activity.</li> <li>Developed a National Mountain Biking Facility at Davagh Forest Trails in 2013. This facility caters for cyclists, mountain bikers, walkers and runners. There are MB trails, pump Track and a Skills Area.</li> <li>Cookstown Leisure Centre, Moneymore Recreation Centre and Ballyronan Marina provide a comprehensive range of physical recreation programmes on an annual basis.</li> </ul> <p><b><u>Lisburn City Council</u></b></p> <ul style="list-style-type: none"> <li>Park Run – Wallace Park</li> <li>Events – Half Marathon, Triathlon, See European City of Sport website</li> <li>Community Sport programmes – Fitness, Boxercise, walking</li> <li>Active Communities programmes</li> </ul> |
| NI Sports Forum      | <ul style="list-style-type: none"> <li>The Northern Ireland Sports Forum communicates all Sports Matters related developments to Governing Bodies.</li> <li>It should be noted that all participation related targets for individual Governing Bodies are in line with Sports Matters targets so Governing Body members are always working toward participation related targets.</li> </ul>   |
| Public Health Agency | <ul style="list-style-type: none"> <li>The PHA has continued to support increased participation in physical activity through a range of investments in obesity/physical activity interagency forums and other programmes. Examples include: physical activity co-ordinator posts in local Health and Social Care Trusts; provision of a range of training for trainers courses; allotment and community garden projects; physical activity referral programmes by GPs and other health professionals to local leisure facilities; active travel projects; development of outdoor gyms; cycle pods in southern area, healthy towns initiatives in a number of council areas which bring together a range of programme areas at local level; work place health initiatives; and through joint working with local government e.g. Active Belfast and Give it a Go an initiative which encouraged residents cross the southern area to try a wide range of physical activities and healthy eating programmes.</li> <li>In January 2013, the PHA launched its "Choose to Live Better" public information campaign on the prevention of obesity which promotes the importance of physical activity and healthier eating for adults. The campaign is supported by a website with links to related activities and organisations.</li> <li>During 2013/14 the PHA has insured 2,500 Walk Leaders who are leading walking for health initiatives throughout Northern Ireland.</li> <li>The PHA completed a scoping review of Physical Activity Referral schemes in September 2012. 5 workshops were held with provider organisations in early 2013 to share the recommendations of the report and a further workshop is planned for November 2013 with the overall</li> </ul>   |

|              |  |
|--------------|--|
|              | <p>aim of moving towards a standardised Northern Ireland Physical Activity Programme. The PHA supports Physical Activity Referral Schemes in almost all District Council Areas.</p> <ul style="list-style-type: none"> <li>• The PHA continues to participate in the PARC study, the research element of which will look at the effects of the built environment on the physical activity levels of people in east Belfast.</li> <li>• The Belfast Health Development Unit further developed Active Belfast. The Active Belfast Partnership has developed the Action Plan taking into consideration the different population groups and is working as a cross cutting thematic area working in partnership with the Healthy Ageing Strategic Partnership for Older Adults. 4 Key areas: Active Travel, Active Schools, Active Play and Active Work Place.</li> <li>• In the South Eastern area, Lisburn has been announced as the European City of Sport 2013. The PHA has agreed with Lisburn City Council co-funding and support in kind for the development of a 5 year strategy for Sport and Physical Activity in Lisburn and Castlereagh. One of the aims of the strategy will be to increase participation.</li> <li>• Through the Southern Cluster (comprised of PHA, SHSCT, Armagh City and District Council, Banbridge District Council, Craigavon Borough Council and Newry &amp; Mourne District Council), the initiative Give it a go! was undertaken again in March 2013. This month-long initiative encouraged people of all ages to be more active and eat healthily. A wide range of activities were offered free of charge, including organised walks, cycle rides, aqua fit classes, gym sessions, archery and bocchia for disabled people, circuits classes and box'n'tone classes. In addition swims during public opening hours were offered at a subsidised price of £1.</li> <li>• The Conservation Volunteers deliver Green Gym Projects in the west, Belfast and the south eastern areas. The Green Gym is a preventative health project supporting people to connect with their local green space to improve their health, the local community and the environment. The Green Gym model supports people who experience health inequalities in making behaviour changes to benefit their physical, emotional and social wellbeing through direct involvement in local practical conservation projects.</li> <li>• During 2012/13 the PHA supported the development of 20 outdoor gyms throughout Northern Ireland in order to provide increased access to and uptake of physical activity opportunities for people in their own locality.</li> </ul> |
| SkillsActive | <ul style="list-style-type: none"> <li>• Throughout the year, SkillsActive continued to maintain and develop professional registers to ensure a skilled and qualified workforce that is competent to help stop the decline in adult participation in sport and physical recreation. SkillsActive carried out the following activities: <ol style="list-style-type: none"> <li>1. 20% increase in the membership rate of the Register of Exercise Professionals (REPs)</li> <li>2. NI Consultation on the development of the Register of Aquatic Professionals; Register of Playworkers; Register of Children's Activity Professionals;</li> <li>3. NI input into the development of other registers including: Register of Personal Development Practitioners in Sport and Golf Professionals register.</li> </ol> </li> </ul>   |

|                              |  |
|------------------------------|--|
| <b>Target Number:</b>        | <b>PA5</b>   |
| <b>Target Details:</b>       | By 2014 to have increased the number of people in Northern Ireland in membership of at least one sports club   |
| <b>Target Deadline:</b>      | 2014 (Medium Term)   |
| <b>Status:</b>               | <b>ON TRACK FOR ACHIEVEMENT</b>  |
| <b>Baseline Information:</b> | <b>23% of the adult population are members of a club in which they can participate in sport or physical activities (2010 SAPAS)</b><br>19% of the adult population stated they were a member of at least one sports club (2008-09 CHS) |

|  |   |
|--|---|
| <b>Current Position:</b>                   | 22% of the adult population stated they were a member of at least one sports club (2012-13 CHS)   |
| <b>Contributing Member</b>                 | <b>Progress</b>   |
| Sport Northern Ireland                     | <ul style="list-style-type: none"> <li>• SNI has established Clubmark NI, Northern Ireland's junior club accreditation and development programme. The programme aims to develop junior clubs across Northern Ireland in the areas of management, safety, coaching and competition and will accredit those who reach defined quality standards. There are currently 29 Clubmark NI endorsed club development and accreditation schemes established with governing bodies and regional consortia. A total of 102 clubs are currently Clubmark NI accredited with over 200 clubs working towards accreditation. Clubmark NI scheme operators are currently offering significant levels of club development support and guidance to assist clubs to progress towards the point of accreditation.</li> <li>• SNI also began consulting on a new participation programme aimed at contributing to the achievement of this target. As of 30 September, SNI developed a draft Business Case and guidance materials. It is anticipated that the programme will be launched during the next progress reporting period.</li> </ul>   |
| Irish Football Association                 | <ul style="list-style-type: none"> <li>• First Kicks (6-11yr old girls) has continued to expand over the last year with over 500 girls participating on a regular basis. New clubs added in 2013 include Oxford Sunnyside FC, Albert Foundry FC and Ards Ladies, Dungannon United Swifts, Shankill United and Coalisland Football Club</li> <li>• The IFA continue to work together with GAA and Ulster Rugby to develop projects related to club and volunteer development, made possible by funding secured for each governing body from the Department for Social Development.</li> <li>• The IFA continued to deliver a club accreditation programme aimed at supporting junior age clubs to reach minimum operating standards in effective management, health &amp; safety, and proper coaching and competition structures. Clubs involved in this programme receive the support of the IFA's grassroots officers, free equipment (balls, bibs, cones) and bursaries towards coach education courses.</li> </ul>   |
| Irish Rugby Football Union (Ulster Branch) | <ul style="list-style-type: none"> <li>• Through the IRFU 'Play Rugby Initiative' we aim to provide young people with the opportunity to have access to rugby union. This is done by linking schools activity with the local rugby club. Schools are invited to an 'open day' which is hosted by development staff in partnership with the local club coaches, with the intention of filtering players from schools into the club environment.</li> <li>• 19 Clubs engaged in the play rugby programme in the season 2012/13.</li> <li>• IRFU (Ulster Branch) continue to run our summer camp programme which caters for more than 1000 children aged between 6 &amp; 13 years of age during the months of July and August. These camps are for males and females regardless of rugby experience and act as a taster to the game. The programme is delivered in partnership with local clubs, designed to allow each of the children the opportunity to continue playing beyond the camp. 2013 Summer Camps were attended by over 1700 children province-wide. (representative increase of 20% on last year).</li> <li>• In addition our Participation Rugby Manager is responsible for overseeing our involvement with the Sport NI Active Communities programme. Currently there are 7 consortia who employ a rugby specific coach. This scheme is driven towards increasing participation specifically with women, older people and participants with a disability. Through these posts we deliver to 5,000+ participants per year to facilitate growth in long-term participation. These structures have supported the development of 3 special needs clubs province-wide.</li> </ul> |
| Ulster Gaelic Athletic Association         | <ul style="list-style-type: none"> <li>• Ulster GAA continue to support the roll out of the Active Communities programme financially and through training and development encouraging people to link with clubs and community sport.</li> <li>• GAA Club and Volunteer Development Programme has also progressed through training and education workshops and Provincial Conference with coaches encouraged again to be involved in clubs.</li> <li>• Outreach and cross community work and the Games of three halves encourages people who have tried the game to move forward and join a club.</li> </ul>   |

|                                    |  |
|------------------------------------|--|
| Chief Leisure Officers Association | <p><b><u>Antrim Borough Council:</u></b></p> <p>Opportunities</p> <ul style="list-style-type: none"> <li>• Continuation of Primary School challenge event (1000+ participants).</li> <li>• Developed and expanded Aspire Sport Programme (Talent ID) for all Primary Schools Challenge events.</li> <li>• Expansion of Wildcats Activ8 programme to Randalstown, Muckamore and additional classes at the Antrim Forum (100 Participants).</li> <li>• Antrim Borough Council Capital Grant Support Scheme opened in Sept 2013 to local sports clubs and community organisations.</li> <li>• Expansion of Forum Gymnastics Club to Neillsbrook Community Centre.</li> <li>• Delivered Level one triathlon training course at Antrim Forum in Partnership with Triathlon Ireland.</li> <li>• Park run training (through Sport Northern Ireland).</li> </ul> <p>Places</p> <ul style="list-style-type: none"> <li>• Installation of people counters at sites across Antrim borough to assess the levels of use and to enable the council to establish the popularity.</li> <li>• On-going development for extension and refurbishment of Indoor and Outdoor facilities at Allen Park Golf Club and Crumlin Community Centre.</li> <li>• Antrim Borough Council Capital Grant Support Scheme opened in Sept 2013 to local sports clubs and community organisations.</li> </ul> <p>Organisations</p> <ul style="list-style-type: none"> <li>• Continue to develop relationships with Governing bodies through the Active Communities Programme (Athletics NI, Ulster rugby, Antrim GAA, Ulster Hockey, Cricket Ireland, Netball Northern Ireland).</li> <li>• Expansion of the forum Gymnastics Programme to Neillsbrook Community Centre through British Gymnastics.</li> <li>• Continue to develop and strengthen relationships between schools and Sports Clubs through the Active Antrim Primary Schools Challenge.</li> <li>• Supported Antrim Ladies Netball club to establish a new Junior Section (35 participants).</li> <li>• Raise awareness of Sports Clubs through the Active Antrim Magazine (twice per year).</li> <li>• Celebrate local sporting success through the Antrim Sports advisory Association Annual Sports Awards.</li> <li>• Celebrate and raise the profile of clubs who have achieved and who are working towards Clubmark.</li> <li>• Development plans completed with Antrim Rugby Club.</li> <li>• Development plans initiated with Antrim Boxing club, Antrim Hockey Club and Randalstown Ladies Hockey club.</li> <li>• 6 sporting greats were inducted to the Gallery of Sporting legends. There are now 18 legends displayed in the Gallery.</li> </ul> <p>Workforce</p> <ul style="list-style-type: none"> <li>• Appointment of additional gymnastics coaches to support the expansion of the Forum Gymnastics club to Neillsbrook community centre.</li> <li>• Delivered Level one triathlon training course at Antrim Forum in Partnership with Triathlon Ireland (20 Participants).</li> </ul> <p><b><u>Armagh City &amp; District Council:</u></b></p> <ul style="list-style-type: none"> <li>• Working with all the relevant agencies [ssp, asf, sni, ngbs] to assist in the development and sustainability of local clubs through grant aid, club development courses, advice and support with infrastructure and /or facilities. Also, recognition of the positive affect that good clubs have on our community through various award schemes and mayoral recognition/PR.</li> </ul> <p><b><u>Ballymena Borough Council</u></b></p> <ul style="list-style-type: none"> <li>• Wild Cats Activ8 classes established.</li> <li>• Child protection training delivered to established clubs within the Ballymena Borough Council.</li> <li>• Ballymena Borough Council Grants Scheme supporting local clubs for facility development, purchase of equipment etc.</li> <li>• Ballymena Borough Council host IFA Grassroots Development Officer – grassroots programmes established with schools, local clubs and community groups.</li> </ul> |
|------------------------------------|--|

|                 |  |
|-----------------|--|
|                 | <ul style="list-style-type: none"> <li>• Soccer Coaching Awards Delivered.</li> </ul> <p><b><u>Castlereagh Borough Council:</u></b></p> <ul style="list-style-type: none"> <li>• Castlereagh Borough Council, through its Sports Development Officer, continues to engage with sports clubs in the Borough to encourage recruitment and retention of members by offering subsidised coach education courses, reasonable pricing rates for use of facilities for training and competition. In addition there is the offer of membership of the Castlereagh Sports Development Association, which seeks to ensure the effective planning, coordination and integration of a range of opportunities for participation in sport and physical activity within clubs to meet the needs and aspirations of the Borough's residents.</li> <li>• The Council also offers Clubmark NI, a quality club accreditation scheme and recognises clubs and individuals of clubs through the CSDA Sports Awards.</li> </ul> <p><b><u>Craigavon Borough Council:</u></b></p> <ul style="list-style-type: none"> <li>• Council has produced a Sports Development Strategy for the development of sport and physical activity in the Borough for 2011 – 2015 which is embedded within the Corporate Plan.</li> <li>• Council works in partnership with Craigavon Sports Advisory Council and the Southern Sports Partnership to support local club infrastructure and ensure opportunities for adult participation is well known and of a high quality.</li> <li>• Council, through the Southern Sports Partnership is overseeing the implementation of Sport Northern Ireland's Clubmark programme which aims to create a network of quality sports clubs across the area.</li> </ul> <p><b><u>Down District Council:</u></b></p> <ul style="list-style-type: none"> <li>• Down district Council's success in this area predicated on our continued involvement with the Quality Sports club Scenario.</li> </ul> <p><b><u>Cookstown District Council:</u></b></p> <ul style="list-style-type: none"> <li>• Identified Netball as a priority sport, established a club who now play competitively with approximately 30 members, cost approx.</li> <li>• Summer Sailing Programme and encouraging participants to join Ballyronan Boat Club cost approximately.</li> <li>• Other sports specific programmes with exit routes created to the clubs include soccer, gaa, rugby, hockey, swimming, badminton, boccia and tennis.</li> <li>• Developed Cookstown Swimming Club and provide Mountain Bike coaching courses to help develop local cycling clubs</li> </ul> <p><b><u>Lisburn City Council</u></b></p> <ul style="list-style-type: none"> <li>• Audit of Sports clubs</li> <li>• Sport Lisburn – financial assistance to clubs and individuals in clubs</li> <li>• Training programme for coaches and club development</li> <li>• School /club links – Active Communities working with sports clubs</li> </ul> |
| NI Sports Forum | <ul style="list-style-type: none"> <li>• While the Northern Ireland Sports Forum works primarily for the development of Governing Bodies of Sport we do work to support the clubs sector in NI. A stronger club sector will enable them to promote their clubs and to gain new members.</li> <li>• We have worked on specific campaigns to improve the clubs sector. For example we achieved an extension in the number of late licenses a registered sports club could have which will lead to improved club finances. Additionally we also achieved an extension in the time under 18s could be on a licensed sports clubs premises under the Licensing and Registration of Clubs legislation allowing younger participant's time to complete their sport and attend prize giving's in the summer months. Gaining this flexibility for sports clubs will allow them to offer better members services and therefore attract new members.</li> <li>• Currently working in conjunction with Governing Body members to gain further Rates Relief for the club sector. Extending 100% rates relief for the sports clubs will allow them to invest money usually spent on expensive rates bills to be reinvested back into the club and to pay for</li> </ul>  |



|  |   |
|--|---|
|  | equipment and better facilities therefore strengthening the sector which is currently under considerable financial strain. The club sector needs to be supported in order to meet this target and at the moment a lot more needs to be done by Government to show a commitment to the sector. To note, DCAL have been very helpful and supportive on this matter. |
|--|---|

|                              |  |
|------------------------------|--|
| <b>Target Number:</b>        | <b>PA6</b>   |
| <b>Target Details:</b>       | By 2014 to provide every child in Northern Ireland over the age of 8 years with the opportunity to participate in at least two hours per week of extra-curricular sport and physical recreation.   |
| <b>Target Deadline:</b>      | 2014 (Medium Term)   |
| <b>Status:</b>               | <b>ON TRACK FOR ACHIEVEMENT BUT WITH SOME UNCERTAINTY</b>  |
| <b>Baseline Information:</b> | No baseline currently exists.  |
| <b>Contributing Member</b>   | <b>Progress</b>  |
| Sport Northern Ireland       | <ul style="list-style-type: none"> <li>• Approx 77,236 children and young people involved in the Active Communities programme in the period 1 April 2012 - 31 March 2013.</li> <li>• In June 2013 SNI launched the 'Active Schools' programme aimed to assist projects that enable the delivery of new/sustained opportunities for children and young people to participate in 2 hours of extra-curricular sports and physical recreation. Sport Northern Ireland will prioritise applications from schools based in areas of greatest need. Monitoring figures will be available during the next progress reporting period.</li> <li>• In addition to the SNI participation programmes aimed at contributing to this target, SNI has also drafted 'A Practical Guide to Achieving Community Use of School Sports Facilities'. The document has been developed to offer guidance to organisations that can either influence or facilitate community use of school sports facilities. It highlights various approaches to community use of sports facilities, the core principals of community use, a vision for community use and a number of examples of best practice from across Northern Ireland. SNI has received final amendments from the Department of Education and anticipates to organise a joint launch of the document with the DCAL and DE Ministers during the next progress reporting period.</li> </ul> |
| Department of Education      | <ul style="list-style-type: none"> <li>• The Extended Schools (ES) programme currently operating across 486 schools serving pupils from disadvantaged communities offer various programmes and activities related to sports, physical recreation and the promotion of healthy lifestyles. Over 4000 programmes were in place across all eligible ES in 12/13. Approximately 17% of these focused on health, sport or fitness with an estimate of 40,000 participants availing of the range of activities on offer.</li> <li>• A variety of sporting programmes are offered in the youth service as part of an overall non formal education programme aimed at enhancing the personal and social development of young people. Participation in the youth service is voluntary, with over one third of young people aged 4-25 taking part in registered youth work annually (using 2011 data).</li> </ul>  |
| Irish Football Association   | <ul style="list-style-type: none"> <li>• The IFA currently has many school coaching programmes, Easter and Summer programmes and in Easter and Summer of this year worked with 3824 children across Northern Ireland with plans to build this number going forward.</li> <li>• The regional small sided games development centres involved over 5700 children from U7 to U12 age categories. This participant figure has steadily increased each year for the last 3 years.</li> </ul>   |
| Irish Rugby Football Union   | <ul style="list-style-type: none"> <li>• The IRFU (Ulster Branch) have a Community Rugby Programme which is managed by our Participation Manager (position funded by Sport NI</li> </ul>   |

|                                    |   |
|------------------------------------|---|
| (Ulster Branch)                    | <p>Investment in Performance Sport programme/Performance Focus). The Community Rugby Programme has placed 16 part time development officers in Northern Ireland. These community coaches work to deliver introductory rugby programmes to local schools and community groups and provide a means for participation from non-traditional rugby playing areas within Northern Ireland. Through our community rugby programme we can account for over 5000 unique participants per annum.</p> <ul style="list-style-type: none"> <li>• In addition, we have sourced funding to deploy 7 additional Community Rugby Coaches across Northern Ireland. These coaches are working to increase the access to rugby opportunities in communities shown to be most deprived across the province. As part of their work programme we expect that this will increase the number of children involved in rugby related activity within curriculum time and to develop extracurricular clubs.</li> <li>• As part of this programme we employ 2 full-time Female Rugby Officers whose function is to support the development of youth rugby by providing rugby coaching to females within primary and secondary schools and to offer them suitable competition and an opportunity to progress at local Clubs.</li> <li>• As a result of our development work we have seen an increase in the number of non-traditional rugby schools participating in various competitions. In season 2010/11, 27 schools participated in the Girls Schools Cup. In the last 2 seasons this figure has risen to 34 schools in the same competition. With the deployment of female specific officers over the next 2 years, we aim to see this figure grow further.</li> <li>• In March 2011, 53 Secondary Schools and 87 Primary Schools had taken part in the Community Rugby Programme. By the end of the 2012/13 School term, 130 primary schools and 99 secondary schools had received rugby delivery as a result of IRFU Ulster Branch Investment.</li> </ul> |
| Ulster Gaelic Athletic Association | <ul style="list-style-type: none"> <li>• GAA work through the Active Communities coaches to deliver this target through extracurricular sports opportunities.</li> <li>• GAA work their own coaches at Key Stage 2 to deliver extra-curricular activities after schools.</li> <li>• KS2 Coaches and KS1 Coaches make the link between the schools and the local clubs by coaching in both contexts.</li> <li>• Teachers engaged in the schools programmes have the opportunity to have on-going training with the coaches some of which can now be done through online learning.</li> <li>• Coaches are also trained as GAA Tutors and deliver coaching awards as part of their programme within the school with age specific programmes to suit teacher needs.</li> </ul>  |
| NI Environment Agency              | <ul style="list-style-type: none"> <li>• The NIEA continues to provide public access to the countryside for outdoor physical recreation at its seven country parks, fund the management of another and facilitate walking at many of its nature reserves and some historic monuments in State Care. Country Park facilities include mown grass areas for informal games, extensive path networks, trim trails, cycle paths, bridle paths and bathing beaches. It organises events at its properties, including walks on National Trails Day, and facilitates others organising sponsored walks at its properties. Many children make use of these assets both as families and in organised groups.</li> </ul>   |
| Chief Leisure Officers Association | <p><b><u>Antrim Borough Council:</u></b><br/>Opportunities</p> <ul style="list-style-type: none"> <li>• Easter and Summer Inferno Physical activity programme (160 Participants)</li> <li>• Continuation of primary school challenge events (1000 + participants)</li> <li>• Annual Santa Saunter event (100 participants)</li> <li>• Expansion of Altitude Dance Company to 2 classes (37 Participants)</li> <li>• Expansion of Arches Dance Company to 2 Classes (40 Participants)</li> <li>• Hip Hop Dance Class established at Crumlin Community Centre (15 participants)</li> <li>• Expansion of the forum Gymnastics Programme to Neillsbrook Community Centre through British Gymnastics</li> </ul>  |

