



### Levels of PPE required across medical/first aid scenarios during sport

#### Level 1

Where government-advised social distancing may not be maintained at all times



Fluid-resistant surgical face mask type IIR

#### Level 2

Within 2m, which may include face to face contact for emergency/first aid management of all individuals



Fluid-resistant surgical face mask type IIR



Single use apron



Single use gloves



Sessional use/reusable goggles/full face visor in addition to personal spectacles



#### Level 3

Aerosol-generating procedure (AGP) or high potential for aerosol



Filtering face piece respirator 3 mask (FFP3)



Fluid resistant long-arm gown



Single use gloves



Sessional use/reusable goggles/full face visor in addition to personal spectacles



### Potential injuries and emergency scenarios with associated PPE level guidance

Maintaining social distance as advised with no face to face contact risk

**PPE level 1**

#### NOT maintaining social distance WITH face to face contact risk

Simple airway manoeuvres +/- manual in line stabilisation for suspected cervical spine injuries

**PPE level 2**

Wounds and bleeding (not involving oral or nasal cavities) - if there is a blood or body-fluid spill

**PPE level 2**

Soft tissue injuries and fractures - excluding those injuries with cervical spine or facial involvement

**PPE level 2**

Head injuries/medical emergencies that do not involve the airway

**PPE level 2**

Cardiac arrest WITH face covered (towel or non-rebreather mask acceptable) continuous compressions, AED

**PPE level 2**

#### NOT maintaining social distance WITH face to face contact risk and potential risk of aerosol generating procedures

Loss of consciousness - potential for airway compromise, assumed head/neck injury

**PPE level 3**

Airway compromise - any airway intervention beyond simple manoeuvres including all ventilatory support

**PPE level 3**

Choking - compromised airway and classified as an AGP

**PPE level 3**

Nasal or oral wounds - potential for spitting, coughing or sneezing and considered a potential AGP

**PPE level 3**

Complicated head injury with airway compromise - may require suction or additional adjuncts

**PPE level 3**

Cardiac arrest WITHOUT covered compressions, AED and airway interventions

**PPE level 3**