



- Safe approach in appropriate PPE (gloves, apron, fluid-resistant surgical mask and eye protection)
- Look for signs of life – chest rise/fall (do not listen or feel at the mouth for breathing)
- Head tilt - chin-lift (HTCL)/Jaw thrust as required
- If no PPE worn – establish signs of life from the Government advised social distance

Signs of life are present (participant is breathing normally)

Call for Help

- First aid responders PPE as above
- Ambulance if required

Participant conscious

+/- Manual in line stabilisation dependent on mechanism of injury  
Airway – HTCL /Jaw thrust  
Breathing – with O<sub>2</sub> (if present)  
Circulation – check colour/ signs of bleeding  
Dysfunction – check response  
Everything else – if requires extrication await ambulance crew  
If participant able to safely walk from field of play, take to side of pitch – social distance from other participants

Participant unconscious

Apply manual in line stabilisation  
Airway – Jaw thrust if required  
Breathing – with O<sub>2</sub> (if present)  
Circulation – check colour/ signs of bleeding  
Dysfunction – check response  
Everything else – ensure no other injuries  
Consider positioning if airway at risk (2 person log roll)  
Do not extricate – await ambulance arrival

No signs of life - Participant is not breathing normally

Call for Help

- Request AED immediately
- Ambulance
- First aid responders PPE as above

Open the airway HTCL/Jaw Thrust

Begin chest compressions ONLY with covering over face\*

Apply AED as soon as it arrives

Continue until ambulance arrives or participant shows sign of life

Do not begin rescue breathing await ambulance<sup>1</sup>

If the participant shows signs of life move to purple algorithm

\*If the club has health care professionals (HCPs) on site a face covering can be a non-rebreather mask attached to oxygen at 15L/min. If suitably qualified and Level 3 PPE available rescue breathing with airway adjuncts can be commenced before ambulance arrives.

Once airway intervention has occurred all staff in Level 2 PPE must move away 2m pitchside (or out of the room indoors), leaving only responders wearing Level 3 PPE.

1. In a paediatric arrest, see paediatric algorithm