- Expansion of BEAT programme through Community Safety Team (be educated, be active, be together)
  - Developed and expanded Aspire Sport Programme (Talent ID) for all Primary Schools Challenge events
  - Expansion of Wildcats Activ8 programme to Randalstown, Muckamore and additional classes at the Antrim Forum (100 Participants)
  - Support local sports clubs through the provision of Grant Aid ( Antrim Sports Advisory Association)
  - Expansion of Forum Strikers Programme (40 Participants)
- Places
- Refurbishment of Wallace Park, Templepatrick.
  - Installation of Sixmile Outdoor Gym Trail (Approx. £5k from council, £20k from external funders)
  - Installation of people counters
  - On-going development for extension and refurbishment of Indoor and Outdoor facilities at Allen Park Golf Club and Crumlin Community Centre
- Organisations
- Continue to develop relationships with Governing bodies through the Active Communities Programme ( Athletics NI, Ulster rugby, Antrim GAA, Ulster Hockey, Cricket Ireland, Netball Northern Ireland)
  - Continue to work with Sport and Community Based organisations to promote club programmes and initiatives
- Workforce
- Nordic Walking leaders trained (2)
  - Walking leaders trained (4)
  - ‘Armageddon’ Training for Antrim Forum ‘ Move it’ Instructors
  - Start to Play Tutor training (1)
  - Start to Play Leadership training (18)
  - Coach Education programme training for coaching and club committee roles ( First Aid and Child Protection)
  - Wildcats Activ8 volunteers training
- Armagh City & District Council:**
- After school programmes set up in all local facilities at a low cost; active communities programmes; SD funded after school opportunities; NGB/club programmes and also success with local dual use provision as an easily accessible option.
  - Working with school teachers and staff to assist them in identifying local opportunities for quality coaching and also providing training for school staff through SSP coach education programmes
- Ballymena Borough Council**
- Active Communities Established – Partners Include local health representatives, schools, GP practices, Community Groups etc.
  - Links established with support workers within the various communities to establish sessions within the community setting and within the local leisure centre.
  - After schools activity sessions set up within the leisure centre including dance, swimming and fitness sessions.
  - Summer programme of activities provided throughout the councils facilities – links with Active Communities Programme and Community Sports established to deliver a range of activity sessions.
  - Autism swimming sessions established and delivered for juniors and young adults.
- Castlereagh Borough Council:**
- Sport 4 Peace – Through the Council Sport4Peace programme a number of schools and community programmes, targeted at young people over the age of 8, have been delivered, utilising sports as a mechanism to promote and develop Peace and Reconciliation. Over the past 12 months

|                             |   |
|-----------------------------|---|
|                             | <p>the Council, through the programme, delivered 10 programmes, providing opportunities for approx. 2,851 young people to engage in a range of sport and physical recreation across areas such as Football, Basketball, Dance, Gaelic, Rugby, Skateboarding, Boxing etc.</p> <p><b><u>Craigavon Borough Council:</u></b></p> <ul style="list-style-type: none"> <li>• Council along with its key partners in Armagh and Banbridge have engaged with 9,235 young people through the Sport NI Active Communities programme for the reporting period 1st October 2012 – 30th September 2013. Links are proactively made between participants and opportunities to stay involved in sport and physical activity.</li> <li>• Council provides a plethora of opportunities for young people to participate in structured sport and physical activity and also offers recreational and play opportunities. Facilities are also adapted in line with Governing Body recommendations to ensure that participation is enjoyed by all e.g. the provision of small-sided.</li> <li>• pitches for grassroots soccer.</li> <li>• Council provides a comprehensive programme aimed at youth at risk including Midnight Street Soccer, Junior Street Soccer, DV8 Youth Development Sports Projects at times when communities are most vulnerable to anti-social behaviour.</li> <li>• Council works in partnership with other key agencies to engage with those young people least likely to participate in sport and physical activity including the SHINE Disability Summer Scheme and the physical activity element of the Family Health Initiative.</li> </ul> <p><b><u>Down District Council:</u></b></p> <ul style="list-style-type: none"> <li>• Down District Council has provided additional opportunities through the Active Communities programme.....</li> </ul> <p><b><u>Limavady Borough Council:</u></b></p> <ul style="list-style-type: none"> <li>• Via the Active Communities programme &amp; Partnership with the GAA our officers are delivering multi sports and / or Gaelic to all primary schools &amp; post primary.</li> </ul> <p><b><u>Cookstown District Council:</u></b></p> <ul style="list-style-type: none"> <li>• Established a weekly mini soccer centre for boys and girls at a cost of approximately</li> <li>• Established a weekly GAA School of Excellence for boys and girls at a cost of approximately</li> <li>• Established an after schools programme at Moneymore Recreation Centre and provide school curricular sports programmes at Cookstown LC</li> <li>• Provide Halloween, Easter and Summer schemes at MUSA, Cookstown Leisure Centre, Moneymore Recreation Centre and Ballyronan Marina</li> </ul> <p><b><u>Lisburn City Council</u></b></p> <ul style="list-style-type: none"> <li>• Community Sport programme</li> <li>• Active Communities</li> <li>• Sports Clubs providing coaches for schools e.g. Basketball Tonagh Primary School</li> </ul> |
| <p>Public Health Agency</p> | <ul style="list-style-type: none"> <li>• PHA South Eastern area have launched a Small Grants scheme to include Physical Activity programmes. Information about this has been distributed by DENI to schools and has been particularly targeted at schools participating in the Extended Schools programme.</li> <li>• The physical activity action plan funded by the Public Health Agency and delivered by the Southern Health and Social Services Trust includes the delivery of a range of physical activity opportunities for children and young people, including a project targeting inactive LAC young people (Looked After Children) aged 14-17 years.</li> <li>• Active Belfast Grant Programme: To get more people, more communities, more active, more often to improve health and wellbeing and reduce life inequalities.</li> <li>• Active Belfast Priority areas for funding active travel, play and school would accommodate children 8 years and above.</li> <li>• The Up4it Programme is a highly enjoyable family-focussed 8 or 12 week weight management programme, which is delivered to children aged 8-11years and their parents/siblings which is funded by the PHA offices in the south and west and delivered across the SHSCT and the WHSCT</li> </ul>  |

|              |  |
|--------------|--|
|              | <p>areas. The programme provides information and advice on healthy eating along with a range of physical activities aimed at increasing families' participation in activity.</p> <p><i>NB See also response in PA3 particularly re small grants and active travel as this is also applicable in this section.</i></p>  |
| SkillsActive | <ul style="list-style-type: none"> <li>SkillsActive is a joint facilitator of the Playwork Education &amp; Training Council which aims to ensure a skilled, qualified and developing play workforce who provides high quality, accessible play opportunities for children and young people. Activities this year included: <ol style="list-style-type: none"> <li>Influencing DHSSPS policy to ensure Playworkers and Playwork qualifications at same level as Early Years professionals and childcare qualifications in the new Childcare Minimum Standards Guidelines.</li> <li>Support other sectors and the public in their understanding of the value of play and playwork.</li> <li>Developed and promoted a suite of sustainable qualifications to FE and private training providers</li> <li>Encouraged delivery and uptake of high quality accessible training, education and professional development opportunities through 70% subsidised training.</li> </ol> </li> </ul>  |
| Playboard    | <ul style="list-style-type: none"> <li>Delivery of the 'Positive Playgrounds' project to a range of schools across Northern Ireland. In the reporting period. This school based training programme has been assisting schools across Northern Ireland to re-examine their approach to their playground and to value it as an important space within the school estate. In the reporting period 50 children and 164 of staff participated in the programme.</li> <li>Delivery of the 'CAN Play' project to children at 3 play parks across the Carrickfergus, Antrim and Newtownabbey council areas. In the reporting period. The "CAN Play" programme provided loose parts to enable children and young people who wanted to participate to play as they choose. In the reporting period 580 individual children actually participated in the programme but when their return uptake is taken into account the nominal number of participants was 1,256 children.</li> <li>Development and delivery 'Contested Spaces' project which uses play as to tool to promote and improve relationships between and across community based in and around interfaces areas in East Belfast and Newtownstewart. In the reporting period 279 children, 17 parents and 18 staff participated in the programme (1st cohort 124, since September 279).</li> <li>Delivery of 'My Spaces' project in collaboration with Derry City Council. (need a bit more on the aim of the project). The project is being delivered to 20 Primary School's based in the Derry City Council area. In the reporting period 683 children and 274 staff participated in the indoor and outdoor elements of the project.</li> <li>The identification and development of 10 Young Researchers aged 8-10 years with the aim of providing a child-centred perspective on the latest general comments on No. 17 (2013) on the right of the child to rest, leisure, play and recreational activities, cultural life and the arts (art. 31). The researchers interviewed 111 children and young people in order to shape future governmental guidance on the obligations contained under article 31.</li> <li>Promotion and delivery of 'National Play Day' across Northern Ireland. In reporting period, six local councils facilitated a play event and PlayBoard hosted a community event based at Oxford Island, Craigavon involving approximately 100 children and 50 parents.</li> </ul> |

|                         |   |
|-------------------------|---|
| <b>Target Number:</b>   | <b>PA7</b>  |
| <b>Target Details:</b>  | By 2019 to deliver at least a 3 percentage point increase in adult participation rates in sport and physical recreation (from the 2011 baseline). |
| <b>Target Deadline:</b> | 2019 (Long Term)  |
| <b>Status:</b>          | <b>ON TRACK FOR ACHIEVEMENT</b>   |

|  |   |
|--|---|
| <b>Baseline Information:</b>               | <b>37% of the adult population participated in sport and physical recreation in the last week (2010 SAPAS)</b><br>31% of the adult population stated they normally participate in sport and physical recreation on at least 1 day a week (2008-09 CHS)  |
| <b>Current Position:</b>                   | 47% of the adult population stated they normally participate in sport and physical recreation on at least 1 day a week (2012-13 CHS)  |
| <b>Contributing Member</b>                 | <b>Progress</b>   |
| Sport Northern Ireland                     | <ul style="list-style-type: none"> <li>• In the reporting period SNI invested a total of £3,878,095 in 18 capital projects through the Sport Matters: Community Capital Programme. All projects include a 5 year Sports Development Plan which aim to increase adult participation in sport and physical recreation.</li> <li>• Active Communities programme is now in its fourth year of delivery, with investment profiled through to March 2015. The programme continues to demonstrate effective local engagement strategies with its target audiences of women/girls, people with a disability and older people. SNI initiated a three strand mid-programme review which provides a comprehensive breakdown of delivery by demographic segmentation, geographic area and sport. SNI has further facilitated delivery of this target through its ongoing investments in, and support of, Disability Sport Northern Ireland and Outdoor Recreation Northern Ireland, which have enabled the delivery of projects such as National Trails Day, new MTB trails and inclusive sports facilities. SNI is also responsible for the delivery of an Inter Departmental investment in Special Olympics Ulster, which in 2012/13 provided over 1,748 Special Olympics athletes with the opportunity to participate in regular sports and physical activity programmes at clubs across NI.</li> <li>• Construction of the new 50m Pool was completed during the reporting period. Located at Valentine Playing Fields in Bangor, the investment focused on the construction of a 50m Swimming pool and the Performer Development Centre along-with associated facilities and equipment. To date, the number of participants profiled for the first quarter have exceeded target (17,595).</li> <li>• During the reporting period SNI also commenced developing 3 new programmes: <ul style="list-style-type: none"> <li>▪ Active Clubs – strategic investment to support delivery of Sport Matters targets especially in areas of high social need and among under-represented groups. It is anticipated that programme will open for applications in during the next reporting period. Total indicative/proposed investment £4,000,000 over a four year period commencing 2014/15.</li> <li>▪ Community and Performance Capital Programme will open for applications in during the next reporting period. The community programme will consider funding for multi-sport, multi-partnership projects or single sports clubs/groups that demonstrate facility need, social need and provide quality sports development programmes to deliver against Sports Matters and social strategic objectives.</li> </ul> </li> </ul> |
| Irish Football Association                 | <ul style="list-style-type: none"> <li>• The IFA continues to support groups at grassroots level who use the sport of football as a tool to promote Community Relations in a sustainable and creative way which makes a meaningful difference in the community. Some key projects the IFA Community Relations Departments have delivered include the Belfast Street League (where 60 adult males participated on a weekly basis), Women's World United and Limestone United.</li> </ul>   |
| Irish Rugby Football Union (Ulster Branch) | <ul style="list-style-type: none"> <li>• The introduction of Under 19 leagues is designed to provide a link between youth and adult rugby giving players the opportunity to have another year with their peers allowing them to develop physically and mentally before progressing into the adult game. Under 19 games are now played on Saturday afternoons instead of the traditional Saturday morning timeslots which had been reserved for youth fixtures previously. This has helped clubs to integrate these players into the wider rugby club environment on a Saturday afternoon.</li> <li>• The IRFU (Ulster Branch) continues to promote adult tag rugby as a version of the game that is played in the summer months. This non-contact version of the game has proved very popular bringing both new and previous participants back into the sport. There has been a particular increase in the number of mixed teams (i.e. both male and female) now playing over the last number of years.</li> <li>• Adult Women's Rugby has continued to increase across the Province with the number of teams increasing from 13 in season 2011/12 to 15 Clubs in season 2012/13. These clubs compete in regular and structured competitions.</li> <li>• Due to this increasing number of teams a development league was established in the 2012/13 season to cater for those Clubs that had only been</li> </ul>   |

|                                    |   |
|------------------------------------|---|
|                                    | <p>established. This ensured teams were able to play competitive rugby at an appropriate standard.</p>  |
| Ulster Gaelic Athletic Association | <ul style="list-style-type: none"> <li>• Gaelic For Mothers (Ladies Football) and Camogie for Mums continues to provide an outlet for adult participation</li> <li>• GAA Recreational Games for Adults is on-going but has major issues around insurance.</li> <li>• Coach Development Workshop programme provide excellent opportunities for increased participation through coaching supported by the Annual Provincial Coaching Conference.</li> <li>• Handball development in key strong holds has seen good progress in a year where the Works Championships were hosted in Ireland and we had two senior world champions in both the women's and men's codes creating new interest in the sport.</li> </ul>   |
| NI Environment Agency              | <ul style="list-style-type: none"> <li>• The NIEA continues to provide public access to the countryside for outdoor physical recreation at its seven country parks, fund the management of another and facilitate walking at many of its nature reserves and some historic monuments in State Care. Country Park facilities include mown grass areas for informal games, extensive path networks, trim trails, cycle paths, bridle paths and bathing beaches. It organises events at its properties, including walks on National Trails Day, and facilitates others organising sponsored walks at its properties.</li> <li>• Activities facilitated include: walking, jogging, horse-riding, cycling, swimming, abseiling, canoeing (white water and lake), sea kayaking, angling and orienteering.</li> <li>• Other actions described at PA4 on public access to the wider countryside also apply.</li> </ul>  |
| Disability Sports Northern Ireland | <ul style="list-style-type: none"> <li>• Disability Sports NI: In partnership with District Councils, Active Community Consortia and Governing Bodies of sport, Disability Sports NI implemented a range of participation programmes, performance initiatives and training &amp; education programmes which benefitted almost 18,000 people. 33% participants were adults (over 18).</li> </ul>   |
| Chief Leisure Officers Association | <p><b><u>Antrim Borough Council:</u></b></p> <p>Opportunities</p> <ul style="list-style-type: none"> <li>• Simply strolling programme running since May 2013. There are 25 adults registered with approximately 12 attending each session.</li> <li>• Nordic Walking programme recommenced in May 2013 (25 Participants).</li> <li>• Continued support of local walking groups (Antrim– 30 participants).</li> <li>• Continuation of Active Communities Programme and Associated initiatives and Classes across Antrim and Newtownabbey Boroughs. (7719 Participants).</li> <li>• Expansion of Fit and Active over 50s Programme to 4 Sites across the Antrim Borough (Antrim Forum, Neillsbrook Community Centre, Crumlin Community Centre, Stiles Community centre) – Approx. 150 participants per week.</li> <li>• Exercise referral scheme: total of 331 clients referred in 12/13 from 35 different surgeries (from Belfast – Draperstown to include physiotherapists, GP surgeries, practice Nurses, Cardiac rehab units and Musgrave Park Hospital (Spinal Department)</li> <li>• Hosted Annual inclusive events for Boccia and New Age Kurling in Partnership with Disability Sport Northern Ireland (200 Participants).</li> <li>• Hosted Local events to include: Antrim Road Race, Santa Saunter, Antrim walk.</li> <li>• Continued development of the 'Move it' Fitness class programme at Antrim Forum to include: Spin, Aqua Zumba, Zumba Sentao.</li> <li>• Annual Tea dances in Community centres.</li> <li>• Outdoor Recreation plan for the Borough in Development Stages.</li> <li>• Funding available through the Antrim Sports Advisory Association for coach education to assist with the sustainability of Sports clubs</li> </ul> <p>Places</p> <ul style="list-style-type: none"> <li>• Continuing to secure access to outdoor spaces and looking for new opportunities through the Outdoor Recreation Action Plan.</li> <li>• Maximising the use of countryside trails and sites for physical activity events at Rea's wood (Forest Service NI) and Crumlin Glen (DCAL).</li> </ul> |

- Upkeep of 6 countryside recreation sites to provide safe opportunities to walk, run, jog and cycle.
  - Installation of people counters at sites across Antrim borough to assess the levels of use and to enable the council to establish the popularity.
  - Trail Installation of Sixmile Outdoor Gym Trail (Approx. £5k from council, £20k from external funders).
- Organisations
- Working closely with community based organisations to deliver focussed taster sessions through the Active Communities Programme.
  - Partnership working with Northern Partnership for Physical Activity, Local Surgeries and hospitals through Health Matters Exercise referral programme.
- Workforce
- Nordic Walking leaders trained (2)
  - Walking leaders trained (4)
  - ‘Armageddon’ Training for Antrim Forum ‘Move it’ Instructors
  - Start to Play Tutor training (1)
  - Start to Play Leadership training (18)
  - Coach Education programme training for coaching and club committee roles ( First Aid and Child Protection)
- Armagh City & District Council:**
- As per PA 4
  - Continued investment and funding in infrastructure will allow for greater opportunities for both adult and young populations so the development of 4 g facilities at key sites such as Armagh City FC and Tandragee Recreation Centre will significantly add to the district offering.
  - A further 2 year extension of a partnership with Markethill High School, on a community use basis, will also drive participation rates in an area where access to indoor leisure was previously poor.
- Ballymena Borough Council**
- Established links with community leaders and support workers to deliver a programme of Physical Activity within a leisure environment. Ballee, Ballykeel and Harryville (Ballymena South) areas linked together for activity sessions at the Seven Towers Leisure Centre.
  - Disability Activity sessions set up and established in partnership with link workers within the Northern Health Trust.
  - Links established with Active Communities Coaches for delivery of above sessions.
- Castlereagh Borough Council:**
- On a strategic level, Castlereagh Borough council has joined with Lisburn City Council to develop a Strategic Action Plan (2013-2018) that will promote and develop Sport and Health Enhancing Physical Activity across both Council areas.
  - Castlereagh Borough Council has continued with the delivery of the Active Communities Programme which aims to increase participation opportunities in sport and physical recreation. Adults across the Borough aged 18-49 have benefitted from the professional coaching expertise of the 7 full time and 1 part time AC Coaches.
  - Castlereagh Borough Council through its Sports Development Officer, for example, has introduced the new sport of Olympic Handball to the Borough which has created an interest in the sport for adults aged 18 – 49 years of age and has led to the establishment of a Senior Olympic Handball Club in Lough Moss Leisure Centre. A further non-traditional, alternative sport is that of baseball which has attracted adults within the Borough to participate in an activity they have not experienced before.
  - The Sports Development Officer continues to work closely with the Belfast North Stars Club that plays out of Henry Jones Playing Fields, to encourage adult participation.
  - The Castlereagh Safe and Well Project runs specific programmes aimed at providing physical activity for the elderly. Examples of 2 such programmes are: a 12 Week Physical Activity Programme which promotes health and wellbeing amongst individuals with a physical disability or



|                      |  |
|----------------------|--|
|                      | <p>learning disability, whilst improving social inclusion. People over 60 and or with a disability can partake in this programme. Similarly, the Senior Citizen Project (Older Active People) provides a range of activities such as Boccia, New age Curling, armchair aerobics, yoga and pilates etc. This program is aimed to enhance balance strength and coordination and promote social inclusion.</p> <ul style="list-style-type: none"> <li>At present the Council does not have the capability to profile its 'walk-in' users however with the roll-out of the Joint Strategy Action Plan (2013-2018) with Lisburn City Council that will promote and develop Sports and Health Enhancing Physical Activity across both Council areas, it is hoped that resources will be identified to progress an IT database capable of such a task.</li> </ul> <p><b><u>Craigavon Borough Council:</u></b></p> <ul style="list-style-type: none"> <li>Council along with its key partners in Armagh and Banbridge have engaged with 2,458 adults through the Sport NI Active Communities programme for the reporting period 1st October 2012 – 30th September 2013.</li> <li>Council provides a range of opportunities for adults to participate in sport and physical recreation through Leisure facilities (indoor and outdoor) and through its Community Centre based facilities.</li> <li>Council in partnership with the Public Health Agency, is delivering the Exercise Referral Scheme – a project that offers a targeted approach to sedentary people with specific health problems or who are at risk of disease to receive support in becoming more active. Council's Investing in Health Officer oversees a range of Workplace Health initiatives.</li> <li>Council provides innovative structured programmes for adults to participate and improve their physical fitness and skills, furthermore Council provides a wide range of facilities which accommodate play, recreational and competitive events on an on-going basis e.g. Mid Ulster pitch provision.</li> </ul> <p><b><u>Limavady Borough Council:</u></b></p> <ul style="list-style-type: none"> <li>As per PA4.</li> </ul> <p><b><u>Cookstown District Council:</u></b></p> <ul style="list-style-type: none"> <li>Continue to deliver sports and physical recreation programmes at all aforementioned facilities.</li> </ul> <p><b><u>Lisburn City Council</u></b></p> <ul style="list-style-type: none"> <li>As above</li> </ul> |
| Public Health Agency | NB – Please see response to PA4 as this is also applicable to this section.  |

|                              |  |
|------------------------------|--|
| <b>Target Number:</b>        | <b>PA8</b>   |
| <b>Target Details:</b>       | By 2019 to deliver at least a 6 percentage point increase in women's participation rates in sport and physical recreation (from the 2011 baseline).  |
| <b>Target Deadline:</b>      | 2019 (Long Term)   |
| <b>Status:</b>               | <b>ON TRACK FOR ACHIEVEMENT</b>  |
| <b>Baseline Information:</b> | <b>30% of the female adult population participated in sport and physical recreation in the last week (2010 SAPAS)</b><br>24% of the female adult population stated they normally participate in sport and physical recreation on at least 1 day a week (2008-09 CHS) |
| <b>Current Position:</b>     | 41% of the female adult population stated they normally participate in sport and physical recreation on at least 1 day a week (2012-13 CHS)  |
| <b>Contributing Member</b>   | <b>Progress</b>  |
| Sport Northern Ireland       | SNI reported the following information as of 31 March 2013:  |

|  |  |
|--|--|
|  | <ul style="list-style-type: none"> <li>• SNI's awards through the Active Communities reported that 57,406 women/girls participated in sport and physical recreation.</li> <li>• A total of 65,849 women and girls participated in sport and physical recreation at SNI funded capital projects (Sport Matters Community Capital Programme, Building Sport, Places For Sport).</li> <li>• A total of 15,484 women and girls participated in sport and physical recreation as a result of funding through SNI's Sport Matters Capital &amp; Equipment Programme.</li> <li>• A total of 3,230 women and girls participated in sport and physical recreation at Northern Ireland's national outdoor centre.</li> <li>• A total of 3,489 females participated in sport and physical recreation through DSNI organised participation events and the Disability 5 Star Challenge.</li> <li>• A total of 580 female athletes (aged under 18) with a learning disability participated in and were supported through the Special Olympics programme in Northern Ireland.</li> <li>• SNI has worked with a consortium of five governing bodies of sport (Irish Football Association, Gaelic Athletic Association, Ulster Camogie, Ulster Branch Irish Rugby Football Union &amp; Ulster Hockey) to develop a Female Sports Forum in Northern Ireland. SNI provided an investment award to enable the Forum to carry out a series of stakeholder engagement and consultation events across Northern Ireland. These five events were followed by a one day seminar to engage with local authorities aimed at sharing the results from the consultation events and seeking their input on the way forward for the Forum. SNI has also supported the Forum in the development of a draft business case based on the outworking of the consultation sessions which outlines the future work of the Forum. This work will be concluded in 2014/15.</li> </ul> |
| NI Environment Agency                      | <ul style="list-style-type: none"> <li>• The NIEA continues to provide public access to the countryside for outdoor physical recreation at its seven country parks, fund the management of another and facilitate walking at many of its nature reserves and some historic monuments in State Care. Country Park facilities include mown grass areas for informal games, extensive path networks, trim trails, cycle paths, bridle paths and bathing beaches. It organises events at its properties, including walks on National Trails Day, and facilitates others organising sponsored walks at its properties. These facilities are available to women.</li> <li>• Other actions described at PA4 on public access to the wider countryside also apply.</li> </ul>  |
| Irish Football Association                 | <ul style="list-style-type: none"> <li>• 9 'Girls Only' Halloween Camps were delivered in conjunction with NIWFA clubs and various Active Communities Coaches during this period. 139 girls attended the various camps.</li> <li>• 36 teams and approximately 250 players participated in the Irish FA Indoor Cup during February 2013 with Crusaders Strikers winning the Under 11 section, Linfield Ladies winning the Under 13 section, Crusaders Strikers winning the Under 15 section and Cliftonville Ladies claiming the senior title.</li> <li>• First Kicks has continued to expand over the last year with over 500 girls participating on a regular basis. New venues added in 2013 include Oxford Sunnyside FC, Albert Foundry FC and Ards Ladies, Dungannon United Swifts, Shankill United and Coalisland Football Club.</li> <li>• During December 2012 – January 2013 the Irish FA, in collaboration with Belfast City Council, hosted their annual tournament at the Shankill Leisure Centre with 24 teams participating at youth and senior level.</li> </ul>   |
| Irish Rugby Football Union (Ulster Branch) | <ul style="list-style-type: none"> <li>• The I.R.F.U. Ulster Branch has run a number of initiatives to increase participation in the female game. These include:</li> <li>• Girls' Schools Cup – Entry into this competition has been sustained with 30 schools and 38 teams taking part. Girls participating in this scheme are provided with a link to their local Club.</li> <li>• Play Rugby Girls – This is an IRFU initiative which aims to provide girls with the opportunity to participate in rugby sessions at their schools. Schools involved are then invited to an 'Open Day' at their local Club which is hosted by Development officers and Club coaches with the aim of getting girls to continue this activity in a club environment.</li> </ul>  |

