



Safeguarding Adults in Sport



(Ruth Mulholland, Volunteer Now and Rebecca Hope, Sport NI)

What We Do

Volunteer Now **promotes and supports volunteering** across Northern Ireland, connecting people with opportunities and helping organisations involve volunteers effectively.

We support **best practice in volunteer recruitment and management** through training, guidance, resources, and programmes like Investing in Volunteers and Volunteer Friendly.

Our work includes:

- Youth & employer-supported volunteering
- Research to shape policy
- Partnerships across local and global networks.

We also deliver **volunteer-led services**, and our Events Team **manages volunteers for major events**.

We support organisations with **governance and safeguarding**, backed by **30+ years' experience**, including our recent Adult Safeguarding in Sport contract with Sport NI.

Key Contacts

Ruth Mulholland

Safeguarding Manager

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T: 028 9023 2020 M: 07467486639

Adult Protection Gateway Teams (office hours):

Southern HSC Trust T: 028 3756 4423

South Eastern HSC Trust T: 028 9250 1227

Belfast HSC Trust T: 028 9504 1744

Northern Trust HSC Trust T: 028 9441 3659

Western HSC Trust T: 028 7161 1366

Emergency Social Work Service (Evenings and weekends) T: 028 9504 9999

PSNI: 101 or 999 in an emergency



Adult Safeguarding in Sport Service



Safeguarding Quality Assurance Systems

Review and update **adult safeguarding quality assurance** in governing bodies, providing **tailored recommendations and implementation plans**, with ongoing support throughout.



Education and Training

Develop and deliver online resources and training to address gaps in **adult safeguarding knowledge**, alongside **Adult Safeguarding in Sport training** for governing bodies, clubs, workforce personnel, and Sport NI staff and Board members.



Communication, information, and guidance

Develop and share **best practice guidance**, updates, news and resources on **adult safeguarding in sport**, including a dedicated section on our own website.

Our website includes a range of **adult safeguarding resources**, including **Keeping Adults Safe standards**, and a **Keeping Adults Safe Resource Pack**.

These resources are available to **all organisations** and are currently being **tailored for governing bodies**. Updated versions will be published on our **dedicated Adult Safeguarding in Sport webpage**, and we will keep you updated on progress.

Advisory Service

We provide **support and advice** on **adult safeguarding** via phone and email for governing bodies, the sports sector, the general public and Sport NI.

Policy Development

We are **developing** draft adult safeguarding policy **templates** for governing bodies.

Recruitment

We are recruiting a **Training and Development Officer** for this area of work.

Further information is available on our **Current Vacancies** page.

Closing date: 31 March

Interviews: Week commencing 13 April