|                                    |   |
|------------------------------------|---|
|                                    | <ul style="list-style-type: none"> <li>• Girls only Summer Camps - Camps for females aged between 12-17 were held in both the East and West of the Province.</li> <li>• U18 Girls Regional Development Squads – Due to the increase in the number of girls playing the game at youth level development sessions were organised in the East and West of the Province aimed at those players who showed potential at Club Level.</li> <li>• As a result of this increasing participation in schools the number of girls participating in Clubs youth sections has increased from 6 to 8.</li> <li>• Adult Women’s Rugby has continued to increase across the Province with the number of clubs increasing from 13 to 15. These clubs compete in regular and structured competition throughout the season.</li> </ul>  |
| Ulster Gaelic Athletic Association | <ul style="list-style-type: none"> <li>• Gaelic For Mothers (Ladies Football) and Camogie for Mums continues to provide an outlet for adult participation.</li> <li>• Coach Development Workshop programme provide excellent opportunities for increased participation through coaching supported by the Annual Provincial Coaching Conference.</li> <li>• Handball development in key strong holds has seen good progress in a year where the Works Championships were hosted in Ireland and we had two senior world champions in both the women’s and men’s codes creating new interest in the sport.</li> <li>• Active Communities engagement with the consortia has provided the network to progress and increase women’s participation rates. The key issue is transfer from Active Communities to Community Club and this is an aspect that needs to get greater attention.</li> </ul>  |
| Disability Sports Northern Ireland | <ul style="list-style-type: none"> <li>• Disability Sports NI: In partnership with District Councils, Active Community Consortia and Governing Bodies of sport, Disability Sports NI implemented a range of participation programmes, performance initiatives and training &amp; education programmes which benefitted almost 18,000 children and adults during the period. 46% of participants were women.</li> </ul>  |
| Chief Leisure Officers Association | <p><u>Antrim Borough Council:</u><br/>Opportunities</p> <ul style="list-style-type: none"> <li>• Simply strolling programme running since May 2013. There are 25 adults registered with approximately 12 attending each session.</li> <li>• Nordic Walking programme recommenced in May 2013 (25 Participants).</li> <li>• Continued support of local walking groups (Antrim– 30 participants).</li> <li>• Continuation of Active Communities Programme and Associated initiatives and Classes across Antrim and Newtownabbey Boroughs. (4873 female Participants).</li> <li>• Expansion of Altitude and Arches Dance Companies to Community centres (40 Participants).</li> <li>• Expansion of Fit and Active over 50s Programme to 4 Sites across the Antrim Borough (Antrim Forum, Neillsbrook Community Centre, Crumlin Community Centre, Stiles Community centre) – Approx. 150 participants per week.</li> <li>• Exercise referral scheme: total of 331 clients referred in 12/13 from 35 different surgeries (from Belfast – Draperstown to include physiotherapists, GP surgeries, practice Nurses, Cardiac rehab units and Musgrave Park Hospital (Spinal Department).</li> <li>• Hosted Annual inclusive events for Boccia and New Age Kurling in Partnership with Disability Sport Northern Ireland (200 Participants).</li> <li>• Hosted Local events to include: Antrim Road Race, Santa Saunter, Antrim walk.</li> <li>• Continued development of the ‘Move it’ Fitness class programme at Antrim Forum to include: Spin, Aqua Zumba, Zumba Sentao.</li> <li>• Annual Tea dances in Community centres.</li> <li>• Outdoor Recreation plan for the Borough in Development Stages.</li> <li>• Badminton club established at Muckamore Community Centre (8 Participants).</li> <li>• Wibble Wobble Parent and Toddler Dance Class (30 Participants).</li> <li>• Expansion of Move it fitness programme in Antrim Forum (classes before work).</li> <li>• Continuation of Tannaghmore Zumba Programme (10 participants).</li> </ul> |

|  |  |
|--|--|
|  | <p>Places</p> <ul style="list-style-type: none"> <li>• Installation of Sixmile Outdoor Gym Trail (Approx. £5k from council, £20k from external funders).</li> <li>• People counters installed at recreation sites throughout the borough (Mill Race Trail, Outdoor Gym Trail)</li> <li>• Plans for the refurbishment of Wallace park in Templepatrick.</li> <li>• Capital development of facilities at Crumlin Community Centre and Allen Park Golf Centre.</li> </ul> <p>Organisations</p> <ul style="list-style-type: none"> <li>• Internal restructuring with Community centres now part of the Recreation Development Team.</li> <li>• Working closely with community based organisations to deliver focussed taster sessions (for female target groups) through the Active Communities Programme.</li> <li>• Partnership working with Northern Partnership for Physical Activity, Local Surgeries and hospitals through Health Matters Exercise referral programme.</li> <li>• C.A.N PEACE III Sports Jam Project (Netball).</li> </ul> <p>Workforce</p> <ul style="list-style-type: none"> <li>• Additional instructor trained for Aqua Zumba</li> <li>• Additional instructor trained for Cheerleading (1)</li> <li>• Additional Gymnastics instructor recruited (1)</li> <li>• Nordic Walking leaders trained (2)</li> <li>• Walking leaders trained (4)</li> <li>• Armageddon' Training for Antrim Forum 'Move it' Instructors (12)</li> <li>• Start to Play Tutor training (1)</li> <li>• Start to Play Leadership training (18)</li> <li>• Coach Education programme training for coaching and club committee roles ( First Aid and Child Protection- 40 participants)</li> </ul> <p><b><u>Armagh City &amp; District Council:</u></b></p> <ul style="list-style-type: none"> <li>• Active communities programme and a proactive approach to women's participation through consultation with local female clubs. Small amount of funding in place within as grant to develop opportunities. Specialised training afforded to female coaches through coachworks project.</li> <li>• Identify and recognise female role models at local awards and deploy them at all obvious opportunities.</li> </ul> <p><b><u>Ballymena Borough Council</u></b></p> <ul style="list-style-type: none"> <li>• KPI's in place for Active Communities programme of activities.</li> <li>• Links established with community groups, community support workers, sports development, community sports, GP Surgeries etc.</li> <li>• Sports Development Strategy in place for Ballymena Borough Council.</li> <li>• Links established with Northern Partnership for Physical Activity.</li> </ul> <p><b><u>Castlereagh Borough Council:</u></b></p> <ul style="list-style-type: none"> <li>• Castlereagh Borough Council has continued with the delivery of the Active Communities Programme which aims to increase participation opportunities in sport and physical recreation especially amongst women and girls. Castlereagh Borough Council has employed a specific women and girls coach to create such opportunities, for example, a Walking Group at Shaw's Bridge; First Kicks Soccer for Girls, Ladies Squash Programme, Rugby for Girls, Mums Primary School Fitness, Multi Sport Activities for Schools, Girls Brigade, Women Centre's etc.</li> <li>• Sport 4 Peace – Through the project, 138 women participated across 9 programmes, engaging in a range of sporting and recreation activities including Football, Basketball, Dance, Gaelic, Rugby, Skateboarding, Boxing etc.</li> </ul> |
|--|--|

|                      |   |
|----------------------|---|
|                      | <ul style="list-style-type: none"> <li>At present the Council does not have the capability to profile its 'walk-in' users however with the roll-out of the Joint Strategy Action Plan (2013-2018) with Lisburn City Council that will promote and develop Sports and Health Enhancing Physical Activity across both Council areas, it is hoped that resources will be identified to progress an IT database capable of such a task.</li> </ul> <p><b><u>Craigavon Borough Council:</u></b></p> <ul style="list-style-type: none"> <li>Council along with its key partners in Armagh and Banbridge have engaged with 7,369 females through the Sport NI Active Communities programme for the reporting period 1st October 2012 – 30th September 2013.</li> <li>Council along with its key partner in Armagh organises an annual Coachworks programme which includes workshops aimed specifically at females.</li> <li>Council provides a range of programmes designed and delivered specifically to appeal to females and to encourage participation e.g. the provision of exercise classes, aerobics, dance etc.</li> <li>Council independently, and in partnership with both club and statutory agencies, provides facilities which accommodate female participation and support competitive opportunities.</li> </ul> <p><b><u>Limavady Borough Council:</u></b></p> <ul style="list-style-type: none"> <li>As per PA4 &amp; PA6.</li> </ul> <p><b><u>Cookstown District Council:</u></b></p> <ul style="list-style-type: none"> <li>Established a Netball Club with 30 members to date.</li> <li>Appointed an Active Communities Coach specifically for Women and Girls, in addition to other active communities' programmes such as Gaelic 4Mothers, and Soccer for Mothers and Others.</li> <li>Established a Recreational Netball Programme with an average of 20 women taking part each week.</li> <li>Full activity/classes programme for women at Cookstown Leisure Centre.</li> </ul> <p><b><u>Lisburn City Council</u></b></p> <ul style="list-style-type: none"> <li>Active Communities coaches + Specific Coach for women and girls</li> <li>Events - Park Run, Couch to 5 k, half marathon , triathlon + ECOS events</li> </ul> |
| Public Health Agency | <p>NB – As per PA4 – all programmes in the PHA are open to both genders.</p> <ul style="list-style-type: none"> <li>Some examples of programmes and physical activity opportunities specifically relating to women include:</li> </ul> <p>Active Belfast</p> <ul style="list-style-type: none"> <li>Shankill Active Women - Over 40 women who are above their ideal healthy weight and don't get the chance to be active on a regular basis were invited to receive health checks and programme of physical activity sessions. They attended Aqua Aerobics, Dancercise and walking sessions.</li> <li>Falls Women's Centre - Health and Wellbeing Programme, £3,000. The aim of this project is to offer a variety of physical activity opportunities in the Falls area for approximately sixty women age ranging from 20yrs to 60+yrs. The activities will be coordinated to suit the needs and capabilities of the participant with the aim to improve their overall physical health and wellbeing.</li> <li>Western area Healthy Towns Programmes.</li> <li>Strabane Netball Fitness programme, this project engaged 30 women on a health and wellbeing programme, with a focus on a physical activity of choice "Netball" the programme increased physical activity levels of participants.</li> <li>A number of physical activity and nutritional programmes were funded for young mothers and their children.</li> </ul>  |

|                       |            |
|-----------------------|------------|
| <b>Target Number:</b> | <b>PA9</b> |
|-----------------------|------------|

|                              |   |
|------------------------------|---|
| <b>Target Details:</b>       | By 2019 to deliver at least a 6 percentage point increase in participation rates in sport and physical recreation among socio-economically disadvantaged groups (from the 2011 baseline).   |
| <b>Target Deadline:</b>      | 2019 (Long Term)  |
| <b>Status:</b>               | <b>ON TRACK FOR ACHIEVEMENT</b>   |
| <b>Baseline Information:</b> | <b>30% of the adult population in social groups C2DE participated in sport and physical recreation in the last week (2010 SAPAS)</b>  |
| <b>Current Position:</b>     | 40% of the adult population living in the most deprived areas of NI stated they normally participate at least 1 day a week (2012-13 CHS)  |
| <b>Contributing Member</b>   | <b>Progress</b>   |
| Sport Northern Ireland       | <ul style="list-style-type: none"> <li>Active Communities programme investment and delivery is targeted at 10% most disadvantaged communities in Northern Ireland. Based on census data, approx. 9% of NI population reside in the top 10% most disadvantaged communities in NI; an analysis of Active Communities participants as of 30 June 2013 indicates that approx. 30% of all Active Communities reside within those areas suggesting that local district council-led consortia are effectively targeting socio-economic disadvantage.</li> </ul>  |
| Department of Education      | <ul style="list-style-type: none"> <li>DE guidance recommends that schools should provide pupils with a minimum of 2 hours PE per week and that includes pupils from socio-economically disadvantaged backgrounds.</li> <li>Through the Curriculum Sports Programme, DE continues to contribute to participation rates. This Programme, aimed at pupils in Foundation Stage and Key Stage 1 focuses on schools serving areas of disadvantage, aims to build pupils' physical literacy skills, raise confidence, self-esteem and motivation to learn and support a healthy lifestyle by encouraging on-going participation in physical activity.</li> <li>The Extended Schools programme is specifically targeted at helping to reduce differentials and improve the quality of life for children from disadvantaged areas. Extended Schools can provide a range of opportunities for after school sport and leisure activities where this has been identified by the school Principal as needed in helping disadvantaged children and young people to overcome barriers to learning.</li> <li>A variety of sporting programmes are offered in the youth service as part of an overall non formal education programme aimed at enhancing the personal and social development of young people. Participation in the youth service is voluntary, with over one third of young people aged 4-25 taking part in registered youth work annually (using 2011 data).</li> </ul> |
| NI Environment Agency        | <ul style="list-style-type: none"> <li>NIEA continues to provide public access for all to the countryside for outdoor physical recreation at its seven country parks, fund the management of another and facilitate walking at many of its nature reserves and some historic monuments in State Care. Country Park facilities include mown grass areas for informal games, extensive path networks, trim trails, cycle paths, bridle paths and bathing beaches. It organises events at its properties, including walks on National Trails Day, and facilitates others organising sponsored walks at its properties.</li> <li>NIEA is exploring opportunities for arranging transport to its country parks for socio-economically disadvantaged groups in partnership with other bodies, possibly using plastic bag levy funds.</li> </ul>   |
| Irish Football Association   | <ul style="list-style-type: none"> <li>The IFA are continuing to support and develop Women's World United and the Street League project which focuses on bringing homeless people back into society. This work is provided by support funding from Comic Relief</li> <li>The IFA Community Relations Department, in conjunction with the PSNI, used football as a tool to engage young males who have been in trouble with the Police in a positive and healthy manner which creates a shared sense of identity and reduces crime on the Limestone Road area (an interface area in North Belfast which is one of the worst affected areas with regards to sectarianism in Northern Ireland).</li> <li>This year the IFA have received funding from Department of Culture Arts and Leisure for a range of activities specifically focusing on 'Promoting</li> </ul>  |

|  |  |
|--|--|
|  | <p>Equality, Tackling Poverty and Social Exclusion through Sport' across Northern Ireland, with a variety of projects being rolled out by various departments within the IFA with projects focusing on a range of issues from Physical and Mental Health to Anti-Social behaviour and interventions.</p>   |
| Irish Rugby Football Union (Ulster Branch) | <ul style="list-style-type: none"> <li>• Through the Community Rugby Programme and our involvement with Active Communities both schemes are primarily concerned with generating 'new' participants into the game. Each coach employed under these schemes seeks to engage with schools and groups who have never experienced rugby before and encourage participation across all sections of the community.</li> <li>• In addition, the IRFU (Ulster Branch) have been involved with the development of the Game of 3 Halves and Sport 4 Change initiatives in partnership with the GAA and IFA. These projects are based on providing young people from all sides of the community with the opportunity to participate in sporting activity in key interface areas in Northern Ireland. Through partnership with YENI and Peace III GO3H, delivered to approx. 1000 school age children in 2012/13.</li> <li>• In addition, we have sourced funding to deploy 7 additional Community Rugby Coaches across Northern Ireland. These coaches are working to increase the access to rugby opportunities in communities shown to be most deprived across the province. As part of their work programme we expect that this will increase the number of children involved in rugby related activity within curriculum time and to develop extracurricular clubs.</li> </ul>   |
| Ulster Gaelic Athletic Association         | <ul style="list-style-type: none"> <li>• Game of Three halves targeting young people through the interface games throughout the summer.</li> <li>• Dissemination of equipment to schools and clubs targeting socio-economically disadvantaged groups.</li> <li>• Introduction of Youth Employment Scheme Programme to target 18-24 year olds, providing opportunity to undertake NGB qualifications, and carry out a work experience to help enhance and build a CVs.</li> <li>• Targeting volunteers with clubs with providing training and development opportunities to enhance the club governance and coaching and where possible improve employability.</li> <li>• Increase coaching provision in schools within socio-economically disadvantaged areas.</li> <li>• Policy review on costs of summer camps within areas of high social deprivation.</li> <li>• Development of activity hubs to enhance opportunities for people with disabilities and special need to be involved in games.</li> <li>• Provision of competitive opportunities for young people of all ages and abilities to play games at half-time during the major championship fixtures in counties and at Provincial level and at NATIONAL Level in Croke Park.</li> </ul>  |
| Department for Social Development          | <ul style="list-style-type: none"> <li>• Under the Neighbourhood Renewal Programme DSD previously awarded capital funds to develop/improve community recreation and leisure facilities (e.g. MUGAs, football pitches, indoor facilities and equipment.) DSD also provided revenue funding for the running costs associated with sporting activities.</li> <li>• Award of capital funding for the refurbishment of Lenadoon Sports Pavilion (a contribution to the project with £382k coming from Sport NI).</li> <li>• Regeneration of Dunville Park, including sports pitch, a children's play area and an events area.</li> <li>• Public realm scheme, the project at Cliftonville Community Centre provided an artificial playing surface for sports such as football etc.</li> <li>• DSD inherited a sports complex when trying to facilitate the assembly of lands for the University of Ulster at the Springfield Road, Belfast.</li> <li>• The complex is used by 3 sports groups and DSD is in the process of transferring the land by way of a long-term lease under a Development Trust model. Under the terms of the transfer, the Trust will have to demonstrate that they can develop a programme of community engagement to encourage members of the local community to participate in sport.</li> <li>• Connswater Community Greenway environmental improvement project has a range of associated recreational health benefits through the creation and upgrade of significant areas of walk and cycle ways.</li> </ul> |

- Under NR DSD provided Derry City Council with funding towards the Fountain MUGA in 2011/12.
- Project co-ordinator for a “Better Ballycolman” funding provided to Strabane Sigerson’s GAC.
- Active Citizenship Through Sport Programme – funding to Derry City Council.
- Foyle Cup Soccer Tournament.
- Between 2009 and 2012, DSD has provided £2,532,898 to projects to develop sports facilities in disadvantaged communities in regional towns (listed at end of document). In addition, £1,041,488 has been provided to runs sporting programmes in these areas.
- DSD Public Realm schemes often include enhanced environment for running/walking/cycling and sports related events (e.g. often in Squares/Public Spaces). DSD is also responsible for the River Lagan Impoundment and Riverside walkways, which are a locus for boat races and cycling, running and walking respectively.
- DSD has been funding GAA since October 2008 under its Joint Volunteering Initiative. The purpose of this funding has been to attract, develop and support volunteers in the organisation. This funding ends 31/3/12. DSD’s Voluntary and Community Unit is also funding a joint application, on behalf of the Irish Football Association and Ulster GAA seeking support for a Sport in the Community programme focussed on Volunteer Development and Community Capacity building through both organisations. The proposal targets support for volunteering and community development within and across their membership over a three year period (April 2012-March 2015). Small grants for use towards the promotion of volunteering are also available to sports clubs through the Volunteer Bureau Initiative (VBI). This is open to all community groups not specifically sports groups. DSD does not directly manage VBI and is not involved in decisions around who receives awards. This is managed by the local Volunteer Centres. In 2010/11 approximately £20k was awarded to sports organisations.
- In the period October 12 – September 13 RDO Northern Division funded the following projects to help increase
  - Participation rates in sport and physical recreation among socio-economically disadvantaged groups.
  - New MUGA at Millburn Community Centre in the Coleraine East NRA.
  - New sports equipment for Braid Amateur Boxing Club in Ballymena NRA.
- In the period 2013-2015 RDO West has provided approx. £720,000.00 to help increase participation rates in sport and physical recreation among socio-economically disadvantaged groups.
  - Enniskillen – Youth Work Proposal.
  - Enniskillen – Enniskillen Early Days Project.
  - Dungannon – Dungannon St Patricks Family Learning Centre.
  - Coalisland – Disengaged Youth Programme in Coalisland.
- DSD’s Voluntary and Community Unit (VCU) plays a lead role, on behalf of the NI Executive Departments, in supporting a vibrant, effective and efficient Voluntary and Community Sector (VCS) which in turn is well placed to deliver key services across Northern Ireland. Much of the work of VCU is geared to supporting the VCS at a regional level across Northern Ireland, or through local councils, thereby enabling the VCS, to include voluntary sporting organisations, to deliver vital and important services on behalf of government.
- DSD through its Voluntary and Community Unit continues to fund the 3 main northern Ireland sporting bodies, Ulster GAA, Irish Football Association (IFA) and Irish Rugby Football Union (IRFU) Ulster Branch. The IFA/GAA/IRFU project commenced in April 2012, initially with the IFA and GAA developing opportunities in sharing volunteering experience, coaching and training of volunteers and community development between the applicants. The Irish Rugby Football Union Ulster Branch (IRFU) has now joined as the third partner to the Sport in the Community project. This flagship project supports the Department for Social Development’s Volunteering Strategy for Northern Ireland and will provide over £480,000 during the three year partnership to support community and volunteer development.
- Award for the redevelopment of Woodvale Park to provide a facility for local families, sports and community based organisations and the wider community to promote community cohesion and wellbeing, active lifestyles, youth diversion, volunteering and sports discipline. Jointly funded



by DSD through the Neighbourhood Renewal Investment Fund and Belfast City Council.

- Award for the refurbishment of Ardaluin House to provide a residential and outdoor learning opportunity for young people considered at most disadvantage within the catchment of the Greater Shankill area of Belfast and its neighbouring communities. Ardaluin House through the delivery of its programmes aims to focus on building young people's capacity through a range of programmes to facilitate individuals in making better lifestyle choices, health and fitness, outdoor learning, personal development and experiential learning, employability and training, areas that enhance young people's capacity to develop and participate in their community.
- Award for Belfast Activity Centre for salaries, running and programme costs for a 3 year period to facilitate the delivery of a range of social, educational and healthy lifestyle activities to improve the lives of young people from disadvantaged areas.
- Award for the refurbishment of Conway Youth Club to provide new and improved sports facilities that will enable Conway Youth Club to build upon their current provision of sport and active lifestyle programmes for young people from disadvantaged areas.
- Award towards the construction of a 3G Pitch at Marrowbone Millennium Park jointly funded by DSD, SportNI and BCC to promote the development of sport and physical wellbeing for people living in disadvantaged areas.
- Award towards shortfall costs for upgrade of Waterworks Multisport facility to enable the North Belfast Play Forum to upgrade the polymeric surface at the Waterworks Multi Sports Facility to a 3rd generation synthetic grass surface. Funding had been secured from Belfast City Council and the Wildlife Trust for this project.
- Award towards the construction of a 3G Mini Soccer Pitch with floodlights and fencing in Springmartin Estate – this will serve the sporting needs of the identified clubs and groups but also help promote a healthier lifestyle for the local Blackmountain community.
- DSD has been funding an extensive sports programme in the 3 Neighbourhood Renewal Areas in Craigavon (North West Portadown, Brownlow and Lurgan) – managed and delivered by Craigavon Borough Council, involving partnership working with the local communities and sports organisations in the 3 areas. Project running from 25/7/11 – 31/3/14. This project included programmes delivered on the Multi-Use Games areas provided with NR funding in 2009/10; Midnight soccer and Junior Street Soccer tournaments; IFA Coaching awards; DV8 Youth Sports project; Get Active Disability events; Senior Sportsfests and Young Men's group.
- In 2012/2013, DSD awarded funding to Craigavon Borough Council for the refurbishment of 7 playparks in the 3 Craigavon Neighbourhood Renewal areas – project completed in June 2013. To provide increased opportunity for physical exercise and play in a safe, secure environment.
- In 2012/2013 DSD awarded funding of £26,223.96 to Lurgan Oxford Sunnyside FC youth teams for kit and equipment – to encourage young children from NR areas to avail of sporting opportunities.
- In 2012/2013 DSD awarded funding of £16,723.01 to Lurgan Phoenix Boxing Club for new kit and equipment to encourage children from NR area to participate in boxing sporting opportunities.
- In 2012/2013 DSD awarded funding of £264,166.28 to Lurgan Golf Club to set up a golfing Academy providing free equipment and lessons and programmes to children and families of the NR areas.
- In 2012/2013 DSD awarded funding of £3,000.00 to Lurgan Rugby and Cricket club to provide an options appraisal to enable them to seek funders for a proposed new sporting facility in Lurgan.
- In 2012/2013 DSD awarded funding of £145,187.93 to Craigavon Council to deliver a Multi-Use Games Area in the Neighbourhood Renewal area of Mourneview to encourage children from the NR areas to avail of sporting activities.
- Craigavon Amateur Boxing Club received funding from DSD to supply training and competition gear for their members. The club were set up the previous year also with DSD funding of £32k for equipment including full sized boxing ring. The club now has over 70 members.
- The DSD Craigavon Angling Project is one of a trilogy of health and wellbeing sporting initiatives utilising the natural environment in the wider Craigavon area. Residents are trained in the sport / leisure activity of fishing and participate in a level 1&2 coaching award with a view to delivering angling programmes / mentoring in the future.

|                      |   |
|----------------------|---|
|                      | <ul style="list-style-type: none"> <li>• The DSD Craigavon Bushcrafting Project Bushcraft allows local residents to take part in a sport and leisure activity which provides participants with the skills and knowledge that will allow them to thrive in the natural environment using simple yet robust tools that will help them towards self-sufficiency. The project also provides for the training of 8 Marine Rangers who will receive work placements within Craigavon Borough Council.</li> <li>• The DSD Craigavon Cycling Project aims to encourage greater use of the outdoor environment through cycling participation. The project promotes cycle safety and maintenance and also involves the construction of a pumptrack adjacent to the Craigavon Lakes mountain bike trail.</li> <li>• In 2012/2013 and 2013/2014, DSD awarded funding to Down District Council for a new Playpark at Ballymote in the Neighbourhood Renewal Area. This project has just been completed. This facility will provide children with an opportunity for physical exercise and social interaction in a safe, secure environment.</li> <li>• In 2012/2013 year, DSD awarded funding to SEELB for a new Play area at Kilcooley Primary School in the Neighbourhood Renewal Area. The facility is open to all children of the NRA after school hours and to pupils during the school day. It provides children with an opportunity for physical exercise, play and social interaction with peers in a safe, secure environment.</li> <li>• Period of programme 2013 to 2015. Armagh Growing Communities Programme, Strand 2, Coaching Sports &amp; Opportunities for Youth. Develop coaches further to be able to coach independently in their own communities. Community coaches from local sporting organisations to provide a 6 week programme and final tournament for an minimum for 100 participants per year.</li> <li>• In 2012/13 and 2013/2014, DSD awarded funding to the Southern Education and Library Board to supply training and competition gear including a full sized boxing ring for St John Bosco Boxing club, Newry.</li> <li>• In 2012/2013 funding provided to the Southern Education and Library Board for installation of small play area for young children including those with special needs in St Colman's Abbey Primary school in Newry.</li> <li>• Funding of £30,064 awarded to Newry and Mourne District Council in 2012/2013 to refurbish council indoor facilities including upgrading of play parks (re plastering degraded walls) and polishing, re-lining and smoothing indoor floors for indoor sports.</li> <li>• Funding of £94,924.29 awarded to Newry &amp; Mourne District Council in 2013/2014 to deliver a kickabout facility for the Carnagat community in Newry.</li> <li>• Funding of an "Outdoor Education Programme" of £88,900 to Newry Council 2012/2015 to encourage NR residents to take part in all types of sports including canoeing, mountaineering and also to take part in accredited training.</li> <li>• In 2012/2013, DSD NWDO awarded funding to Derry City Council for the refurbishment of 1 playpark in Lapwing Way within the Clooney estate area of the Waterside Neighbourhood Renewal Area – project completed in Mar 2013. To provide increased opportunity for physical exercise and play in a safe, secure environment.</li> <li>• Funding of £35,000 awarded to Strabane Sigersons in the 2012/13 year to create an activity wall for young people to participate in physical activity through the medium of sport, i.e. hurling, handball etc.</li> <li>• Funding of £289,236.68 awarded to the Western Education and Library Board in respect of a Youth Engagement Plus Project from 1 April 2013 to 31 March 2014 covering the Outer West, Outer North, Cityside and Waterside NR Areas of Derry. Part of this funding (£14,000) includes physical activity/ sporting programmes such as, Canoeing, Rock Climbing, Surfing, Abseiling, Soccer Coaching and Multi Skills Coaching.</li> <li>• On 19 October 2012 DSD awarded funding of £656,295.37 to Derry City Council towards construction costs of a new North West Regional Sports Campus at St. Columb's Park in Londonderry.</li> <li>• DSD has provided funding of £4.8m for The Venue 2013, a temporary multi-purpose UK.</li> </ul> |
| Public Health Agency | <ul style="list-style-type: none"> <li>• The PHA continues to focus efforts on socio-economically disadvantaged groups to help reduce health inequalities. Neighbourhood renewal areas are proactively targeted in the distribution of PHA resources and programmes.</li> </ul>   |

|   |   |
|---|---|
|   | <ul style="list-style-type: none"> <li>• The PHA has supported increased participation in physical activity through a range of investments in obesity/physical activity interagency forums and other programmes. Examples include: physical activity co-ordinator posts in local Health and Social Care Trusts; provision of a range of training for trainers allotment and community garden projects, physical activity referral programmes by GPs and a range of other health professionals to local leisure facilities; active travel projects; development of outdoor gyms; healthy towns initiatives in a number of council areas which bring together a range of programme areas at a local level; work place health initiatives; through joint working with local government e.g. Active Belfast.</li> <li>• Active Belfast has a key role in facilitating and driving collaborative effort to tackle health inequalities in areas and groups that are socio economically disadvantaged. Active Belfast has identified local health and social needs and priorities. They have ensured action has been highlighted within the Active Belfast Action Plan in local communities in or with priority groups and will engage communities in designing and implementing the action. Three examples of these projects.</li> <li>• Youth Action NI - Waisted not Wasted Programme - This project will work with 40 young unemployed people in North Belfast. The project will raise awareness of the impact of physical activity on health, provide a range of physical activity opportunities and help the young people develop coping strategies and build resilience.</li> <li>• Lower Falls/Divis Coach Education Programme - This programme has trained and developed young people in a range of qualifications to help their local community get active. The 21 residents from Lower Falls and Divis area have completed Level 2 certificates in fitness instruction, first aid and qualifications in indoor cycling, circuits and kettle bells.</li> <li>• Community Activity Hub - Community Activity Hub pilot in Lower Falls and Divis was to provide information, support and advice on a wide range of Physical Activity and Sporting opportunities in the community to make it easier for local people to get involved and engage in a more active and healthier lifestyle in their community.</li> <li>• In the South Eastern area, Lisburn has been announced as the European City of Sport 2013. The PHA has agreed with Lisburn City Council co-funding and support in kind for the development of a 5 year strategy for Sport and Physical Activity in Lisburn and Castlereagh. One of the aims of the strategy will be to increase participation.</li> <li>• PHA South Eastern area have launched a Small Grants scheme to include Physical Activity programmes. Information about this has been distributed by DENI to schools and has been particularly targeted at schools participating in the Extended Schools programme.</li> <li>• Mid Ulster Councils, the Public Health Agency (PHA) and two health trusts have joined forces to launch the 'Make a Change' project, working with local unemployed people to help improve their physical activity, nutrition, mental health and wellbeing. Dungannon &amp; South Tyrone, Cookstown and Magherafelt councils, along with the Northern and Southern Health and Social Care Trusts and the PHA, are launching 'Make a Change' as part of the Mid Ulster Cluster Joint Working Arrangements Plan, which aims to improve the health and wellbeing of the people in the mid-Ulster area by tackling health inequalities. The 'Make a Change' initiative involves Health Support Officers providing one-to-one support to people from the target group to help them make a change for the benefit of their health. The themes identified for the year (2012/13) are physical activity and healthy eating, with an emphasis on how these can contribute to mental health and wellbeing.</li> <li>• The heavily subsidised nature of the Give it a go! initiative (refer to PA4 above) was designed to ensure accessibility by those on low income. The PHA southern office invited applications for small grants many of which focused on increasing physical activity in disadvantaged communities.</li> <li>• In the western area the healthy towns funded programmes created opportunities for increasing physical activity in particular in areas of high deprivation with a focus of programme delivery within neighbourhood renewal areas.</li> </ul> |
| <p>Chief Leisure Officers Association</p> | <p><b><u>Antrim Borough Council:</u></b><br/>Opportunities</p> <ul style="list-style-type: none"> <li>• Simply strolling programme running since May 2013. There are 25 adults registered with approximately 12 attending each session.</li> </ul>  |

- Nordic Walking programme recommenced in May 2013 (25 Participants).
- Continued support of local walking groups (Antrim– 30 participants).
- Continuation of Active Communities Programme and Associated initiatives and Classes across Antrim and Newtownabbey Boroughs. (7719 Participants).
- Expansion of Fit and Active over 50s Programme to 4 Sites across the Antrim Borough (Antrim Forum, Neillsbrook Community Centre, Crumlin Community Centre, Stiles Community centre) – Approx. 150 participants per week.
- Expansion of Altitude and Arches Dance Companies to Community Centre locations (40 Participants).
- Exercise referral scheme: total of 331 clients referred in 12/13 from 35 different surgeries (from Belfast– Draperstown to include physiotherapists, GP surgeries, practice Nurses, Cardiac rehab units and Musgrave Park Hospital (Spinal Department).
- Hosted Local events to include: Antrim Road Race, Santa Saunter, Antrim walk.
- Continued development of the 'Move it' Fitness class programme at Antrim Forum to include: Spin, Aqua Zumba, Zumba Sentao.
- Annual Tea dances in Community centres.
- Outdoor Recreation plan for the Borough in Development Stages.
- Badminton club established at Muckamore Community Centre (8 Participants).
- Wibble Wobble Parent and Toddler Dance Class (30 Participants).
- Annual delivery of the BEAT (Be educated, Be active, Be together) programme in areas of High Social need
- Continuation of Tannaghmore Zumba Programme (10 participants).
- Elite Athlete Support scheme to assist talented athletes with Gym membership or funding assistance.
- Start to play activity bag and leadership training programme delivered for 18 participants (community and Voluntary groups within Antrim Borough).

#### Places

- Plans and funding secured for refurbishment of Wallace Park, Templepatrick (Commercial in Confidence).
- Trail Installation of Sixmile Outdoor Gym Trail. A free opportunity to use gym equipment. (Approx. £5k from council, £20k from external funders).
- Internal restructuring with Community centres now part of the Recreation Development Team- more grassroots programmes relocated to local venues in community centres.
- Refurbishment of community centres complete (excluding Crumlin Community Centre Capital project).

#### Organisations

- Partnership with Antrim Borough Community safety and District Policing partnership, and local community groups to deliver BEAT Programme
- CAN PEACE III Sports Jam Project (Netball & Boxing).

#### Workforce

- Additional Gymnastics instructor recruited to facilitate expansion of Forum gymnastics to Neillsbrook community centre (1)
- Nordic Walking leaders trained (2)
- Walking leaders trained (4)
- Start to Play Leadership training with community and voluntary group leaders (18)
- Coach Education programme training for coaching and club committee roles ( First Aid and Child Protection- 40 participants)

#### **Armagh City & District Council:**

- The development of NR hubs allows for a proactive approach to increase active capital investment in MUGAs and 3G facilities has led to

greater number of opportunities for the community. Clubs and community sector work together to produce localised programmes to recruit members but also to improve the health of the area.

**Ballymena Borough Council**

- Neighbourhood renewal funding obtained in socio-economically disadvantaged areas to improve sports facilities.
- Links established with community groups and community support workers with socio-economically disadvantaged areas.
- Active communities delivering programmes within schools and community settings with areas identified as socio-economically disadvantaged areas.
- IFA Grassroots officer delivering grassroots programmes.

**Castlereagh Borough Council:**

- Castlereagh Borough Council has continued with the delivery of the Active Communities Programme which aims to increase participation opportunities in sport and physical recreation. All 8 coaches deliver a wide range of sporting activities in wards identified by NISRA as areas of disadvantage and high social need.
- The Council has also delivered, in partnership with the PCSP, a youth diversion through sport programme on Friday evenings in Lough Moss Leisure Centre, Belvoir Activity Centre and the Robinson Centre targeting 11 – 14 year olds. This programme has successfully encouraged youths to choose participation in physical activity and consequently this has brought a decrease in antisocial behavioural issues in the surrounding areas.
- At present the Council does not have the capability to profile its 'walk-in' users however with the roll-out of the Joint Strategy Action Plan (2013-2018) with Lisburn City Council that will promote and develop Sports and Health Enhancing Physical Activity across both Council areas, it is hoped that resources will be identified to progress an IT database capable of such a task.

**Craigavon Borough Council:**

- Council along with its key partners in Armagh and Banbridge have engaged with people from socio-economically disadvantaged areas through the Sport NI Active Communities programme for the reporting period 1st October 2012 – 30th September 2013.
- Council, financially supported by DSD has been developing an extensive sports programme in the 3 Neighbourhood Renewal Areas in Craigavon (North West Portadown, Brownlow and Lurgan) – managed and delivered by Craigavon Borough Council, involving partnership working with the local communities and sports organisations in the 3 areas. Project running from 25/7/11 – 31/3/14. This project included programmes delivered on the Multi-Use Games areas provided with NR funding in 2009/10; Midnight soccer and Junior Street Soccer tournaments; IFA Coaching awards; DV8 Youth Sports project; Get Active Disability events; Senior Sportsfests and Young Men's group. This programme engages with 1,544 people from the top 10% of the most socio-economically disadvantaged areas from across the Borough. Programmes included Midnight Street Soccer, Junior Street Soccer, MUGA Coaching and DV8 Youth Sports Projects.
- In 2012/2013, DSD awarded funding to Craigavon Borough Council for the refurbishment of 7 playparks in the 3 Craigavon Neighbourhood Renewal areas – project completed in June 2013. To provide increased opportunity for physical exercise and play in a safe, secure environment.
- In 2012/2013 DSD awarded funding of £145,187.93 to Craigavon Borough Council to deliver a Multi-Use Games Area in the Neighbourhood Renewal area of Mourneview to encourage children from the NR areas to avail of sporting activities.
- The DSD funded Craigavon Angling Project is one of a trilogy of health and wellbeing sporting initiatives utilising the natural environment in the wider Craigavon area. Residents are trained in the sport/leisure activity of fishing and participate in a level 1&2 coaching award with a view to delivering angling programmes / mentoring in the future.
- The DSD Craigavon Bushcrafting Project allows local residents to take part in a sport and leisure activity which provides participants with the skills and knowledge that will allow them to thrive in the natural environment using simple yet robust tools that will help them towards self-

|  |  |
|--|--|
|  | <p>sufficiency. The project also provides for the training of 8 Marine Rangers who will receive work placements within Craigavon Borough Council.</p> <ul style="list-style-type: none"> <li>The DSD funded Craigavon Cycling Project aims to encourage greater use of the outdoor environment through cycling participation. The project promotes cycle safety and maintenance and also involves the construction of a pumptrack adjacent to the Craigavon Lakes mountain bike trail.</li> </ul> <p><b><u>Down District Council:</u></b></p> <ul style="list-style-type: none"> <li>Down District Council have had significant increases in Areas of Disadvantage. The provision of facilities in the Ballymote has moved participation from a very low base.</li> </ul> <p><b><u>Limavady Borough Council:</u></b></p> <ul style="list-style-type: none"> <li>Again, see PA4. Note we have increased number of NS SEC 6 &amp; 7 users from 12 to 18.9%. Note also work targeted in the NRA in Limavady to engage &amp; improve participation from hard to reach &amp; socially disadvantaged groups.</li> </ul> <p><b><u>Cookstown District Council:</u></b></p> <ul style="list-style-type: none"> <li>Have identified priority user groups: women and girls, those with a disability and older people, and deliver a range of programmes tailored to suit their needs. Preferential pricing and priority booking status.</li> <li>Delivered a range of outreach programmes to disadvantaged areas throughout the summer months.</li> </ul> <p><b><u>Lisburn City Council</u></b></p> <ul style="list-style-type: none"> <li>Community Sport programme – targets socio – economically disadvantaged groups</li> <li>Active Communities coaches</li> </ul> |
|--|--|

|                              |  |
|------------------------------|--|
| <b>Target Number:</b>        | <b>PA10</b>  |
| <b>Target Details:</b>       | By 2019 to deliver at least a 6 percentage point increase in participation rates in sport and physical recreation among people with a disability (from the 2011 baseline).   |
| <b>Target Deadline:</b>      | 2019 (Long Term)   |
| <b>Status:</b>               | <b>ON TRACK FOR ACHIEVEMENT BUT WITH SOME DELAY</b>  |
| <b>Baseline Information:</b> | <b>19% of the people with a disability (NI adult population) participated in sport and physical recreation in the last week (2010 SAPAS)</b><br>11% of the adult population with a lifelong limiting illness stated they normally participate in sport and physical recreation on at least 1 day a week (2008-09 CHS)  |
| <b>Current Position:</b>     | 21% of the adult population with a lifelong limiting illness stated they normally participate in sport and physical recreation on at least 1 day a week (2012-13 CHS)  |
| <b>Contributing Member</b>   | <b>Progress</b>  |
| Sport Northern Ireland       | <p>SNI reported the following information as of 31 March 2013:</p> <ul style="list-style-type: none"> <li>14,422 people with a disability had participated in Active Communities.</li> <li>A total of 8,010 people with a disability participated in sport at SNI funded capital projects (Sport Matters Community Capital Programme, Building Sport, Places For Sport).</li> <li>A total of 2,661 people with a disability participated in sport and physical recreation as a result of funding through SNI's Sport Matters Capital and Equipment programme.</li> </ul> |

|  |   |
|--|---|
|  | <ul style="list-style-type: none"> <li>• A total of 119 people with a disability participated in sport and physical recreation at Northern Ireland's national outdoor centre.</li> <li>• A total of 1,294 people with a disability participated in sport and physical recreation through DSNI organised participation events and the Disability 5 Star Challenge.</li> <li>• A total of 1,748 (against an annual target of 1,619) athletes with a learning disability participated in and were supported through the Special Olympics programme in Northern Ireland.</li> </ul>   |
| Irish Football Association                 | <ul style="list-style-type: none"> <li>• The IFA's Disability Football Department continued to increase the number of structured opportunities for those with a disability to get involved in football programmes from participation opportunities through to representative honours. The Department was able to deliver 6 x 1 hour coaching blocks to over 40 groups within Special Education involving over 600 pupils with a disability.</li> <li>• The IFA continues to increase its competitive opportunities in the area of disability football. In this period 17 cup competitions were held within Special Education and Disability Clubs/Organisations. Over 1000 people with disabilities, both male and female participated.</li> <li>• The IFA, in partnership with the Downs Syndrome Association (DSA), delivered free coaching within 6 DSA Youth clubs across Northern Ireland throughout this period. This involved over 75 people with a learning disability. The program was supported by the Alan McDonald Trust and will continue in the 2013/14 period.</li> <li>• The IFA Disability Football Department organised and delivered 3 Regional Disability Football Leagues throughout this period. Over 30 teams competed involving over 250 people with disabilities.</li> </ul> |
| Irish Rugby Football Union (Ulster Branch) | <ul style="list-style-type: none"> <li>• IRFU (Ulster Branch) established the STAG rugby committee – Special Needs Tag Rugby Advisory Group. This is a group made up of representatives of the 5 rugby clubs who have established sections for children and young adults with a Learning Disability. Their role is to co-ordinate activity amongst the 5 clubs and to provide support and guidance to groups who are looking to establish similar sections within their own clubs.</li> <li>• IRFU (Ulster Branch) appointed a Disability and Inclusion Officer in September 2013 to grow the opportunities for people with a disability to participate in rugby union.</li> </ul>  |
| Ulster Gaelic Athletic Association         | <ul style="list-style-type: none"> <li>• Targeting volunteers with clubs with providing training and development opportunities to enhance skills and competencies of people working with young people and adults through the GAA for ALL Programme.</li> <li>• Increase coaching provision in special schools in targeted areas.</li> <li>• Insure that all summer camps programmes are inclusive and that the costs of camps are not a prohibiting factor and provide additional coaching resource where required to cater for people with physical or learning disabilities.</li> <li>• Development of activity hubs to enhance opportunities for people with disabilities and special need to be involved in games.</li> <li>• Provision of competitive opportunities for young people of all ages and abilities to play games at half-time during the major championship fixtures in counties and at Provincial level and at NATIONAL Level in Croke Park.</li> </ul>   |
| Department for Social Development          | <ul style="list-style-type: none"> <li>• In 2012/2013 funding provided to the Southern Education and Library Board for installation of small play area for young children including those with special needs in St Colman's Abbey Primary school in Newry.</li> </ul>   |
| NI Environment Agency                      | <ul style="list-style-type: none"> <li>• The NIEA continues to provide public access to the countryside for outdoor physical recreation at its seven country parks, fund the management of another and facilitate walking at many of its nature reserves and some historic monuments in State Care. Country Park facilities include mown grass areas for informal games, extensive path networks, trim trails, cycle paths, bridle paths and bathing beaches. It organises events at its properties, including walks on National Trails Day, and facilitates others organising sponsored walks at its properties.</li> <li>• The NIEA is also exploring opportunities for arranging transport to its country parks for physically disadvantaged groups in partnership with other</li> </ul>   |

|                                    |   |
|------------------------------------|---|
|                                    | <p>bodies, possibly using plastic bag levy funds.</p> <ul style="list-style-type: none"> <li>The NIEA website (<a href="http://www.doeni.gov.uk/niea/">www.doeni.gov.uk/niea/</a>) now identifies paths suitable for those with mobility problems.</li> </ul>   |
| Public Health Agency               | <ul style="list-style-type: none"> <li>PHA support increased participation in physical activity among people with a disability through a range of investments through obesity/physical activity interagency forums including training for trainer courses to promote and deliver: <ol style="list-style-type: none"> <li>Inclusive Games and Skills;</li> <li>Boccia;</li> <li>Chair based activities;</li> <li>New Age Curling;</li> <li>Cardio Rehab IV programmes;</li> <li>and a range of other relevant programmes</li> </ol> </li> <li>Physical Activity Referral Schemes continue to be supported in a number of local Council Areas.</li> <li>The PHA provides funding for the Fit 4 U initiative (fund WTE Coordinator), which provides structured programmes of safe, accessible physical activity and leisure opportunities for people with physical disabilities and sensory impairments across the Southern HSC Trust area.</li> <li>In the South Eastern area, Lisburn has been announced as the European City of Sport 2013. The PHA has agreed with Lisburn City Council co-funding and support in kind for the development of a 5 year strategy for Sport and Physical Activity in Lisburn and Castlereagh. One of the aims of the strategy will be to increase participation.</li> <li>The PHA in the West has commissioned Derry City Council to purchase two VeloBikes for the Derry City Area to encourage physical activity opportunities for those families who have a disabled member.</li> <li>The Healthy Towns funding programme in the western area provides opportunities to be physically active for people with disabilities. Programmes funded include structured physical activity programmes for children and adults with disabilities.</li> <li>Active Belfast: Autism Initiatives Surf Programme. This project will create opportunities for young people with Autism to get involved in a learn to surf programme. The programme will be open to young people referred for social opportunities by the BHSCT.</li> <li>Headway Belfast, Pilates. This project will provide Pilates classes to survivors of brain injury. The aim will be to promote functional independence and encourage continued participation in physical activity.</li> </ul> |
| Disability Sports Northern Ireland | <p><u>Community Sport:</u></p> <ul style="list-style-type: none"> <li>A series of participation initiatives, activity sessions &amp; events involving 12,512 people, 73% of whom have a disability organised in partnership with key District Councils and Active Communities consortia throughout Northern Ireland.</li> </ul> <p><u>Performance Sport:</u></p> <ul style="list-style-type: none"> <li>In partnership with governing bodies of sport 'Performance Pathways' for people with disabilities in place in 8 mainstream sports of Archery, Athletics, Badminton, Cycling, Football, Table Tennis, Swimming and Sailing.</li> <li>New disability partnership established with Ulster Council GAA to support the further development of their existing disability participation initiatives.</li> <li>New club structure developed in disability sports of Wheelchair Basketball and Boccia.</li> <li>First Wheelchair Rugby Club in Northern Ireland established.</li> </ul> <p><u>Training &amp; Education</u></p> <ul style="list-style-type: none"> <li>55 training &amp; sports leadership courses involving 791 leisure services staff, coaches, teachers and sports leaders.</li> <li>3,529 children participated in the '5 Star Disability Sports Challenge' Education Project.</li> <li>Boccia 'Leader' and 'Level One' coaching award developed.</li> </ul>  |



|                                    |   |
|------------------------------------|---|
|                                    | <ul style="list-style-type: none"> <li>• New Sainsbury's Active Kids For All Inclusive PE course developed.</li> </ul> <p><u>Sports Facilities:</u></p> <ul style="list-style-type: none"> <li>• 17 sports facilities working towards 'Inclusive Sports Facility' (ISF) Accreditation.</li> </ul>   |
| Chief Leisure Officers Association | <p><b><u>Antrim Borough Council:</u></b></p> <p>Opportunities</p> <ul style="list-style-type: none"> <li>• Simply Strolling programme started in May 2013 with 25 participants registered and approximately 12 attending each session (gentle walking programme ideal for those returning to exercise after injury or heart attack).</li> <li>• Nordic Walking programme.</li> <li>• Outdoor Gym Trail, pieces of equipment available for people with limited mobility. (Approx. £5k from council, £20k from external funders).</li> <li>• Summer Inferno programme – Wheelchair basketball element for participants.</li> <li>• Continuation of Active Communities Programme and Associated initiatives and Classes across Antrim and Newtownabbey Boroughs. (837 Participants with a disability).</li> <li>• Expansion of Altitude and Arches Dance Companies to Community Centre locations (40 Participants).</li> <li>• Exercise referral scheme: total of 331 clients referred in 12/13 from 35 different surgeries (from Belfast – Draperstown to include physiotherapists, GP surgeries, practice Nurses, Cardiac rehab units and Musgrave Park Hospital (Spinal Department)).</li> <li>• Hosted Annual inclusive events for Boccia and New Age Kurling in Partnership with Disability Sport Northern Ireland (200 Participants).</li> <li>• Hosted Local inclusive events to include: Antrim Road Race, Santa Saunter, Antrim walk.</li> <li>• Continued development of the 'Move it' Fitness class programme at Antrim Forum to include: Spin, Aqua Zumba, Zumba Sentao.</li> <li>• Development of Outdoor Recreation plan for the Borough of Antrim.</li> <li>• Continuation of Tannaghmore Zumba Programme (10 participants).</li> <li>• Start to play activity bag and leadership training programme delivered for 18 participants (community and Voluntary groups within Antrim Borough).</li> <li>• Special Olympics Basketball Club at Stiles Community Centre.</li> <li>• Special Olympics Multiskills club at Antrim Forum.</li> </ul> <p>Places</p> <ul style="list-style-type: none"> <li>• Improvement of access to disability fishing pier has been signposted through the Outdoor Recreation Action Plan and work should commence in the next calendar year.</li> <li>• Outdoor Gym Trail completed with inclusive equipment (Approx. £5k from council, £20k from external funders).</li> </ul> <p>Organisations</p> <ul style="list-style-type: none"> <li>• Partnership with DSNI to host NI Boccia and New Age Kurling Championships.</li> <li>• Partnership working with Special Olympics with Basketball club in Stiles Community Centre and Multiactivity club at the Antrim Forum.</li> </ul> <p>Workforce</p> <ul style="list-style-type: none"> <li>• Inclusive games training (12 participants).</li> <li>• Zumba Gold Tutor Course (2 participants).</li> </ul> <p><b><u>Armagh City &amp; District Council:</u></b></p> <ul style="list-style-type: none"> <li>• FIT4U project was initiated in the Armagh /Dungannon area a number of years ago and all areas with the Trust have now established specific clubs with a growing membership base.</li> <li>• Active communities, in particular, does sterling work in this area of specialism.</li> </ul> |

- ASF provides funding for new clubs and also support for programmes and elite performance so enhancing the role model status.

**Ballymena Borough Council**

- Disabled activity sessions established in partnership with Community Active coaches at Seven Towers Leisure Centre.
- Autism Swimming sessions established and delivered in partnership with Community Active Programme.
- Links established with local “Base” group for delivery of activity sessions and facility hire. (The Local “Base” caters for young adults with learning difficulties).
- School swimming programme to delivered to special needs schools with the Ballymena Borough.

**Castlereagh Borough Council:**

- Castlereagh Borough Council has continued with the delivery of the Active Communities Programme which aims to increase participation opportunities in sport and physical recreation especially amongst people with disabilities. Castlereagh Borough Council has employed a specific Disability Coach to create such opportunities, for example, Trampoline for Autistic Children and Young People; a Wheelie Active Club for children in wheelchairs; a Badminton Programme for a group of Hearing Impaired women; Boccia League and New Age Kurling for Adult Resource Centre’s, facilitating sport and physical activity sessions within Special Schools and a Disability Football Blitz for Special Schools.
- The Sports Development Officer of Castlereagh Borough Council has established for the last number of years a Multi-Sport Disability Club in Belvoir Activity Centre for 8 – 15 year olds with learning, sensory and physical disabilities.
- The Castlereagh Safe and Well Project runs specific programmes aimed at providing physical activity for disabled participants. For example the 12 Week Physical Activity Programme offers a one hour session with an instructor over a 12 week program. This program promotes health and wellbeing amongst individuals with a physical disability or learning disability, whilst improving social inclusion.
- At present the Council does not have the capability to profile its ‘walk-in’ users however with the roll-out of the Joint Strategy Action Plan (2013-2018) with Lisburn City Council that will promote and develop Sports and Health Enhancing Physical Activity across both Council areas, it is hoped that resources will be identified to progress an IT database capable of such a task.

**Craigavon Borough Council:**

- Council has produced a Sports Development Strategy for the development of sport and physical activity in the Borough for 2011 – 2015 which is embedded within the Corporate Plan which sets a high priority for inclusivity for all under-represented groups.
- Council along with its key partners in Armagh and Banbridge have engaged with 1,687 people with a disability through the Sport NI Active Communities programme for the reporting period 1st October 2012 – 30th September 2013. Council in partnership with DSNI and through the Active Communities project Council has established Active Clubs specifically for young people with a disability.
- Council, in partnership with Disability Sport NI (DSNI), received funding from Sport NI and has initiated the Inclusive Fitness Project in the Borough. Equipment is now installed within Craigavon Leisure Centre and a Development Officer is now in place to promote and encourage increased participation by people with a disability.
- Council plays a lead role in the Sport and Leisure Users Group (SLUG) which is a forum established by Sports Development, comprised of local disability groups and statutory agencies, and which seeks to promote and develop opportunities for participation in sport and physical activity for people with disabilities. Sports Development and SLUG are also partners with the Fit 4 U Disability Project which is led by the Southern Health Trust.
- Council organises structured and competitive opportunities for people with disabilities including the Get Active Disability events, Monthly Boccia Leagues, SHINE Disability Summer Scheme and mental health initiatives such as the Kickback project which engages with young men who have been long-term unemployed.

**Down District Council:**

- Down District Council have had significant increases in Areas of Disadvantage. The provision of facilities in the Ballymote has moved participation

|                 |  |
|-----------------|--|
|                 | <p>from a very low base. The presence of a special abilities school in the proximity of the Ballymote area has meant that those attending the school have enjoyed significant access to opportunities. This has been helped by the existence of additional coaching from Active Communities.</p> <p><b><u>Limavady Borough Council:</u></b></p> <ul style="list-style-type: none"> <li>• Again, see PA4. Various programmes have been implemented mainly through Active Communities as those with a disability.</li> </ul> <p><b><u>Cookstown District Council:</u></b></p> <ul style="list-style-type: none"> <li>• Have appointed an Active Communities Coach for people with disabilities and delivered a range of tailor made programmes.</li> <li>• Preferential pricing and priority booking status for this group.</li> <li>• Carry out programmes with partners such as RNIB to increase access to all our Leisure Facilities. Established a full Exercise Referral programme.</li> </ul> <p><b><u>Lisburn City Council</u></b></p> <ul style="list-style-type: none"> <li>• Active communities coaches, Specific coach working with people with a disability</li> <li>• Events in partnership with DSNI eg Special Schools sportshall athletics, Paralympic Open Day</li> </ul> |
| NI Sports Forum | <ul style="list-style-type: none"> <li>• Disability Sport NI currently has in place a Performance Sport system with 12 member bodies of the NI Sports Forum. 8 sports, including football, Archery, Athletics, Badminton, Cycling, Table Tennis, Sailing and Swimming are in the supported system with four further sports in the development process these include: Rugby, Boccia, Wheelchair Basketball and GAA.</li> <li>• The Northern Ireland Sports Forum promotes DSNI events, training programmes and education programmes to Governing Body members through our communication channels in order to raise awareness and assist GBs increase the opportunities for people with a disability to compete in their sport.</li> </ul>   |
| SkillsActive    | <ul style="list-style-type: none"> <li>• Through the Register of Exercise Professionals, SkillsActive has introduced an additional 'Disability' category and endorsed a linked continued professional development qualification.</li> </ul>  |

|                              |   |
|------------------------------|---|
| <b>Target Number:</b>        | <b>PA11</b>   |
| <b>Target Details:</b>       | By 2019 to deliver at least a 6 percentage points increase in participation in sport and physical recreation among older people (from the 2011 baseline).   |
| <b>Target Deadline:</b>      | 2019 (Long Term)  |
| <b>Status:</b>               | <b>ON TRACK FOR ACHIEVEMENT</b>   |
| <b>Baseline Information:</b> | <b>21% of older people (aged 50 and over) participated in sport and physical recreation in the last week (2010 SAPAS)</b>   |
| <b>Current Position:</b>     | 30% of older people stated they normally participate in sport and physical recreation on at least 1 day a week (2012-13 CHS)  |
| <b>Contributing Member</b>   | <b>Progress</b>   |
| Sport Northern Ireland       | <p>SNI reported the following information as of 31 March 2013:</p> <ul style="list-style-type: none"> <li>• SNI's awards through Active Communities reported that approximately 12,432 older people (aged &gt;50) participated in sport and physical recreation.</li> <li>• A total of 12,436 older people participated in sport and physical recreation at SNI funded capital projects (Sport Matters Community Capital Programme, Building Sport, Places For Sport).</li> </ul> |

|                                    |  |
|------------------------------------|--|
|                                    | <ul style="list-style-type: none"> <li>• A total of 943 older people participated in sport and physical recreation as a result of funding through SNI's Sport Matters Capital and Equipment Programme.</li> <li>• A total of 927 older people participated in sport and physical recreation at Northern Ireland's national outdoor centre.</li> <li>• The Awards For Sport Programme did not make any awards during 2012-13 due to staff shortages and therefore did not realise any participation opportunities.</li> <li>• A total of 244 older people participated in sport and physical recreation through DSNi organised participation events and the Disability 5 Star Challenge.</li> <li>• A total of 122 athletes (aged over 50) with a learning disability participated in and were supported through the Special Olympics programme in Northern Ireland.</li> </ul>   |
| Irish Sports Council               | <ul style="list-style-type: none"> <li>• ISC published the Ipsos MRBI Participation &amp; Attitudes of Older People in Ireland report in November 2012. This showed a 2011 participation rate for older people (50+) of 40%, the same as 2008. The participation rate for people over the age of 65 in 2011 was 39% which had increased from the 2008 figure of 37%.</li> </ul>  |
| Ulster Gaelic Athletic Association | <ul style="list-style-type: none"> <li>• GAA coaches have targeted older people in this area through the Active Communities Programme.</li> <li>• Recreational Games in football and hurling targeting older men to stay involved.</li> <li>• Gaelic for Mothers targeting older women to stay involved through training and competitions.</li> <li>• Master Handball Competitions at All Ireland, European and World Championships.</li> <li>• Referees Development Programme targeting past players and encouraging people to stay in the games as officials.</li> <li>• Active club members maximising the facilities and lighting available to develop new physical activity initiatives such as walking, rounders' and masters handball as well as maximising indoor facilities for dancing, aerobics, kettle bells and circuits.</li> </ul>  |
| NI Environment Agency              | <ul style="list-style-type: none"> <li>• NIEA continues to provide public access to the countryside for outdoor physical recreation at its seven country parks, fund the management of another and facilitate walking at many of its nature reserves and some historic monuments in State Care. Country Park facilities include mown grass areas for informal games, extensive path networks, trim trails, cycle paths, bridle paths and bathing beaches. It organises events at its properties, including walks on National Trails Day, and facilitates others organising sponsored walks at its properties.</li> <li>• The NIEA website (<a href="http://www.doeni.gov.uk/niea/">www.doeni.gov.uk/niea/</a>) now identifies paths suitable for those with mobility problems.</li> <li>• Other actions described at PA4 on public access to the wider countryside also apply.</li> </ul>  |
| Public Health Agency               | <ul style="list-style-type: none"> <li>• PHA supported increased participation in physical activity among older people through a range of investments through obesity/physical activity interagency forums including training for trainer courses to promote and deliver: <ol style="list-style-type: none"> <li>1. Movement to Music;</li> <li>2. Tai Chi;</li> <li>3. Boccia;</li> <li>4. Inclusive Skills;</li> <li>5. Walk Leader training (Walking for health programme); and</li> <li>6. other relevant programmes.</li> </ol> </li> <li>• Physical Activity Referral Schemes continue to be supported in a number of local Council Areas.</li> <li>• The PHA hosted an evidence briefing and learning event in March 2012 to enable professionals working with older people to interpret and further disseminate the CMO physical activity guidelines for later years. This has led to the development of the Moving More Often Programme which will be rolled out in 13/14.</li> </ul> |

|                                    |  |
|------------------------------------|--|
|                                    | <ul style="list-style-type: none"> <li>• In the South Eastern area, Lisburn has been announced as the European City of Sport 2013. The PHA has agreed with Lisburn City Council co-funding and support in kind for the development of a 5 year strategy for Sport and Physical Activity in Lisburn and Castlereagh. One of the aims of the strategy will be to increase participation.</li> <li>• In 2012/13, the PHA funded ArtsCare to run the Here and Now older people's arts festival across Northern Ireland. The aim was to enhance the well-being and quality of life of Older People through access to participation in high quality arts activities across a variety of art forms including dance.</li> <li>• The Healthy Towns funding programme in the western area provides opportunities to be physically active for older people. Programmes funded include physical activity programmes for both men and women.</li> </ul>   |
| Disability Sports Northern Ireland | <ul style="list-style-type: none"> <li>• In partnership with District Councils, Active Community Consortia and Governing Bodies of sport, Disability Sports NI implemented a range of participation programmes, performance initiatives and training &amp; education programmes which benefitted almost 18,000 children and adults during the period. Overall 15% of those benefiting were older people (over 50), although this percentage rose to 25% for participation initiatives.</li> </ul>  |
| Chief Leisure Officers Association | <p><b><u>Antrim Borough Council:</u></b></p> <p>Opportunities</p> <ul style="list-style-type: none"> <li>• Simply Strolling programme, started in May 2013 with 25 participants registered and approximately 12 attending each session.</li> <li>• Nordic Walking programme.</li> <li>• Antrim's Outdoor Recreation Action Plan gave the opportunity for older people to highlight how they would like to see outdoor recreation improved. More quality (medium length) walks were suggested, fishing access.</li> <li>• Expansion of Fit and Active over 50s Programme to 4 Sites across the Antrim Borough (Antrim Forum, Neillsbrook Community Centre, Crumlin Community Centre, Stiles Community centre) – Approx. 150 participants per week.</li> <li>• Continuation of Active Communities Programme and Associated initiatives and Classes across Antrim and Newtownabbey Boroughs. (943 Participants over 50 years of age).</li> <li>• Annual Tea dances in Community centres.</li> <li>• Continuation of Tannaghmore Zumba Programme (10 participants).</li> <li>• Outdoor Gym Trail, pieces of equipment available for people with limited mobility. (Approx. £5k from council, £20k from external funders).</li> </ul> <p>Places</p> <ul style="list-style-type: none"> <li>• Outdoor Gym Trail has pieces of equipment that can be used to improve mobility (Approx. £5k from council, £20k from external funders).</li> <li>• Partnership working with local care homes and community / voluntary groups to deliver taster sessions with people over 50 years of age.</li> </ul> <p>Organisations</p> <ul style="list-style-type: none"> <li>• Partnership working with local care homes and community / voluntary groups to deliver taster sessions with people over 50 years of age.</li> </ul> <p>Workforce</p> <ul style="list-style-type: none"> <li>• Inclusive games training (12 participants).</li> <li>• Zumba Gold Tutor Course (2 participants).</li> </ul> <p><b><u>Armagh City &amp; District Council:</u></b></p> <ul style="list-style-type: none"> <li>• As per PA 4.</li> <li>• ACDC will develop 2 outdoor gyms in 2013/14.</li> </ul> <p><b><u>Ballymena Borough Council</u></b></p> <ul style="list-style-type: none"> <li>• Active Communities Programme delivering activity sessions to 50+.</li> </ul> |

|              |   |
|--------------|---|
|              | <ul style="list-style-type: none"> <li>• Active Aging, 50+, walking activities delivered as part of the leisure centres on-going programme.</li> <li>• Senior Citizens within the borough 60+ receive free access for use of all leisure facilities at off – peak times.</li> <li>• Funding received from PHA for walk leader, GP Referral Coaching awards.</li> </ul> <p><b><u>Castlereagh Borough Council:</u></b></p> <ul style="list-style-type: none"> <li>• Castlereagh Borough Council has continued in the delivery of the Active Communities Programme which aims to increase participation opportunities in sport and physical recreation especially amongst older people. Castlereagh Borough Council has employed a specific Over 50’s Coach to create such opportunities, for example, Pilates, Chair Based Aerobics, Boccia &amp; New Age Kurling, Circuits etc.</li> <li>• The Active Communities Over 50’s Coach also works in partnership with the C-SAW Project (Castlereagh Safe and Well ) to provide a holistic approach to offering physical activity opportunities within the project through the promotion of physical activity, nutritional and dietary advice and safety programmes, for example, 12 week physical activity programme for community groups, Over 50 Clubs and Day Care Centre’s, free 12 week gym membership (fitness suite, yoga, swimming) and Cook – It etc.</li> <li>• The Castlereagh Borough Council Sports Development Officer, in partnership with CSAW and the Active Community Coaches organised a Sporting and Physical Activity Intergenerational Event for elderly people and young people from the local schools participating in sport, physical activity and traditional street games.</li> <li>• At present the Council does not have the capability to profile its ‘walk-in’ users however with the roll-out of the Joint Strategy Action Plan (2013-2018) with Lisburn City Council that will promote and develop Sports and Health Enhancing Physical Activity across both Council areas, it is hoped that resources will be identified to progress an IT database capable of such a task.</li> </ul> <p><b><u>Craigavon Borough Council:</u></b></p> <ul style="list-style-type: none"> <li>• Council along with its key partners in Armagh and Banbridge have engaged with 1,349 older people through the Active Communities programme for the reporting period 1st October 2012 – 30th September 2013.</li> <li>• Council has established Over 50s Clubs and provides planning support to them and offers assistance with access to funding.</li> <li>• Council organises structured competitive opportunities for Older People including the annual Sportsfest events.</li> <li>• Council works in partnership with the Southern Health Trust to provide walking opportunities and leadership qualifications.</li> </ul> <p><b><u>Down District Council:</u></b></p> <ul style="list-style-type: none"> <li>• Down district Council is involved in the provision of opportunities for older people through active communities . However we believe that there is an issue of the measurement of activity in that sports like golf are not included in the Active Communities programme.</li> </ul> <p><b><u>Limavady Borough Council:</u></b></p> <ul style="list-style-type: none"> <li>• Again, see PA4. Various programmes have been implemented mainly through Active Communities &amp; Healthy Towns at older people. Disability</li> </ul> <p><b><u>Cookstown District Council:</u></b></p> <ul style="list-style-type: none"> <li>• Have appointed an Active Communities Coach for Older People and delivered a range of tailor made programmes.</li> <li>• Preferential pricing and priority booking status for this group.</li> <li>• Established a 50 plus programme of activities throughout the year at Cookstown Leisure Centre.</li> </ul> <p><b><u>Lisburn City Council</u></b></p> <ul style="list-style-type: none"> <li>• Active Communities coaches. Specific coach for older people.</li> <li>• Over 50’s activity clubs</li> </ul> |
| SkillsActive | <ul style="list-style-type: none"> <li>• Through the Register of Exercise Professionals, SkillsActive has introduced an additional ‘Older adults’ category and endorsed a linked continued professional development qualification.</li> </ul>   |

|                                    |  |
|------------------------------------|--|
| <b>Target Number:</b>              | <b>PE12</b>  |
| <b>Target Details:</b>             | By 2010 to have a fully operational Sports Institute that supports 100 athletes per annum to achieve 70% of their agreed annual performance targets.   |
| <b>Target Deadline:</b>            | 2010 (Short Term)  |
| <b>Status:</b>                     | <b>ACHIEVED</b>  |
| <b>Contributing Member</b>         | <b>Progress</b>  |
| Sport Northern Ireland             | <ul style="list-style-type: none"> <li>Five service areas including Sports Medicine; Sports Science; Strength and Conditioning; Performance Planning and Performance Skills are currently operational at the Sports Institute Northern Ireland (SINI). In 2010-11, 16 Olympic/ Paralympic and Commonwealth sports were serviced through the Major Games Programme – this represented a total of 54 athletes. Service level agreements in place with the Irish FA and Ulster Rugby to deliver services to their respective squads through the Support Programme. When the Foundation Programme is included, SINI is currently delivering services to 197 athletes.</li> </ul> |
| Ulster Gaelic Athletic Association | <ul style="list-style-type: none"> <li>Three Handball athletes have been supported by the Sports Institute Northern Ireland during the period.</li> <li>Worked closely with the medical personnel to develop a publication on avoiding Gaelic Groin injury.</li> <li>Worked closely with the medical personnel to develop guidelines on ACL injuries and injury prevention.</li> <li>Working with medical personnel to develop a 15+ warm up resource specific to Gaelic Games.</li> <li>Outline plan to look at GPS applications to Senior Division 1 County Team.</li> </ul>   |
| Chief Leisure Officers Association | <p><b><u>Armagh City &amp; District Council:</u></b></p> <ul style="list-style-type: none"> <li>ASF offers a bursary scheme/silver card for all talented/elite performers from the District.</li> </ul> <p><b><u>Cookstown District Council:</u></b></p> <ul style="list-style-type: none"> <li>Mid Ulster Sports Arena identified as a Performer Development Centre in 2010.</li> </ul>   |

|   |  |
|---|--|
| <b>Target Number:</b>   | <b>PE13</b>  |
| <b>Target Details:</b>  | By 2010 to win at least five medals at the Delhi Commonwealth Games.   |
| <b>Target Deadline:</b>   | 2010 (Short Term)  |
| <b>Status:</b>  | <b>ACHIEVED</b>  |
| <b>Contributing Member</b>  | <b>Progress</b>  |
| Sport Northern Ireland, NI Commonwealth Games Council, Governing bodies of Commonwealth Games sports. | <ul style="list-style-type: none"> <li>The Delhi 2010 Commonwealth Games took place from 3<sup>rd</sup> - 17<sup>th</sup> October 2010. SNI chaired and facilitated the Delhi 2010 Preparation Committee which met 18 times between July 2007 and September 2011. The Committee comprised representatives from the NICGC, governing bodies, SNI and SINI and in its advisory role, the Committee aimed to contribute to the objective of improving the athletic performance and competitive potential of athletes at the Games. The Committee is currently producing a report on the preparations and performance of the NI Team in Delhi, with a view to putting forward recommendations which can inform the planning for Glasgow 2014.</li> <li>In 2010, Sport Northern Ireland invested £40,000 in the NICGC to offset some of the costs of presenting the NI Team in Delhi. In addition, Sport</li> </ul> |

|                                    |   |
|------------------------------------|---|
|                                    | <p>Northern Ireland, through the ASP invested £304,273 in 15 governing bodies in respect of 48 athletes who were members of the Northern Ireland Delhi Team. This investment was for the training, coaching and competition programmes (excluding attendance at the Games) for the athlete during 2010 (in most cases January to December 2010). Within the 48 athletes, 12 also benefited from living costs awards (included in the above figure), which assisted the athlete to train on a full-time or part-time basis.</p> <ul style="list-style-type: none"> <li>• SINI provided sports science and medical services to 25 athletes in the year prior to the Games and in the final three months of preparation offered services to include the wider team membership of 81. Through the Performer Development Centres (PDC), services such as strength and conditioning, physiotherapy and performance lifestyle were provided to 18 members of the Northern Ireland team.</li> <li>• Ten medals (including 3 gold, 3 silver and 4 bronze medals) were won in Delhi 2010 in boxing (5), cycling (2), shooting (2) and bowls (1).</li> </ul> |
| Ulster Gaelic Athletic Association | <ul style="list-style-type: none"> <li>• Donegal Senior Team winners of the 2013 All Ireland Football Final.</li> <li>• Antrim U21 Hurling Team Finalists in the All Ireland U21 Championship.</li> <li>• Paul Brady – Men’s World Handball Champion.</li> <li>• Aishling O’Reilly – Ladies World Handball Champion.</li> </ul>   |
| Chief Leisure Officers Association | <p><b><u>Armagh City &amp; District Council:</u></b></p> <ul style="list-style-type: none"> <li>• As per PE12</li> </ul>  |

|                              |   |
|------------------------------|---|
| <b>Target Number:</b>        | <b>PE14</b>   |
| <b>Target Details:</b>       | By 2011 to ensure that all Sport Northern Ireland funded governing bodies are 'fit for purpose' organisations.  |
| <b>Target Deadline:</b>      | 2011 (Short Term)   |
| <b>Status:</b>               | <b>ON TRACK FOR ACHIEVEMENT BUT WITH SOME DELAY</b>   |
| <b>Baseline Information:</b> | <b>24% of Sport Northern Ireland funded governing bodies are fit for purpose (2007-08 Audits)</b>   |
| <b>Current Position:</b>     | 88% of Sport Northern Ireland funded governing bodies are fit for purpose (2012-13 Audits)  |
| <b>Contributing Member</b>   | <b>Progress</b>   |
| Sport Northern Ireland       | <ul style="list-style-type: none"> <li>• In 2012-13, 29 out of 33 Sport NI funded governing bodies have attained at least a satisfactory level of assurance following a SNI governance and management audit with 11 of the 29 governing bodies achieving a substantial rating.</li> <li>• The UK Equality Standard was launched in March 2012. 7 sporting organisations achieved foundation level in March 2013. SNI is working with 9 governing bodies to support them achieving the standard during 2013/14.</li> <li>• A total of 26 governing bodies funded by SNI attained a 'satisfactory' level of assurance following an NSPCC Safeguarding in Sport assessment during 2012/13; and</li> <li>• A total of 35 governing bodies continue to be World Anti-doping Code Compliant.</li> </ul> |
| UK Sport                     | In August UK Sport in conjunction with the HCSCs tendered for a cohort of Executive (CEO or equivalent) coaches and mentors to support the UK-wide approach to leadership development. The Reference Group evaluated all submissions before accepting 125 coaches and 23 mentors onto the framework. This will be going live on 14 October 2013. A further tender for Team Development Experts ended on 30 September and evaluation of these submissions is under way.  |



|  |   |
|--|---|
| Irish Rugby Football Union (Ulster Branch) | IRFU (Ulster Branch) received a substantial governance rating in this period.   |
| Ulster Gaelic Athletic Association         | Ulster GAA received a substantial rating in this period.  |
| NI Sports Forum                            | <ul style="list-style-type: none"> <li>The Northern Ireland Sports Forum under new terms and conditions of funding and in our new Strategic Plan 2013-2017 is committed to working with Governing Bodies to ensure they are fit for purpose organisations working to their full capacity.</li> <li>Deliver annually a series of capacity building workshops as and where a need is identified. An example of workshops and seminars include: Dispute Resolutions, Child Protection, HR, roles and responsibilities of Governing Body Officers.</li> <li>Implementing plans to establish a Chairs Network which will be a source of support and best practice advice to assist Chairs in the running of their organisation and to ensure they are fully equipped to lead their organisations.</li> </ul> |
| SkillsActive                               | <ul style="list-style-type: none"> <li>SkillsActive continued to encourage governing bodies to avail of accredited e-learning tools to enhance their management and governance capacity during 12/13 via their Quality Training Portal which contains 4,000 pieces of training. SkillsActive also continued to widen reach and open new markets by developing and promoting their online training platform which currently has 9,000 online learners undertaking online training.</li> <li>High level meeting held with SNI in November 2012 to present the full suite of workforce development solutions such as 'Governance – ensuring fit for purpose, skill-based Boards' model of good practice.</li> </ul>  |

|                                    |  |
|------------------------------------|--|
| <b>Target Number:</b>              | <b>PE15</b>  |
| <b>Target Details:</b>             | By 2014 to win at least five medals at the Glasgow Commonwealth Games  |
| <b>Target Deadline:</b>            | 2014 (Medium Term)   |
| <b>Status:</b>                     | <b>ON TRACK FOR ACHIEVEMENT</b>  |
| <b>Contributing Member</b>         | <b>Progress</b>  |
| Sport Northern Ireland             | <ul style="list-style-type: none"> <li>In the period April 2013-March 2014, SNI is investing £444,545 in sports costs and £25,510 in support of 48 athletes and 4 squads from in 15 of the 17 sports included in the Glasgow 2014 Commonwealth Games. In addition, in 2013/2014, SNI is investing £1,372,806 in 15 Commonwealth Games sports (including the NI Commonwealth Games Council), which supports the employment of staff as well as resources for programmes (although not all investment is focused on the high performance element of the sport).</li> </ul> |
| Chief Leisure Officers Association | <p><b><u>Antrim Borough Council:</u></b></p> <p>Opportunities</p> <ul style="list-style-type: none"> <li>Elite Athlete support Scheme.</li> <li>Antrim Sports Advisory Association / Enkalon Youth Sport Bursary Scheme.</li> <li>Antrim Sports Advisory Association performance Grants and Coach Education grants.</li> <li>Progression of Primary Schools Challenge to strengthen links between Schools and Sports clubs.</li> <li>Expansion of Aspire Sport programme to strengthen links between grassroots sport and Governing Bodies.</li> </ul>                   |

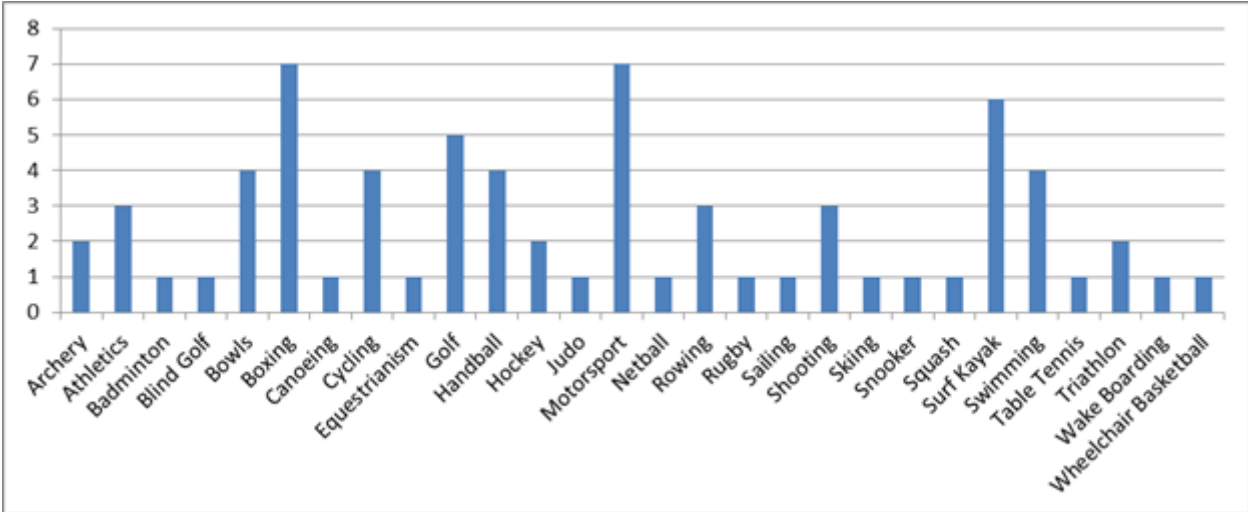
|   |   |
|---|---|
|   | <ul style="list-style-type: none"> <li>Continuation of Active Communities Programme (sport Specific posts) to provide links to performance Sport.</li> </ul> <p>Places</p> <ul style="list-style-type: none"> <li>Capital development of facilities at Crumlin Community Centre and Allen Park Golf Centre.</li> </ul> <p>Organisations</p> <ul style="list-style-type: none"> <li>Partnership working with Governing bodies through Aspire Sport Programme and Sport Northern Ireland Active Communities Programme.</li> <li>Partnership working with Governing bodies to host national and international events (Netball Northern Ireland 4 nations, IAAF international Cross Country event).</li> </ul> <p><b>Down District Council:</b></p> <ul style="list-style-type: none"> <li>Council facilitates the qualification of coaches and Volunteers through an annual training programme which is initiated through Club development programmes.</li> </ul>  |
| UK Sport                                    | UK Sport remains committed to working with Home Nation Teams to ensure the Commonwealth Games is positioned appropriately in the strategic plans of the sports in which it invests. Any CG-related issues that might arise in connection with a sport's plans for achieving success at the Rio Olympic or Paralympic Games are dealt with on a sport-by-sport basis.  |
| Northern Ireland Commonwealth Games Council | <ul style="list-style-type: none"> <li>Following the appointment of the Games Management Team by the NICGC, lead medical staff and coaches for all 15 sports have been put in place.</li> <li>More than 30 person days have been spent in Glasgow, working with the Organising Committee to ensure that the needs of NI athletes can be met during the Glasgow Games. Areas covered have included accommodation, accreditation, media, security, housing, venues, travel and outfitting. The outcomes from these various meetings are being incorporated into the Games planning undertaken by the NICGC.</li> <li>Each sport's lead coach has been met with at least once, in conjunction with SNI and SINI, to discuss preparation plans and requirements for Glasgow 2014. This information has subsequently been shared with the SNI Task &amp; Finish Group, in which the NICGC has played an active role. These meetings with coaches play a key role in determining the support services provided, within available budget, to each sport as they prepare their athletes for Glasgow 2014.</li> <li>The NICGC has played a key role in the Commonwealth Games Federation's Strategic Review. This was presented at the CGF General Assembly in August 2013 and will be discussed again later in 2013. It is important that the views of Northern Ireland are robustly represented in this international forum which will ultimately mould the shape of future Commonwealth Games.</li> </ul> |

|                              |  |
|------------------------------|--|
| <b>Target Number:</b>        | <b>PE16</b>  |
| <b>Target Details:</b>       | By 2019 to have implemented nationally recognised coach accreditation systems in all Sport Northern Ireland funded governing bodies.   |
| <b>Target Deadline:</b>      | 2019 (Long Term)   |
| <b>Status:</b>               | <b>ON TRACK FOR ACHIEVEMENT</b>  |
| <b>Baseline Information:</b> | <b>55% of Sport Northern Ireland funded governing bodies of sport in Northern Ireland are currently implementing nationally recognised coach accreditation systems (2008-09)</b> |

|  |   |
|--|---|
| <b>Current Position:</b>                   | 91% of Sport Northern Ireland funded governing bodies of sport in Northern Ireland are currently implementing nationally recognised coach accreditation systems (2013-14)   |
| <b>Contributing Member</b>                 | <b>Progress</b>   |
| Sport Northern Ireland                     | <ul style="list-style-type: none"> <li>SNI is working with 17 governing bodies, the Southern Sports Partnership and the North West Coaching Network to implement effective systems for the development of coaching, aligned to either UK or All Ireland structures. Additionally SNI in partnership with both Coaching Ireland and sports coach UK continue to work closely with all funded governing bodies to identify key areas for development associated with developing and implementing the UK Coaching Certificate and the Coaching Development Plan for Ireland.</li> </ul>  |
| UK Sport                                   | <ul style="list-style-type: none"> <li>UK Sport is funding sportscoach UK's Inspire &amp; Aspire Programmes. The Aspire Programme (the 2013-15 cohort is targeting coaches working with Talent-level athletes) will have up to 3 places available for coaches from Northern Ireland.</li> <li>UK Sport has recently established Project Connect – a new area of work which is intended to help set the delivery standards for home countries coaching systems, and to establish closer working relationships and links between coach development activities in the home countries and UK Sport. As a key part of the Project, UK Sport will be supporting in each home country a new full-time post of Performance Coach Developer, amounting to a maximum investment of up to £200K in each country for the period of the Rio cycle (i.e. through to March 31 2017).</li> </ul>  |
| Irish Rugby Football Union (Ulster Branch) | <ul style="list-style-type: none"> <li>The IRFU (Ulster Branch) Coach Accreditation System is aligned to the national IRFU model, which is based on the IRFU Long Term Player Developmental model. The IRFU system has been developed in conjunction with Coaching Ireland.</li> <li>The IRFU along with Coaching Ireland are presently completing a project "mapping" their coach education qualifications to Further and Higher Education equivalencies (benchmarking).</li> <li>The IRFU has submitted our Stage 1 and Stage 2 courses to be considered as outlined in the attached framework. The existing FETAC/HETAC framework is already formally mapped against the European Qualification Framework, which means that when ratified, IRFU coaching courses would have an equivalency across all frameworks. This project is progressing very slowly and may be further affected by the introduction of a new body to verify qualifications, QQAI (Quality Qualification Authority in Ireland).</li> <li>The IRFU currently has competency based accreditation criteria for coaches seeking accreditation at Stage 3, 4 and 5 with suitably trained Coach Assessors to undertake this task. These criteria are broadly in line with the International Rugby Board's own accreditation requirements and those of the RFU, WRU and SRU [English, Welsh and Scottish Rugby Unions].</li> </ul> |
| Ulster Gaelic Athletic Association         | <ul style="list-style-type: none"> <li>Ulster GAA has been accredited as a centre for three accredited awards by the Open College Network.</li> <li>Ulster GAA has worked closely with Lead Organisation for Sport and Leisure Skills Active, CEA and Open College Network (OCN) to put these two programmes onto local and National accreditation frameworks QCF / NQCF.</li> <li>Ulster GAA undergoes regular Quality Assurance Audits with Coaching Ireland the accrediting body for our Coaching Awards on at least two occasions in his period.</li> <li>Governing Body Tutor Trainers are in place and accredited through Coaching Ireland.</li> <li>Governing Body Tutors are in place and again monitored and accredited through Coaching Ireland.</li> </ul>   |
| NI Sports Forum                            | <ul style="list-style-type: none"> <li>The Northern Ireland Sports Forum is not directly involved with the coaching aspects of GB members however we ensure that the sector is kept informed of all Coaching courses run by the various local authorities and encourage GBs to ensure their coaches continue their professional development.</li> <li>Additionally we monitor coaching developments from Sports Coach UK and Coaching Ireland to ensure that members are informed as to developments. We ensure that information covers GBs members working with national Governing Bodies in ROI and those working with</li> </ul>   |

|              |  |
|--------------|--|
|              | National Governing Bodies in the UK.   |
| SkillsActive | <ul style="list-style-type: none"> <li>SkillsActive continued to work with governing bodies and awarding organisations to ensure their in-house training is fit for purpose and where appropriate linked to nationally recognised coach accreditation systems and qualification systems. Activities in 12/13 included: <ol style="list-style-type: none"> <li>Supporting GAA completion of Level 2 qualifications on to the Qualifications &amp; Credits Framework (QCF).</li> <li>Supported development of the proposed OCN NI Level 3 Diploma qualifications.</li> <li>SkillsActive continued to work with scUk &amp; UKS to ensure that qualifications linked to the accreditation system are based on the relevant National Occupational Standards (NOS). SkillsActive ensured that governing bodies were consulted on any new or revised NOS. Main activity in 12/13.</li> <li>Jointly facilitated in partnership with SNI &amp; Sport Coach UK a review of the National Occupational Standards for Sports Coaching.</li> </ol> </li> </ul> |

|                              |   |
|------------------------------|---|
| <b>Target Number:</b>        | <b>PE17</b>   |
| <b>Target Details:</b>       | By 2019 at least 100 Northern Ireland athletes to have attained medal success at the highest level in their sport including European, World and Olympic/Paralympic level.   |
| <b>Target Deadline:</b>      | 2019 (Long Term)  |
| <b>Status:</b>               | <b>ON TRACK FOR ACHIEVEMENT</b>   |
| <b>Baseline Information:</b> | <b>22 Northern Ireland athletes attained medal success at European, World and Olympic/Paralympic competitions (2006-07).</b>  |
| <b>Contributing Member</b>   | <b>Progress</b>   |
| Sport Northern Ireland       | <ul style="list-style-type: none"> <li>As of 01 July 2013, a total of 70 Northern Ireland athletes attained a total of 172 medal successes at European, World, Commonwealth and Olympic or Paralympic competition since 01 April 2009. Of the total 70 athletes, 46 (66%) were male and 24 (34%) were female. A total of 84% of all 172 medals were won by individuals, whereas 16% were won as part of a team. Furthermore, 45% of all medals were won by athletes representing Ireland, followed by Great Britain &amp; Northern Ireland (34%) and 21% while representing Northern Ireland (see pie chart below). The chart below details the sports that each of the medal winning athletes represents.</li> </ul> |

|   |  |
|---|--|
|   |    |
| <p>UK Sport</p>                                   | <ul style="list-style-type: none"> <li>As in previous cycles, the level of investment UK Sport is making in the 2013-17 cycle is directly linked to the number of athlete places awarded to individual sports; however, the key change is that, in monitoring their progress, all sports must now provide far greater detail than before about the performance of World Class Programme athletes and new athletes whom they are nominating for inclusion in the Programme. A series of Annual Investment Review Boards are meeting from September through to December focusing on any proposed changes to sports' WCPs, specifically in relation to Rio medal targets; athlete numbers and any sport-specific bids that might be put forward over and above core funding awards. Changes of these sorts will be considered in relation to sports' actual performance against their 2013 'milestone targets' and their Mission 2016 profile (a revised and updated version of the successful Mission 2012 monitoring framework), which will provide an indication of WCPs' capacity to enable athletes to achieve their Rio targets.</li> </ul>   |
| <p>Irish Rugby Football Union (Ulster Branch)</p> | <ul style="list-style-type: none"> <li>Talent System Development - A formal player development pathway has continued to develop throughout 12-13.</li> <li>The summer preseason phase involves U20, U19, U18, U17 club and school players in a structured elite program 3 or 4 days a week.</li> <li>The U16 club and school parallel player program is delivered 1 day a week during preseason.</li> <li>Individual player progression is achieved through positional and core skill development as well as game understanding. Further to this the young athletes are educated and developed via:             <ul style="list-style-type: none"> <li>(i) Strength and Conditioning</li> <li>(ii) Nutritional advice</li> <li>(iii) Mental Skills</li> <li>(iv) Performance Lifestyle</li> </ul> </li> <li>Following the preseason phase, player selection takes place for the in season program.</li> <li>Output is measured via individual and team performance, which is linked to the provincial and international representative age grade squads feeding into the academy and professional game.</li> <li>Talent Spotters Initiative.</li> <li>This program has continued to create a system to help identify young players of outstanding potential and to involve them</li> </ul> |

|                                    |   |
|------------------------------------|---|
|                                    | <p>in a personally tailored program designed to foster, nurture and assist them attain excellence and to ensure the continuous flow of quality indigenous rugby players to Provincial, European and International standards. The program has been developed and modified throughout the year to enhance the identification of Ulster and Irelands next generation of high performance players/athletes. A major development going forward is a focus on observing 2nd XV and U15 matches, therefore those players outside of the age grade top tier.</p> <ul style="list-style-type: none"> <li>• The North West Talent Project. This initiative has continued in partnership with National Governing Bodies, Derry City Council and SportNI. The aim is to implement bespoke GB programs that will maximize the potential for Talent Development within the North West area in the sports of Wrestling, Mountaineering, Hockey and Rugby. The initiative is currently in place and on-going. The objectives of the program are as follows:</li> <li>• To develop a pool of coaches who can effectively deliver on future talent development programs to help young performers to reach their potential.</li> <li>• To identify new and develop existing talent and integrate with the governing body performer pathway.</li> <li>• To share best working practice as coaches, reflect upon their coaching experience and address their future development needs.</li> <li>• As a result of the success of this program, negotiations have been on-going and are nearing completion with two further partnerships. It is hoped similar programs with Belfast City Council and the South East Sports Partnership will commence in the coming months.</li> </ul>  |
| Ulster Gaelic Athletic Association | <ul style="list-style-type: none"> <li>• Donegal Senior Team winners of the 2013 All Ireland Football Final.</li> <li>• Antrim U21 Hurling Team Finalists in the All Ireland U21 Championship.</li> <li>• Paul Brady – Men’s World Handball Champion.</li> <li>• Aishling O’Reilly – Ladies World Handball Champion.</li> </ul>   |
| Disability Sports Northern Ireland | <ul style="list-style-type: none"> <li>• Disability Performance Pathways: In order to enable talented athletes with disabilities to compete and excel in their chosen sport, Disability Sports NI, in partnership with governing bodies of sport, continued to develop Disability ‘Performance Pathways’ in a number of sports during the period. Progress included: <ol style="list-style-type: none"> <li>1. ‘Performance Pathways’ for people with disabilities in place in 8 mainstream sports of Archery, Athletics, Badminton, Cycling, Football, Table Tennis, Swimming and Sailing.</li> <li>2. New disability partnership established with Ulster Council GAA to support the further development of their existing disability participation initiatives.</li> <li>3. New club structure developed in disability sports of Wheelchair Basketball and Boccia.</li> <li>4. First Wheelchair Rugby Club in Northern Ireland established.</li> </ol> </li> <li>• Athlete Support: 15 athletes with disabilities successfully secured ‘Athlete Support Programme’ funding during the period, with the majority of athletes now being managed and supported by their relevant mainstream Governing Body of Sport, in line with Sport NI’s ‘Disability Mainstreaming Policy’. DSNI continued to manage and support 4 athletes during the period.</li> <li>• Classification: DSNI continued to provide a classification service to local athletes during the period, which is essential to their participation in competitive/elite sport. This involved providing information and advice on classification to individual athletes, parents and sports organisations as well as organising and managing the UK and International INAS-FID Classification System for athletes with learning disabilities in Northern Ireland.</li> <li>• Medal Tally: Athletes with disabilities from Northern Ireland secured 29 medals at European or World level competitions during the period.</li> </ul> |
| Chief Leisure Officers             | <b><u>Antrim Borough Council:</u></b>   |

|             |   |
|-------------|---|
| Association | <p>Opportunities</p> <ul style="list-style-type: none"> <li>• Elite Athlete support Scheme.</li> <li>• Antrim Sports Advisory Association / Enkalon Youth Sport Bursary Scheme.</li> <li>• Antrim Sports Advisory Association performance Grants and Coach Education grants.</li> <li>• Progression of Primary Schools Challenge to strengthen links between Schools and Sports clubs.</li> <li>• Expansion of Aspire Sport programme to strengthen links between grassroots sport and Governing Bodies.</li> <li>• Continuation of Active Communities Programme (sport Specific posts) to provide links to performance Sport.</li> <li>•</li> </ul> <p>Places</p> <ul style="list-style-type: none"> <li>• Capital development of facilities at Crumlin Community Centre and Allen Park Golf Centre.</li> </ul> <p>Organisations</p> <ul style="list-style-type: none"> <li>• Partnership working with Governing bodies through Aspire Sport Programme and Sport Northern Ireland Active Communities Programme.</li> </ul> |
|-------------|---|

|                            |  |
|----------------------------|--|
| <b>Target Number:</b>      | <b>PE18</b>  |
| <b>Target Details:</b>     | By 2019 to have accredited at least 700 appropriately qualified, full-time coaches available to meet demand across all aspects of sport and physical recreation.   |
| <b>Target Deadline:</b>    | 2019 (Long Term)   |
| <b>Status:</b>             | <b>ON TRACK FOR ACHIEVEMENT</b>  |
| <b>Contributing Member</b> | <b>Progress</b>  |
| Sport Northern Ireland     | <ul style="list-style-type: none"> <li>• More than 1700 coaches attended Sport Northern Ireland continuous professional development workshops.</li> <li>• The Coaching Legacy Programme is supporting a minimum of 120 talent development and performance coaches, across 21 governing bodies, enabling their education and development needs to be identified, managed, supported and targeted more effectively.</li> <li>• SNI is working with 17 governing bodies, the Southern Sports Partnership and the North West Coaching Network to implement effective systems for the development of coaching, aligned to either UK or All Ireland structures. SNI, in partnership with both Coaching Ireland and sports coach UK, continue to work closely with all funded governing bodies to identify key areas for development associated with the effective recruitment, education and retention of coaches.</li> <li>• A total of 116 frontline coaching, physical activity and development posts supported through investment in Active Communities. A further 22 full time equivalent coaches and 44 coach developers are employed in Northern Ireland through PerformanceFocus 2013-17.</li> </ul> |
| Department of Education    | <ul style="list-style-type: none"> <li>• During the 2012/13 school year, the Curriculum Sports Programme, which is delivered by the IFA and GAA on behalf of DE, provided 61 qualified coaches from these organisations to deliver the Programme in Foundation Stage and Key Stage 1 classes in 571 schools, reaching over 39,000 pupils.</li> </ul>   |

|  |   |
|--|---|
| Irish Football Association                 | <ul style="list-style-type: none"> <li>• The IFA have 30 fulltime specialist coaches employed who have the main aim of using their specialist knowledge to complement existing physical education programmes in the primary sector. These roles are provided and safeguarded for a further 2 years courtesy of funding provided by the Department of Education for Northern Ireland (DENI). The IFA coaches' role is to help develop the Physical Literacy of Foundation and Key Stage 1 pupils in Primary Schools throughout Northern Ireland.</li> <li>• The IFA's Technical Department employs a number of full-time coaches with coaching roles including grassroots, elite and international football. These coaches provide coaching and deliver participation opportunities through the County Excellence, Active Communities and Curriculum Sport programmes.</li> </ul>  |
| Irish Rugby Football Union (Ulster Branch) | <ul style="list-style-type: none"> <li>• The IRFU along with Coaching Ireland are presently completing a project "mapping" their coach education qualifications to Further and Higher Education equivalencies (benchmarking). This exercise will mean IRFU Coaching Qualifications can be compared with Academic Qualifications and other Sports Coaching Qualifications throughout Europe thus paving the way for full-time professional qualification recognition.</li> <li>• The level 3 course (Stage 5 LTPD) is for Head Coaches working with advanced adult and representative teams. Ulster Rugby currently has 11 (eleven) coaches who have attended IRFU Level 3 (Stage 5) with 4 (four) coaches having completed all the accreditation requirements.</li> <li>• In May 2013, Ulster Branch trained an additional 16 Tutors via the IRFU Tutor Development course which was held in Belfast for the first time.</li> <li>• Ulster Branch have appointed two additional Coach Development Officers which will facilitate regional development of all current coach development initiatives.</li> <li>• Ulster Branch are currently running a Stage 3 course for their professional players in the hope that some of these individuals will pursue Coaching Rugby as a career option when they stop playing.</li> <li>• An additional 4 full time posts have been added to the performance pathway.</li> <li>• Sub Academy S&amp;C.</li> <li>• Elite Player Development Officer.</li> <li>• Talent ID Officer (transfer from domestic rugby to professional game).</li> <li>• Academy Lead Physiotherapist.</li> </ul> |
| Ulster Gaelic Athletic Association         | <ul style="list-style-type: none"> <li>• Fulltime Coaching Network (105) incorporating KS1, KS2 AND 3, Active Communities Coaches, Regional Development Officers for football and hurling and talent development officers for football, hurling, ladies football and Camogie.</li> <li>• Nine County Games Managers co-ordinating the work of approximately forty KS2 coaches within counties working on talent development and participation programmes within their county.</li> <li>• Provincial Staff under the remit of hurling, ladies football and men's football development responsible for Provincial Competitions, Cross community coaching, handball development, coach education, and county and further and higher education academies, referees academies and elite performance.</li> </ul>  |
| Disability Sports Northern Ireland         | <ul style="list-style-type: none"> <li>• 55 training &amp; sports leadership courses involving 791 leisure services staff, coaches, teachers and sports leaders delivered.</li> <li>• Boccia 'Leader' and 'Level One' coaching award developed.</li> <li>• New Sainsbury's Active Kids For All Inclusive PE course developed.</li> </ul>  |
| Chief Leisure Officers Association         | <p><b><u>Antrim Borough Council:</u></b></p> <p>Places</p> <ul style="list-style-type: none"> <li>• Showcasing Antrim Borough Council facilities to governing bodies to host training courses. i.e. Triathlon Ireland, Armageddon Fitness.</li> </ul> <p>Organisations</p>  |



|              |   |
|--------------|---|
|              | <ul style="list-style-type: none"> <li>• Partnership working with Governing Bodies through the active Communities Programme to ‘Mentor’ local coaches and signpost them.</li> </ul> <p>Workforce</p> <ul style="list-style-type: none"> <li>• Appointment of additional gymnastics coach to support the expansion of Forum Gymnastics to Neillsbrook Community Centre.</li> <li>• term sickness.</li> <li>• On-going training and annual CPD for active Communities Coaches and Antrim Borough Council employed coaches and activity leaders.</li> </ul> <p><b><u>Armagh City &amp; District Council:</u></b></p> <ul style="list-style-type: none"> <li>• ACDC ,through SSP has an extensive coach education programme to support the development of coaches at a range of levels.in addition ,ASF offers support to those coaches at elite level i.e. Ulster and above.</li> </ul> <p><b><u>Ballymena Borough Council</u></b></p> <ul style="list-style-type: none"> <li>• Leisure Centre staff have received development opportunities through gaining Coaching Qualifications, these have included Pilates, Swimming, Fitness Instructors, Studio Spin, Gymnastics, GP Referral, Walk Leaders, Nordic Walk Leaders.</li> <li>• Life Saving Qualifications\Football Coaching delivered to local schools through cross community funding opportunities and Policing Partnership funding opportunities for socio – economically disadvantaged areas.</li> </ul> <p><b><u>Castlereagh Borough Council:</u></b></p> <ul style="list-style-type: none"> <li>• Castlereagh Borough Council continues with the delivery of the Active Communities Programme which aims to increase participation opportunities in sport and physical recreation. To meet the demand across all aspects of sport and physical recreation, Castlereagh Borough Council has employed full time professional coaches in Athletics, Gaelic Games, Rugby, Multi Skills, Disability, Women &amp; Girls and Over 50’s and a part time coach in Basketball.</li> <li>• Castlereagh Borough Council through its Sports Development Officer provides an annual programme of subsidised generic coach education and training, including First Aid for Sport and Child Protection Courses. It is promoted and delivered from October to March of each year within the Borough based upon local demand, designed to meet the needs of local sports clubs and their coaches and volunteers.</li> <li>• Castlereagh Borough Council through the Sports Development Officer also sources generic and specific CPD training for the Active Community coaches and his core group of casual coaches facilitating a variety of sports programmes.</li> </ul> <p><b><u>Craigavon Borough Council:</u></b></p> <ul style="list-style-type: none"> <li>• Council along with its key partners in Armagh and Banbridge has in post 9 full-time equivalent multi-sports coaches / physical activity leaders through the Sport NI Active Communities programme for the reporting period 1<sup>st</sup> October 2012 – 30<sup>th</sup> September 2013. These coaches not only have the appropriate qualifications and experience to deliver but during this reporting period alone have undertaken comprehensive Continuous Professional Development.</li> </ul> <p><b><u>Limavady Borough Council:</u></b></p> <ul style="list-style-type: none"> <li>• We implement an annual coach education programme to up skill existing coaches &amp; create a pool of new coaches for the borough.</li> </ul> <p><b><u>Cookstown District Council:</u></b></p> <ul style="list-style-type: none"> <li>• Southern Sports Partnership Coach Academy &amp; Annual Coach Education Programme.</li> <li>• Annual GAA &amp; IFA grassroots Coaching Awards.</li> </ul> |
| SkillsActive | <ul style="list-style-type: none"> <li>• SkillsActive worked with DEL, Higher &amp; Further Education Institutions to ensure their courses are vocationally relevant and include employability skills and other relevant coaching competencies where appropriate. Currently developing an SVQ in coaching.</li> <li>• SkillsActive encouraged use of Activepassports (on-line verified record of skills and qualifications) to support the accreditation process. GAA Activepassport pilot to be completed November 2013.</li> </ul>  |

|  |  |
|--|--|
| <b>Target Number:</b>                      | <b>PE19</b>  |
| <b>Target Details:</b>                     | By 2019 to have 45,000 appropriately qualified, part time and volunteer coaches available to meet demand across all aspects of sport and physical recreation.  |
| <b>Target Deadline:</b>                    | 2019 (Long Term)   |
| <b>Status:</b>                             | <b>ON TRACK FOR ACHIEVEMENT</b>  |
| <b>Contributing Member</b>                 | <b>Progress</b>  |
| Sport Northern Ireland                     | <ul style="list-style-type: none"> <li>• More than 1700 coaches attended Sport Northern Ireland continuous professional development workshops.</li> <li>• The Coaching Legacy Programme is supporting a minimum of 120 talent development and performance coaches, across 21 governing bodies, enabling their education and development needs to be identified, managed, supported and targeted more effectively.</li> <li>• SNI is working with 17 governing bodies, the Southern Sports Partnership and the North West Coaching Network to implement effective systems for the development of coaching, aligned to either UK or All Ireland structures. SNI, in partnership with both Coaching Ireland and sports coach UK, continue to work closely with all funded governing bodies to identify key areas for development associated with the effective recruitment, education and retention of coaches.</li> <li>• Governing bodies reported that 1,131 coaches have been accredited with the support of investment through the Investing in Performance Sport Programme, in the period April 2012 – March 2013.</li> </ul>   |
| Irish Football Association                 | <ul style="list-style-type: none"> <li>• The IFA delivered it's National Coaching Courses at Stranmillis College and Queens University Belfast in June 2013, which offered the UEFA Pro Licence, UEFA A Licence, UEFA B Licence as the main core courses aimed at coaches working at competitive levels in Northern Ireland and elsewhere in the UK and further afield.</li> <li>• Coaches were also qualified in the Grassroots Introductory Award, the IFA Level 1 Award and the IFA Youth Certificate. Specialist courses were also available such as the IFA Goalkeeping Certificate, the IFA Advanced Goalkeeping Diploma, the IFA Level 1 and Level 2 Coaching Disabled Footballers Awards. 569 individuals completed the Level 1 coaching award during this time period.</li> <li>• Through the SCORE 2 Project, funded by UEFA HatTrick Programme, 22 male and female coaches were trained up in IFA Level 1 and Level 2 courses.</li> <li>• Clubs involved in the IFA's Club Accreditation component also avail of the services of a Grassroots Officer to provide coach mentoring to two of their coaches. Grassroots Officers spend 6 x 1 ½ hour sessions with the coaches and their players and leave a series of resource materials to help develop the coaches.</li> </ul> |
| Irish Rugby Football Union (Ulster Branch) | <ul style="list-style-type: none"> <li>• The IRFU (Ulster Branch) has contributed to this target by accrediting coaches at the following levels:<br/> Stage 0 (Introductory) 70 Coaches accredited<br/> Stage 1 (Mini) 177 Coaches accredited<br/> Stage 2 (Foundation) 129 Coaches accredited<br/> Stage 3 (Level 1) 25 Coaches accredited<br/> Stage 4 (Level 2) 10 Coaches accredited<br/> Stage 5 (Level 3) 0 Coaches accredited</li> </ul>  |

|                                    |   |
|------------------------------------|---|
|                                    | <p><i>Note: IRFU Stage 3, 4 &amp; 5 courses generally run during the summer months with accreditation requirements completed during the competitive season September – April.</i></p> <ul style="list-style-type: none"> <li>• Coach Education courses continue to be ‘demand led’ from its affiliated clubs and schools. The demand in clubs is ascertained by annual survey and schools complete a return of their coaching workforce annually. There has been a reduced requirement for Stage 2 LTAD courses in clubs due to revised competition age grades i.e. Club U13 Team coaches require Stage 2 whilst coaches of Club U15’s require Stage 3 qualifications. There has not been a similar increase in applications for the Stage 3 qualifications perhaps due to cost, duration of course or accreditation requirements and this will be investigated in due course. First steps have been taken in reducing demands for “face to face” time with coaches on courses through the introduction of an “online” fitness module with a self-check test to be completed and submitted by stage 3 coaches.</li> <li>• Ulster Branch have appointed two additional Coach Development Officers which will facilitate regional development of all current coach development initiatives.</li> <li>• In May 2013, Ulster Branch trained an additional 16 Tutors via the IRFU Tutor Development course which was held in Belfast for the first time. This will mean that each region will have the capacity to staff and deliver courses on a region by region basis if required.</li> </ul> |
| Ulster Gaelic Athletic Association | <ul style="list-style-type: none"> <li>• Foundation 13,847</li> <li>• Level 1 Children, 668</li> <li>• Level 1 Youth, 715</li> <li>• Level 1 Adult 1852</li> <li>• Level 2 Children, 150</li> <li>• Level 2 Youth 63</li> <li>• Level 2 Adult. 324</li> <li>• Level 3 Performance Coaching (45)</li> </ul>  |
| Outdoor Recreation NI              | <ul style="list-style-type: none"> <li>• Walking in Your Community Scheme launched. 7 Community Walk Tutors trained and 40 Community Walk Leaders trained to date. All Community Walk Leaders are volunteers.</li> </ul>  |
| Chief Leisure Officers Association | <p><b><u>Antrim Borough Council:</u></b></p> <p>Opportunities</p> <ul style="list-style-type: none"> <li>• Partnership working with Job skills A4E back to work scheme to train and deploy individuals hoping to return to work after long term sickness.</li> </ul> <p>Places</p> <ul style="list-style-type: none"> <li>• Showcasing Antrim Borough Council facilities to governing bodies to host training courses. i.e. Triathlon Ireland, Armageddon Fitness.</li> </ul> <p>Organisations</p> <ul style="list-style-type: none"> <li>• Partnership working with Job skills A4E back to work scheme to train and deploy individuals hoping to return to work after long term sickness.</li> <li>• Partnership working with Governing Bodies through the active Communities Programme to ‘Mentor’ local coaches and signpost them.</li> </ul> <p>Workforce</p> <ul style="list-style-type: none"> <li>• Partnership working with Job skills A4E back to work scheme to train and deploy individuals hoping to return to work after long term sickness.</li> <li>• Appointment of additional gymnastics coach to support the expansion of Forum Gymnastics to Neillsbrook Community Centre.</li> <li>• On-going training and annual CPD for active Communities Coaches and Antrim Borough Council employed coaches and activity leaders.</li> </ul>   |

|              |  |
|--------------|--|
|              | <ul style="list-style-type: none"> <li>• Delivery of Annual Coach Education programme through Antrim Sports Advisory Association.</li> </ul> <p><b><u>Armagh City &amp; District Council:</u></b></p> <ul style="list-style-type: none"> <li>• As per PE18</li> </ul> <p><b><u>Ballymena Borough Council</u></b></p> <ul style="list-style-type: none"> <li>• Annual Ballymena Sports Awards established for coaches within a community setting – various categories established.</li> </ul> <p><b><u>Castlereagh Borough Council:</u></b></p> <ul style="list-style-type: none"> <li>• Castlereagh Borough Council through its Sports Development Officer provides an annual programme of subsidised generic coach education and training, including First Aid for Sport and Child Protection Courses. It is promoted and delivered from October to March of each year within the borough based upon local demand, designed to meet the needs of local sport clubs and their coaches and volunteers.</li> <li>• The Castlereagh Sports Development Officer also sources generic and specific CPD training for the Active Community coaches and the core group of casual coaches facilitating a variety of sports programmes across the Borough.</li> <li>• Castlereagh Borough Council also facilitates an IFA Grassroots Development Officer who runs a successful IFA accredited coach development programme across all volunteer clubs within the Borough.</li> <li>• On a strategic level, Castlereagh Borough Council has joined with Lisburn City Council to develop a Strategic Action Plan (2013-2018) that will promote and develop Sport and Health Enhancing Physical Activity across both Council areas. In partnership with the Public Health Agency, this strategy also aims to empower coaches and facilitators within the voluntary sector.</li> </ul> <p><b><u>Craigavon Borough Council:</u></b></p> <ul style="list-style-type: none"> <li>• Council in partnership with Craigavon Sports Advisory Council and the Southern Sports Partnership delivers an annual programme of Coach Education and Club Development courses aimed at improving the local sporting infrastructure.</li> <li>• Council has established a Casual Coach Register which is used to deliver short-term funded initiatives. Coaches on this register must maintain their qualifications and Council must invest in corporate training to ensure that delivery is in line with Council's policies and procedures.</li> <li>• Through its Bushcraft and Watersports / Snowsports programme, Council supports the training of casual coaches to deliver aspects of the programme.</li> </ul> <p><b><u>Limavady Borough Council:</u></b></p> <ul style="list-style-type: none"> <li>• As per PA14</li> </ul> <p><b><u>Cookstown District Council:</u></b></p> <ul style="list-style-type: none"> <li>• Southern Sports Partnership Coach Academy &amp; Annual Coach Education Programme</li> <li>• Annual GAA &amp; IFA grassroots Coaching Awards</li> </ul> |
| SkillsActive | <ul style="list-style-type: none"> <li>• SkillsActive continued to work with Department for Employment &amp; Learning to ensure appropriately funded training provision for coaches. Supported linked work with FE sector sports academies.</li> <li>• SkillsActive worked with sporting organisations to encourage support for the Active Ambition project which aims to support a UK-wide Active Leisure, Learning &amp; wellbeing skills protocol.</li> <li>• SkillsActive worked with sporting organisations to encourage support for the Active Ambition project which aims to support a UK-wide Active Leisure, Learning &amp; Wellbeing skills protocol. Active Leisure, Learning &amp; Wellbeing skills protocol.</li> </ul>   |

|                        |  |
|------------------------|--|
| <b>Target Number:</b>  | <b>PE20</b>  |
| <b>Target Details:</b> | By 2019 to have secured a world class system for athlete development consisting of services, facilities and competition following the hosting of the |

|                            |  |
|----------------------------|--|
|                            | Olympic and Paralympic Games in London 2012.   |
| <b>Target Deadline:</b>    | 2019 (Long Term)   |
| <b>Status:</b>             | <b>ON TRACK FOR ACHIEVEMENT</b>  |
| <b>Contributing Member</b> | <b>Progress</b>  |
| Sport Northern Ireland     | <ul style="list-style-type: none"> <li>• SNI has undertaken research in order to establish a baseline position in relation to the nine pillars recognised as essential to a functioning successful sporting system (SPLISS 2012). Sport NI has detailed pictures for each sport on five of the nine pillars and is using this data as a means of measuring the return on its investment.</li> <li>• During this reporting period SNI developed and launched Performance Focus which essentially is investment in five of the nine pillars (the remaining pillars are being picked up by other programmes in SNI for example under Foundation Sport NI operates Active Communities). Following intensive engagement with sport 35 Sporting organisations SNI has approved planned investment of up to £12.4 million over the next four years.</li> <li>• SNI worked with 28 Governing Bodies, the Southern Sports partnership and the North West Coaching Network to build effective Talent systems for the identification, confirmation and development of athletes. This includes investment into the provision of staff to 22 sports (e.g. Talent officers and coaches) and programme support.</li> <li>• SNI is working with 17 governing bodies, the Southern Sports Partnership and the North West Coaching Network to implement effective systems for the development of coaching, aligned to either UK or All Ireland structures. SNI, in partnership with both Coaching Ireland and sports coach UK, continue to work closely with all funded governing bodies to identify key areas for development associated with the effective recruitment, education and retention of coaches.</li> <li>• The 2012/13 Practitioner Development Programme supported seven high performance coaches and a performance nutritionist to further develop their knowledge and skill in the high performance environment. Five of the seven practitioners worked with athletes who competed at the 2012 Olympic and Paralympic Games. The 2013/14 intake has enabled ten high performance coaches to be supported, including those working with athletes who will be competing at the 2014 Commonwealth Games in Glasgow.</li> </ul> |
| UK Sport                   | <ul style="list-style-type: none"> <li>• UK Sport continues to coordinate a Home Country 'Stakeholder' group - now known as the High Performance Strategic Advisory Group. This group is making efforts to align high performance strategies, programmes and decision-making in ways which both involve, and are of benefit to, the whole of the UK. Recent examples include an approach for dealing with key strategic and operational decisions of UK/British governing bodies; the implementation of Project Para (the aim of which is to achieve an 'ever greater' share of the medals available at each Paralympic winter and summer Games); and the development of data management systems across the network capable of assessing the performance impact of Institute-based and other support services.</li> <li>• UK Sport has assisted Sport NI in drawing up a guidance document for a pilot investment programme into the staging of major events in Northern Ireland. Staff from the UKS Events Team have also visited Sport NI as part of a series of regional road shows across the UK, with the Tourism Board also being represented. UKS will continue to support this process as proposals for the organisation and management of a strategic Events programme come forward.</li> </ul>   |
| Irish Football Association | <ul style="list-style-type: none"> <li>• In July the IFA appointed Jim Magilton in the role of Elite performance Director to progress and develop Elite performance and development systems within Northern Irish Football. This role is currently contracted for the next 4 years.</li> </ul>   |
| Ulster Gaelic Athletic     | <ul style="list-style-type: none"> <li>• Ulster GAA has embedded the LTAD model recognising the need for player pathways and the delivery of the right services and coaching within</li> </ul>   |

|                                    |   |
|------------------------------------|---|
| Association                        | <p>this pathway.</p> <ul style="list-style-type: none"> <li>• Facilities – Ulster GAA continue to invest in and develop further the County based centres of excellence, the primary and secondary county grounds and progress has been made in the last period on the delivery of the major project and Provincial Stadium in Casement Park and in the Tyrone County Project in Garvaghy. These developments are putting the final pieces of the facilities infrastructure in place for our performance athletes and as centres of participation.</li> <li>• Service support is dependent on the team management and the specific needs of the team. Ulster GAA continues to support (through a series of High performance and performance workshops) the needs of the constituent units and individuals in specific service areas. The provision of sports science has been given directly to counties but this year it has been a challenge given the level of resource available to meet the demands. Ulster GAA has had an intern programme that has supported this delivery. Some counties are employing conditioning coaches within their centres of excellence adding value to the system for athlete development.</li> <li>• Competitions continue at all levels but in particular the pre-season McKenna Cup, Inter-county National Leagues and our Provincial and National County Championships provide the main focus for competition. Ulster has had success also in the Railway Cup (Football) in this period and will play against Australia in the International Rules in October 2013.</li> </ul> |
| Disability Sports Northern Ireland | <ul style="list-style-type: none"> <li>• Disability Performance Pathways: In order to enable talented athletes with disabilities to compete and excel in their chosen sport, Disability Sports NI, in partnership with governing bodies of sport, continued to develop Disability 'Performance Pathways' in a number of sports during the period. Progress included: <ol style="list-style-type: none"> <li>1. 'Performance Pathways' for people with disabilities in place in 8 mainstream sports of Archery, Athletics, Badminton, Cycling, Football, Table Tennis, Swimming and Sailing.</li> <li>2. New disability partnership established with Ulster Council GAA to support the further development of their existing disability participation initiatives.</li> <li>3. New club structure developed in disability sports of Wheelchair Basketball and Boccia.</li> <li>4. First Wheelchair Rugby Club in Northern Ireland established.</li> </ol> </li> <li>• Classification: Disability Sports NI has developed a classification service for talented disabled sportspeople from Northern Ireland, which is essential to their participation in competitive/elite sport. This involves providing information and advice on classification to individual athletes, parents and sports organisations as well as organising and managing the UK and International INAS-FID Classification System for athletes with learning disabilities in Northern Ireland.</li> </ul>   |
| Chief Leisure Officers Association | <p><b><u>Antrim Borough Council:</u></b></p> <p>Opportunities</p> <ul style="list-style-type: none"> <li>• Elite Athlete Support Scheme</li> <li>• Antrim Sports Advisory Association Grants Scheme</li> <li>• Antrim Borough Council / Enkalon Foundation youth Sport Bursary Scheme</li> </ul> <p>Places</p> <ul style="list-style-type: none"> <li>• Capital grants Programme</li> </ul> <p>Organisations</p> <ul style="list-style-type: none"> <li>• On-going partnerships with governing bodies to host national and international competition (e.g. Netball NI 4 nations and IAAF international Cross Country)</li> </ul> <p><b><u>Ballymena Borough Council</u></b></p> <ul style="list-style-type: none"> <li>• Funding Opportunities explored and gained to develop sports grounds and sports facilities within the Ballymena Borough Council area.</li> </ul>  |

|  |   |
|--|---|
|  | <p><b><u>Craigavon Borough Council:</u></b></p> <ul style="list-style-type: none"> <li>• Development phase of a £25 million leisure centre on the South Lake sit in Craigavon and the subsequent closure of Waves, Cascades and Craigavon Leisure Centres. Proposals include a training sized 50 metre pool.</li> <li>• Appointment of an Integrated Consultancy Team (Design) by late 2013.</li> </ul> |
|--|---|

|                                    |   |
|------------------------------------|---|
| <b>Target Number:</b>              | <b>PL21</b>   |
| <b>Target Details:</b>             | By 2010 to initiate a Northern Ireland certification process that will improve safety management and the fabric of the major stadiums in Northern Ireland, to comply with the Safety of Sports Grounds (Northern Ireland) Order (2006) and associated technical guidance.   |
| <b>Target Deadline:</b>            | 2010 (Short Term)   |
| <b>Status:</b>                     | <b>ACHIEVED</b>   |
| <b>Contributing Member</b>         | <b>Progress</b>   |
| Sport Northern Ireland             | <ul style="list-style-type: none"> <li>• The Safety of Sports Grounds (NI) Order was introduced in February 2006. Thirty sports grounds were designated in December 2009. Twenty-nine safety certificates have been issued to date by district councils, with only Clan Na Gael, Lurgan outstanding. SNI is overseeing the implementation of the legislation and reporting to DCAL. In addition, SNI has prepared and issued guidance to the district councils (and others) relating to procedural matters and interpretations of the legislation.</li> </ul> |
| Irish Football Association         | <ul style="list-style-type: none"> <li>• The IFA continued to support clubs comply with safety of sports grounds order and associated guidance through strict licensing criteria accompanied by relevant, league regulations for competition.</li> </ul>  |
| Chief Leisure Officers Association | <p><b><u>Ballymena Borough Council</u></b></p> <ul style="list-style-type: none"> <li>• Ballymena Showground's complies with the Safety in Sport Grounds legislation and has been awarded a Safety Certificate for the use of this facility for soccer and raceway meetings. Additional events may be subject to a certificate review or an individual risk assessment. – depending on the nature of the event and the anticipated numbers.</li> </ul>  |

|                                       |   |
|---------------------------------------|---|
| <b>Target Number:</b>                 | <b>PL22</b>   |
| <b>Target Details:</b>                | By 2014, and subject to Executive approval, to have developed major sports stadiums to meet the strategic needs of Football, GAA and Rugby on an operationally viable and commercially sustainable basis in Northern Ireland.   |
| <b>Target Deadline:</b>               | 2014 (Medium Term)  |
| <b>Status:</b>                        | <b>ON TRACK FOR ACHIEVEMENT BUT WITH SOME DELAY</b>   |
| <b>Contributing Member</b>            | <b>Progress</b>   |
| Department of Culture, Arts & Leisure | <ul style="list-style-type: none"> <li>• All three sports are currently on track against their proposed programmes. Current programmes provide for full commitment of public sector spend within the current CSR period provided that significant delays around legal challenges are avoided. Each project varies in scale and nature and consequently each is at a different stage in the process, e.g. UBIRFU are on site, IFA have obtained planning permission and are currently</li> </ul> |

|                                    |   |
|------------------------------------|---|
|                                    | assessing IST tender returns, while the GAA are awaiting confirmation of planning approval and return of their IST tender returns for assessment. Overall timelines for completion remain September 2014 for UBIRFU, June 2015 for IFA and September 2015 for the GAA.  |
| Irish Football Association         | <ul style="list-style-type: none"> <li>• Planning Permission for the proposed development was lodged in December 2012 and was granted in March 2013. The procurement of the Integrated Supply Team for the Design and Build of the development was commenced in April 2013 and has recently been concluded in September 2013. The appointment of the IST will take place in October 2013 following the conclusion of the delivery of the Full Business Case and the Funding Agreement Once approval to proceed has been granted the Preconstruction Design Period will commence and it is expected that construction works will commence on site in January 2014. Completion of the works is expected in June 2015. The project has been exposed to a Judicial Review (JR) relating to State Aid which was taken out by a football club against the Department of Culture Arts and Leisure. The JR was set aside in August. The Project has also completed a Gateway 2 Health Check and a full Gateway 3 Review.</li> <li>• Sub-Regional Facilities Programme - The IFA are currently working with Sport NI to develop a Strategic Outline Case for the Sub-Regional Facilities Programme which will provide significant capital investment in all levels of the game in the next Comprehensive Spending Review period commencing in April 2015.</li> </ul> |
| Ulster Gaelic Athletic Association | <ul style="list-style-type: none"> <li>• The GAA (Ulster Council) Stadium Project is under way with a Project Board and Stadium Board operational.</li> <li>• The Independent Technical Team delivered a design for planning.</li> <li>• Project has been submitted to planning for approval.</li> </ul>  |
| Disability Sports Northern Ireland | <ul style="list-style-type: none"> <li>• InclusiveStadia Advisory Group (ISAG) established by Disability Sports NI to develop design and management guidelines which will ensure the three stadia meet optimum levels of good practice in terms of inclusive use by people with disabilities.</li> </ul>  |

|                            |   |
|----------------------------|---|
| <b>Target Number:</b>      | <b>PL23</b>   |
| <b>Target Details:</b>     | By 2014 to have a minimum of 10 new or upgraded facilities that will support Northern Ireland player/athlete development in Olympic and Paralympic sports.  |
| <b>Target Deadline:</b>    | 2014 (Medium Term)  |
| <b>Status:</b>             | <b>ACHIEVED</b>   |
| <b>Current Position:</b>   | <b>Since 2009, Sport Northern Ireland and district councils have made over 20 capital investments which may be deemed as making a contribution towards this target in that they support NI athlete development in Olympic and Paralympic sports.</b>  |
| <b>Contributing Member</b> | <b>Progress</b>   |
| Sport Northern Ireland     | <ul style="list-style-type: none"> <li>• Following an analysis of progress against PL23, which was presented to the SMMG, it was determined that while the target had been achieved, there was evidence of significant additional need and demand for performance facilities to support the governing bodies of sports' performance systems. An estimated £17.5 Lottery income for 2013/14, 2014/15, 2015/16 and 2016/17 has been identified by Sport NI for community and performance capital programmes. Sport NI is therefore developing a performance capital programme, in consultation with governing bodies of sport and key partners to be launched in early 2014.</li> <li>• SNI has invested in the following 21 funded projects during this reporting period, which may be deemed as making a contribution towards this target in that they support NI athlete development in Olympic and Paralympic sports: North Down Cricket Club, Bann Rowing Club, Portora</li> </ul> |



|                                    |   |
|------------------------------------|---|
|                                    | Royal Grammar School, Holywood Yacht Club, Belfast Indoor Bowling Club, Castlewellan FC, Coalisland Fianna GFC, Outdoor Recreation NI, Crossmaglen Rangers GFC, Abbey Villa FC, Annagh United FC, Armagh City FC, Bangor FC, Derrynoose GAC, Dungannon United Youth FC, Regent House School, Shankill United FC, St Malachy's GAC (Moortown), St Patrick's GAC (Loup), The Boys Brigade (Belfast Battalion) and Wallace High School.  |
| Department for Social Development  | <ul style="list-style-type: none"> <li>• Award of Capital Funding under the Neighbourhood Renewal Investment fund to the Gleann Amateur Boxing Club (West Belfast) in September 2011 to enhance club facilities.</li> <li>• Award of funding to St Colman's sport facility, Newry (athletics).</li> <li>• Award of funding for refurbishment of Dungannon Youth Resource Centre (includes Olympic standard basketball court).</li> <li>• Award of funding for extension of Ballymote Sports Centre (includes Olympic standard basketball court and purpose built facility for a amateur boxing club).</li> <li>• Award of funding for new Coleraine West Community Centre (includes Olympic standard basketball court and purpose built facility for a amateur boxing club).</li> <li>• Refurbishment of St Mary's Youth Centre, Portadown – project funded jointly by DSD &amp; DE, completing end of September 2013 which includes the refurbishment of the sports hall used for basketball, football and their amateur boxing club. (the boxing club was established in 2010/11 funded also by Neighbourhood Renewal Investment Fund).</li> <li>• DSD has provided funding for the construction of new full size 3G pitch for Craigavon City FC which will promote football in the central Craigavon area.</li> <li>• AFC Craigavon received funding from DSD for new changing rooms on a facility leased from Craigavon Borough Council. The changing rooms will also be used by children being developed through the IFA Coaching scheme.</li> </ul> |
| Ulster Gaelic Athletic Association | <ul style="list-style-type: none"> <li>• The GAA (Ulster Council) continued to invest in and further develop the County based centres of excellence, the primary and secondary county Grounds. Progress has been made in the last period on the delivery of the major project and Provincial Stadium in Casement Park. There has also been significant development in the Tyrone Centre of Excellence creating a network of facilities across 5 of the 6 counties and eight of the nine Ulster Counties, creating the infrastructure and equipment to support performance athletes involved in the GAA.</li> </ul>  |
| Chief Leisure Officers Association | <p><b><u>Ballymena Borough Council</u></b></p> <ul style="list-style-type: none"> <li>• Sport Grounds development has been undertaken at various locations throughout the Ballymena Borough Council area to include improved grass, synthetic pitches and changing facilities in both urban and rural areas.</li> </ul> <p><b><u>Castlereagh Borough Council:</u></b></p> <ul style="list-style-type: none"> <li>• Castlereagh Borough Council has invested in upgrading Council sports facilities in recent years including at Lough Moss Leisure Centre resurfacing the sand dressed hockey pitch, upgrading the sports hall floor, upgrading the squash courts and installing a boxing gymnasium.</li> <li>• Castlereagh Borough Council is committed to further investment at Dundonald International Ice Bowl with not only a new Olympic sized ice rink to ensure the continued development of ice hockey and figure skating but also the possibility of a new 8/12 court sports hall.</li> </ul> <p><b><u>Cookstown District Council:</u></b></p> <ul style="list-style-type: none"> <li>• New Indoor Physical Activity Arena 95m x 25m with associated six changing room pavilion.</li> </ul>   |

|                            |   |
|----------------------------|---|
| <b>Target Number:</b>      | <b>PL24</b>   |
| <b>Target Details:</b>     | By 2015 to have amended public policy frameworks to protect and promote access to and sustainable use of publicly-owned land in Northern Ireland for sport and physical recreation.   |
| <b>Target Deadline:</b>    | 2015 (Medium Term)  |
| <b>Status:</b>             | <b>ON TRACK FOR ACHIEVEMENT</b>   |
| <b>Contributing Member</b> | <b>Progress</b>   |
| Sport Northern Ireland     | <ul style="list-style-type: none"> <li>• SNI, in partnership with a number of other organisations including NI Environment Agency, NITB and ORNI, has led the development of and consultation on a Draft Outdoor Recreation Action Plan; it is anticipated that the Action Plan will be published by 31 March 2014.</li> <li>• SNI continues to work with Forest Service through their recreation and social use of forest strategy steering group to develop recreation in forests. The Forestry Act (Northern Ireland) 2010 has provided for a statutory right of pedestrian access to all Forest Service land in Northern Ireland.</li> <li>• SNI supports a range of local outdoor recreation forums across Northern Ireland that meet to develop plans for their local area. SNI provided additional funding for ORNI in 2013/14 to employ an officer that would support the forums to develop local action plans and this officer will only work in areas where there is an established forum that can drive forward the recommendations from any plan.</li> <li>• The draft Outdoor Recreation Action Plan for Northern Ireland highlights the importance of hubs for recreation in Northern Ireland and the need to map current provision and develop action plans for development.</li> </ul>  |
| Department of Education    | <ul style="list-style-type: none"> <li>• DE by means of existing legislative and policy frameworks and guidance for Boards of Governors already enables and encourages schools to make their premises available for community use outside of normal school hours. A working group established by DE and led by the Education and Library Boards (ELBs) and the Council for Catholic Maintained Schools (CCMS), working closely alongside relevant key stakeholders, submitted a draft practical guidance document aimed at helping schools to enhance community access to their facilities. It is anticipated that the guidance will be finalised and launched in Autumn 2013.</li> </ul>   |
| Forest Service             | <ul style="list-style-type: none"> <li>• Primary forestry legislation was amended through the Forestry Act (Northern Ireland) 2010 in recognition of the fact that forestry is now a complex and multi-functional enterprise with increasing economic, social and environmental purposes and benefits. The Act promotes and encourages the enjoyment and recreational use of Forest Service land by the public and promotes the social use of forests.</li> <li>• Section 31 of the Forestry Act (Northern Ireland) 2010 provides, subject to byelaws, for a public right of pedestrian access to DARD forestry land. The Forestry (2010 Act) (Commencement No 2) Order (Northern Ireland) 2013 brought this section into force, along with the Forestry Land Byelaws (Northern Ireland) 2013. The new Byelaws support a less restrictive but responsible use of forestry land for sport and recreation.</li> <li>• Privately owned forestry lands are not subject to a public right of pedestrian access, nor land leased by the Forest Service where public access is restricted under the lease.</li> <li>• The amended policy frameworks will result in increased costs of providing non-commercial recreation opportunities, attributable to greater inspection activity and monitoring, greater use of warning signs and greater maintenance. The Department will absorb these costs within existing base-line or by self-financing.</li> </ul> |
| NI Environment Agency      | <ul style="list-style-type: none"> <li>• The NIEA continues to provide public access to the countryside for outdoor physical recreation at its seven country parks, fund the management of another and facilitate walking at many of its nature reserves and some historic monuments in State Care. Country Park facilities include mown grass areas for informal games, extensive path networks, trim trails, cycle paths, bridle paths and bathing beaches. It organises events at its</li> </ul>   |

|                                    |  |
|------------------------------------|--|
|                                    | <p>properties, including walks on National Trails Day, and facilitates others organising sponsored walks at its properties.</p> <ul style="list-style-type: none"> <li>The NIEA commitment to providing public access to suitable sites is set out in its Policy Position Statements. NIEA has contributed to the development of the Outdoor Recreation Action Plan and a study of the economic benefits of outdoor recreation and has practically completed an exercise to map public rights of way.</li> </ul>   |
| Chief Leisure Officers Association | <p><b><u>Antrim Borough Council:</u></b></p> <ul style="list-style-type: none"> <li>Development of Outdoor recreation plan for the Antrim Borough.</li> </ul> <p><b><u>Armagh City &amp; District Council:</u></b></p> <ul style="list-style-type: none"> <li>ACDC is embarking on a master plan for loughgall country park which will hopefully see the development of improved walks/signage and the development of infrastructure to support open water swimming, triathlon, cycling etc.</li> <li>Newry /Portadown canal continues to be mega successful and the council are in the process of developing a further canoe trail at Clare Glen.</li> </ul> <p><b><u>Castlereagh Borough Council:</u></b></p> <ul style="list-style-type: none"> <li>Castlereagh Borough Council through its Pitches Strategy Working Group is addressing the continued need for access to public land whilst taking cognisance to maintain and service the needs physical activity needs of its residents and sports clubs.</li> <li>Castlereagh Borough Council is actively considering the installation of a 3G/4G pitch at Lough Moss Leisure Centre and is in the process of installing a 'free' to access trim trail and outdoor gym at Lough Moss Leisure Centre to encourage residents and visitors to participate in physical activity, at their own pace.</li> </ul> <p><b><u>Limavady Borough Council:</u></b></p> <ul style="list-style-type: none"> <li>During the reporting period Limavady Borough Council has;</li> <li>Developed new walking trails on Council property and in partnership with the National Trust.</li> <li>Engaged with Forest Service and NI Water to develop a strategic approach to outdoor recreation at key sites.</li> <li>Continues to contribute to the Binevenagh Area of Outstanding Natural Beauty Management Forum and Action plan for 2010 – 2015.</li> <li>Contributed to the consultation on Our Great Outdoors – the Outdoor Recreation Plan for NI.</li> <li>Contributed to the development of a draft Outdoor Recreation Action Plan for the Sperrin AONB.</li> <li>Participated in the consultation on the Strategic Review of Angling.</li> <li>Continued to promote outdoor recreation within the Borough as a means of promoting physical and mental wellbeing.</li> <li>Initiated the development of a parkrun course for the Limavady area in partnership with NIEA.</li> </ul> |
| NI Sports Forum                    | <ul style="list-style-type: none"> <li>The Northern Ireland Sports Forum is looking to strengthen our ties with the policy and decision makers in Government in order to ensure that the sports sector has a well-represented voice at Stormont. We are currently working with MLAs to set up an All Party Group on Sport.</li> <li>We respond to all relevant consultations on behalf of member bodies to ensure sports voice on matters of public policy is heard.</li> </ul>  |

|                         |   |
|-------------------------|---|
| <b>Target Number:</b>   | <b>PL25</b>   |
| <b>Target Details:</b>  | By 2019 to ensure that 90% of the population have quality accredited, multi sports facilities that have the capacity to meet demand, within 20 minutes travel time. |
| <b>Target Deadline:</b> | 2019 (Long Term)  |
| <b>Status:</b>          | <b>ON TRACK FOR ACHIEVEMENT</b>   |

| Contributing Member               | Progress  |
|-----------------------------------|---|
| Sport Northern Ireland            | <ul style="list-style-type: none"> <li>• Funding: An estimated £17.5 Lottery income for 2013/14, 2014/15, 2015/16 and 2016/17 has been identified by Sport NI for community and performance capital programmes. Sport NI is therefore developing a community capital programme, in consultation with key partners to be launched in early 2014. Facility and social need will heavily inform the assessment priorities and multisport, multi-partnership projects are likely to be key themes.</li> <li>• Facilities Strategy: Sport NI, in partnership with the new local authority consortiums is also developing a NI Facilities Strategy with 11 consortium strategies; to prioritise the facility needs at a NI and local authority consortium area level.</li> <li>• Accreditation: Sport NI has drafted a paper for SMIG member's consideration at their meeting on the 15 October 2013 to consider the definition of 'accreditation' with regards to this target and to analyse progress in this regard.</li> </ul>   |
| Department for Social Development | <ul style="list-style-type: none"> <li>• Under the Neighbourhood Renewal Programme DSD previously awarded capital funds to develop/improve community recreation and leisure facilities (e.g. MUGAs, football pitches, indoor facilities and equipment.) DSD also provided revenue funding for the running costs associated with sporting activities.</li> <li>• DSD has provided funding of some £150k to Derry City Council towards the cost of upgrading Clooney Playing Fields.</li> <li>• Under NR DSD provided Derry City Council with funding of £186,808.94 towards the Fountain MUGA in 2011/12.</li> <li>• Public realm scheme, the project at Cliftonville Community Centre provided an artificial playing surface for sports such as football etc.</li> <li>• DSD inherited a sports complex when trying to facilitate the assembly of lands for the University of Ulster at the Springfield Road, Belfast. The complex is used by 3 sports groups and DSD is in the process of transferring the land by way of a long-term lease under a Development Trust model. Under the terms of the transfer, the Trust will have to demonstrate that they can develop a programme of community engagement to encourage members of the local community to participate in sport.</li> <li>• Between 2009 and 2012, DSD has provided £2,532,898 to projects to develop sports facilities in disadvantaged communities in regional towns <ol style="list-style-type: none"> <li>1. Lurgan Clan na Gael – MUGA &amp; pitch refurbishment</li> <li>2. Craigavon Multi-Sports Games Areas across Craigavon NRAs</li> <li>3. Newry Thomas Davis GFC Community Sports Facility</li> <li>4. Newry Carnagat Kickabout &amp; Recreational Project</li> <li>5. Newry St Joseph's Boys High School – Refurbishment of Community Pitch</li> <li>6. Newry Violet Hill Community Sport Project</li> <li>7. Newry St John Bosco GAC – Club Enhancement Project</li> <li>8. Lurgan Taghnevan Sports Limited</li> <li>9. Newry Three Ways Synthetic Pitch Development</li> </ol> </li> <li>• In the period 2011-2014 RDO West has provided approximately £940, 000.00 to projects to develop sports facilities in disadvantaged communities in the West. <ol style="list-style-type: none"> <li>1. Omagh – O'Kane Park/Gallows Hill E.I</li> <li>2. Omagh – Omagh Riverside Development – Strathroy Bridge</li> <li>3. Omagh – O'Kane Park Sports Improvement Project</li> <li>4. Omagh – Strathroy Sports Improvement Project</li> </ol> </li> </ul> |
| NI Environment Agency             | <ul style="list-style-type: none"> <li>• NIEA continues to provide public access to the countryside for outdoor physical recreation at its seven country parks, fund the management of</li> </ul>   |

|                                    |   |
|------------------------------------|---|
|                                    | <p>another and facilitate walking at many of its nature reserves and some historic monuments in State Care. Country Park facilities include mown grass areas for informal games, extensive path networks, trim trails, cycle paths, bridle paths and bathing beaches. It organises events at its properties, including walks on National Trails Day, and facilitates others organising sponsored walks at its properties. Activities facilitated include: walking, jogging, horse-riding, cycling, swimming, abseiling, canoeing (whitewater and lake), sea kayaking, angling and orienteering.</p> <ul style="list-style-type: none"> <li>• NIEA has contributed to the strategic review of path networks in the Mourne and Causeway Coast; funding toward path provision and upgrade in Mourne, Causeway Coast, Foyle side and Divis Mountain. It has contributed with Sport NI to the development of an Outdoor Recreation Action Plan and a study assessing the economic benefit of sport and physical recreation and has practically completed an exercise to map public rights of way.</li> <li>• It provides funding for Outdoor Recreation NI (formerly CAAN) and contributes information on NIEA properties to the Walk NI website.</li> </ul>   |
| Ulster Gaelic Athletic Association | <ul style="list-style-type: none"> <li>• The GAA (Ulster Council) continued to invest in and further develop the County based centres of excellence, the primary and secondary county Grounds. Progress has been made in the last period on the delivery of the major project and Provincial Stadium in Casement Park. There has also been significant development in the Tyrone Centre of Excellence creating a network of facilities across 5 of the 6 counties and eight of the nine Ulster Counties, creating the infrastructure and equipment to support performance athletes involved in the GAA.</li> </ul>  |
| Outdoor Recreation NI              | <ul style="list-style-type: none"> <li>• Completed the construction of a 4.5km walking trail at Divis /Black Mountain (the Summit Trail) in partnership with the National Trust and Belfast Hills Partnership.</li> <li>• Launched in partnership with Down and Newry and Mourne Councils and Forest Service, 75kms of cross country mountain biking trails and 6kms of downhill mountain biking trails at Castlewellaan and Rostrevor Forest Parks.</li> <li>• Launched in partnership with Belfast City Council 12 km of cross country mountain bike trails and jump park at Mary Peters/Barnett's</li> <li>• Completed phase 2 of the Blessingbourne Trails Project which saw the doubling of the mountain bike trails from 6km to 12km and a new 2km walk and Visitor Services Building</li> <li>• Construction on-going of 6km of walking and cycling trail on Divis Mountain ( the Ridge Trail) in partnership with the National Trust</li> <li>• Work on-going to develop a 'local outdoors' 3km multi use trail network (walking and family cycling) at Tobar Mhuire, Crossgar. Funding secured from Down Rural Partnership, Heritage Lottery and the Passionist Community.</li> <li>• Work on-going to develop a BMX track in Dungannon town. Design completed and funding applications currently being prepared.</li> <li>• Work on-going to develop a regional mountain bike trail centre at Garvagh Forest. At design stage.</li> <li>• Work on-going to develop phase 2 of the Castlewellaan Forest mountain bike trails. Tender for design stage currently being prepared.</li> <li>• Work on-going to develop a 'local outdoors' multi use trail network (walking and family cycling) at Bunker's Hill Forest, Castlewellaan. Tender for design stage currently being prepared.</li> <li>• Work on-going to develop a network of walking trails in Castlewellaan Forest Park. Tender for design stage currently being prepared.</li> <li>• Undertaken the following studies all of which include recommendations for future development of outdoor recreation: <ul style="list-style-type: none"> <li>• Scoping study of Castlewellaan Forest – complete (partner Down District Council).</li> <li>• Scoping study of Tollymore Forest Park - complete (partner Down District Council).</li> <li>• Scoping study of Glenariff, Ballycastle and Ballypatrick Forest - complete (partner Moyle District Council).</li> <li>• Scoping study of Clogher Valley Forests – on-going (partner Dungannon and South Tyrone Council).</li> <li>• Scoping Study of Gortin Forest – on-going (partner Omagh District Council).</li> </ul> </li> <li>• Masterplan for the Maze/Long Kesh – complete (partner SIB).</li> </ul> |

|                                    |  |
|------------------------------------|--|
|                                    | <ul style="list-style-type: none"> <li>• Access Audit of the Glens of Antrim – complete ( partner Causeway Coast and Glens Heritage Trust).</li> <li>• Access and Interpretation Strategy for Rathlin Island – complete (partner Causeway Coast and Glens Heritage Trust).</li> <li>• Outdoor Recreation Action Plan for Antrim Borough Council – complete (partner Antrim Borough Council).</li> <li>• Sperrins Outdoor Recreation Action Plan - complete (partner SportNI and Sperrins Outdoor Recreation Forum) .</li> </ul>  |
| Chief Leisure Officers Association | <p><b><u>Antrim Borough Council:</u></b></p> <ul style="list-style-type: none"> <li>• Capital development of facilities at Crumlin Community Centre and Allen Park Golf Centre</li> </ul> <p><b><u>Armagh City &amp; District Council:</u></b></p> <ul style="list-style-type: none"> <li>• ACDC will be considering their approach to accreditation based on RPA discussions</li> </ul> <p><b><u>Limavady Borough Council:</u></b></p> <ul style="list-style-type: none"> <li>• We have invested in the upgrade of our main flagship facility (Roe valley LC) &amp; built a new 3. There is also imminent plans for a new recreation centre in Dungiven. RVLC is Quest accredited (since 2007) and has been assessed against the EFQM excellence model in 2011 (2013 assessment is in November). In addition our Sports Development Team achieved an Excellent banding under Quest in 2011 &amp; will be re-assessed in April of 2014. Note we also use NBS to measure facility performance in RVLC.</li> </ul> <p><b><u>Cookstown District Council:</u></b></p> <ul style="list-style-type: none"> <li>• New Indoor Physical Activity Arena 95m x 25m with associated six changing room pavilion.</li> <li>• Developed a National Mountain Biking Facility at Davagh Forest Trails in 2013. This facility caters for cyclists, mountain bikers, walkers and runners. There are MB trails, pump Track and a Skills Area.</li> </ul> |
| Disability Sports Northern Ireland | <ul style="list-style-type: none"> <li>• 17 sports facilities working towards Disability Sports NI's 'Inclusive Sports Facility' (ISF) Accreditation scheme. The scheme is designed to ensure that sports facilities meet optimum levels of good practice in terms of inclusive use by people with disabilities.</li> </ul>  |
| NI Sports Forum                    | <ul style="list-style-type: none"> <li>• The Northern Ireland Sports Forum, while again not actively working with individual sports clubs promotes the benefits of the SNI Club Mark scheme through our communication platforms to ensure that this becomes the quality standard for all sports clubs. We also work with GB members to provide policy templates and documents that they can pass on to their clubs.</li> </ul>   |

|                            |  |
|----------------------------|--|
| <b>Target Number:</b>      | <b>PL26</b>  |
| <b>Target Details:</b>     | By 2019 to ensure that all planning decisions follow Planning Policy Statement 8: Open Space, Sport and Outdoor Recreation in relation to the provision of spaces for sport and physical recreation.   |
| <b>Target Deadline:</b>    | 2019 (Long Term)   |
| <b>Status:</b>             | <b>ON TRACK FOR ACHIEVEMENT</b>  |
| <b>Contributing Member</b> | <b>Progress</b>  |
| Sport Northern Ireland     | <ul style="list-style-type: none"> <li>• Sport NI is a statutory consultee of the Planning Service. Planning Service request Sport NI to comment on the suitability of related planning applications. SNI has had ongoing correspondence with the Planning Policy Division regarding the preparation of guidance and best practice for sport and play facilities. It was proposed that the best approach would be to develop non statutory guidance/best practice to be used by planners and developers alike to inform their work. SNI will continue to engage with the Planning Policy Division to encourage progress towards</li> </ul> |

|                                    |   |
|------------------------------------|---|
|                                    | this target.  |
| Chief Leisure Officers Association | <p><b><u>Castlereagh Borough Council:</u></b></p> <ul style="list-style-type: none"><li>• The Council currently has a statutory responsibility to be involved in all planning decision and is mindful of the need to ensure the requirements of PPS8 are met. By 2019 the Council will be the decision maker in the planning process and will continue to ensure the requirements of PPS8 are met in all relevant planning applications.</li><li>• The Council has completed a Play Audit and will use the results to inform a rolling programme for the improvement of outdoor play opportunities reflecting the requirements of PPS8.</li><li>• The Council's open space has been mapped on GIS to help with comments on planning applications for future developments and to help to match opportunity against need.</li></ul> <p><b><u>Limavady Borough Council:</u></b></p> <ul style="list-style-type: none"><li>• Where appropriate and when asked to comment on planning decisions Council endeavours to do so. There are occasions when planning applications are processed and not all relevant officers are asked for comment through the Online Planning Application Consultation System.</li></ul> |